

# Spectral Analysis

How to process neural oscillatory  
signals

Peter Donhauser, PhD student,  
Baillet lab

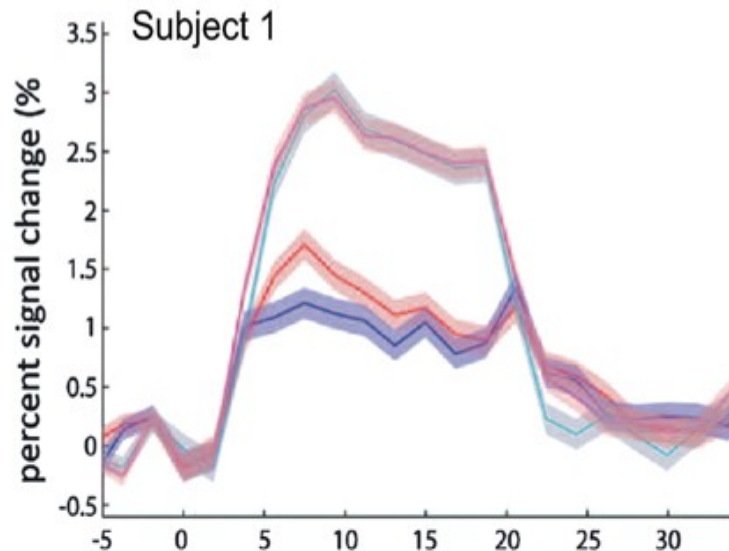


Meg@Mcgill  
Comprehensive Training  
November 2015

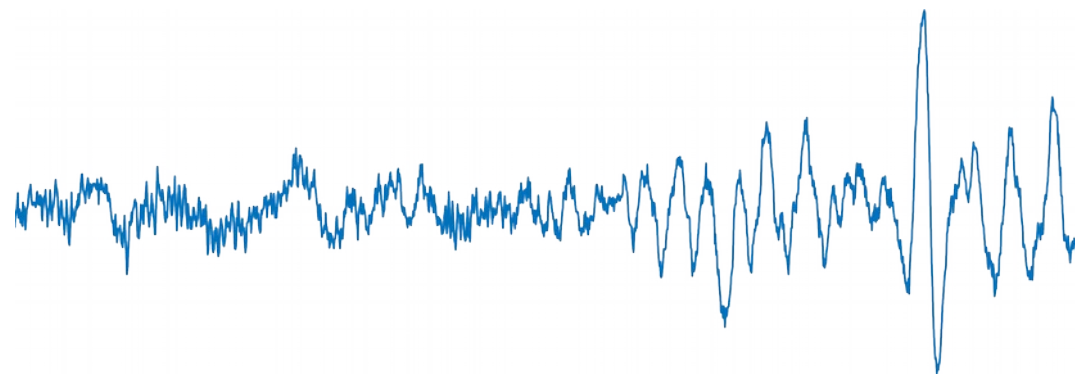


# Why spectral analysis?

- MEG signals contain a wide range of components
- Electrophysiology vs. BOLD: what is 'activity'?



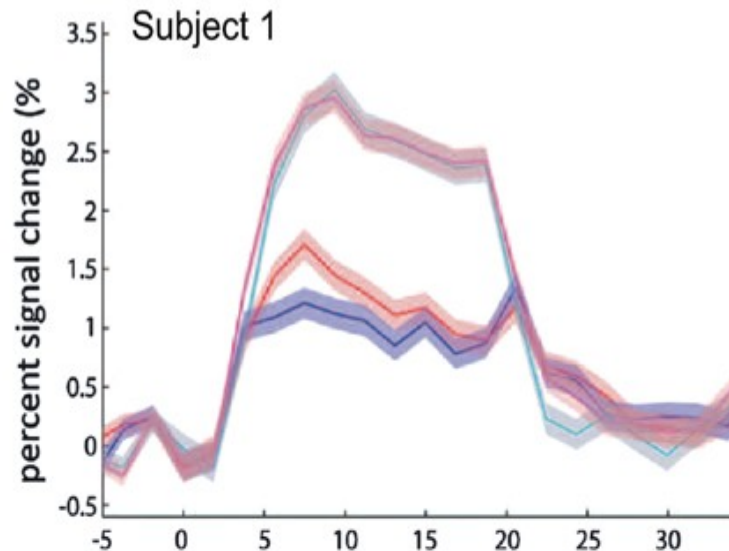
BOLD fMRI example



MEG example

# Why spectral analysis?

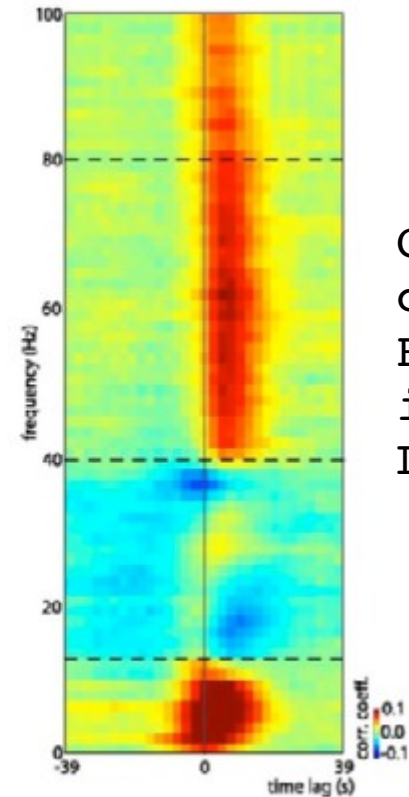
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BOLD fMRI example

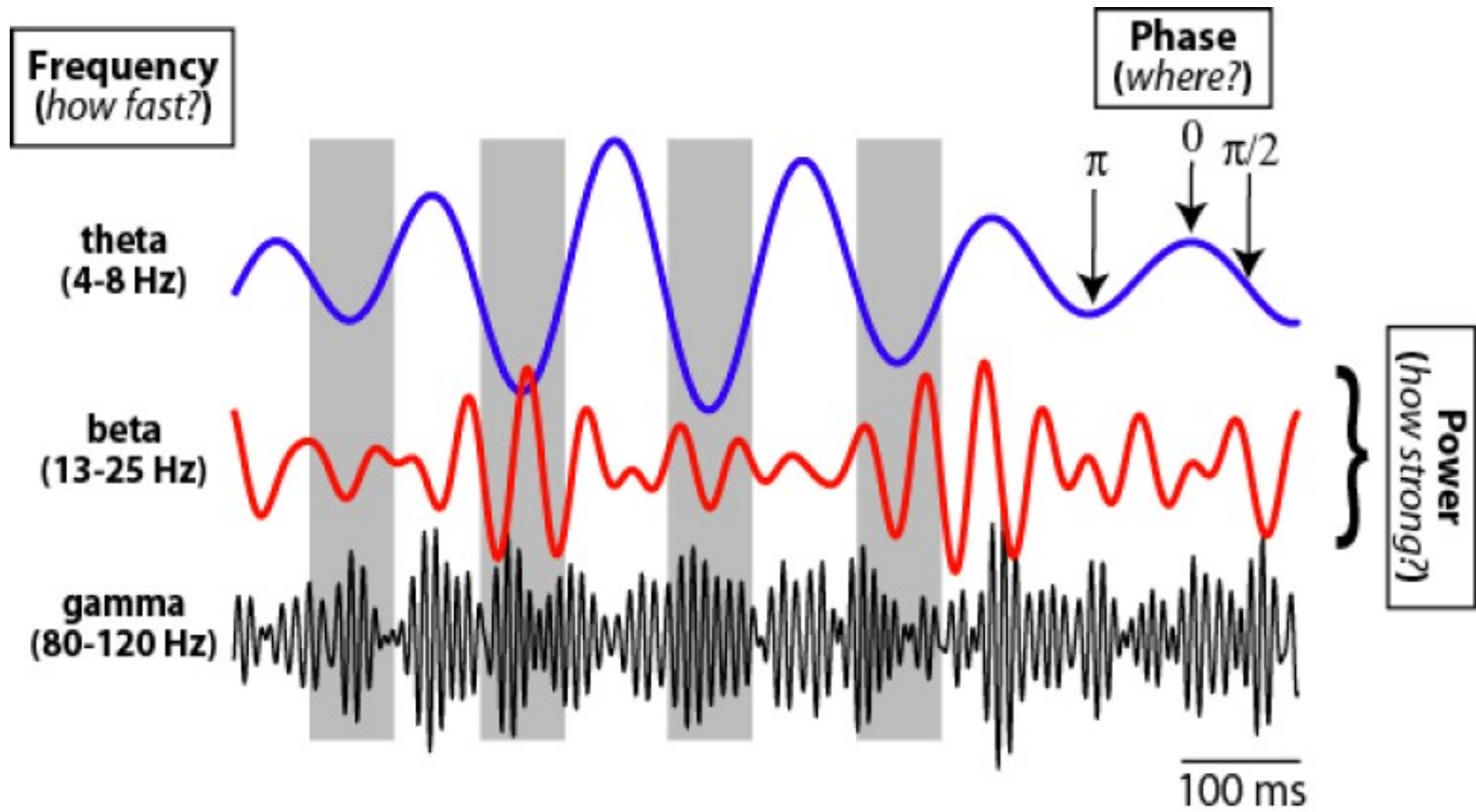


A LFP power / CBV correlation across frequencies



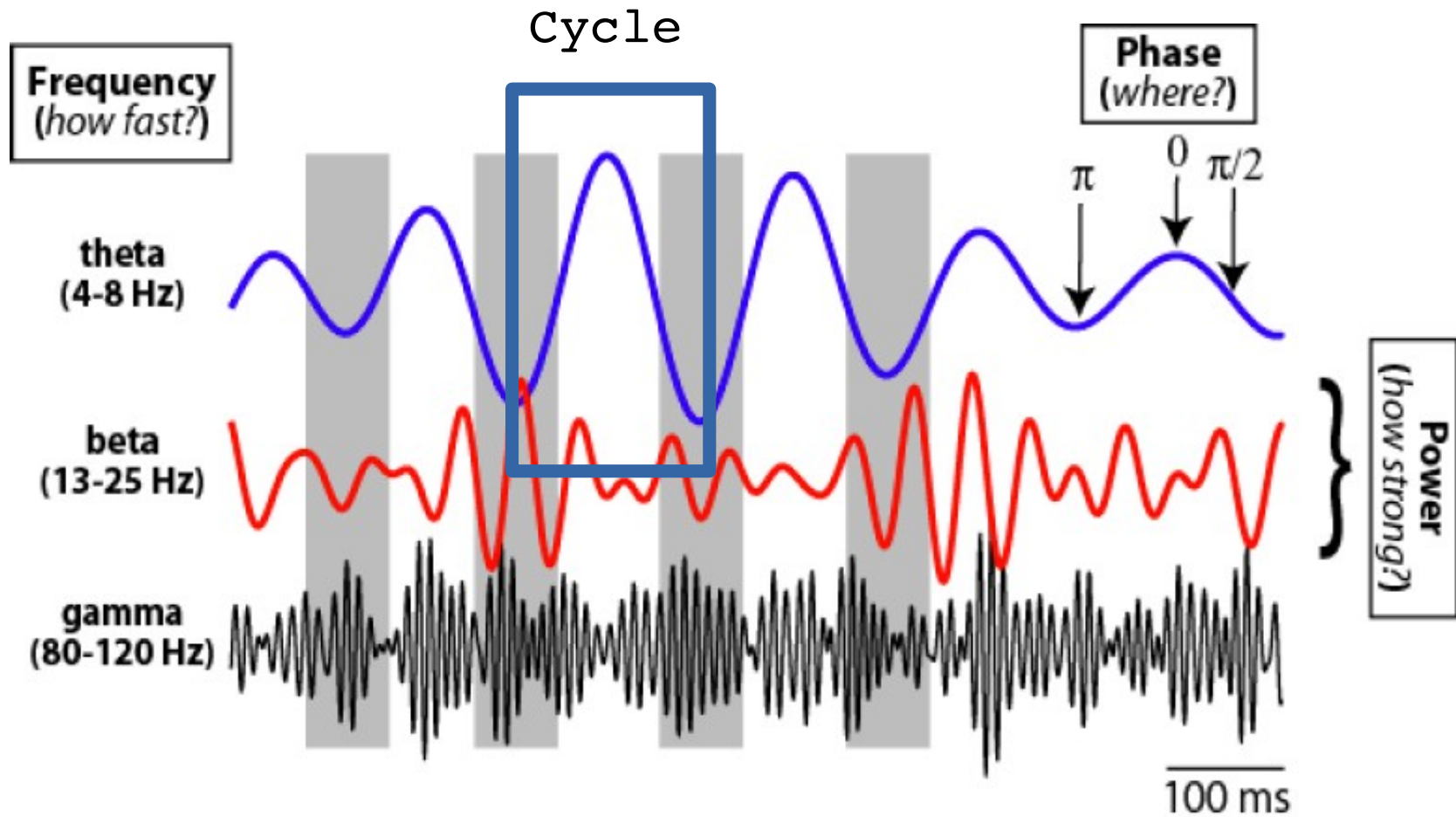
Cross-correlation of BOLD with intra-cranial LFP recordings

# Basic concepts

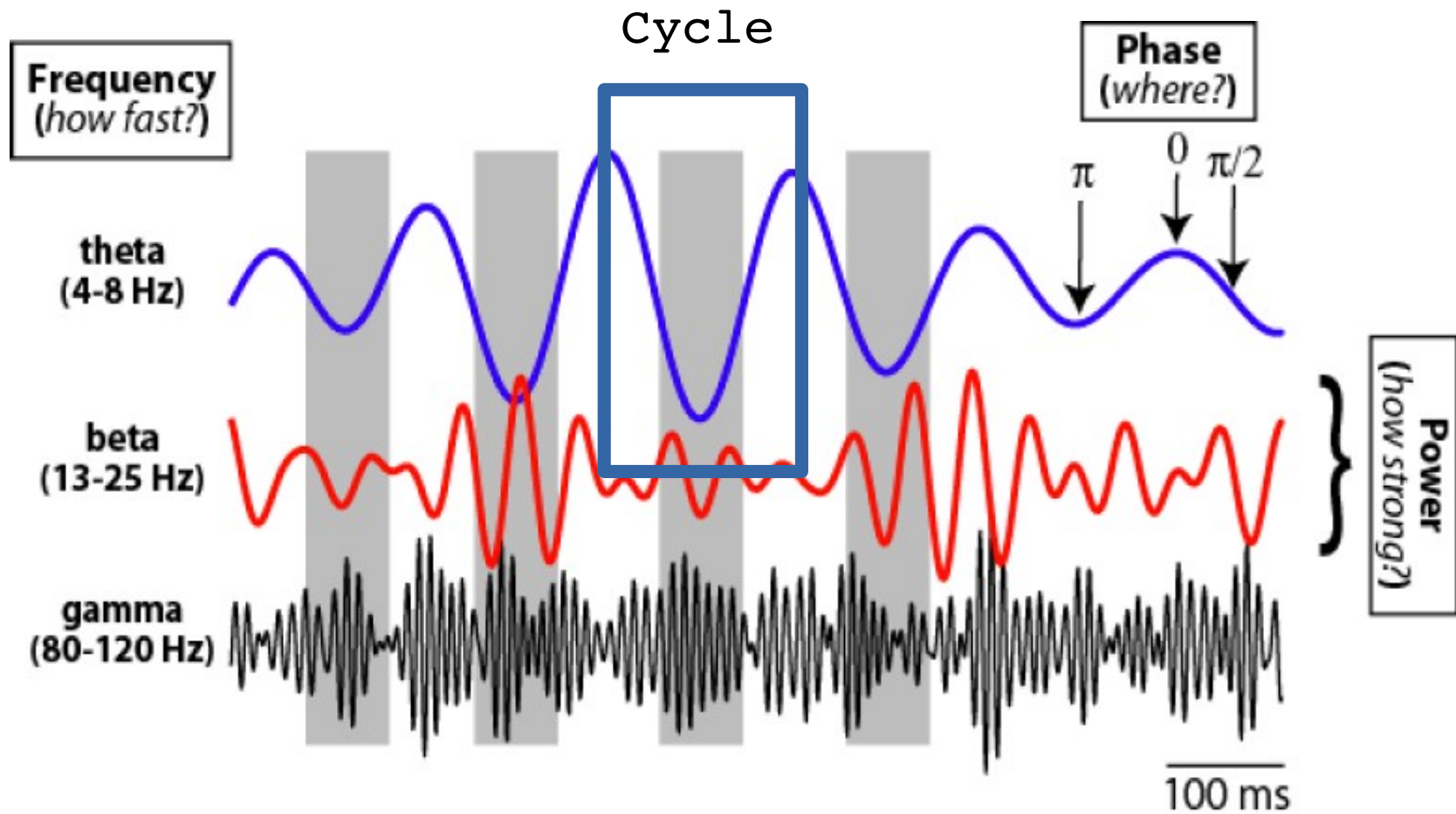




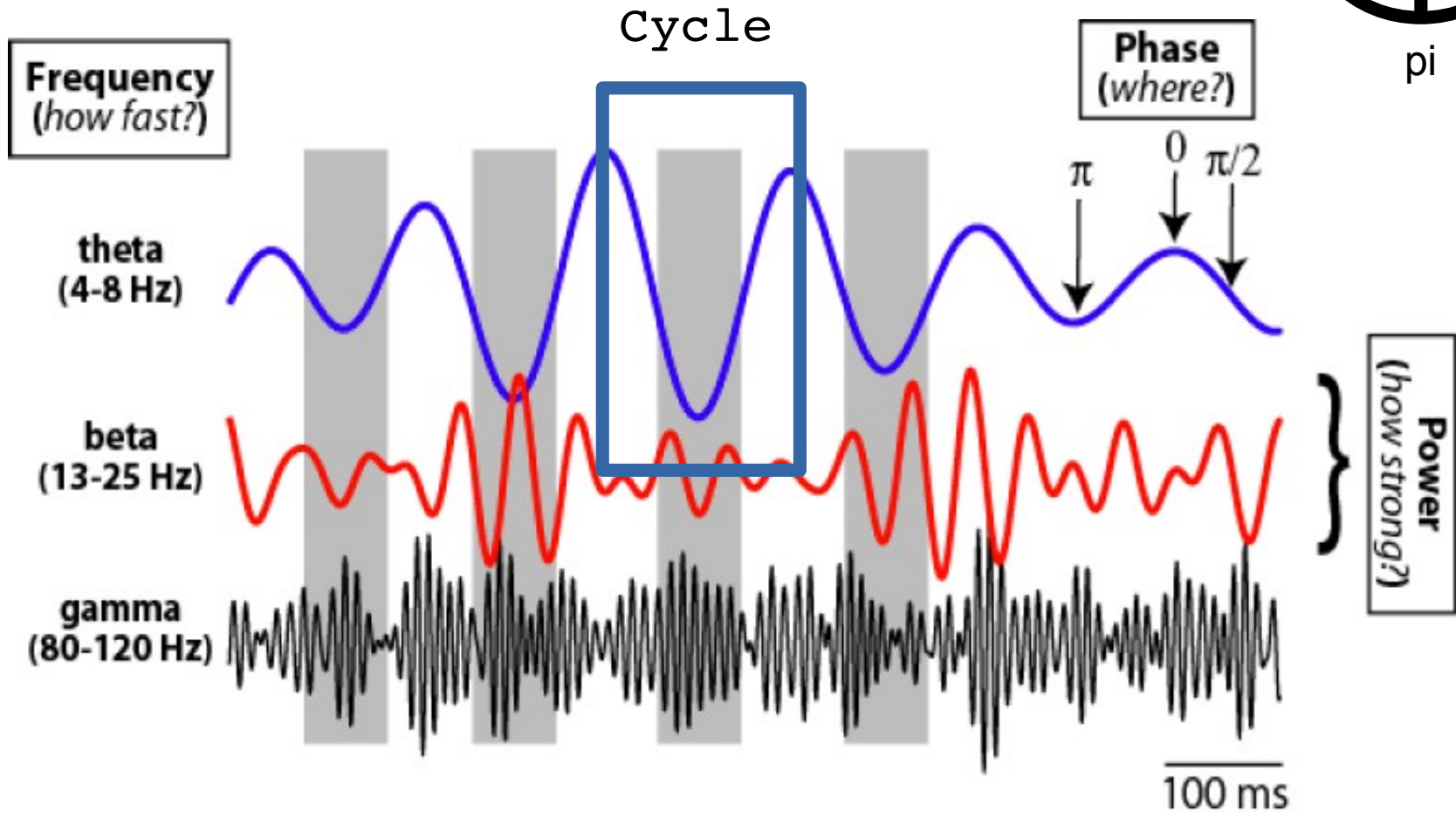
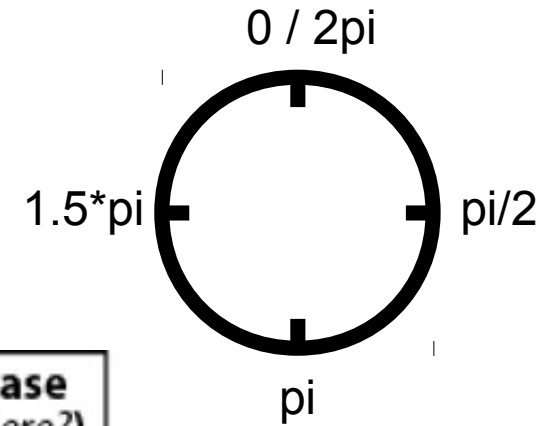
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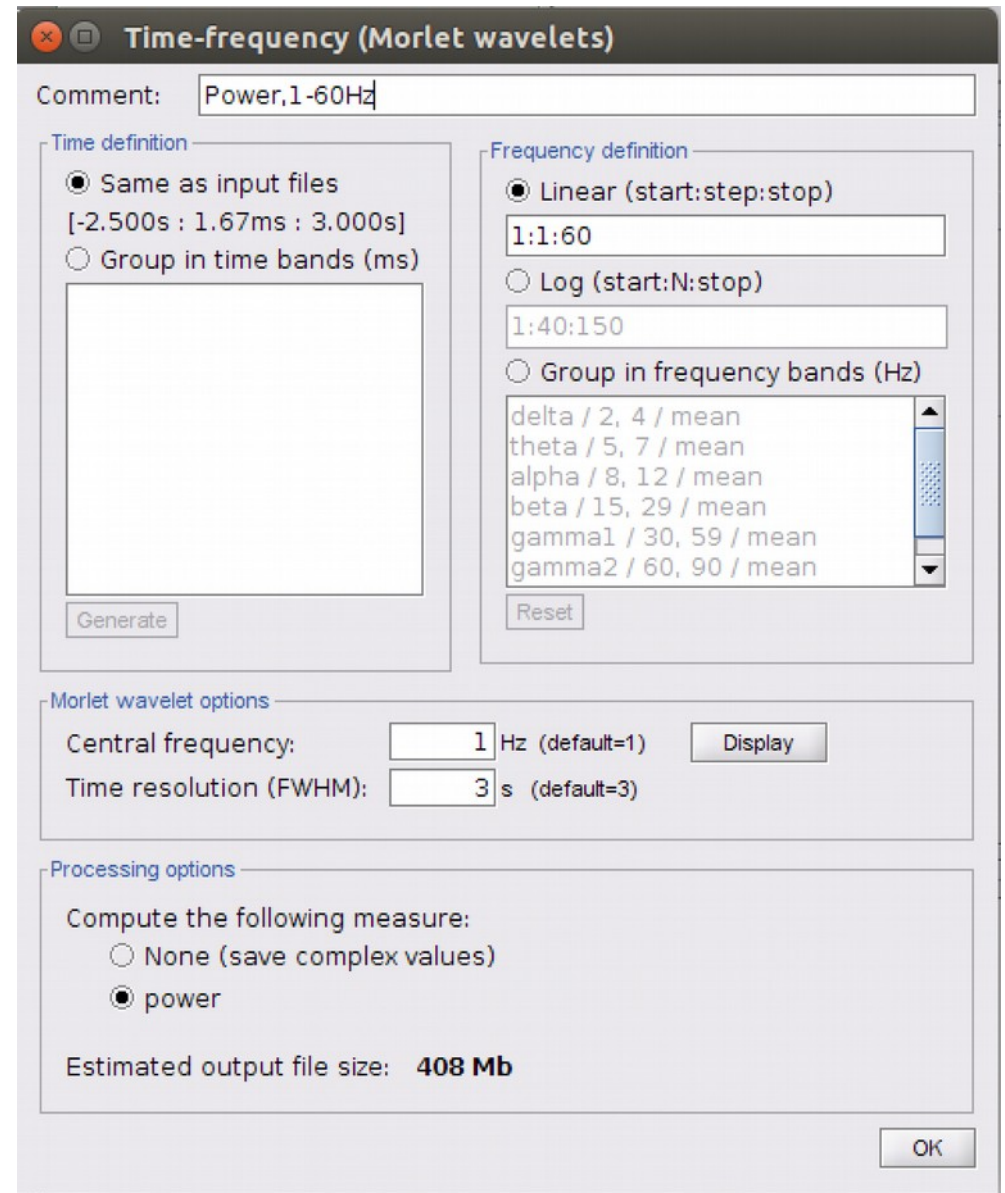
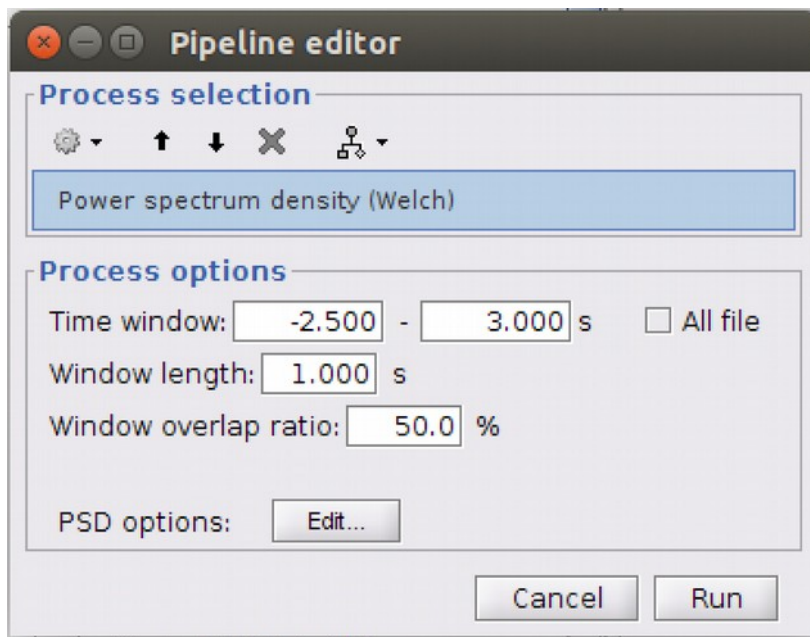
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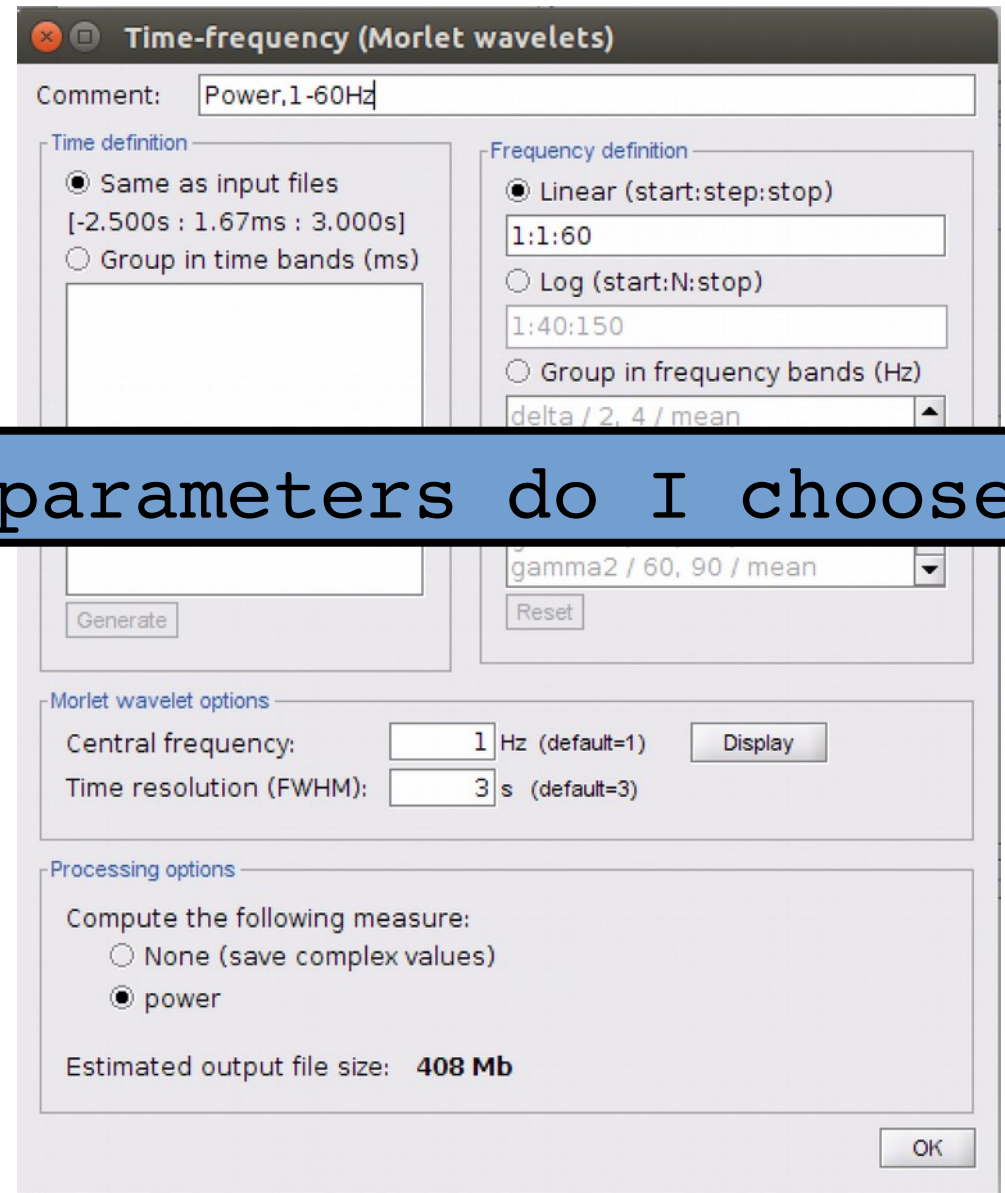
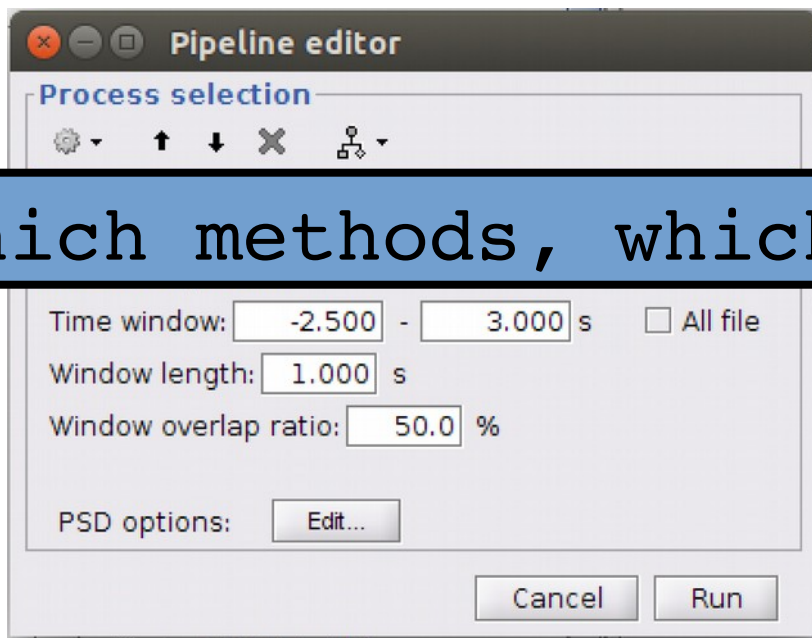


# How to do it? Brainstorm!





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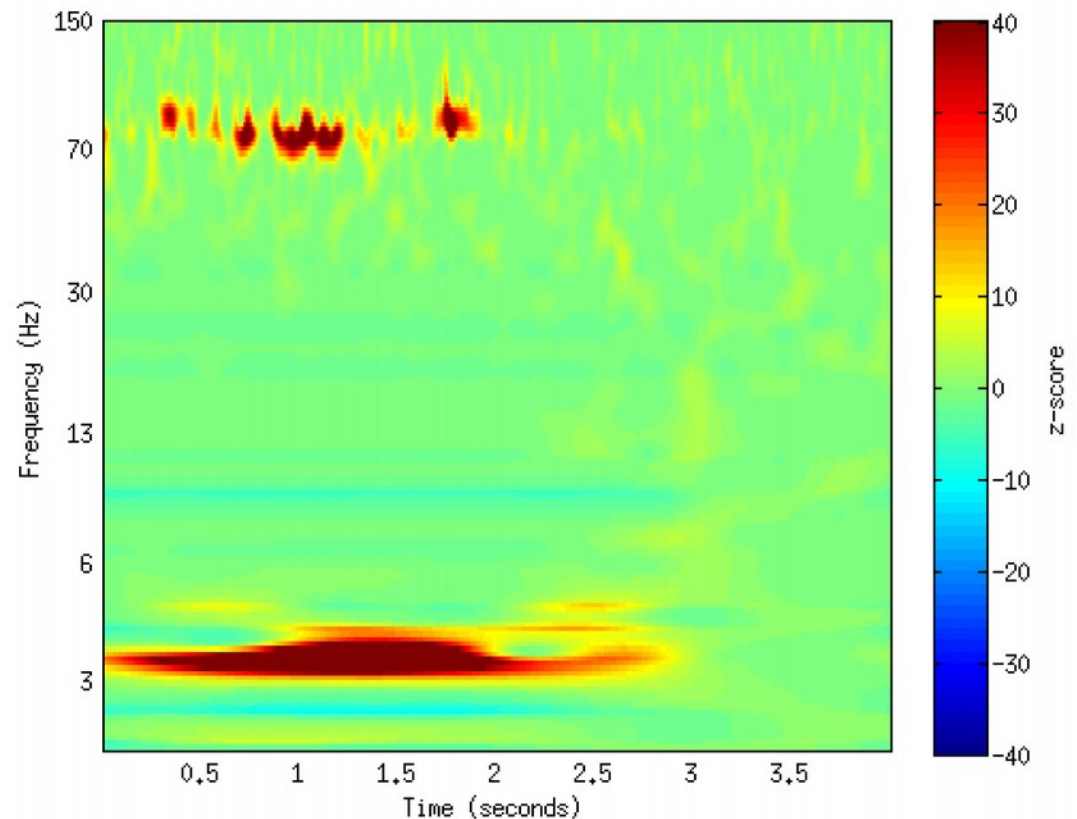
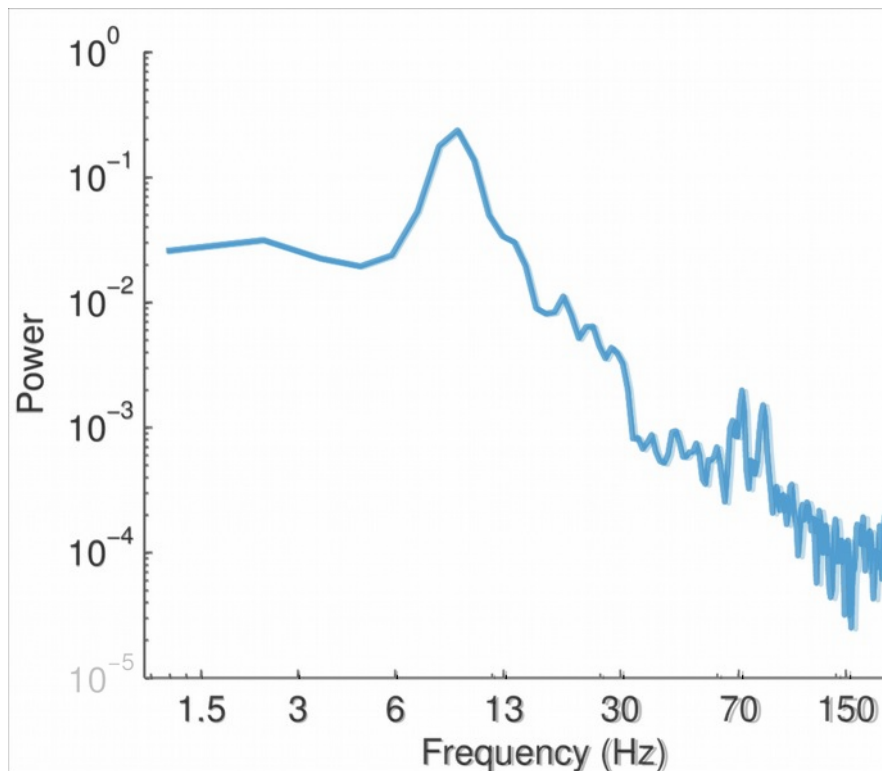


Which methods, which parameters do I choose?

# Methods covered today

Two main groups:

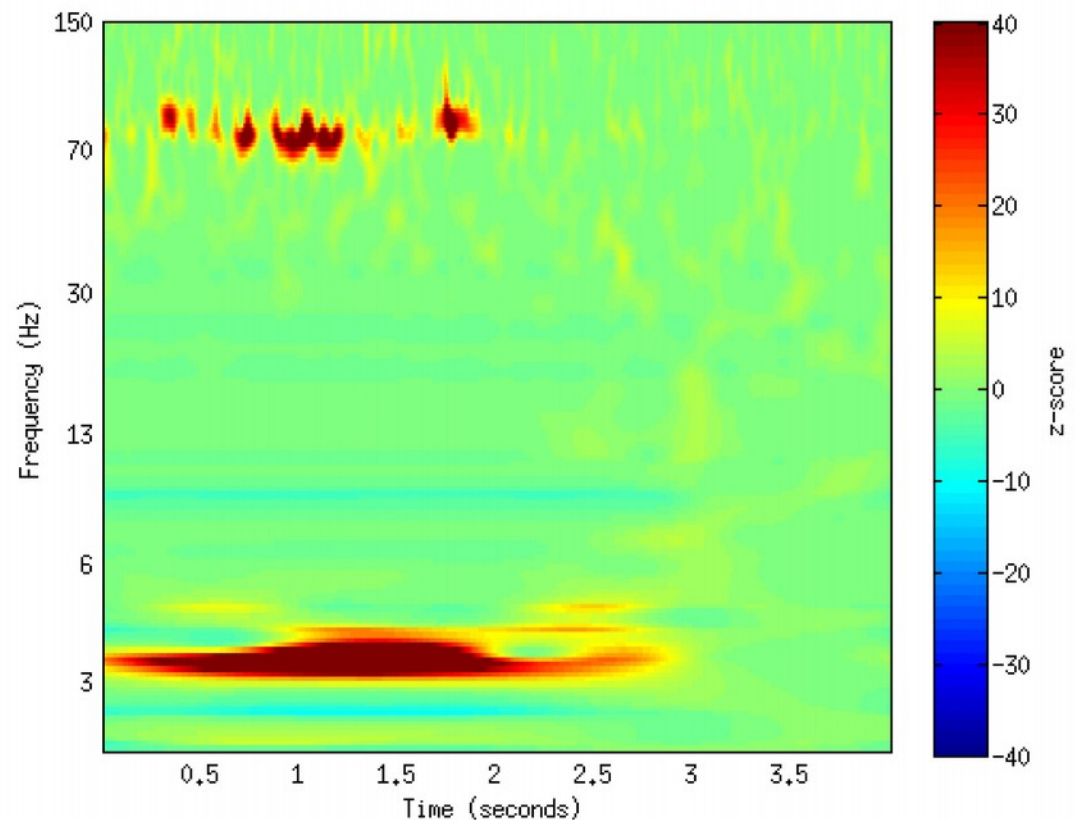
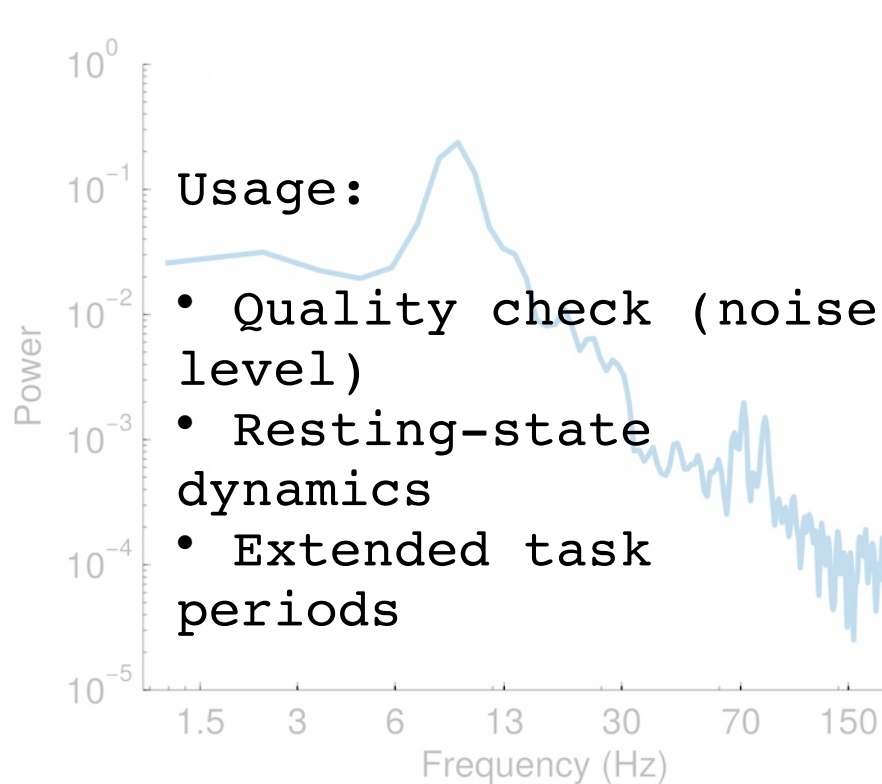
- Estimation of spectral power (stationary) vs.
- Localization of Power in time & frequency



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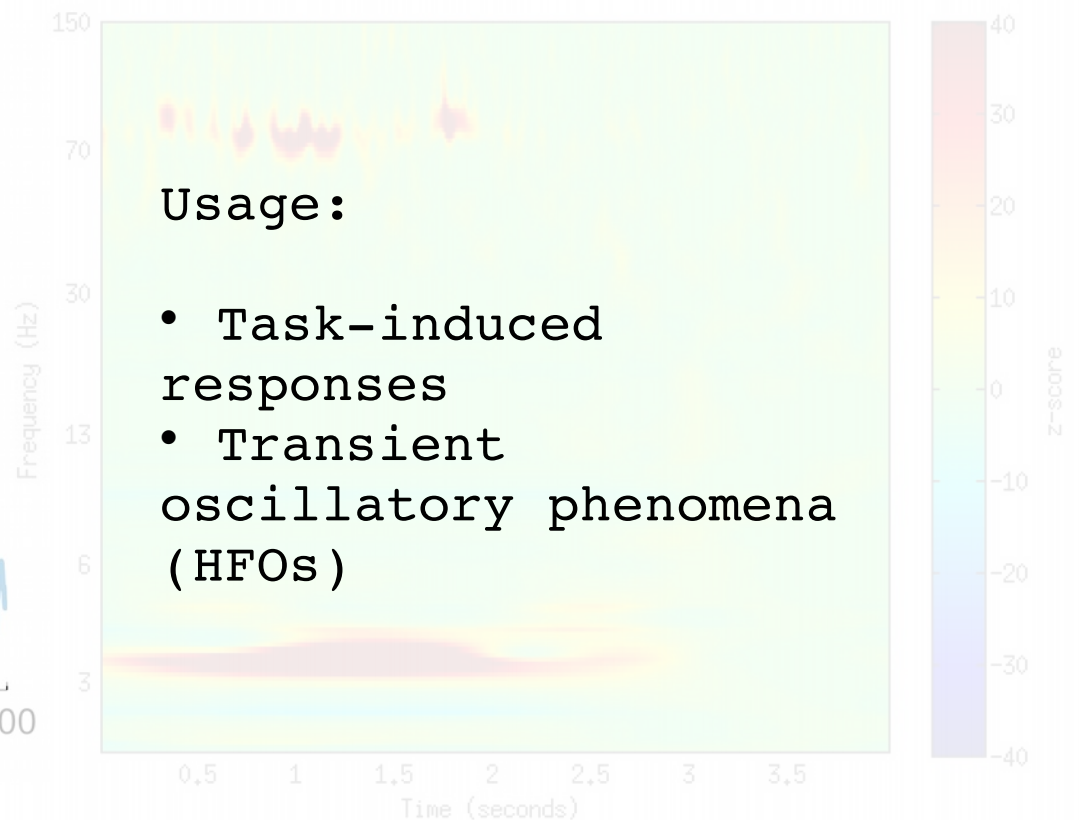
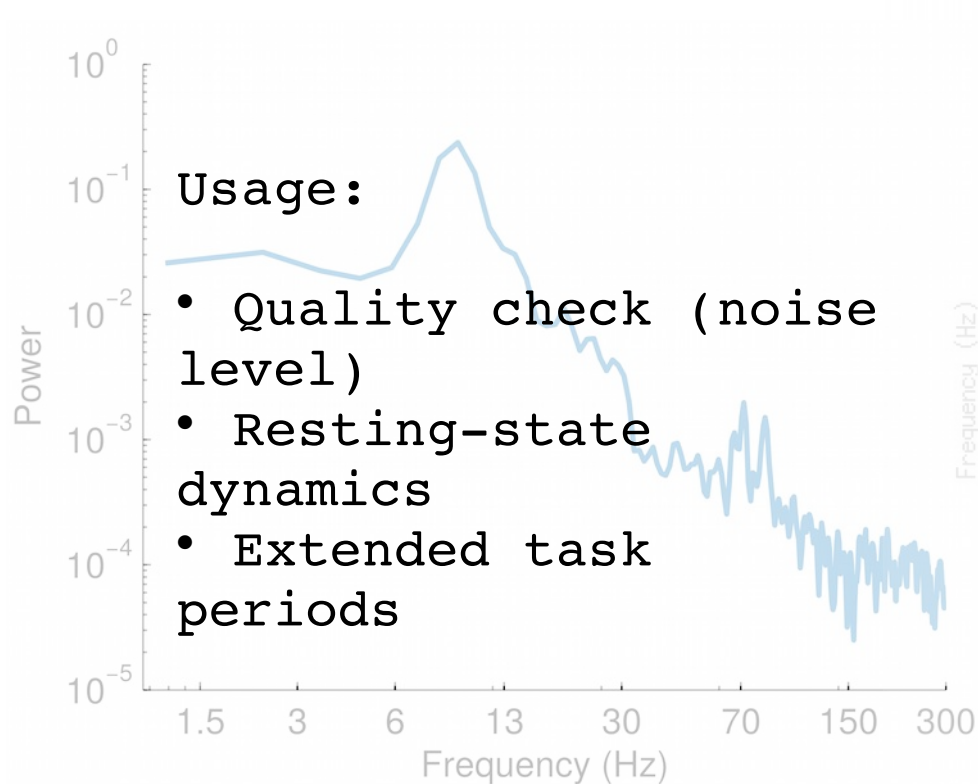




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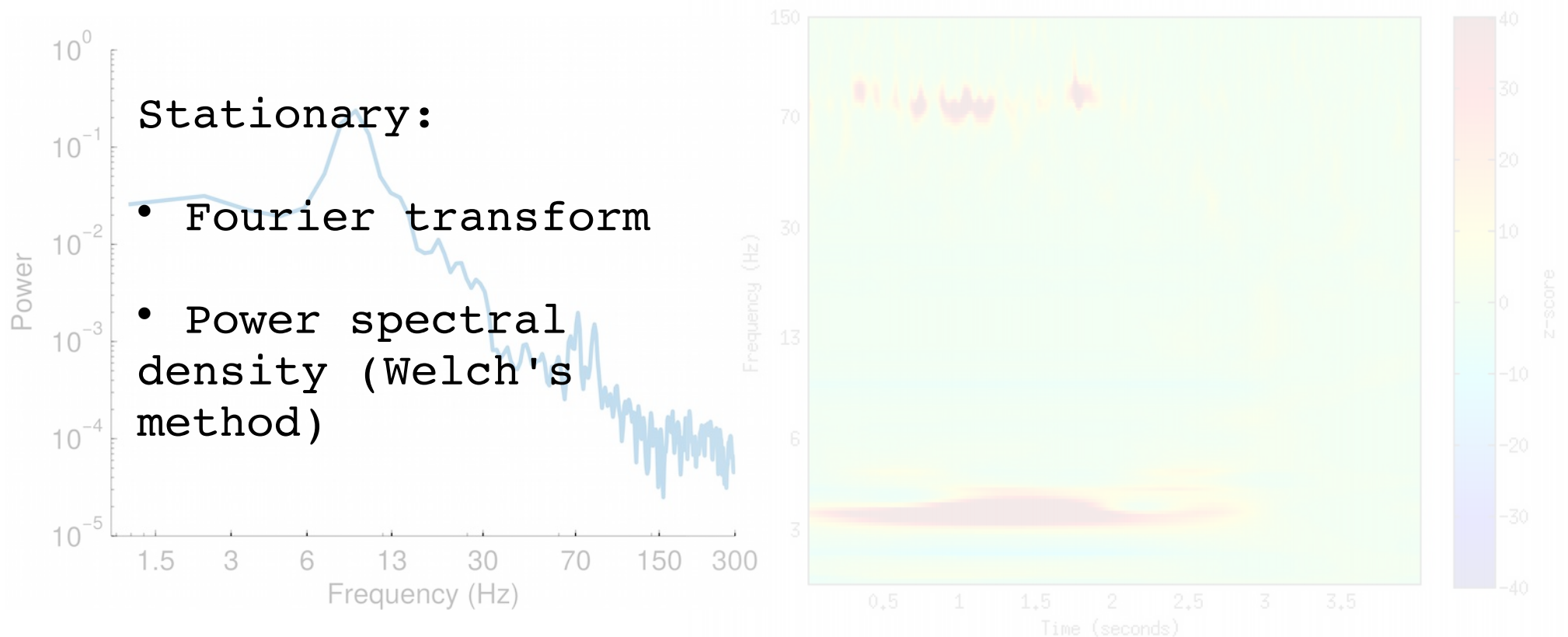
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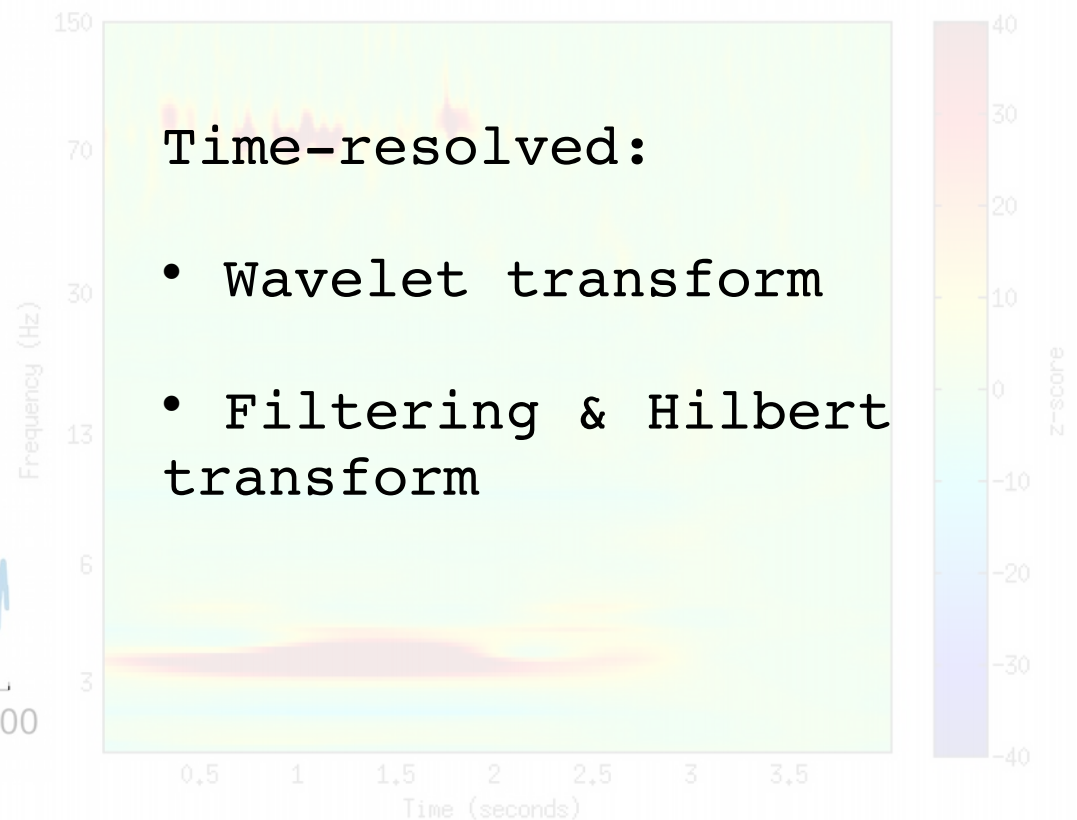
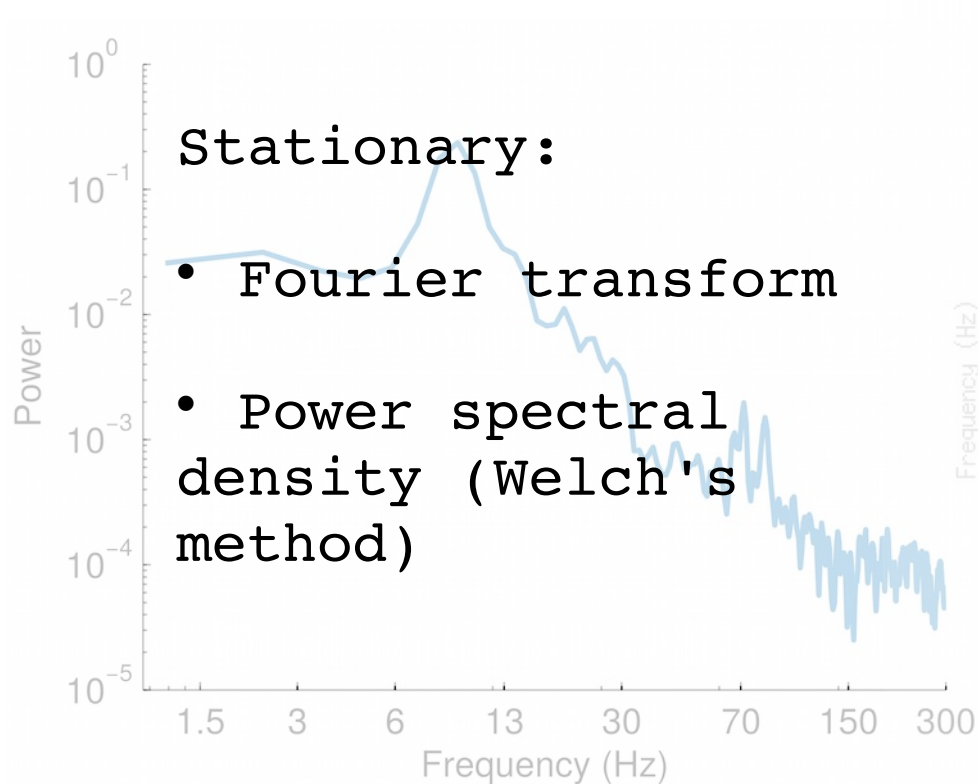
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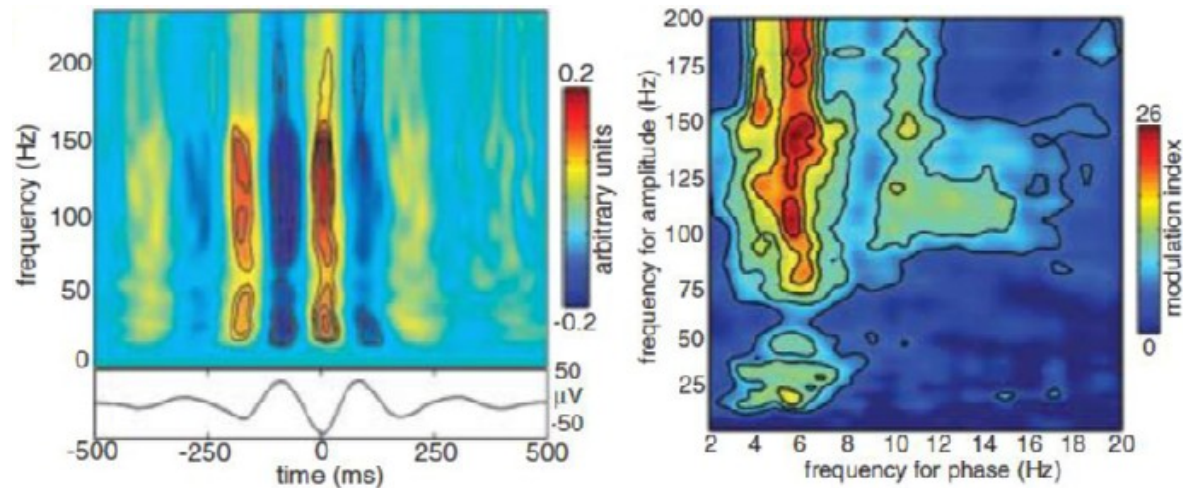


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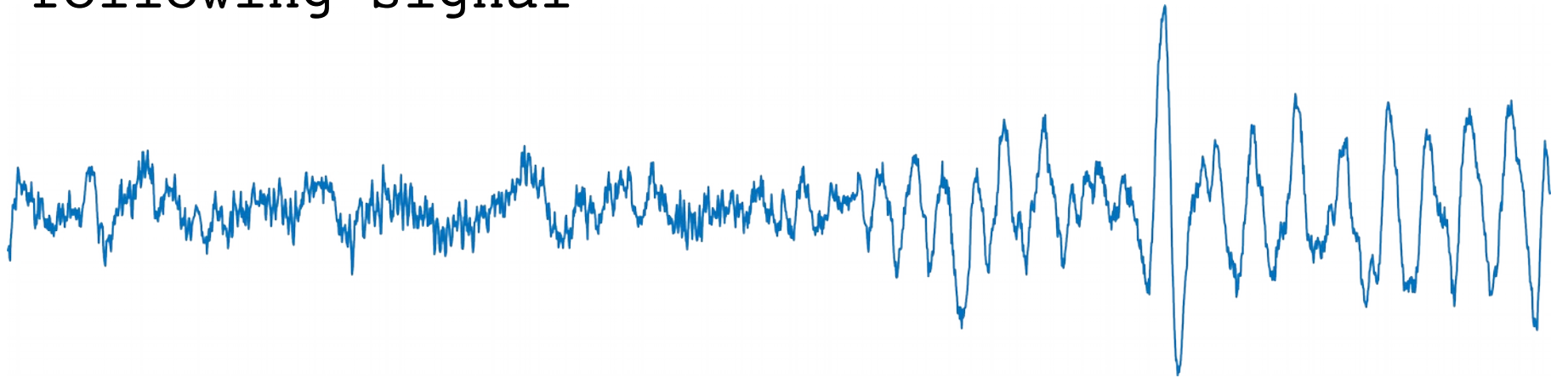
- Estimation of spectral power (stationary) vs.
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Short introduction to cross-frequency coupling measures



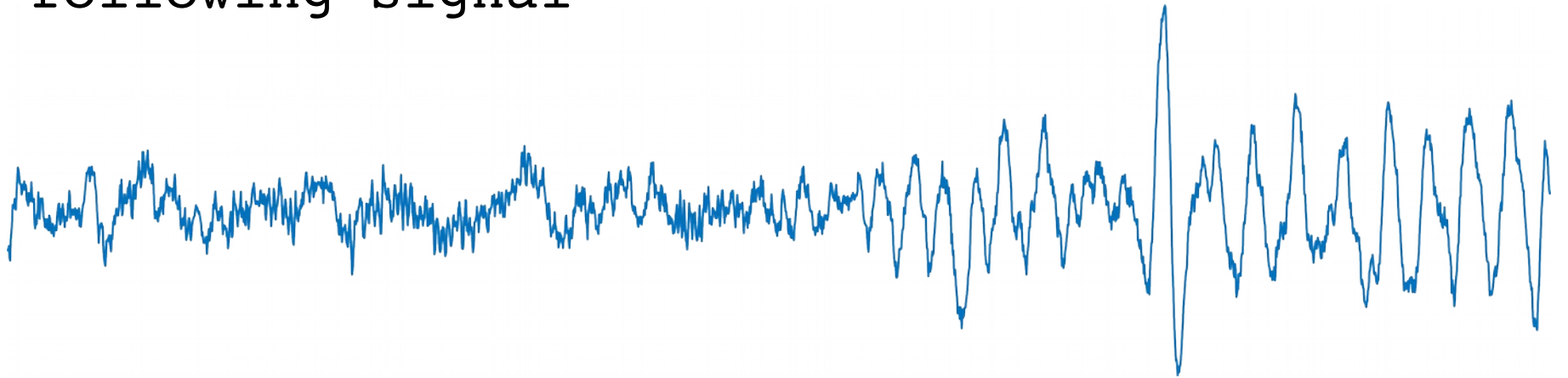
# Example signal

- Concepts will be illustrated using the following signal



# Example signal

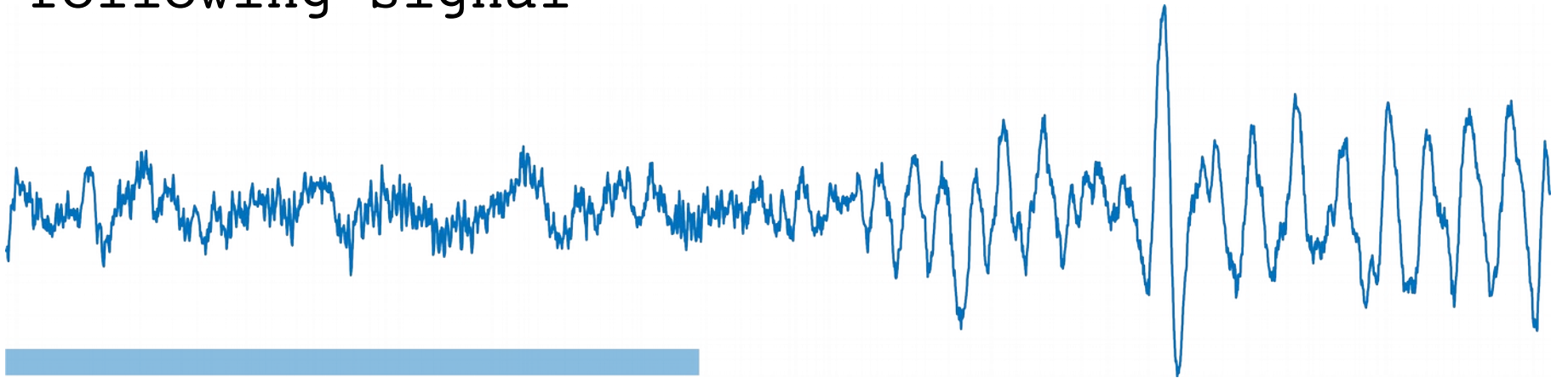
- Concepts will be illustrated using the following signal



- MEG source signal from visual cortex
- 4 seconds
- Sampling frequency: 600 Hz

# Example signal

- Concepts will be illustrated using the following signal



- MEG source signal from visual cortex
- 4 seconds
- Sampling frequency: 600 Hz
- Visual stimulus



# Contents

## Stationary:

- **Fourier transform**
- Power spectral density (Welch's method)

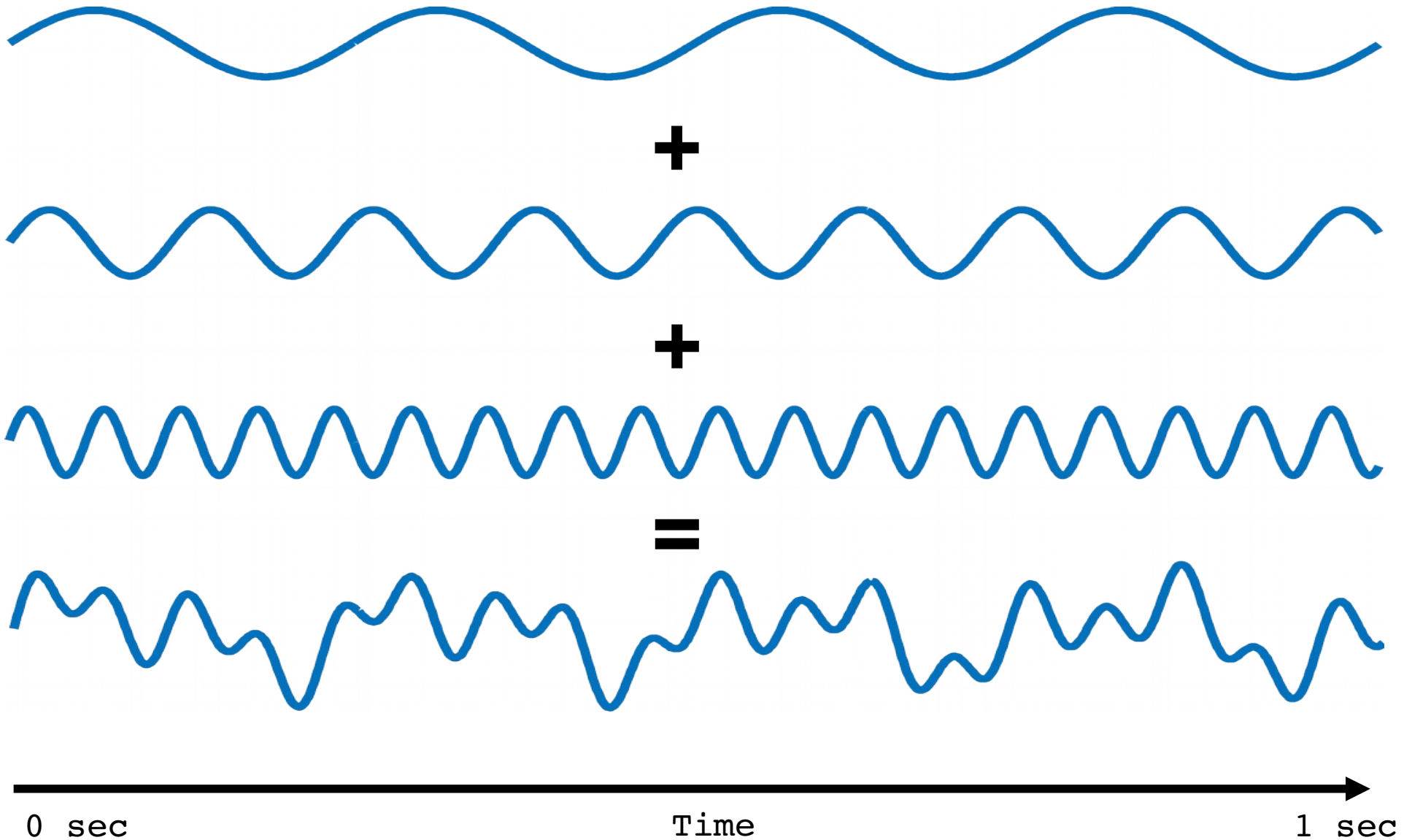
## Time-resolved:

- Wavelet transform
- Filtering & Hilbert transform

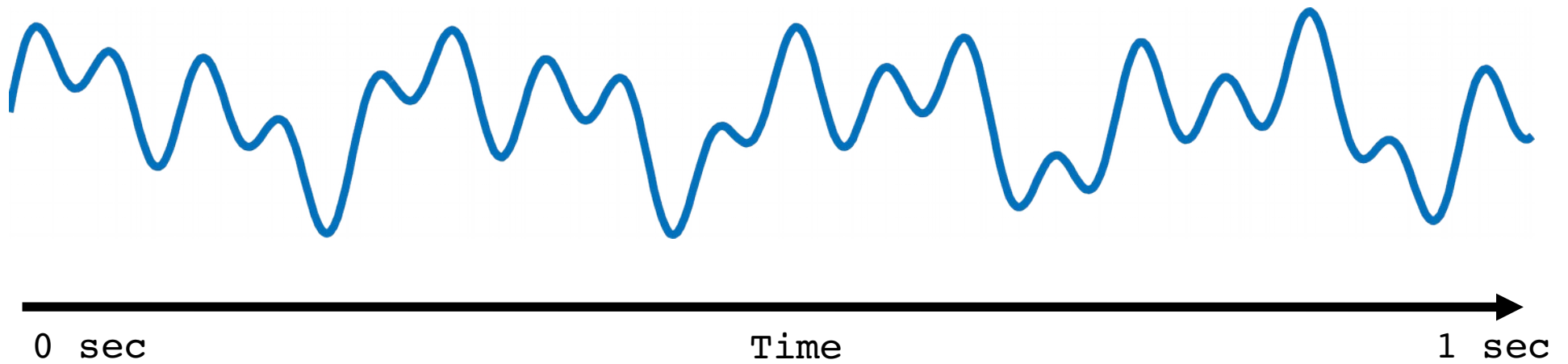
# (Fast) Fourier Transform, FFT

- Transforms a signal from time to frequency domain.
- Hugely important in many fields of science and engineering.
- Not so powerful in its raw form for estimating spectral components in neural signals
- BUT: forms the basis for many of the following methods

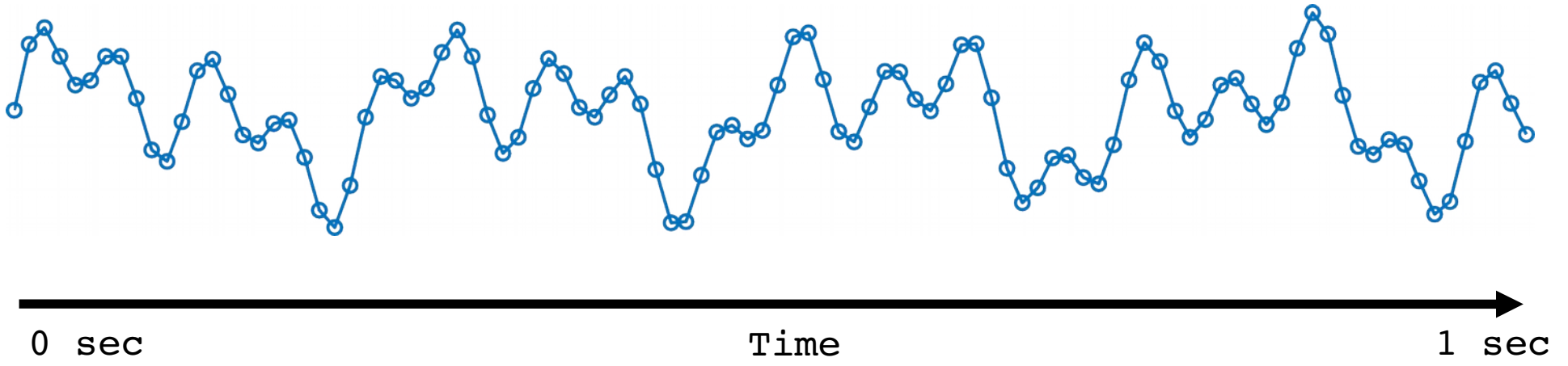
# (De-) Composing a signal



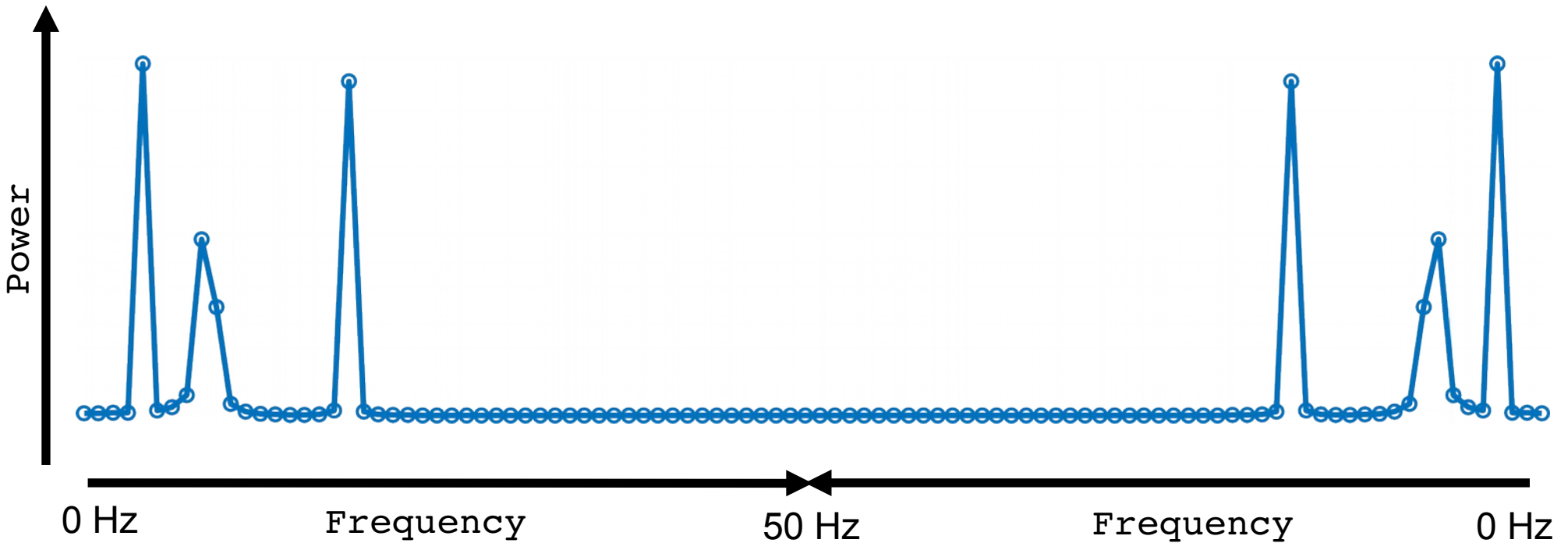
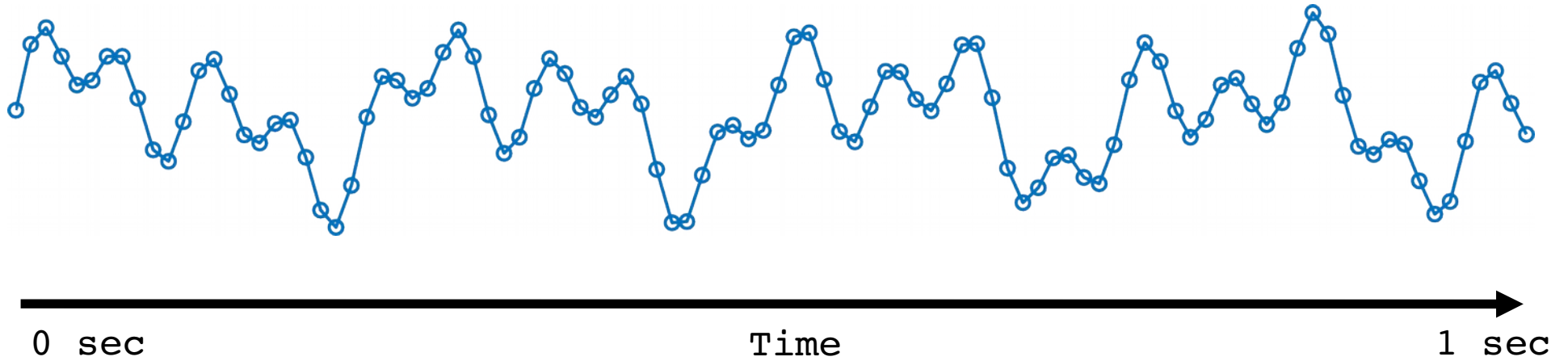
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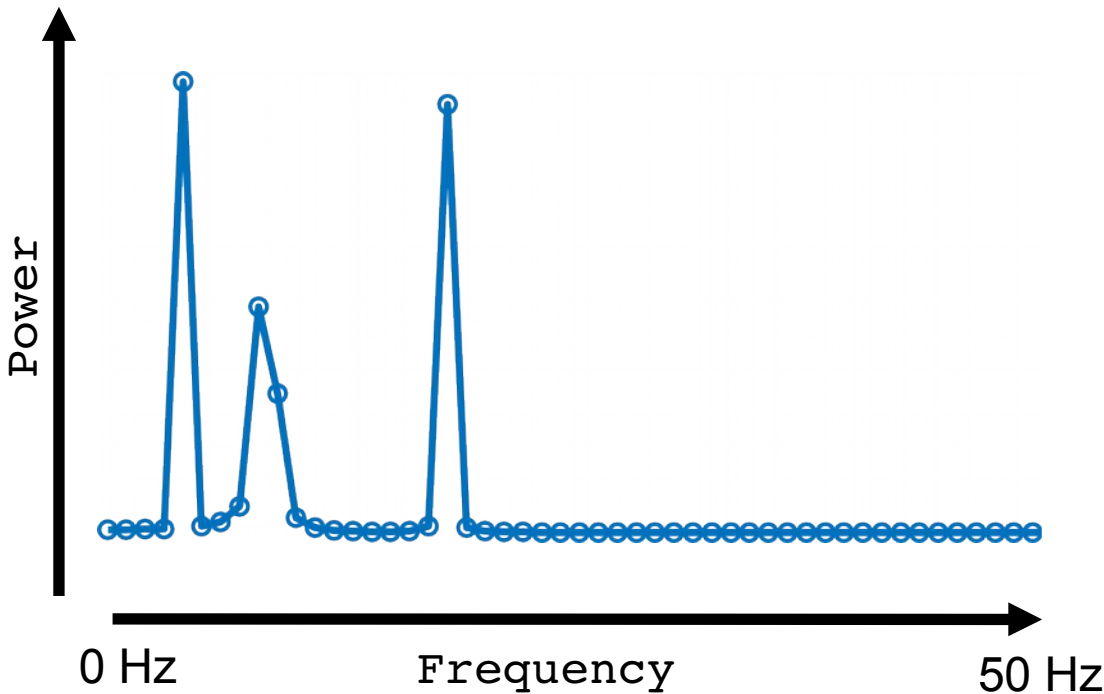
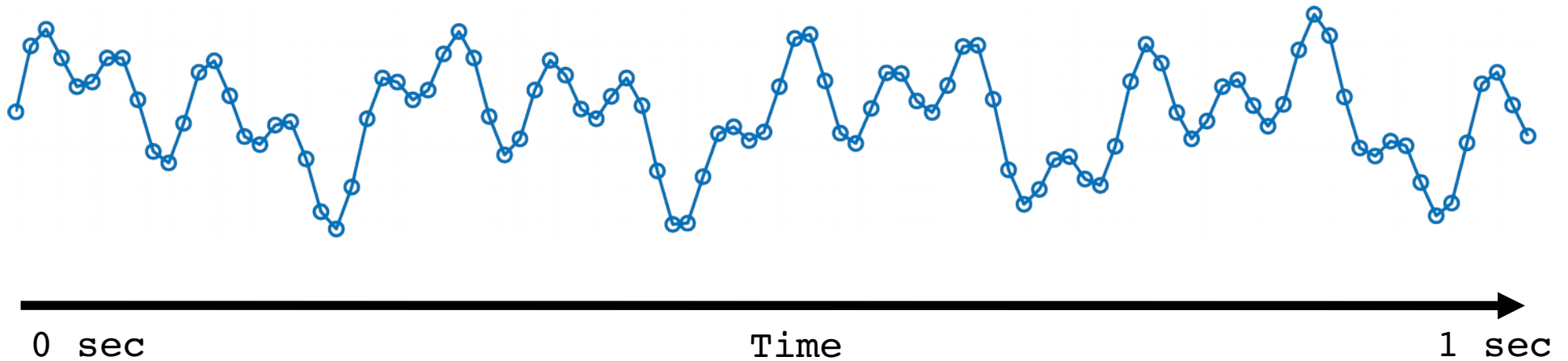
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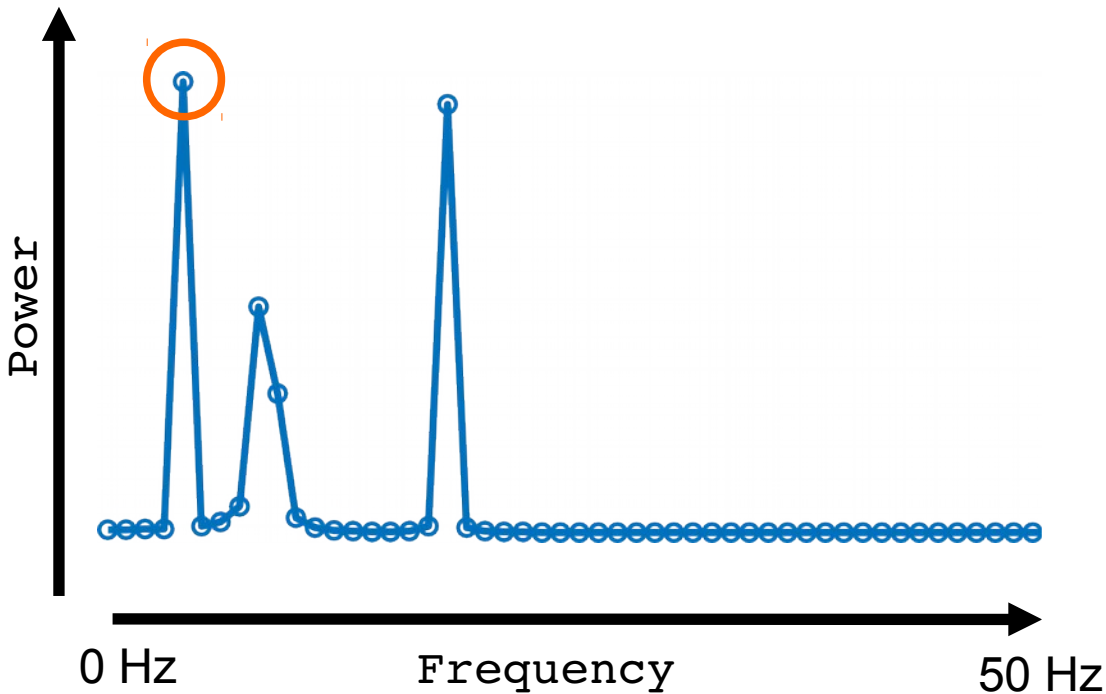
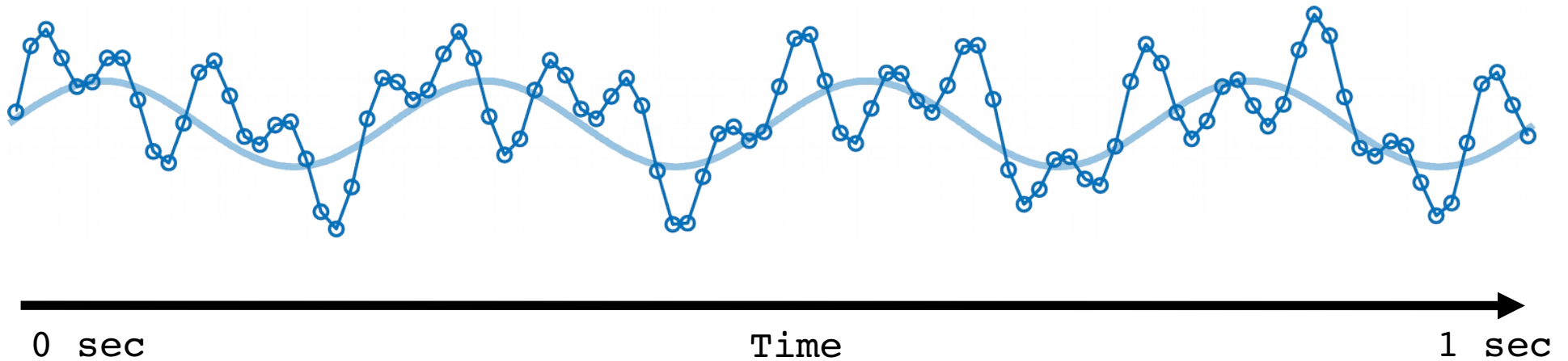
# (De-)Composing a signal



- FFT output is symmetric, second half usually removed
- Peaks in frequency domain correspond to an oscillatory component in time domain

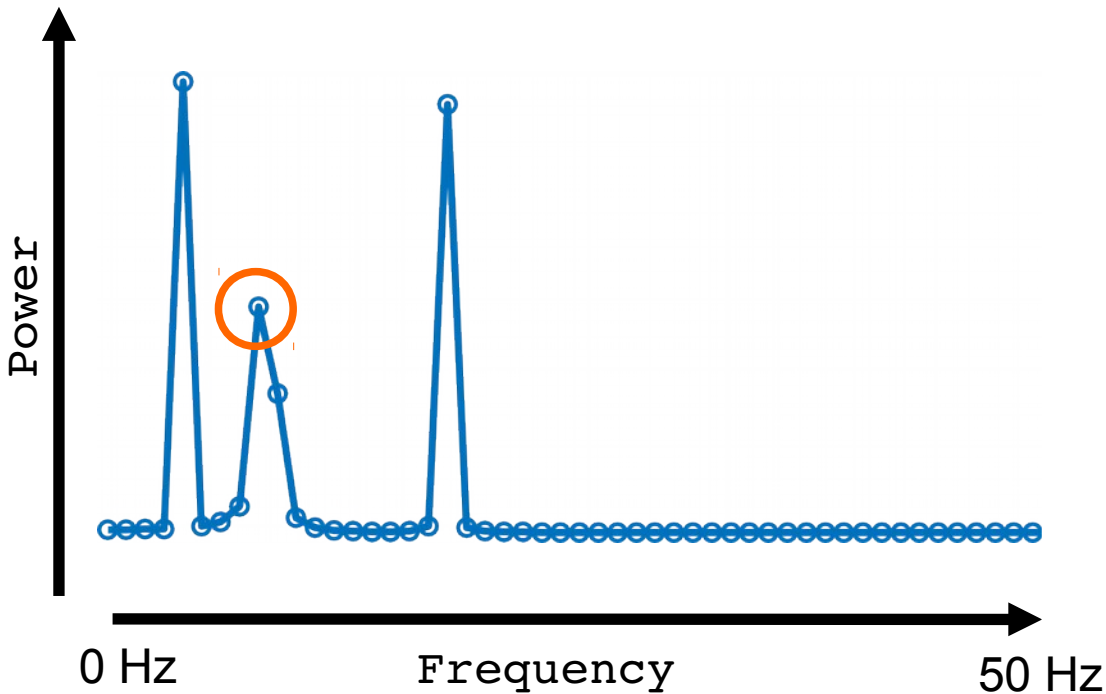
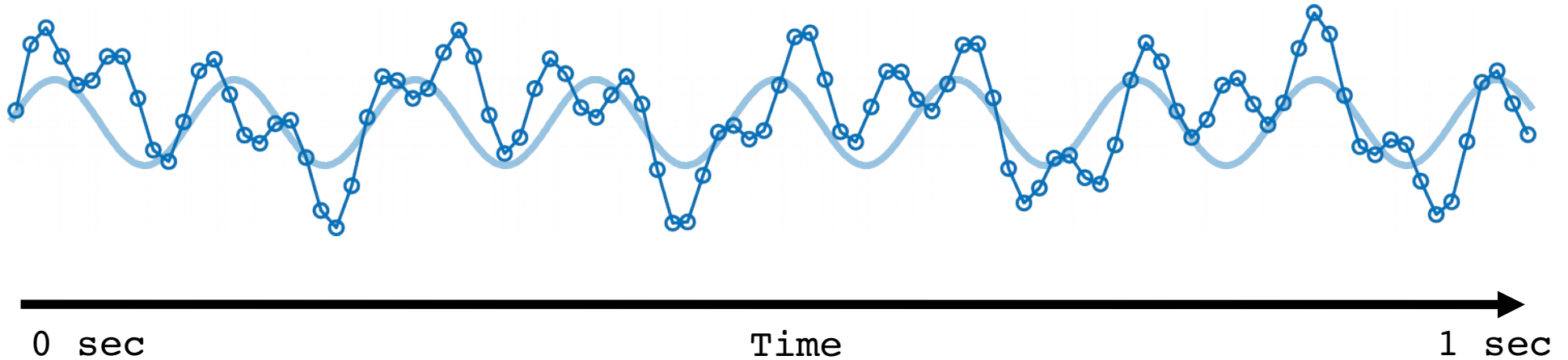


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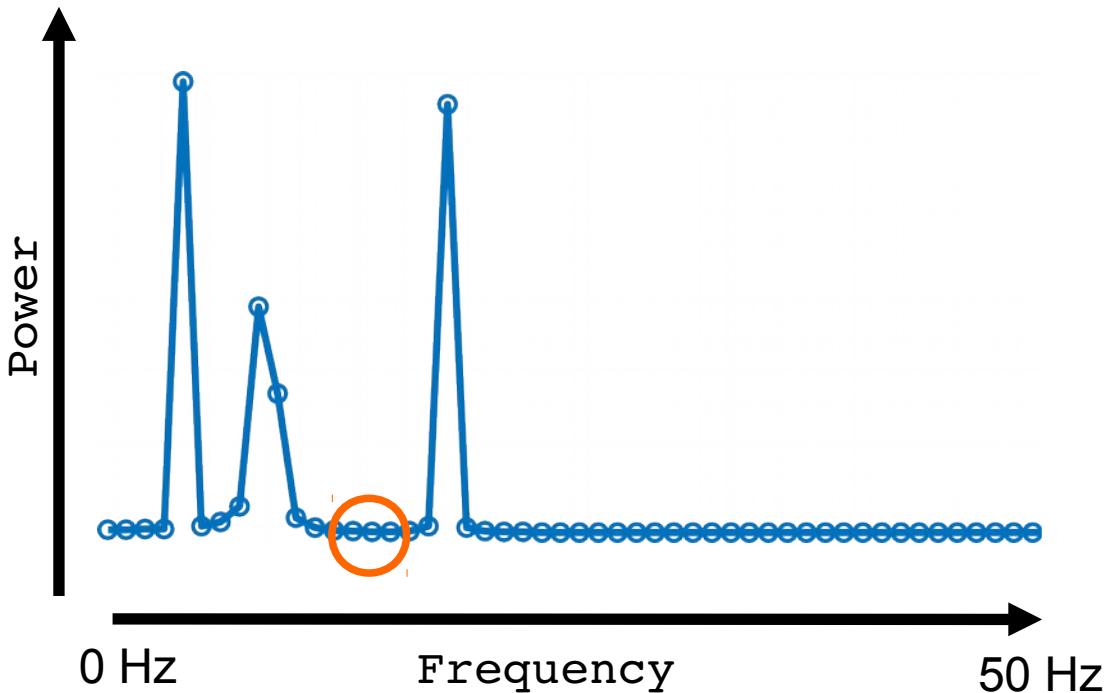
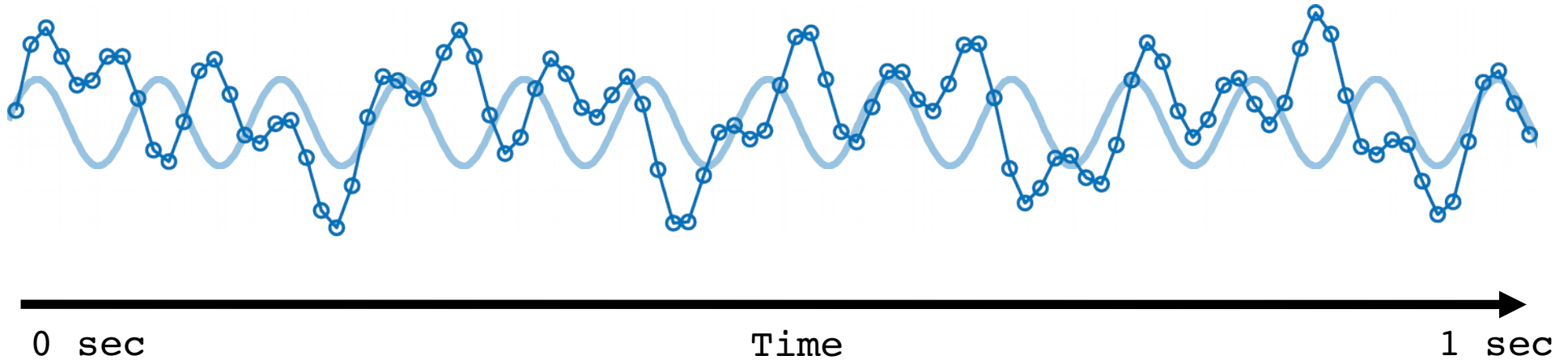
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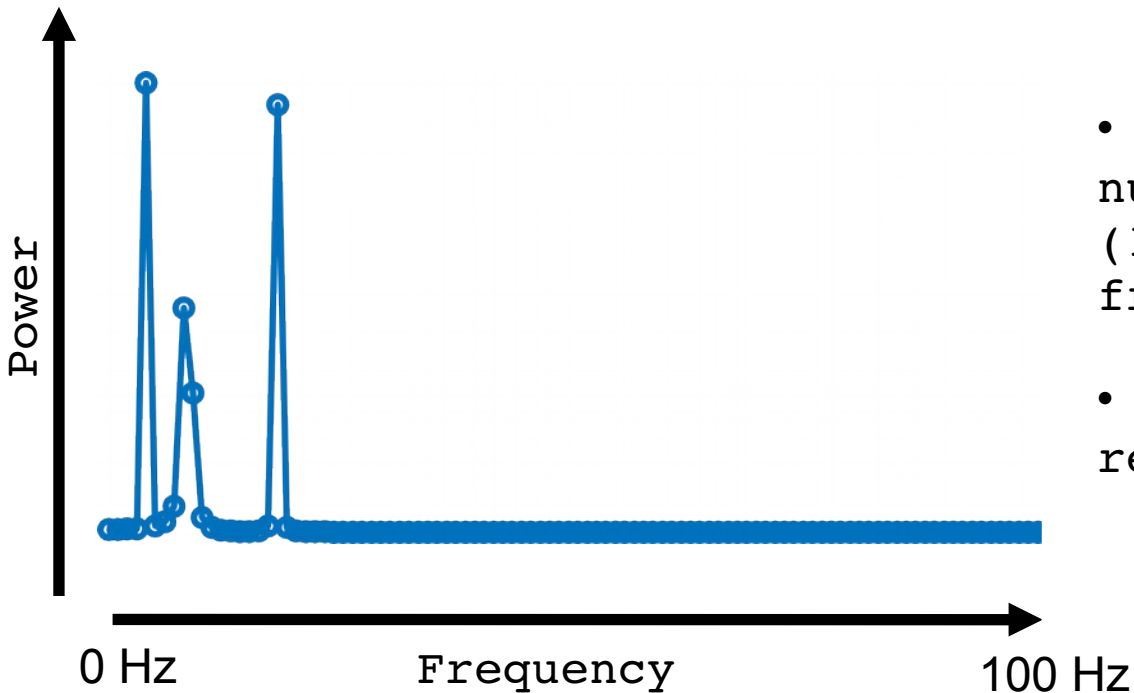
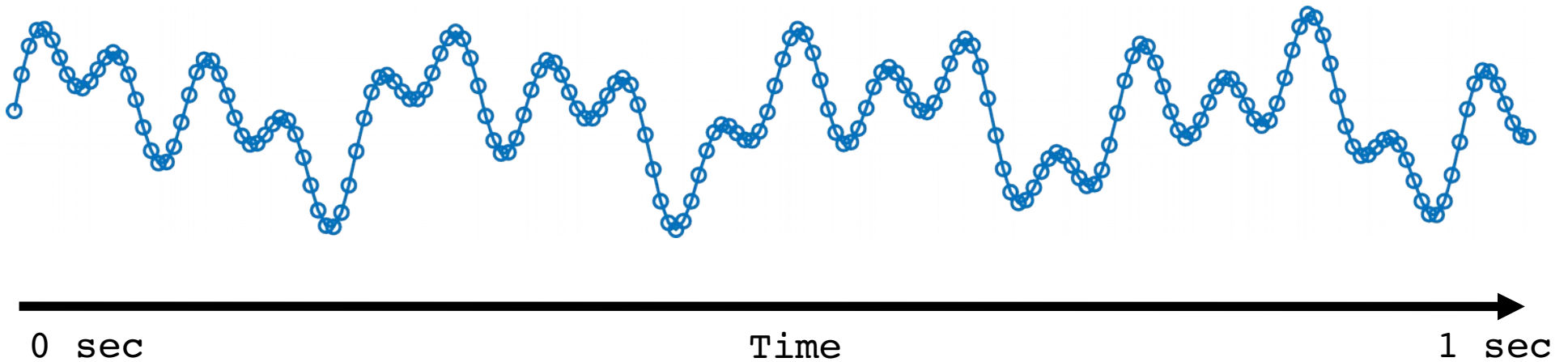
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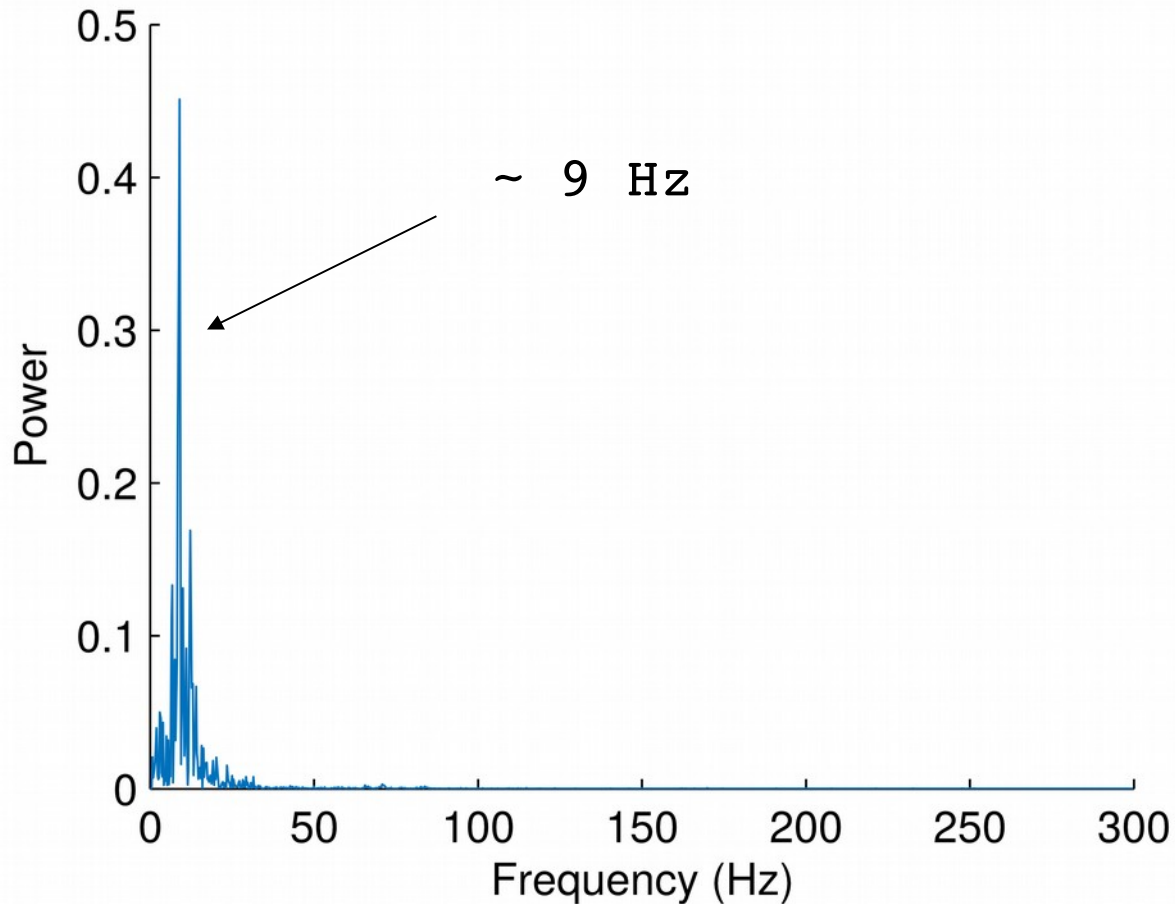
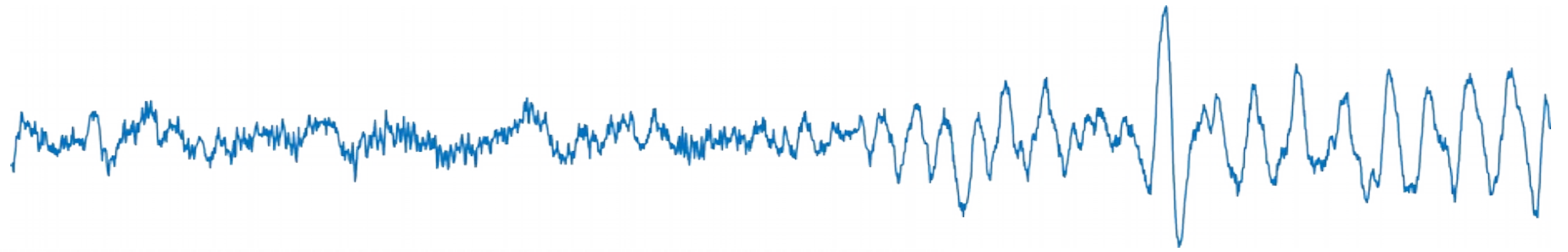
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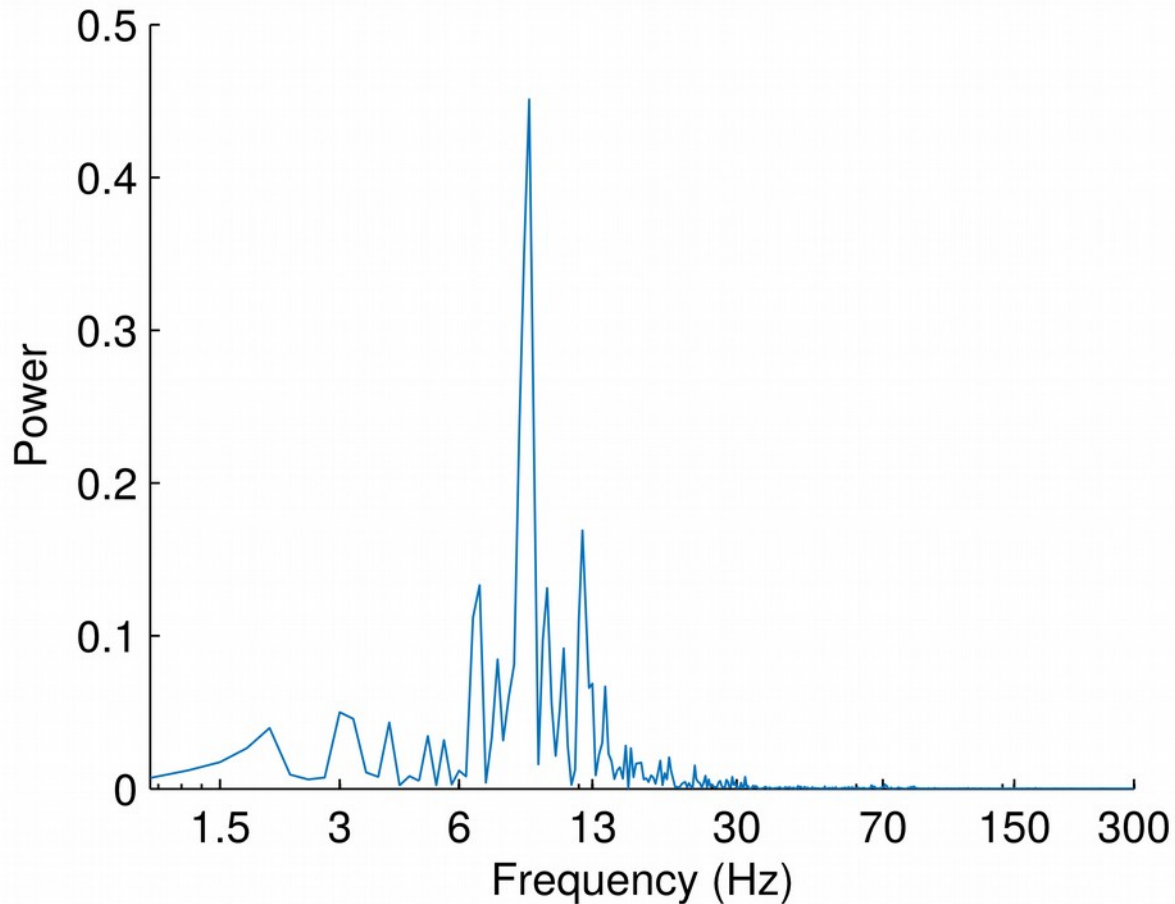
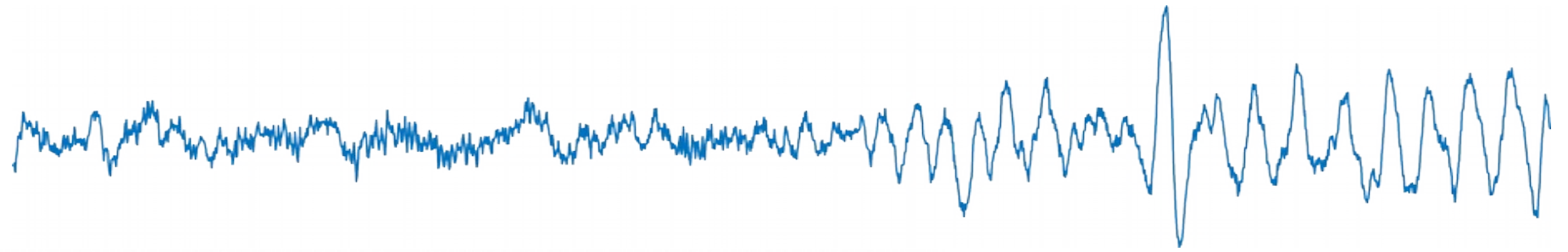
- Number of samples in time = number of samples in frequency (1/2 without 'negative frequencies')
- Higher sampling rate can resolve higher frequencies

# Fourier Transform



- We can see a peak in the alpha band (8-12 Hz)

# Fourier Transform



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- Sometimes helpful to display frequency axis in log-scale (see next)

# Linear- vs. Log-scaled spectrum

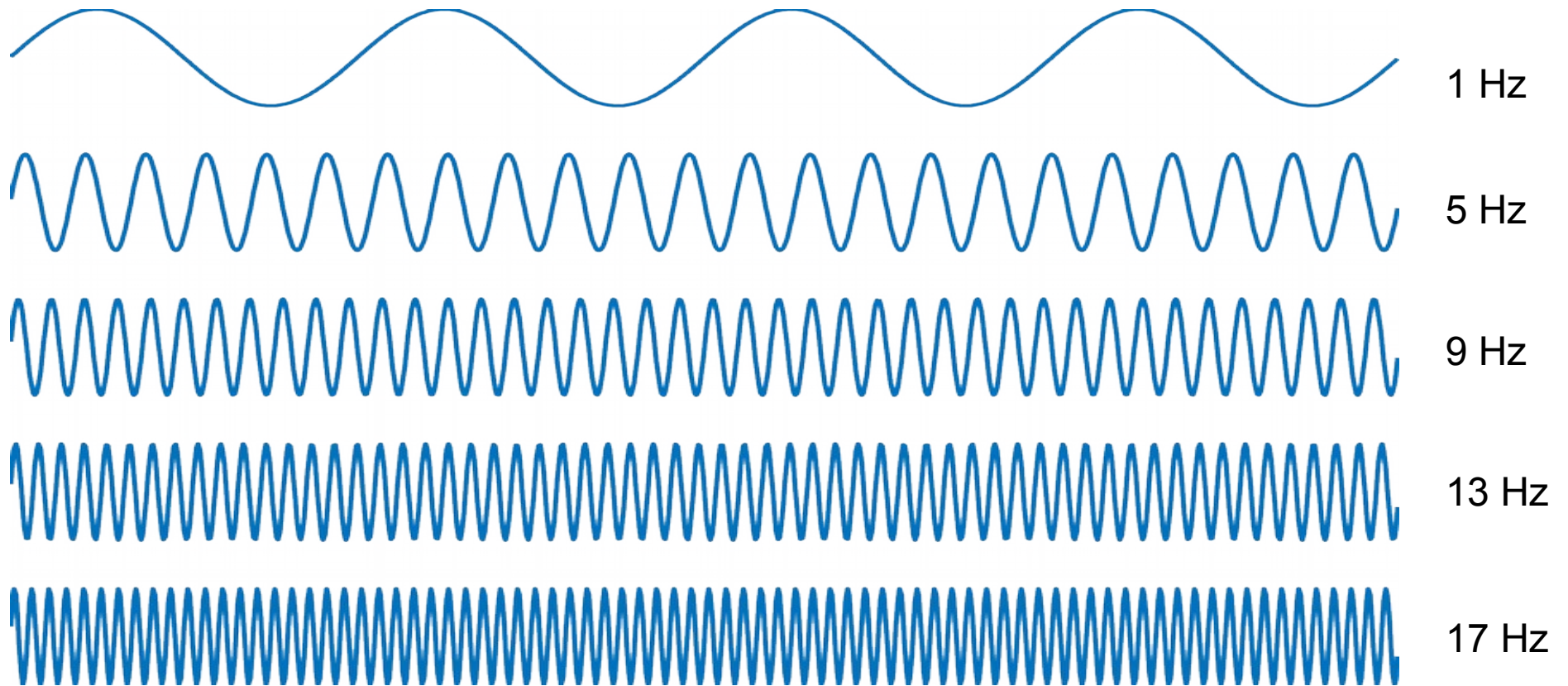
Compare:

1 or 2 cycles per second

50 or 51 cycles per second

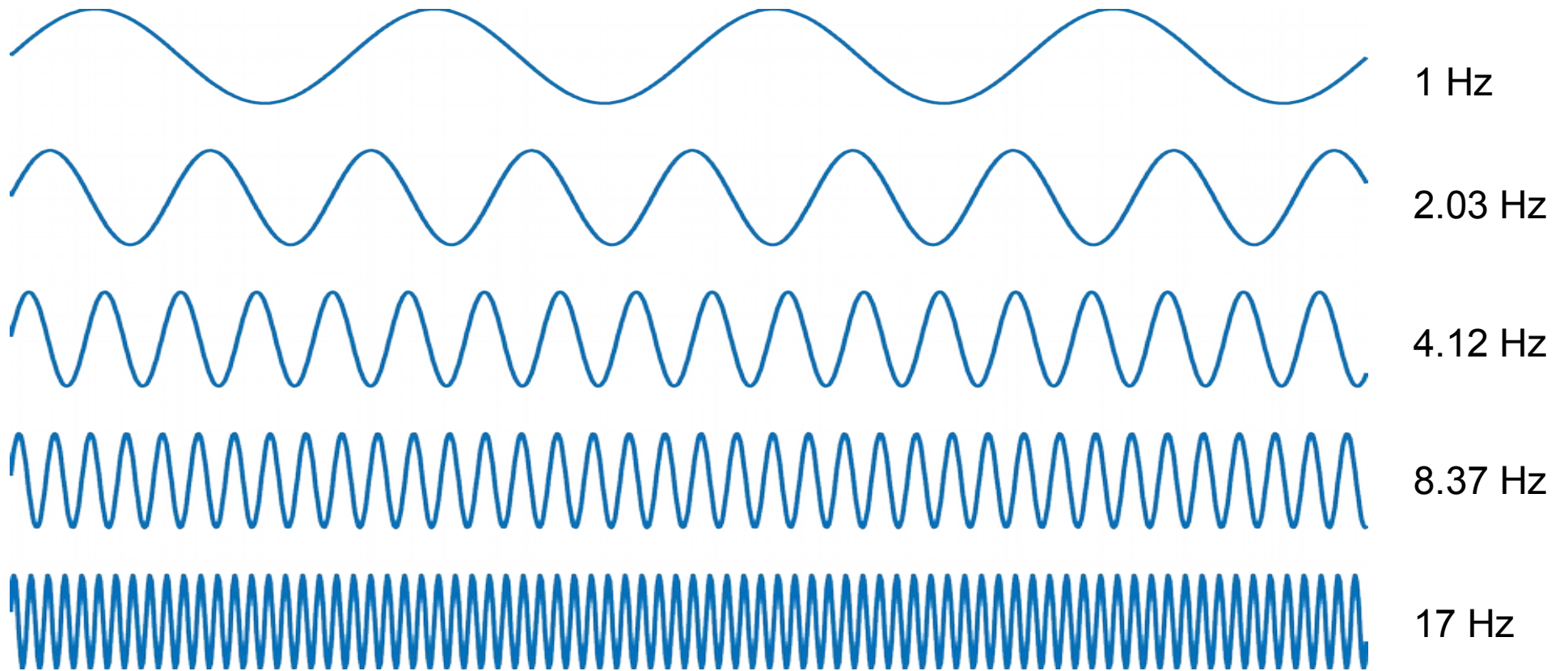


# Linear- vs. Log-scaled spectrum



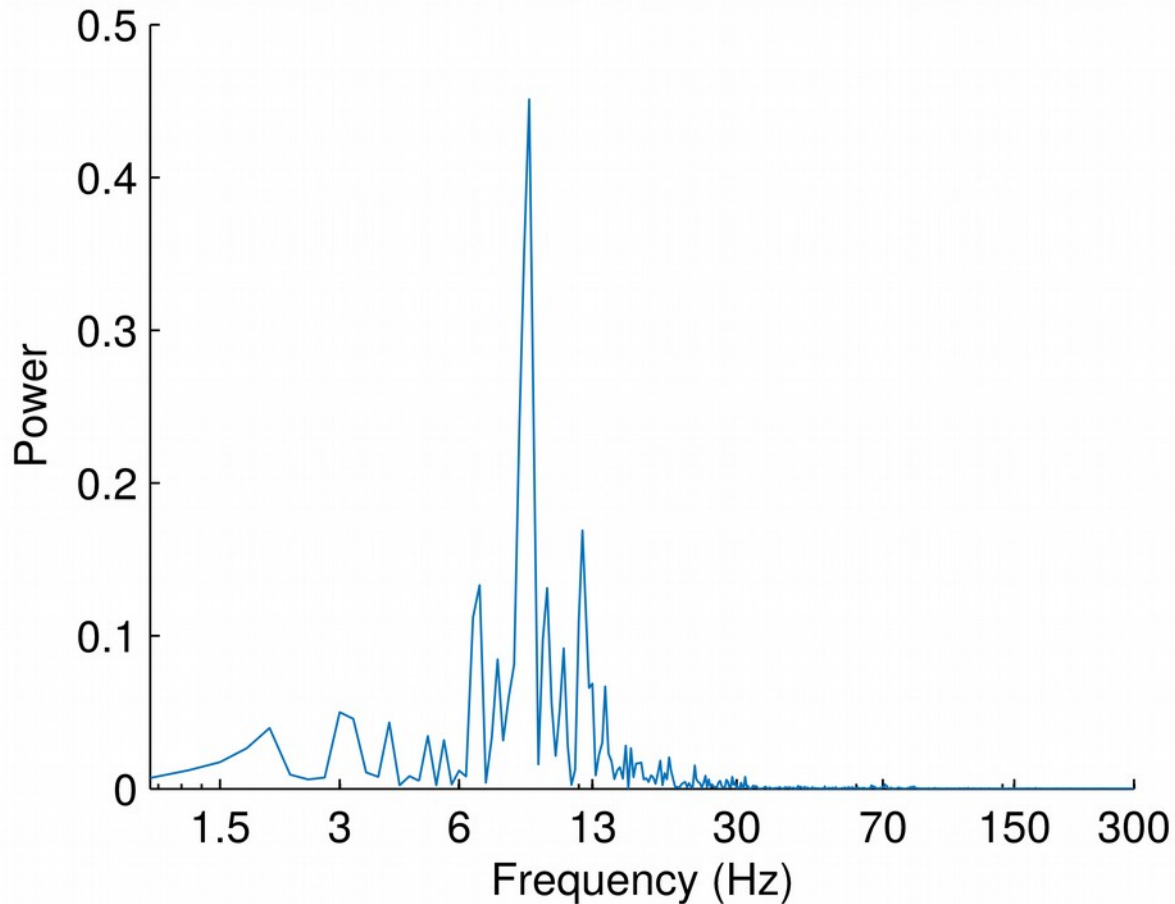
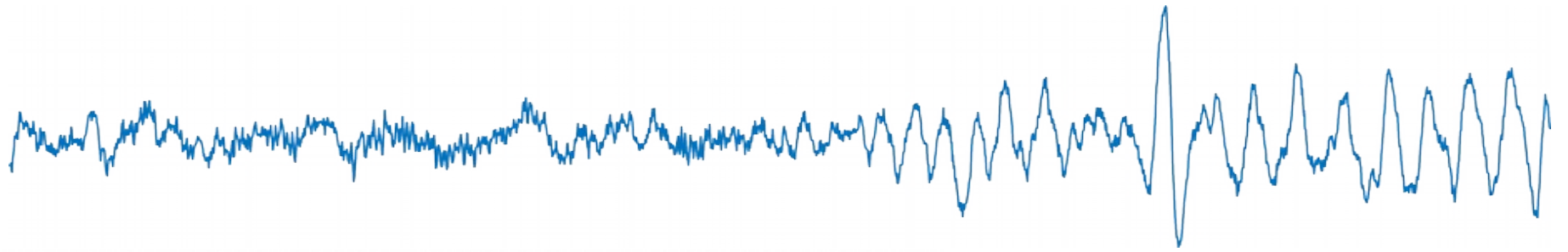
Sinusoids linearly spaced from 1 Hz to 17 Hz

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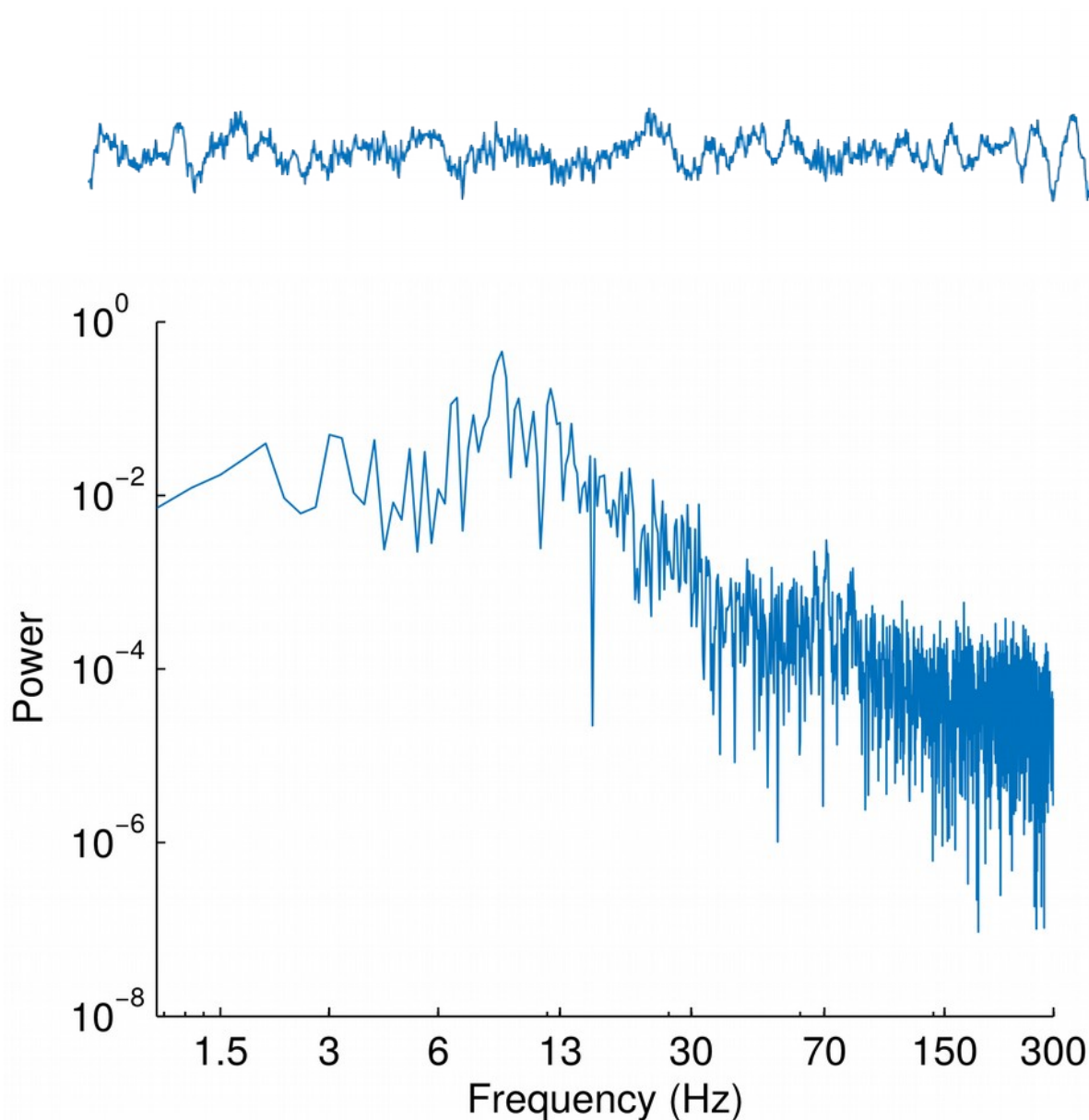
Sinusoids log spaced from 1 Hz to 17 Hz

# Fourier Transform



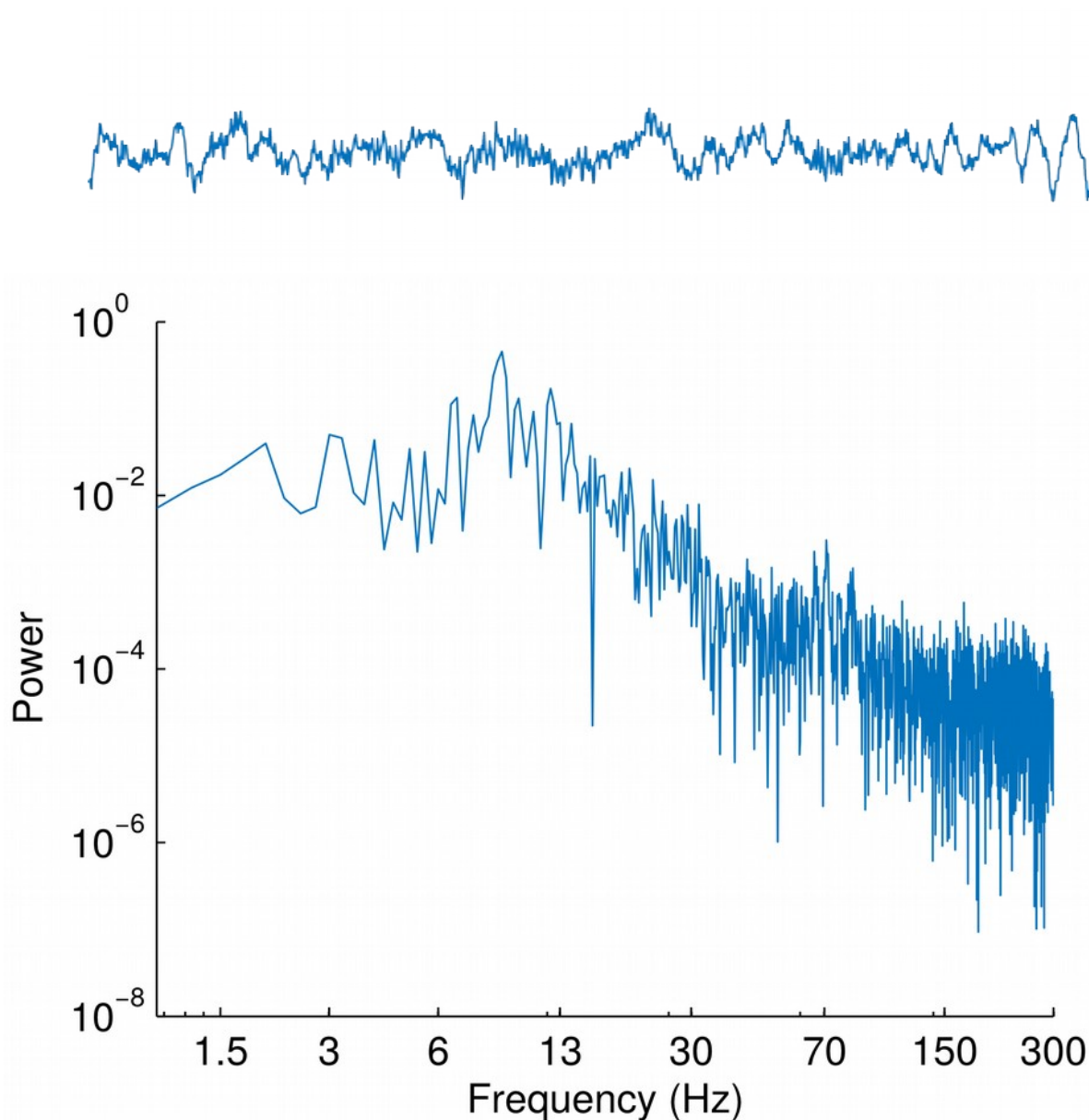
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  - $1/f$  phenomenon
  - Log-scaling the power axis

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- Sometimes helpful to display frequency axis in log-scale (see next)
- Power usually decreases at higher frequencies
  - $1/f$  phenomenon
  - Log-scaling the power axis
- Raw FFT can be very noisy
  - see next



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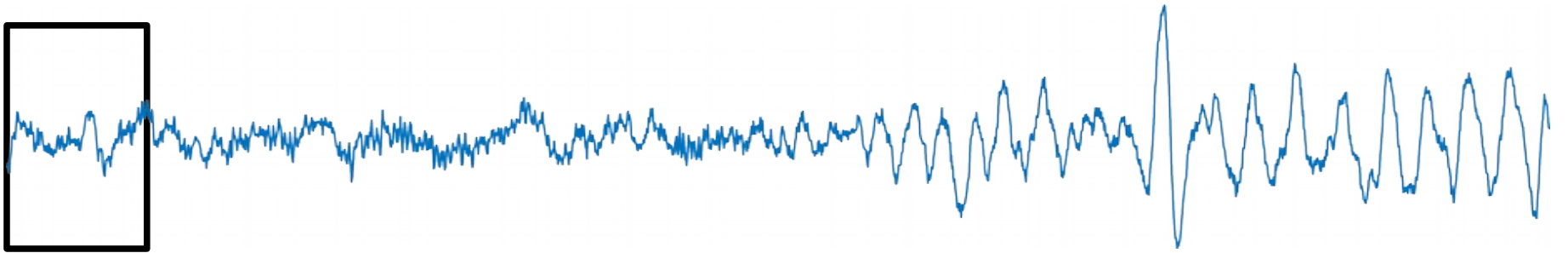
## Stationary:

- Fourier transform
- Power spectral density (Welch's method)

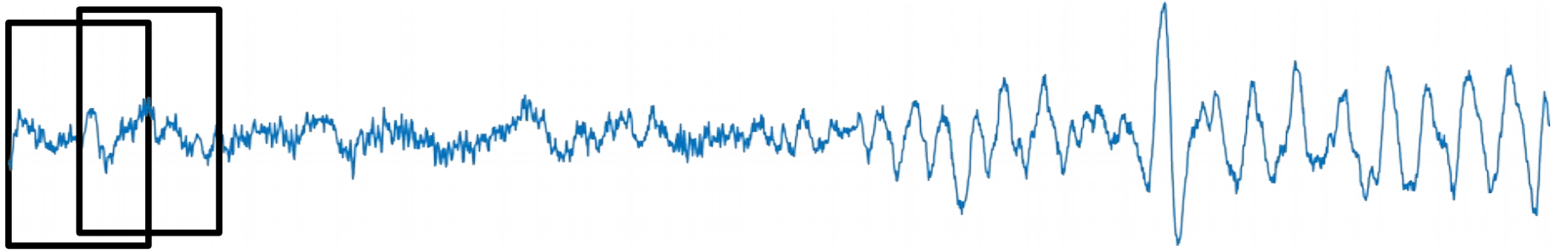
## Time-resolved:

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- Filtering & Hilbert transform

# Power spectral density

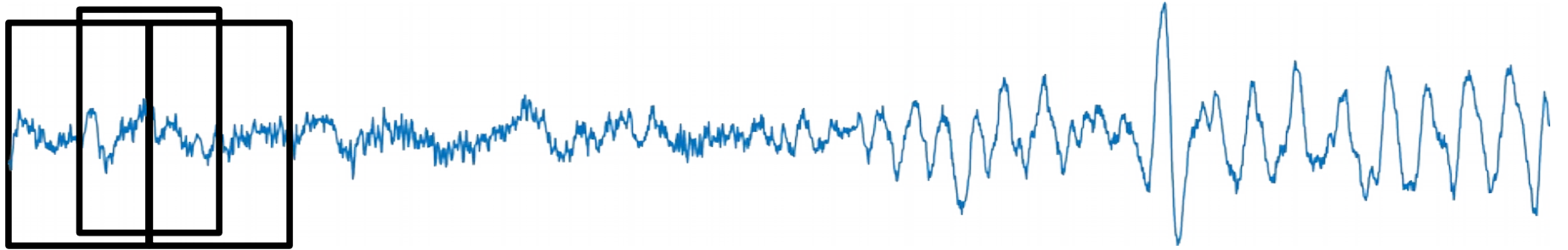


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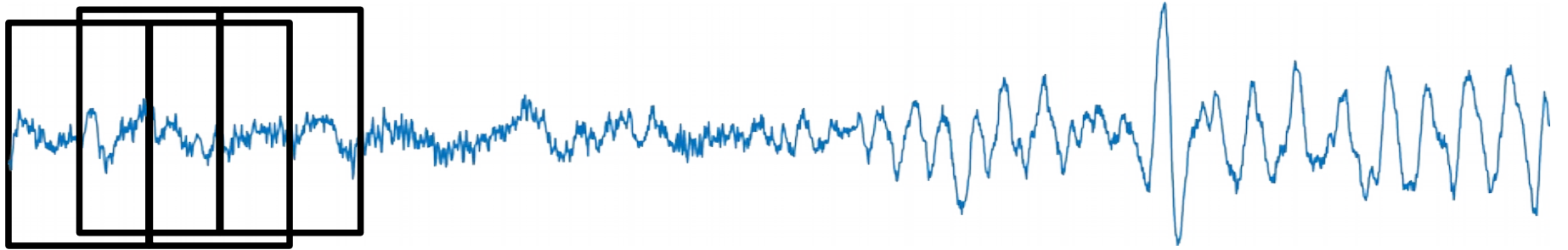




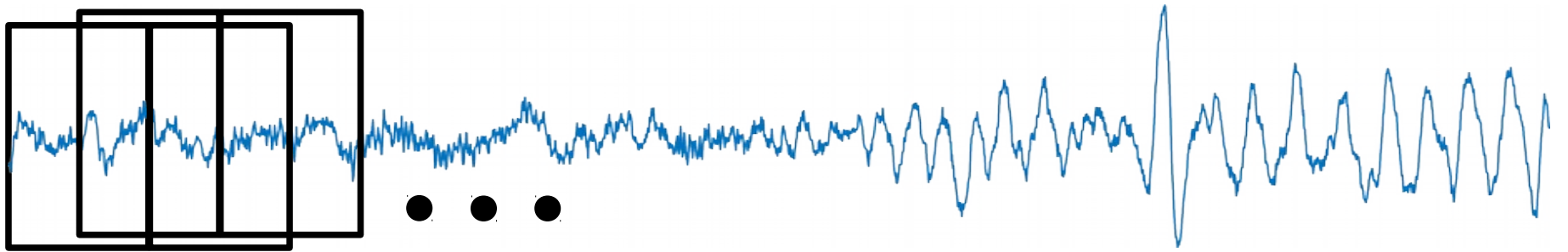
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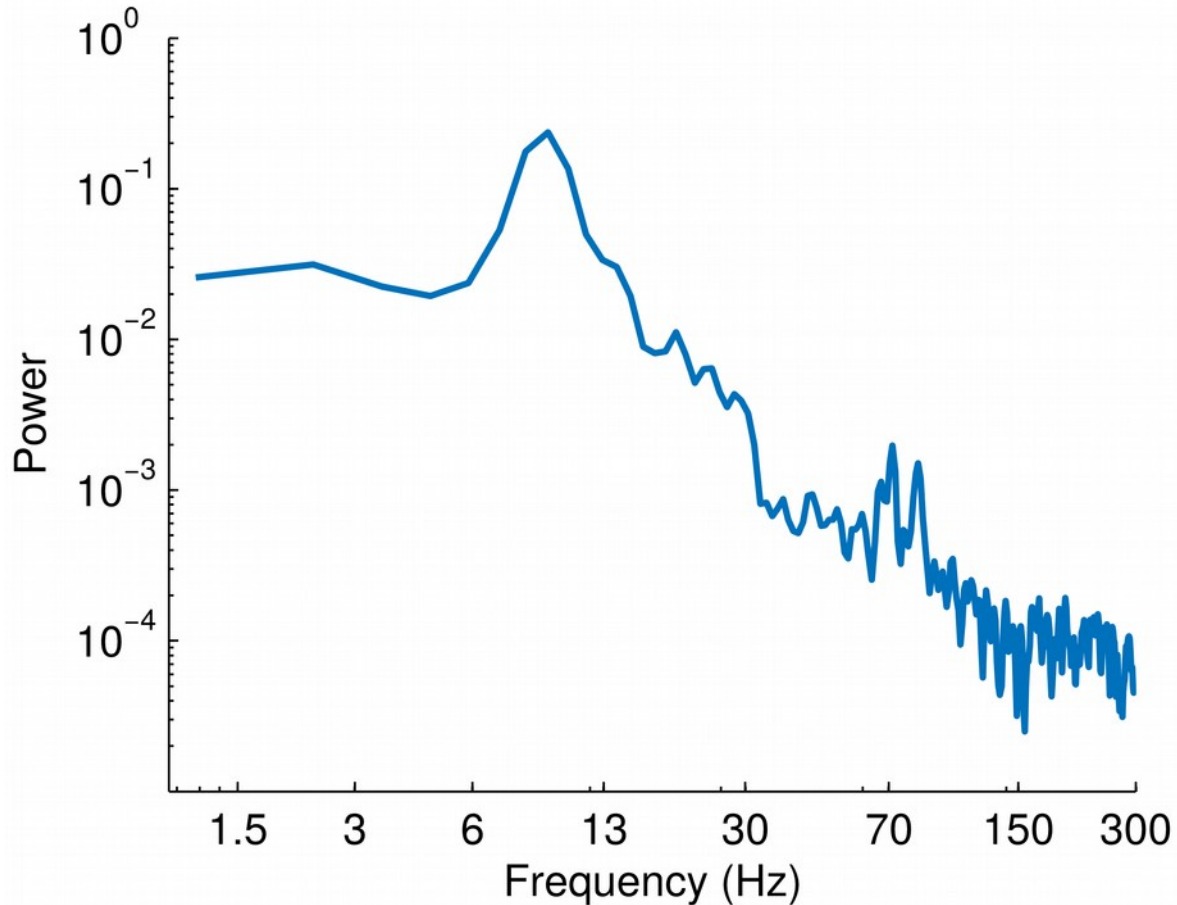
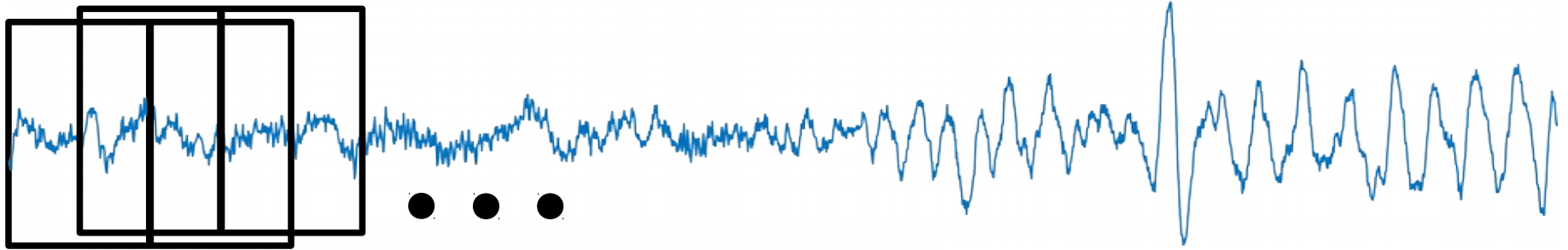
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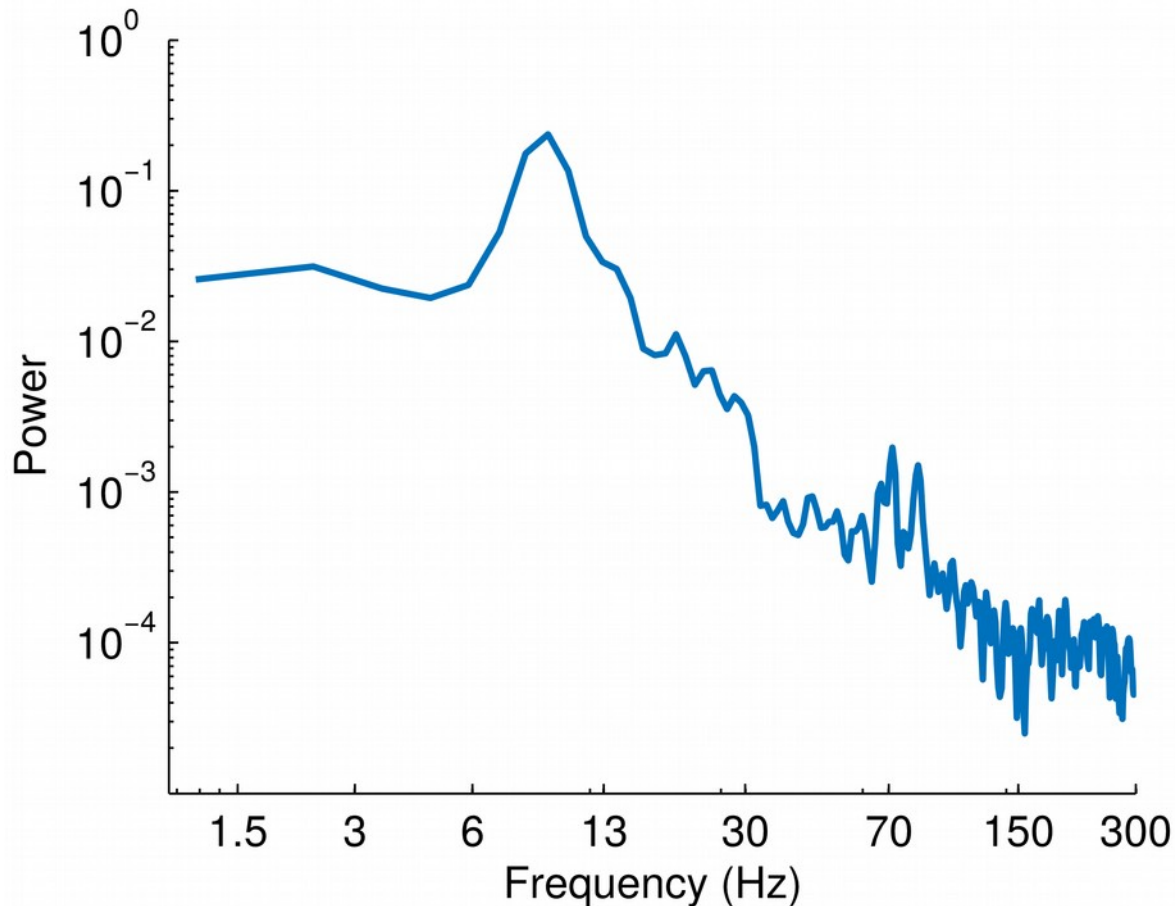
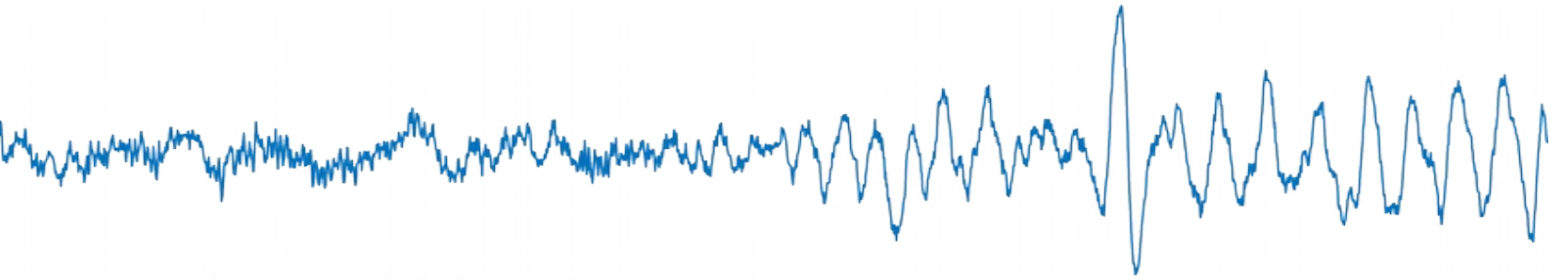
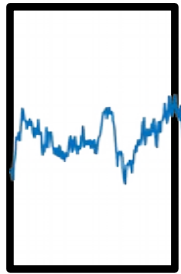


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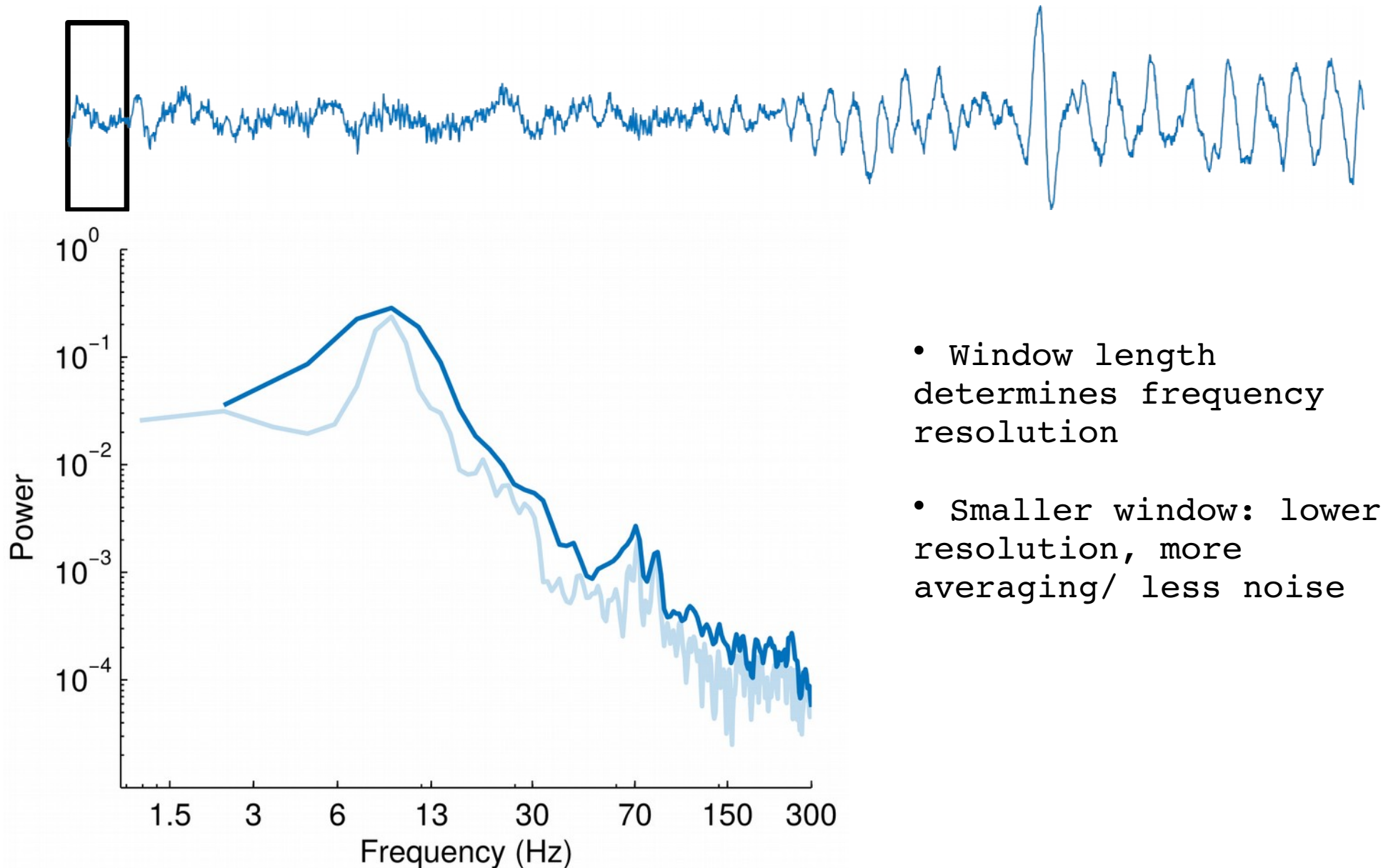
- Repeated averaging over sliding windows decreases noise in the estimation
- Resulting spectrum is less noisy

# PSD: effect of window size

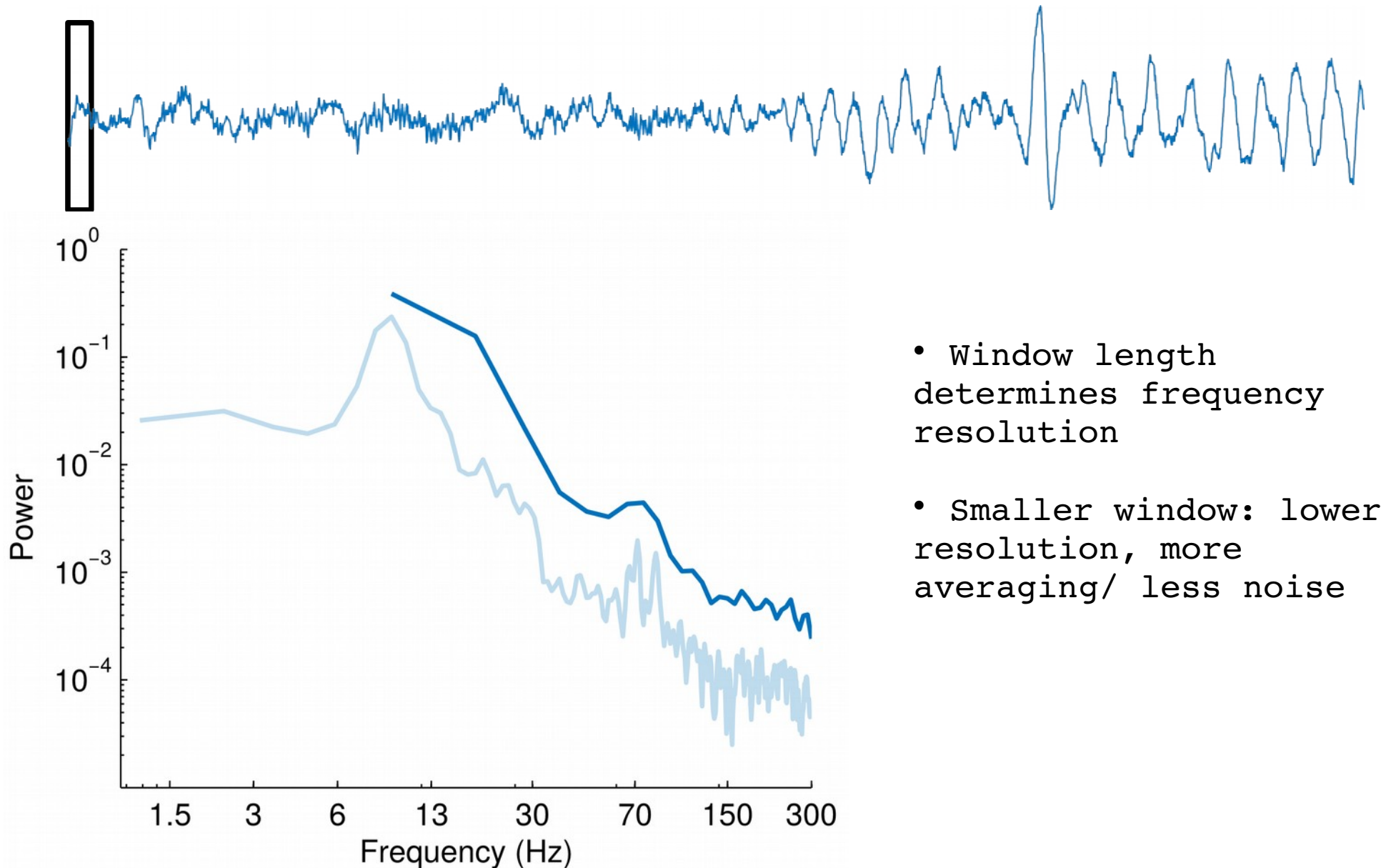


- Window length determines frequency resolution
- Smaller window: lower resolution, more averaging/ less noise

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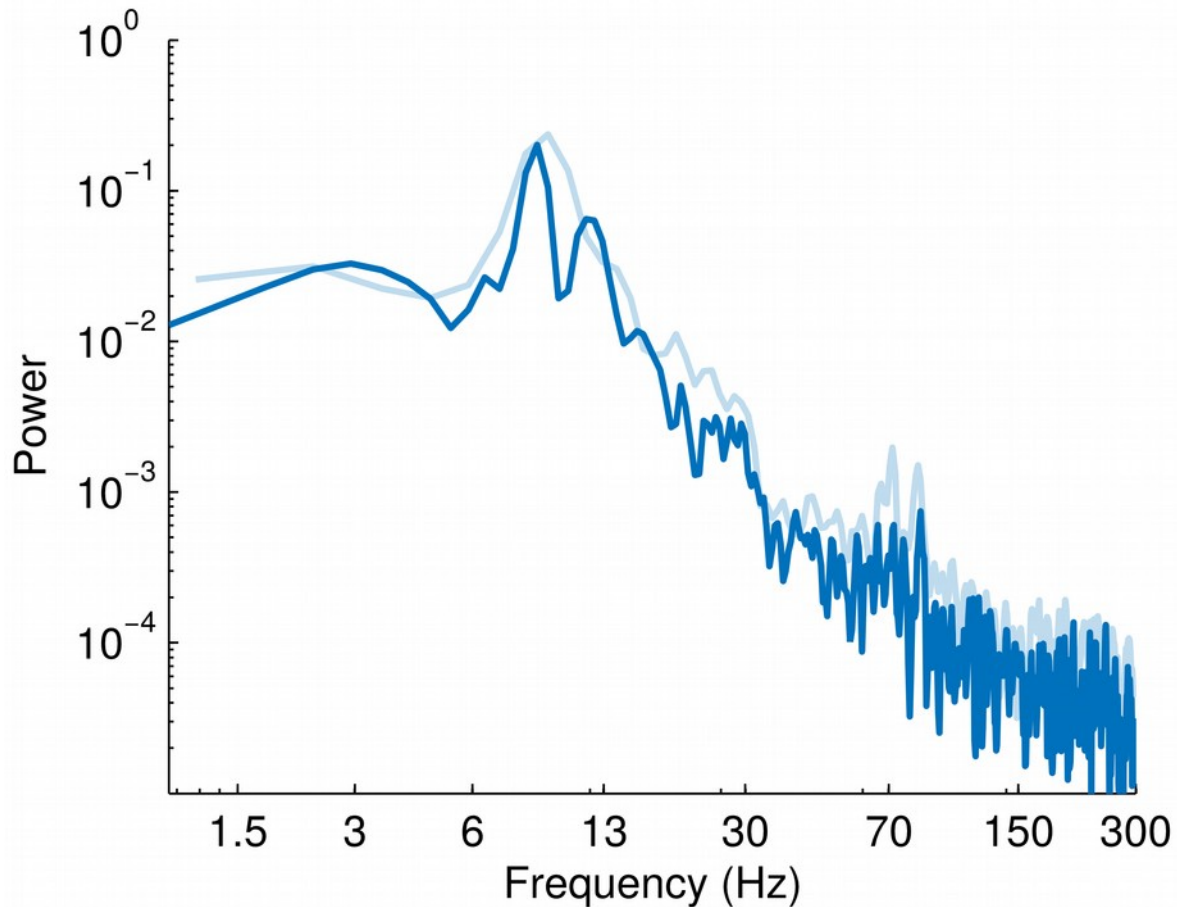
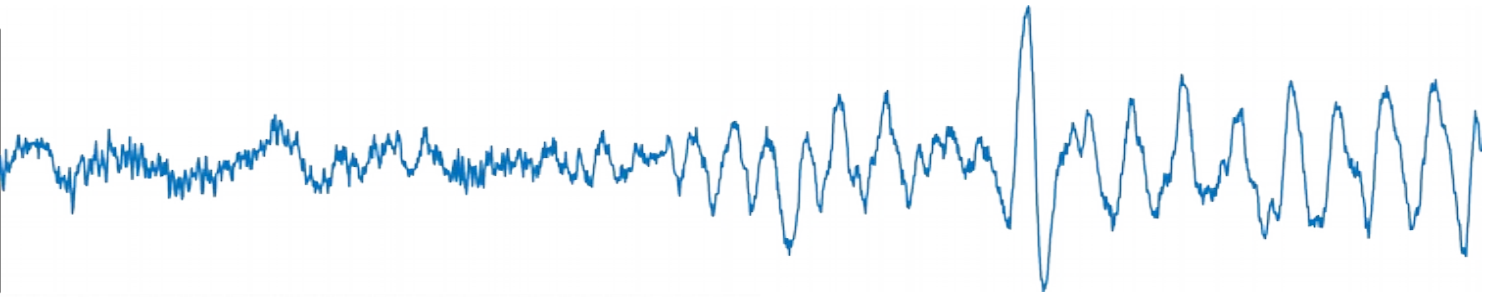
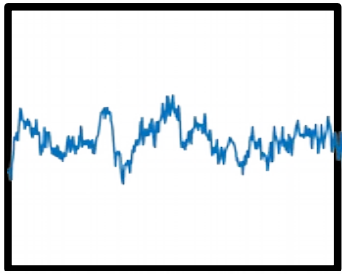


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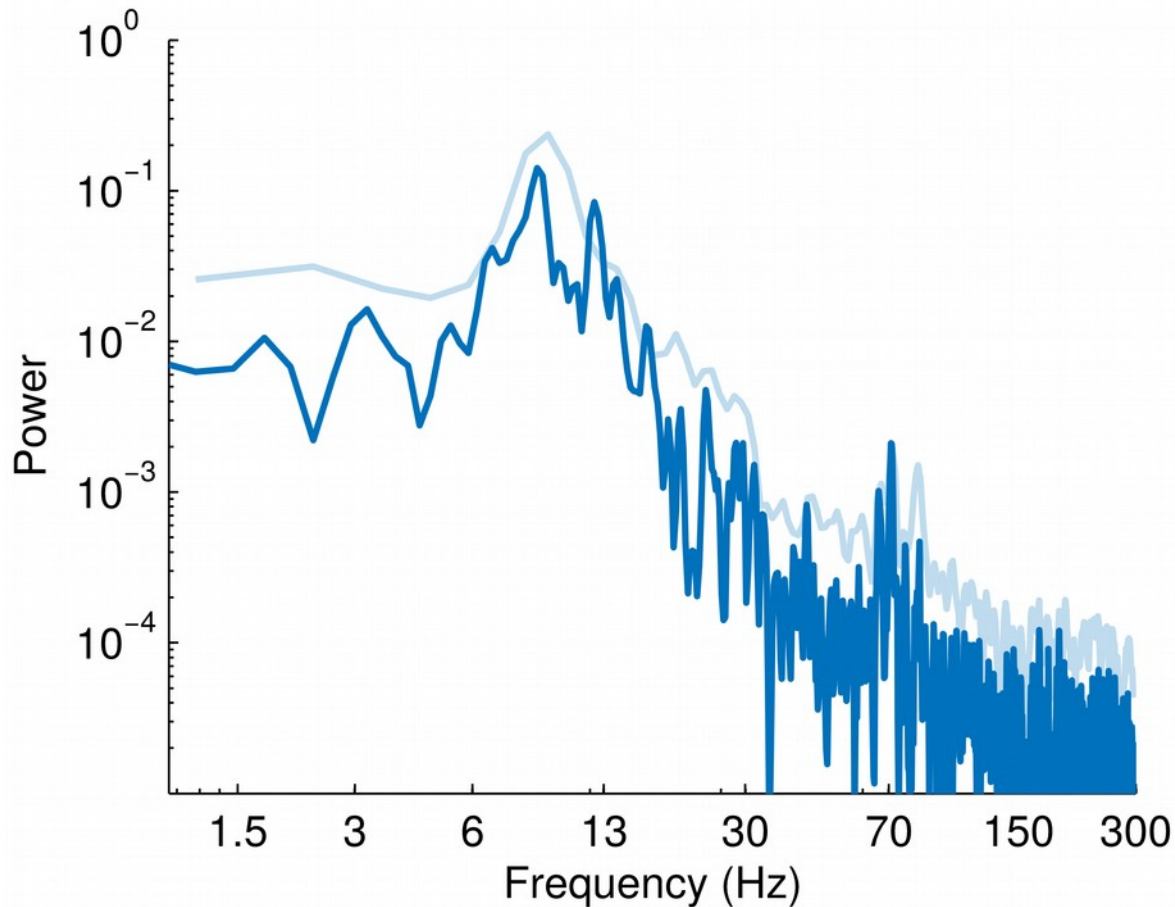
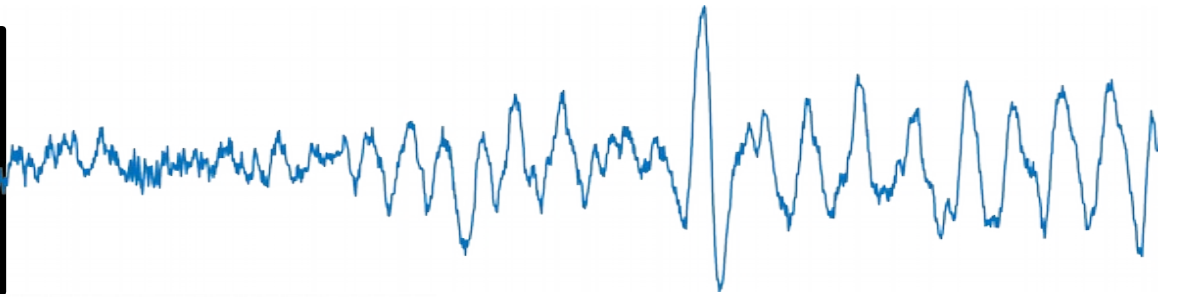
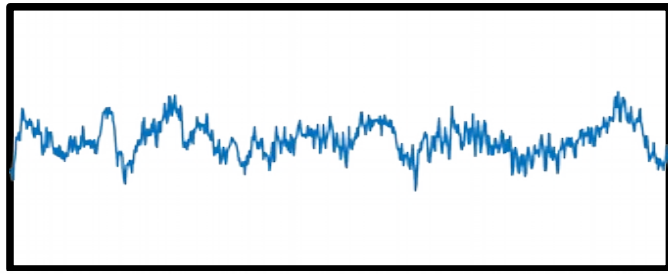


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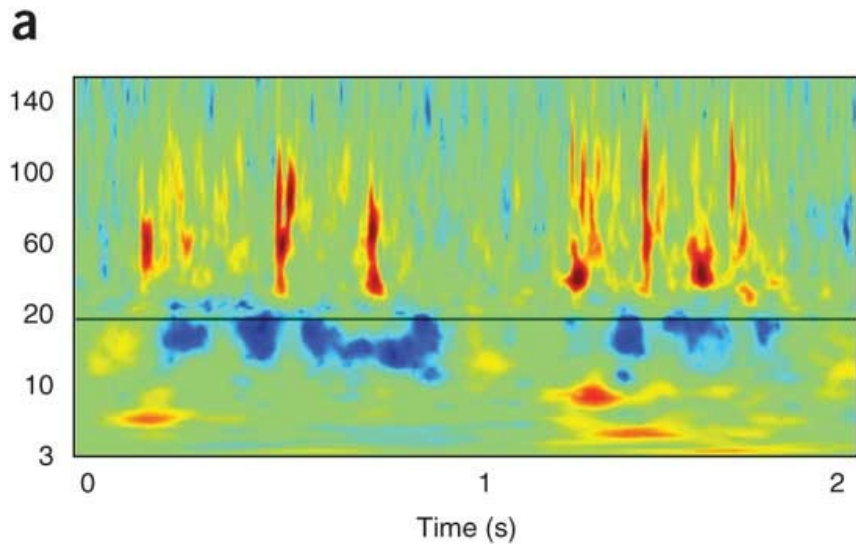
- Fourier transform
- Power spectral density (Welch's method)

## Time-resolved:

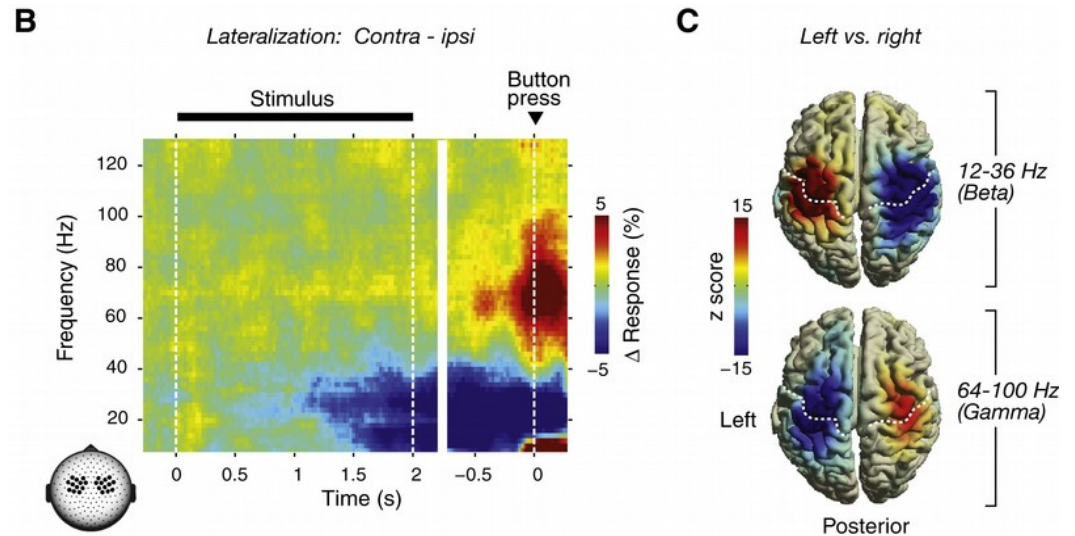
- Wavelet transform
- Filtering & Hilbert transform

# Time-frequency analysis

- Analysis of transient oscillatory activity
- Examples: auditory cortex / motor cortex
- Event-related synchronization vs. desynchronization

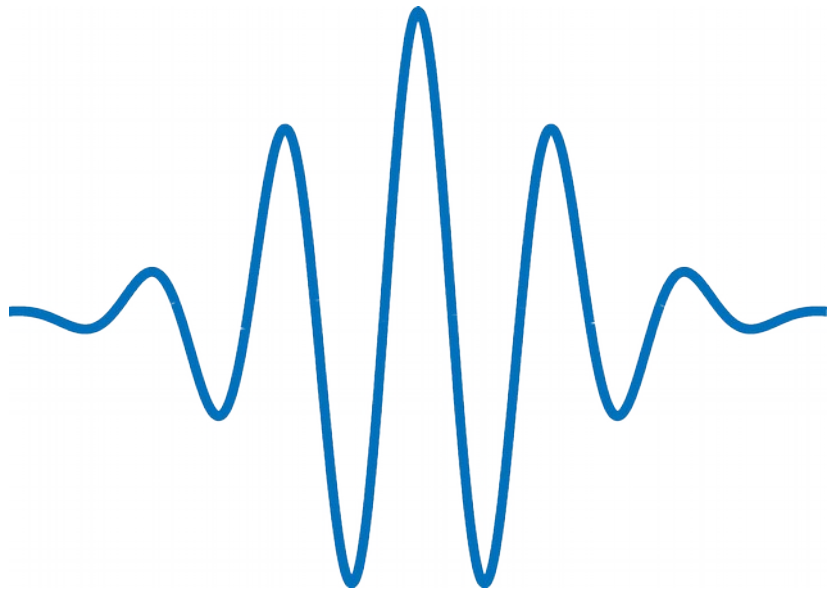


Spoken sentence, auditory cortex responses (Fontolan, Morillon et al, 2014)



Build-up of choice predictive activity in motor cortex (Donner et al., 2009)

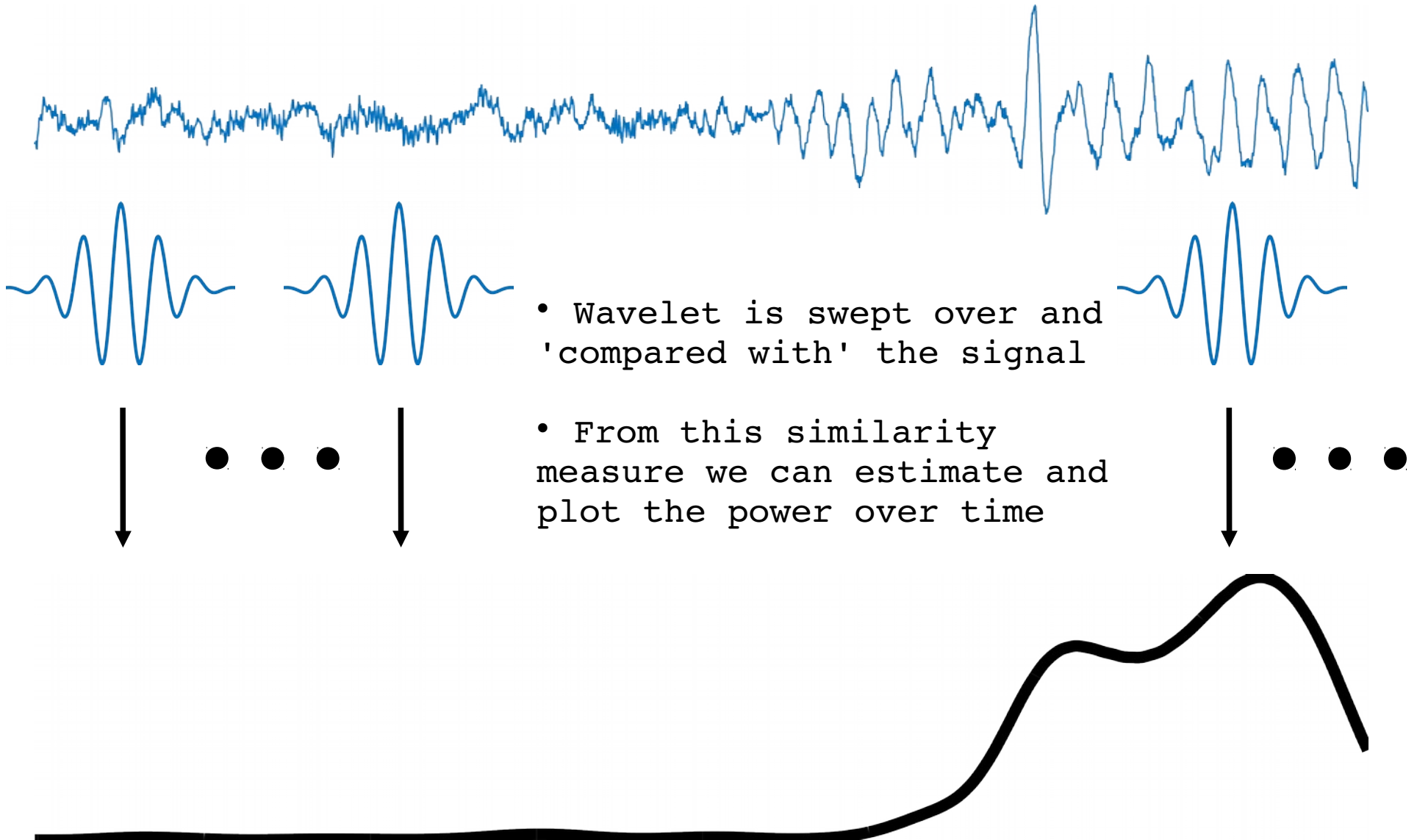
# Wavelet transform



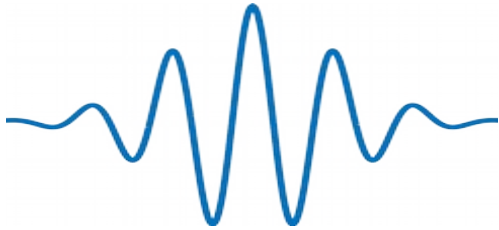
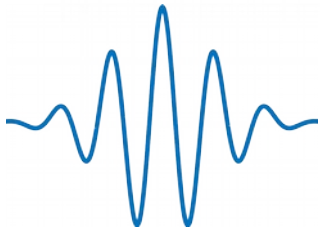
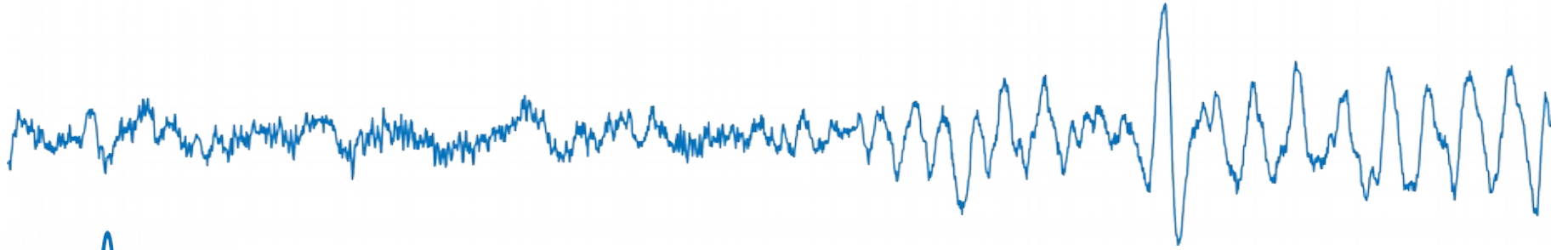
Morlet wavelet (used in Brainstorm):

- Sine wave, power is modulated in time with a gaussian centered at time zero
- Serves as a 'template'

# Wavelet transform



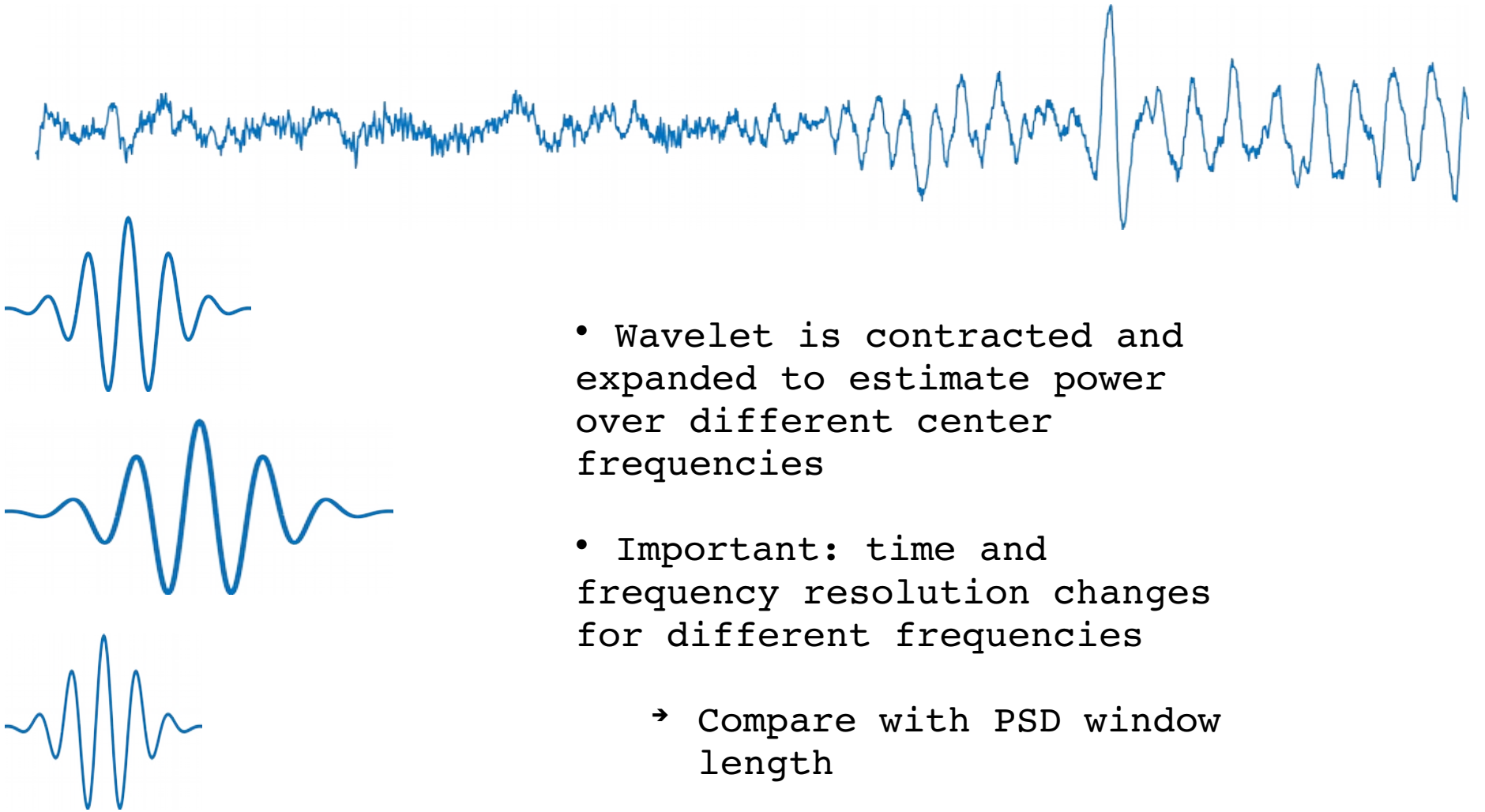
# Wavelet transform



- Wavelet is contracted and expanded to estimate power over different center frequencies



# Wavelet transform

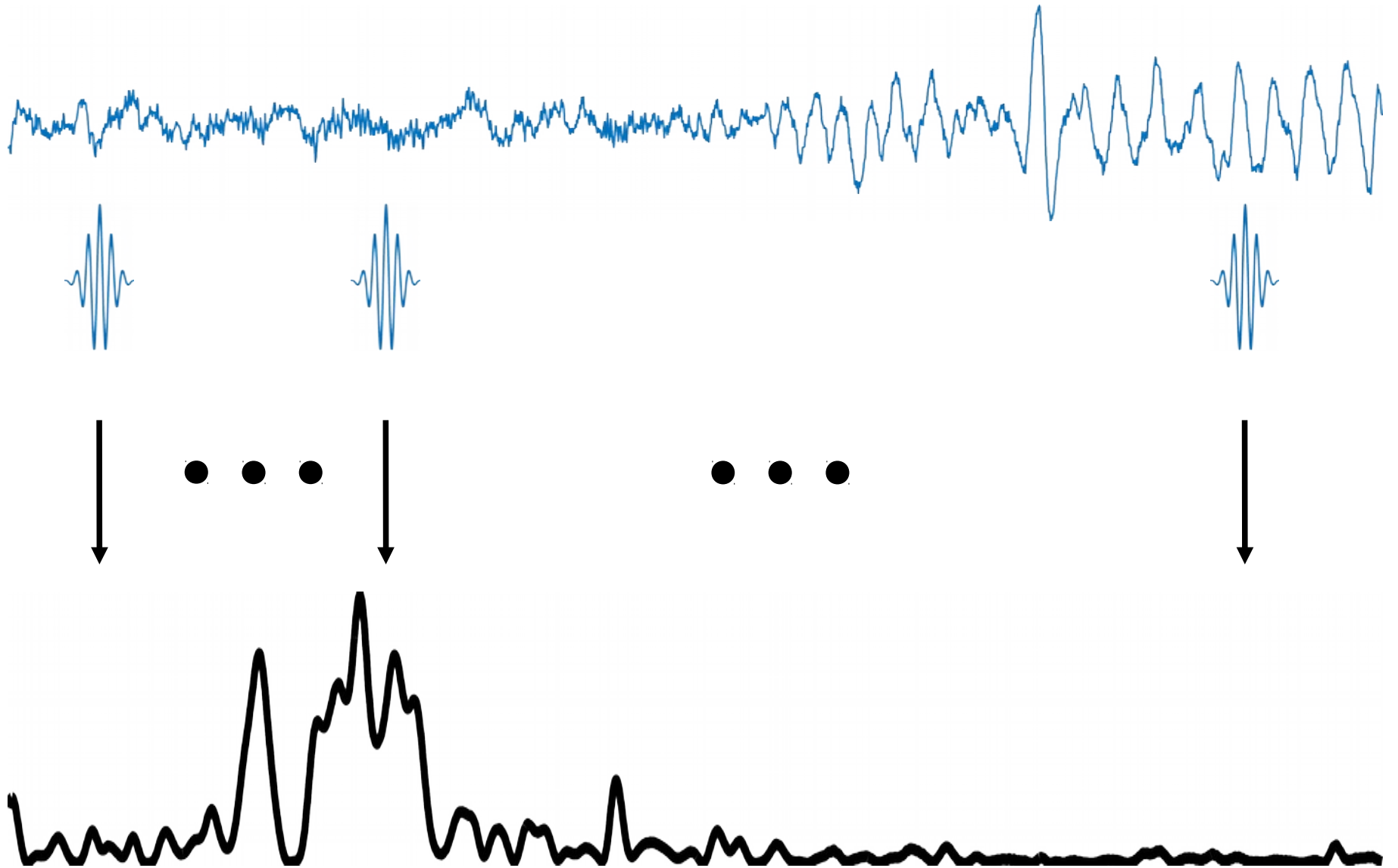


- Wavelet is contracted and expanded to estimate power over different center frequencies

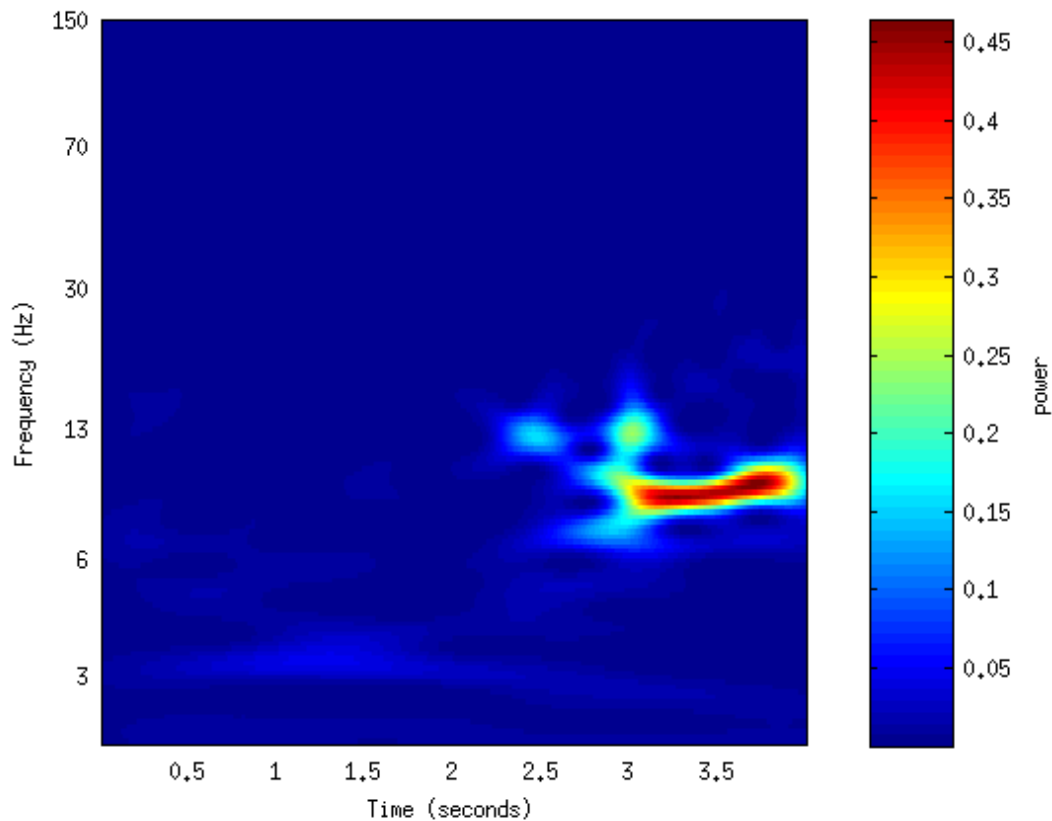
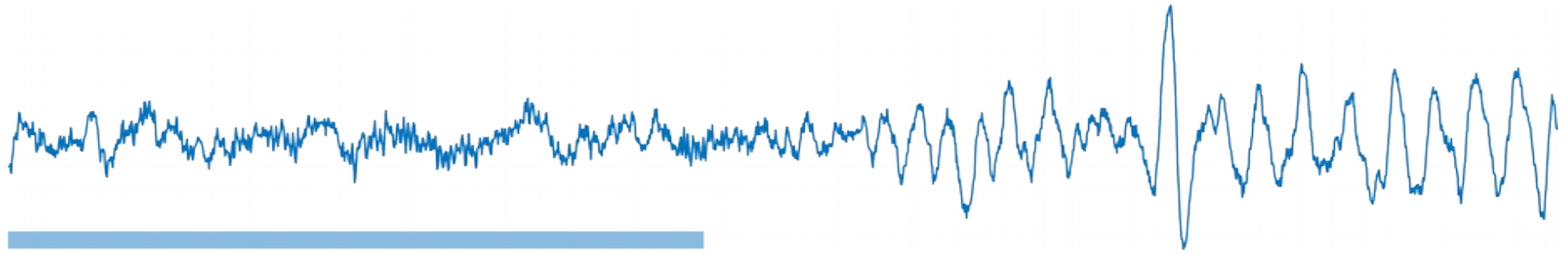
- Important: time and frequency resolution changes for different frequencies

- Compare with PSD window length

# Wavelet transform

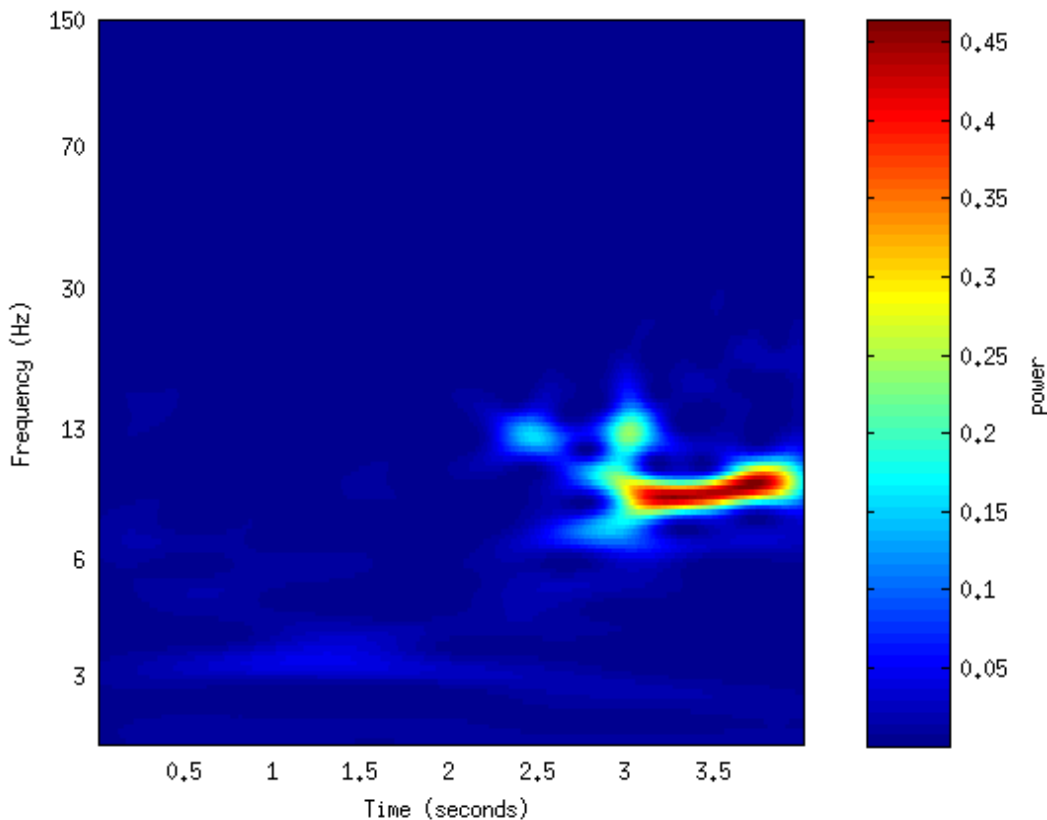
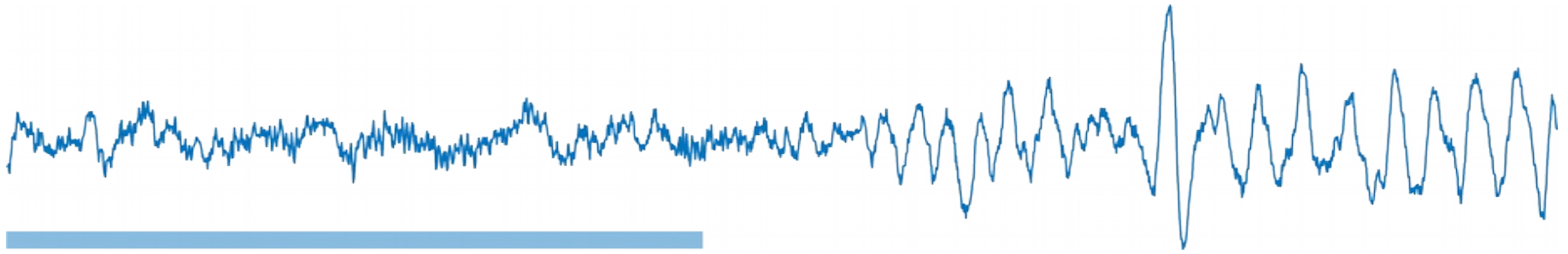


# Wavelet transform



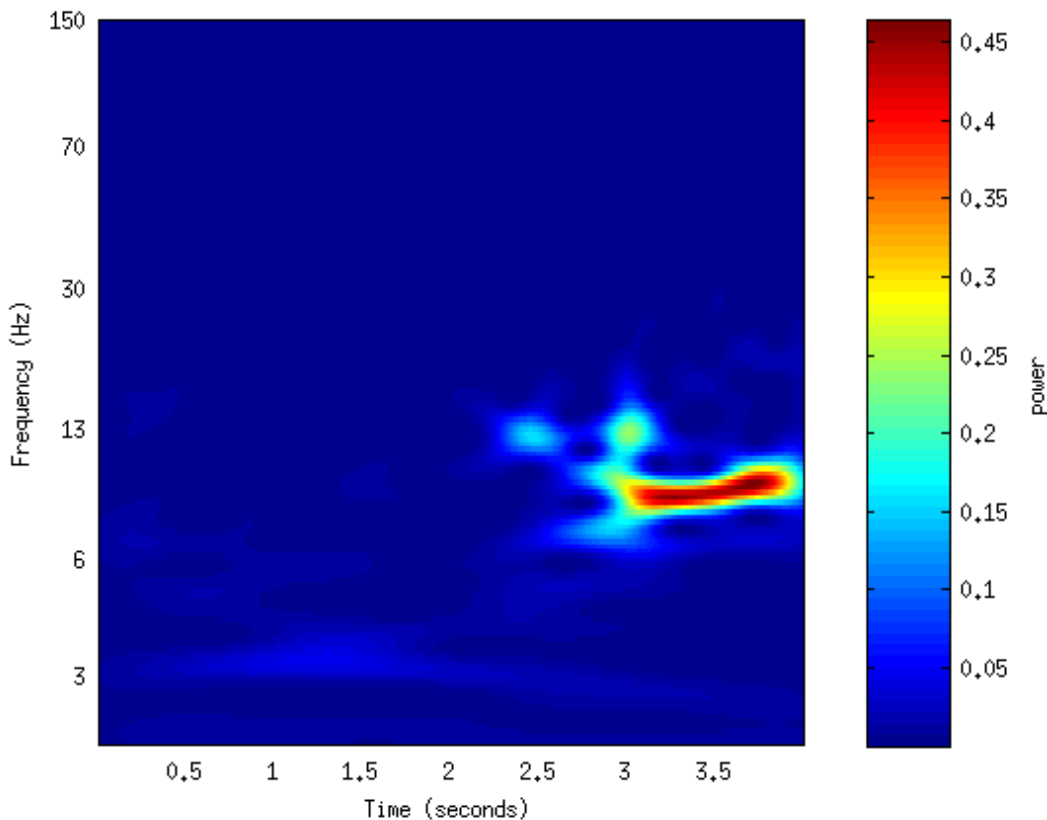
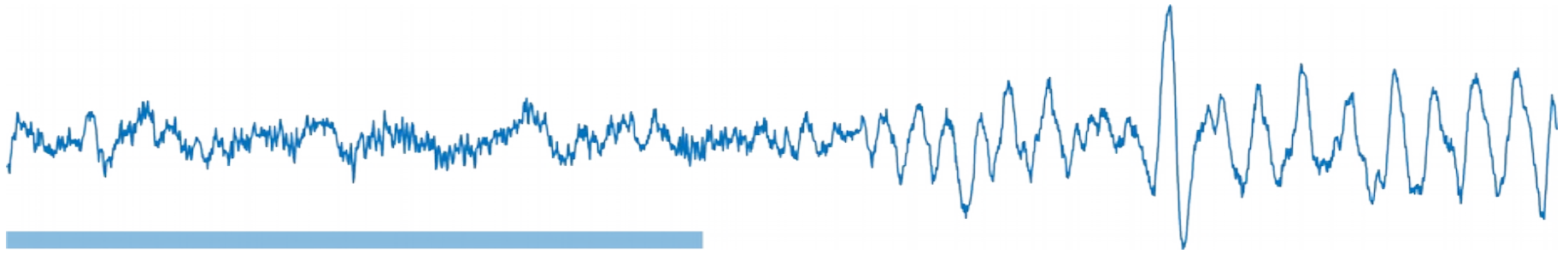
- Repeating this over a range of center frequencies produces a time-frequency map

# Wavelet transform



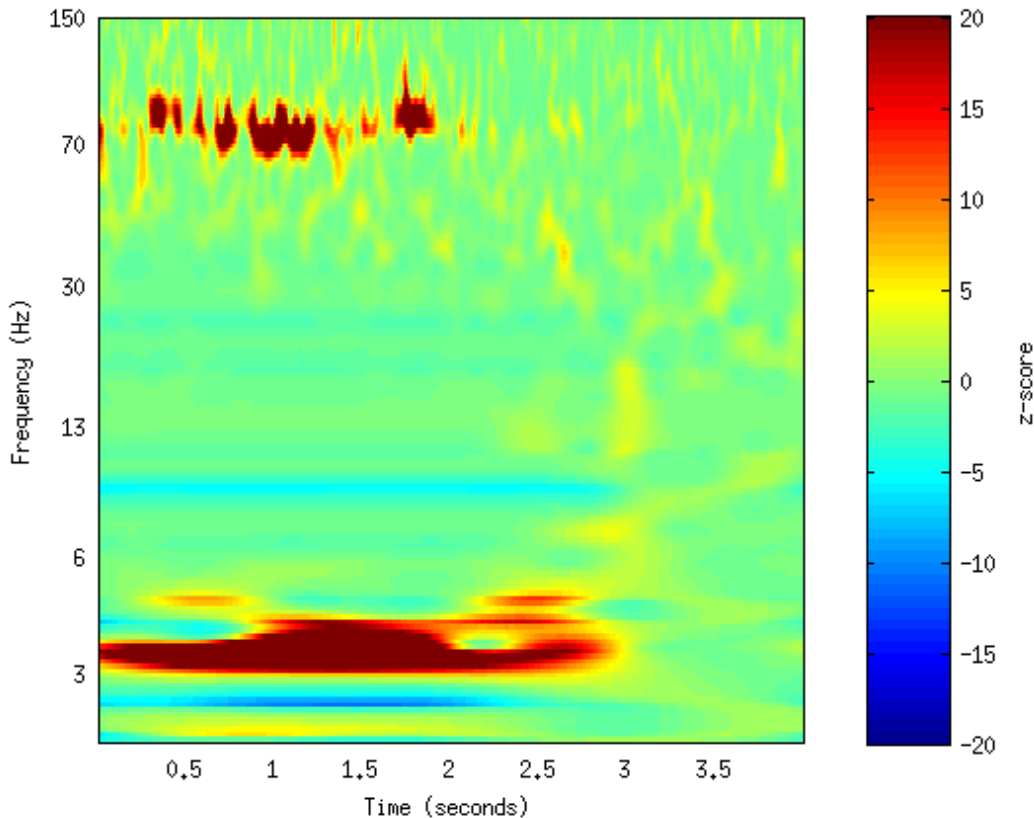
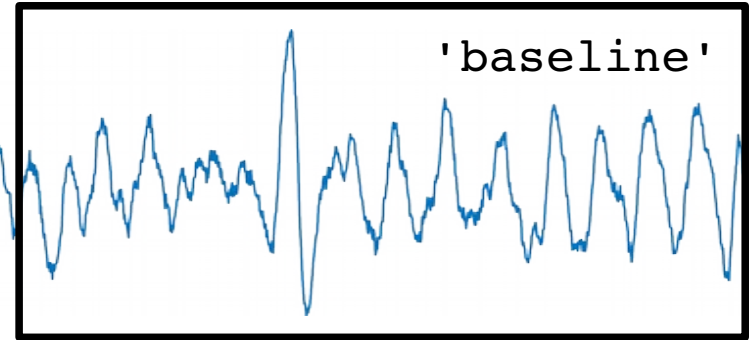
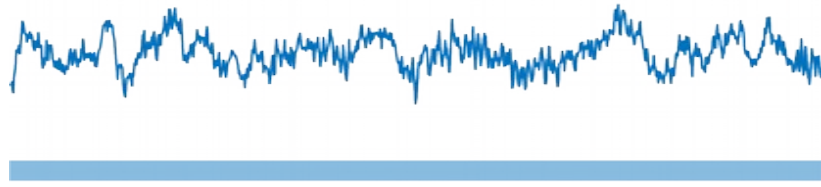
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- Remember the  $1/f$  phenomenon: high frequencies tend to have less power

# Wavelet transform



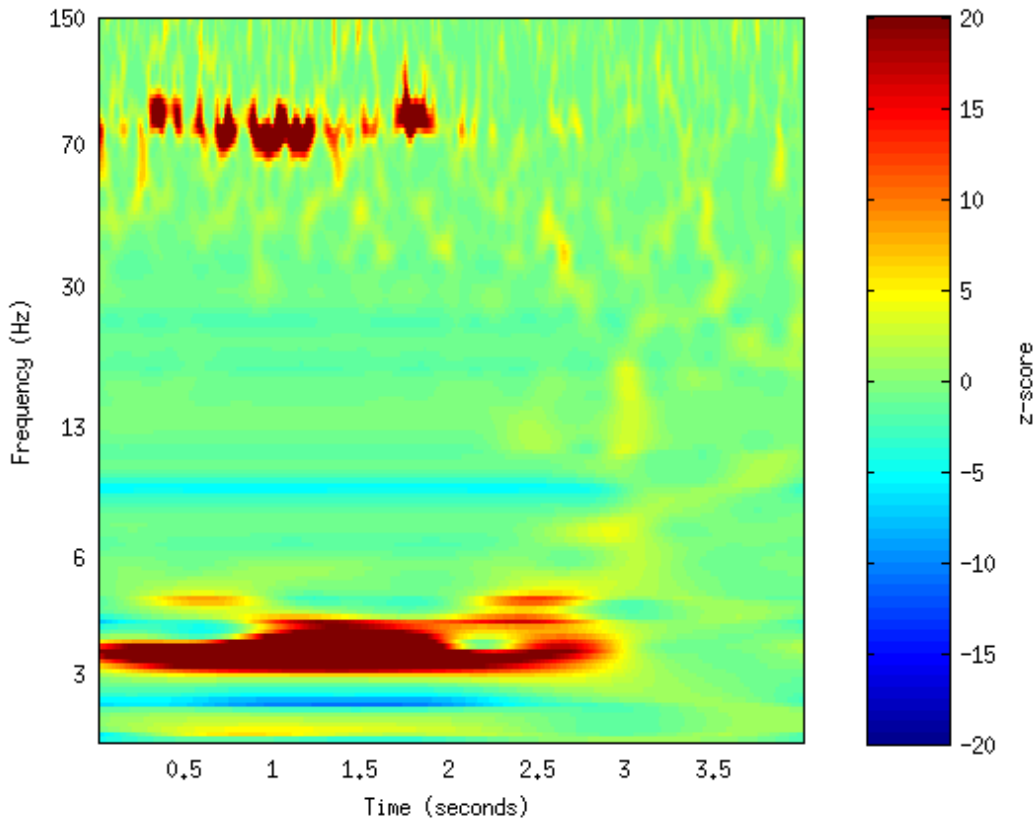
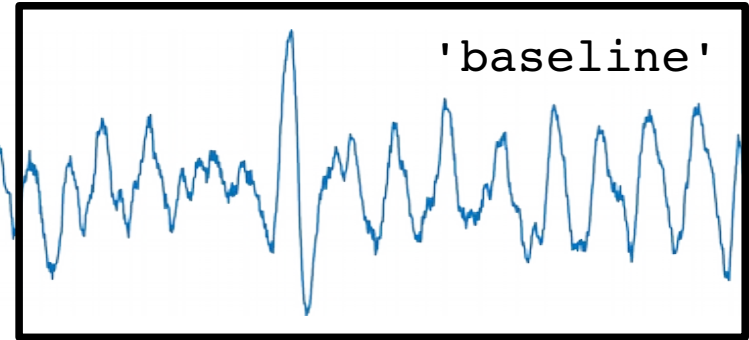
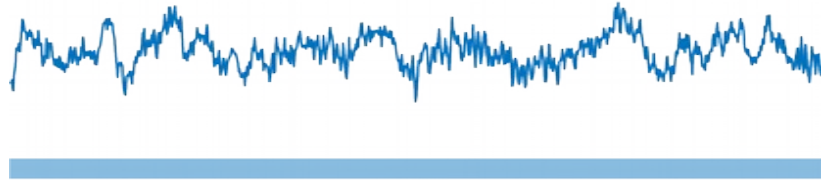
- Repeating this over a range of center frequencies produces a time-frequency map
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- Map can be normalized using a z-score based on the mean and std of a 'baseline period'

# Wavelet transform



- Repeating this over a range of center frequencies produces a time-frequency map
- Remember the  $1/f$  phenomenon: high frequencies tend to have less power
- Map can be normalized using a z-score based on the mean and std of a 'baseline period'

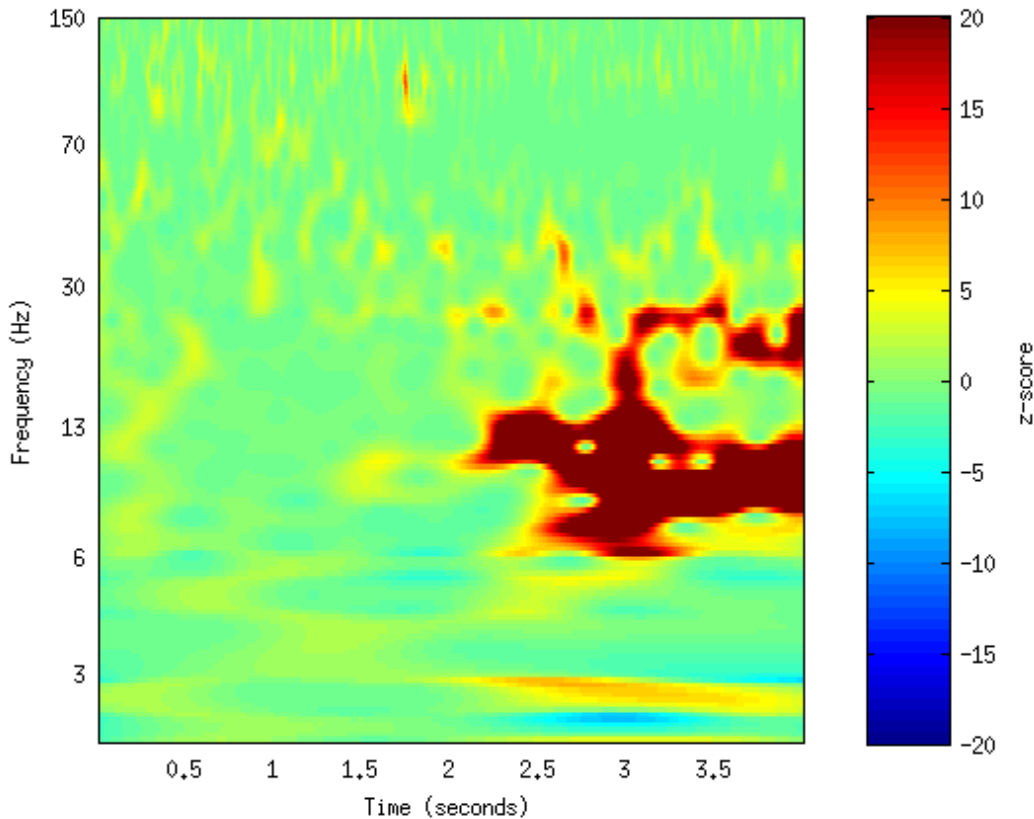
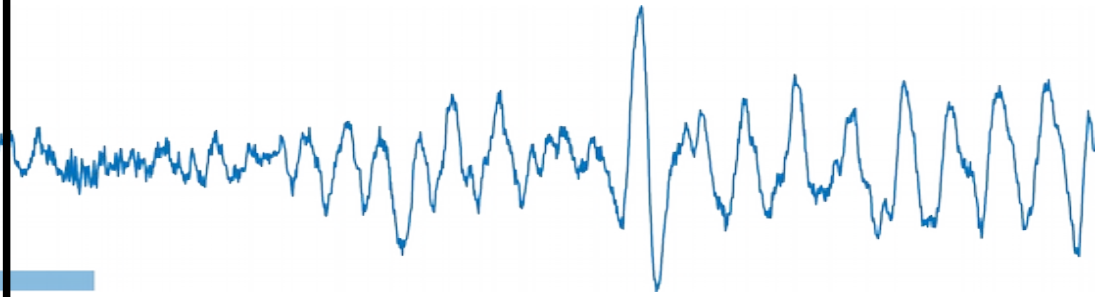
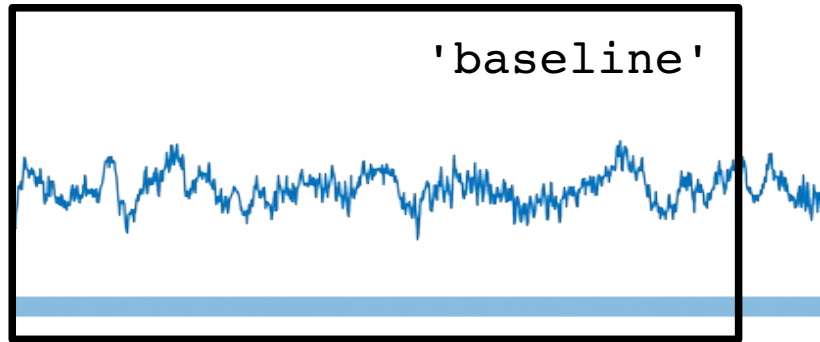
# Wavelet transform



- Map can be normalized using a z-score based on the mean and std of a 'baseline period'
- What is the right baseline?!?

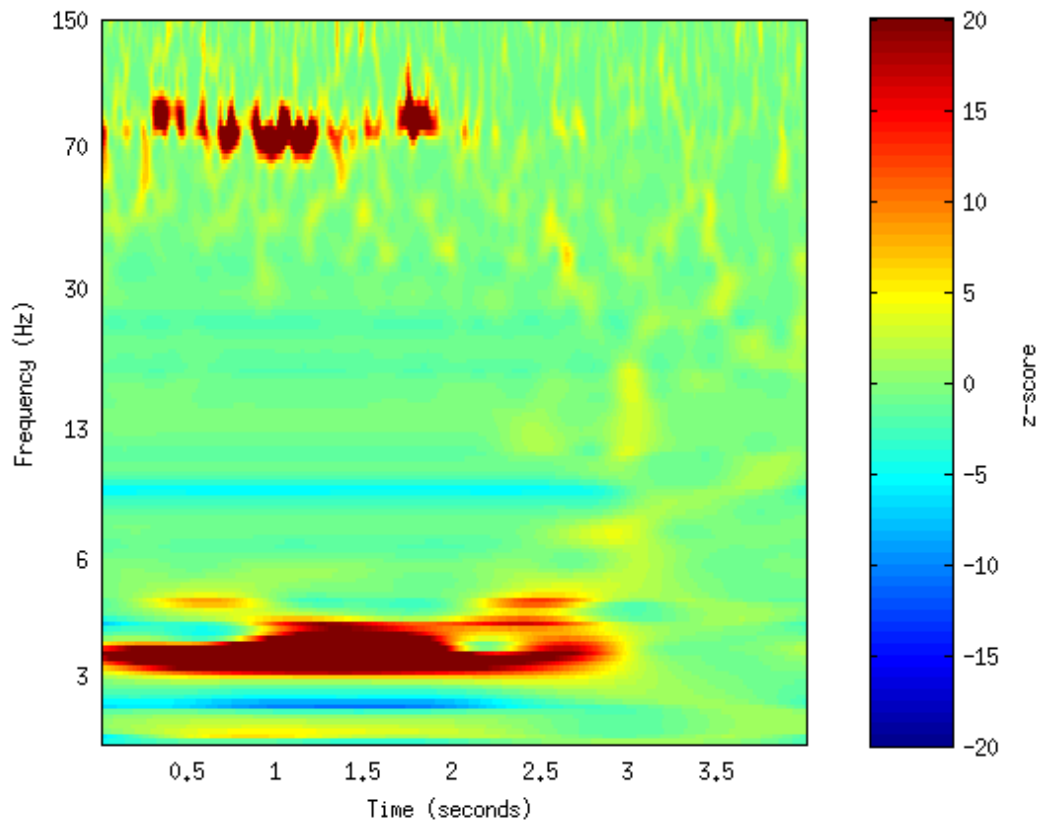
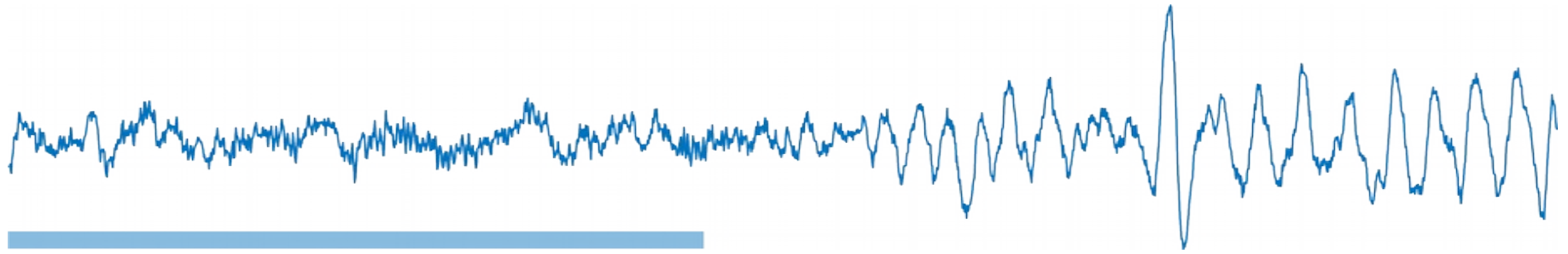


# Wavelet transform

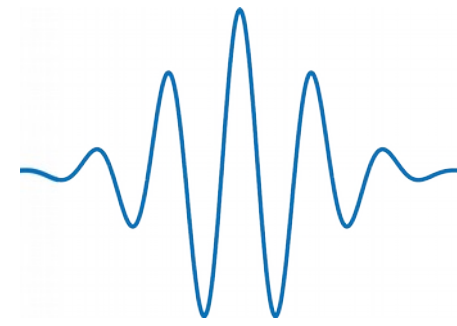


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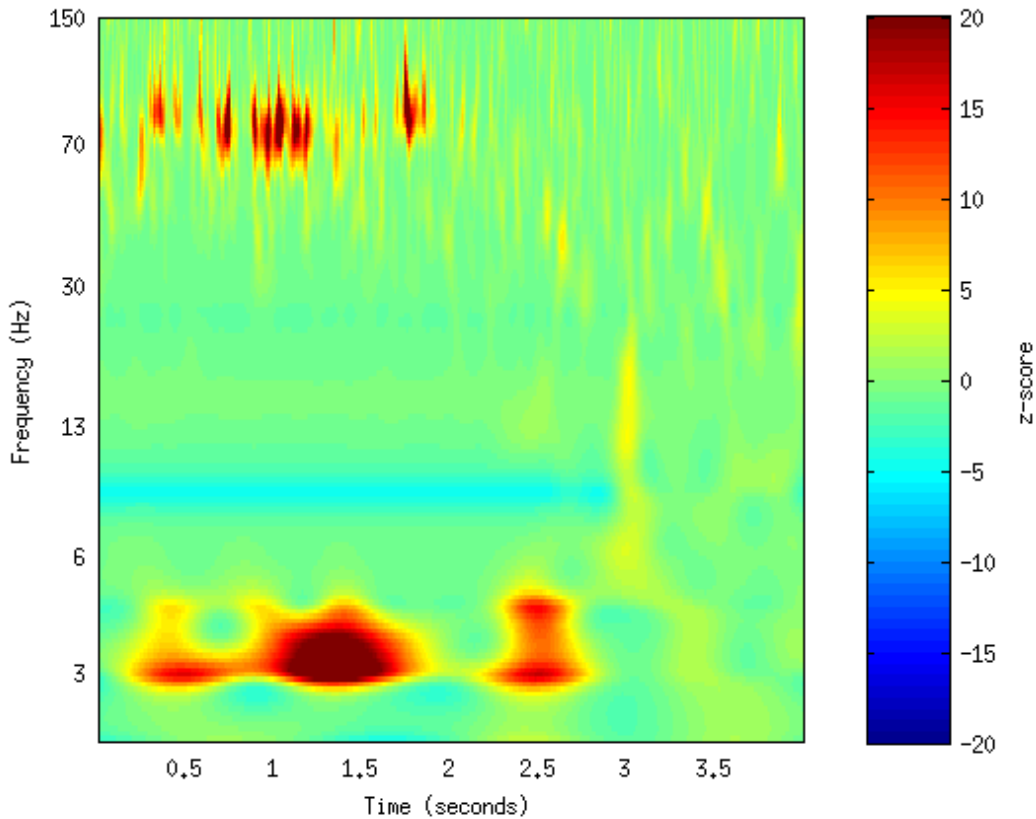
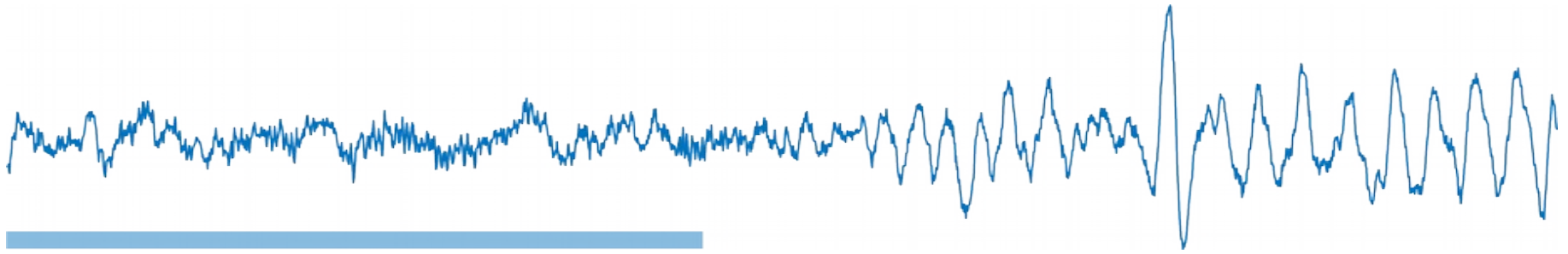
# Wavelet transform



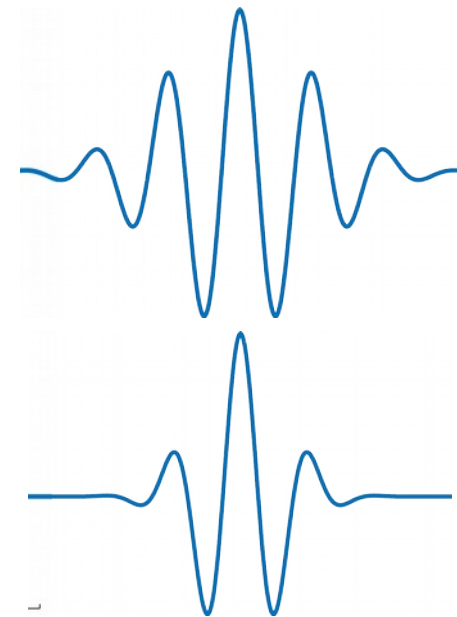
- Changing the parameters of the 'mother wavelet' affects time vs. Frequency resolution of the results



# Wavelet transform

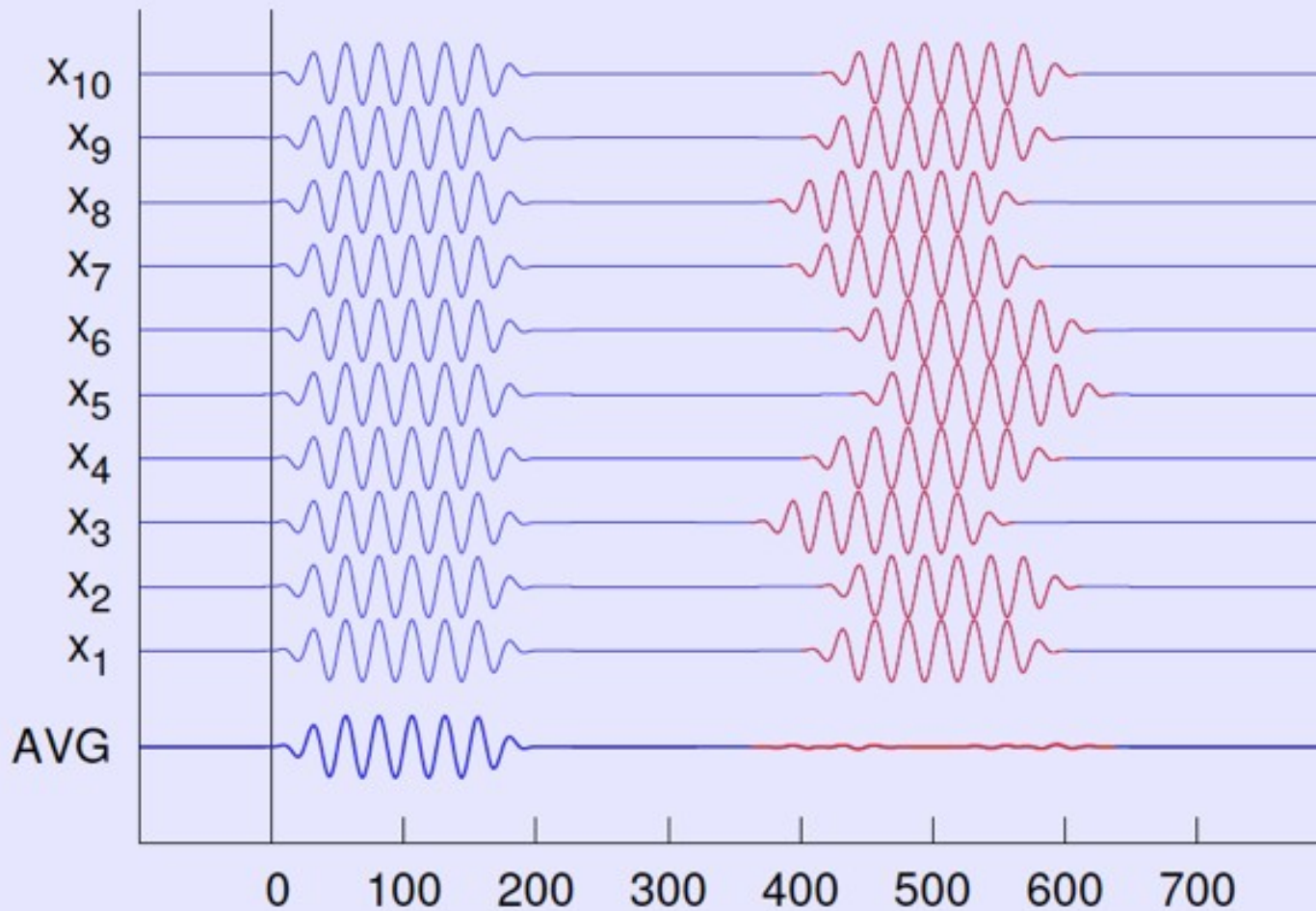


- Changing the parameters of the 'mother wavelet' affects time vs. Frequency resolution of the results

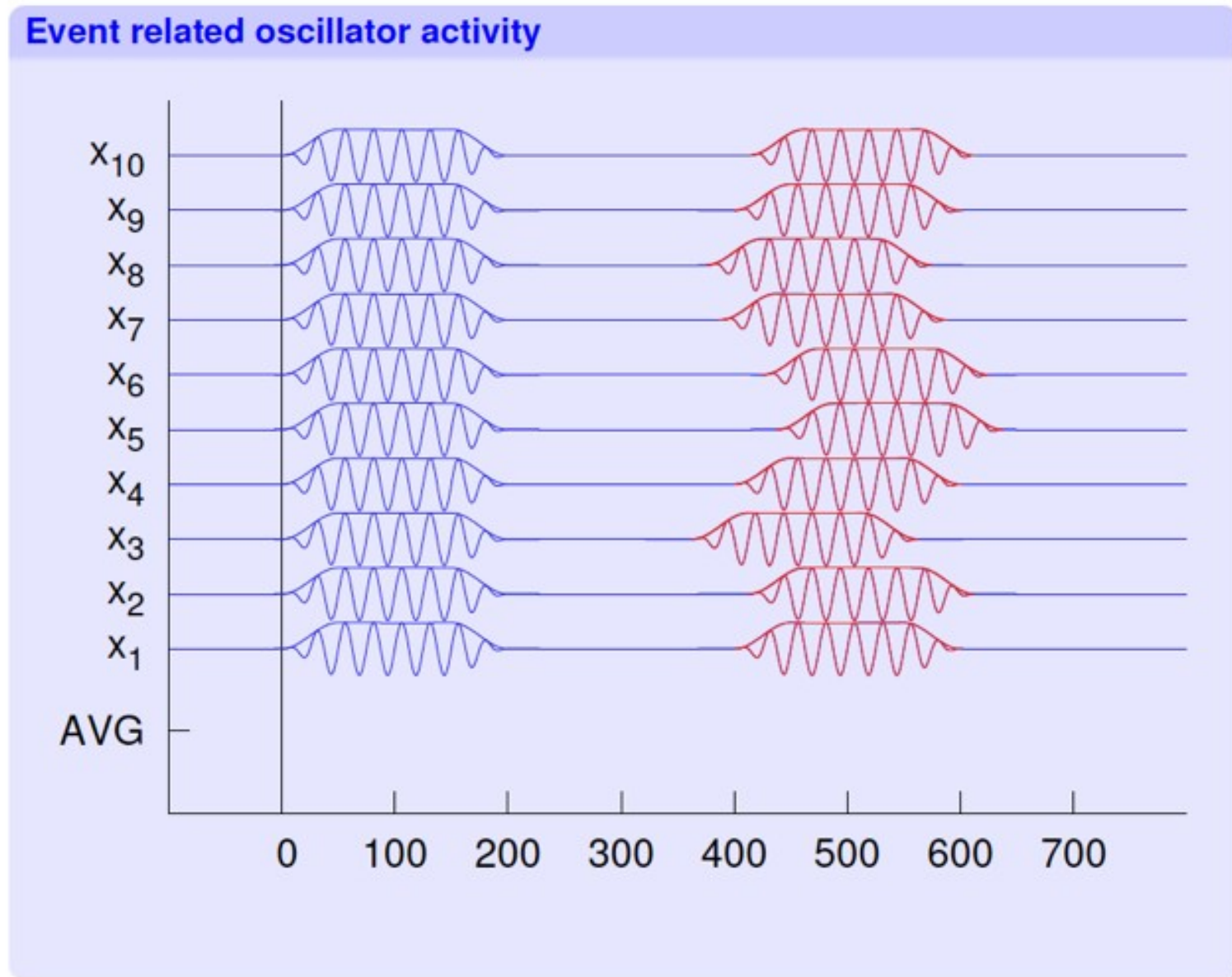


# Evoked vs induced responses

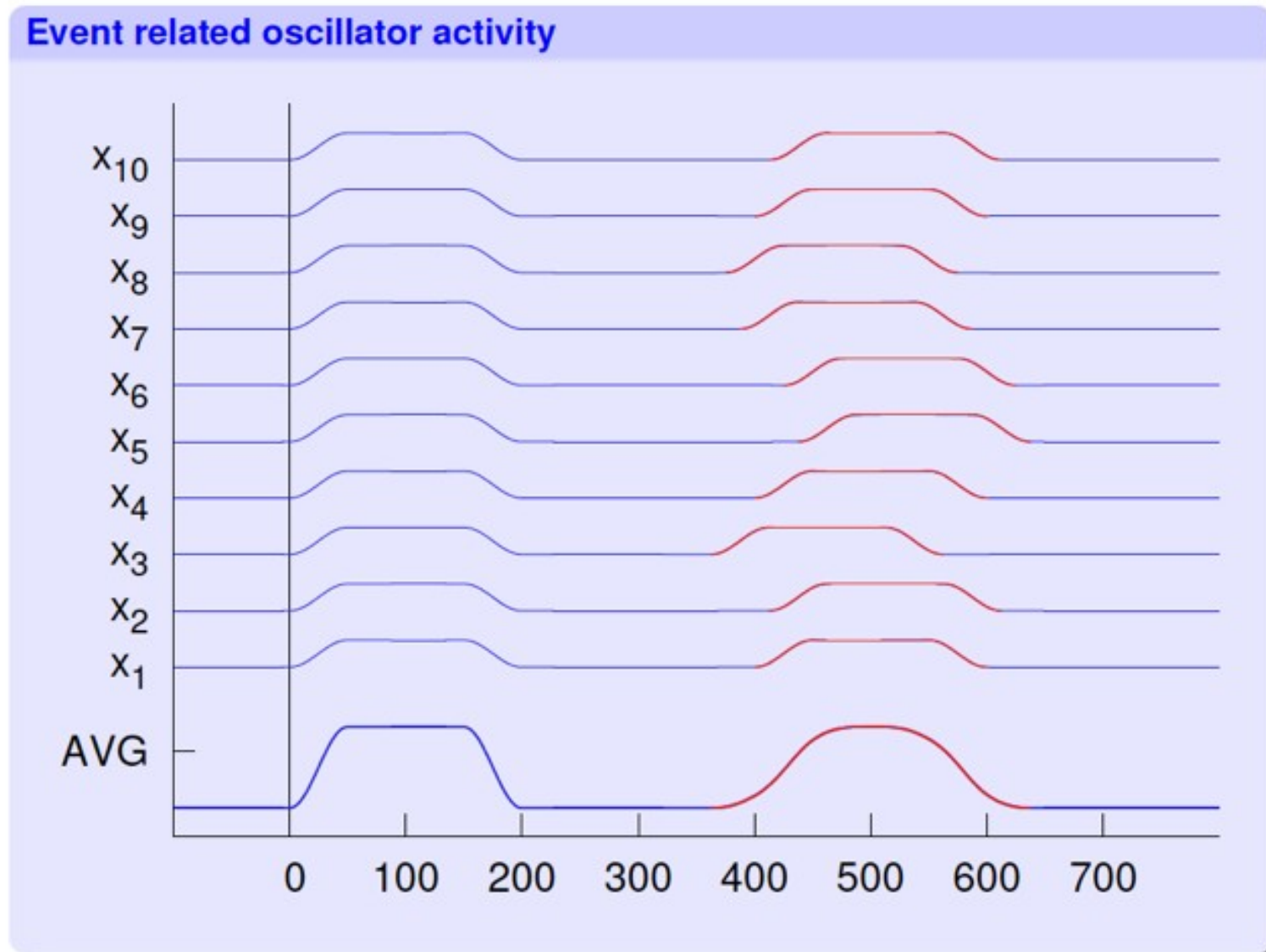
Event related oscillator activity



# Evoked vs induced responses

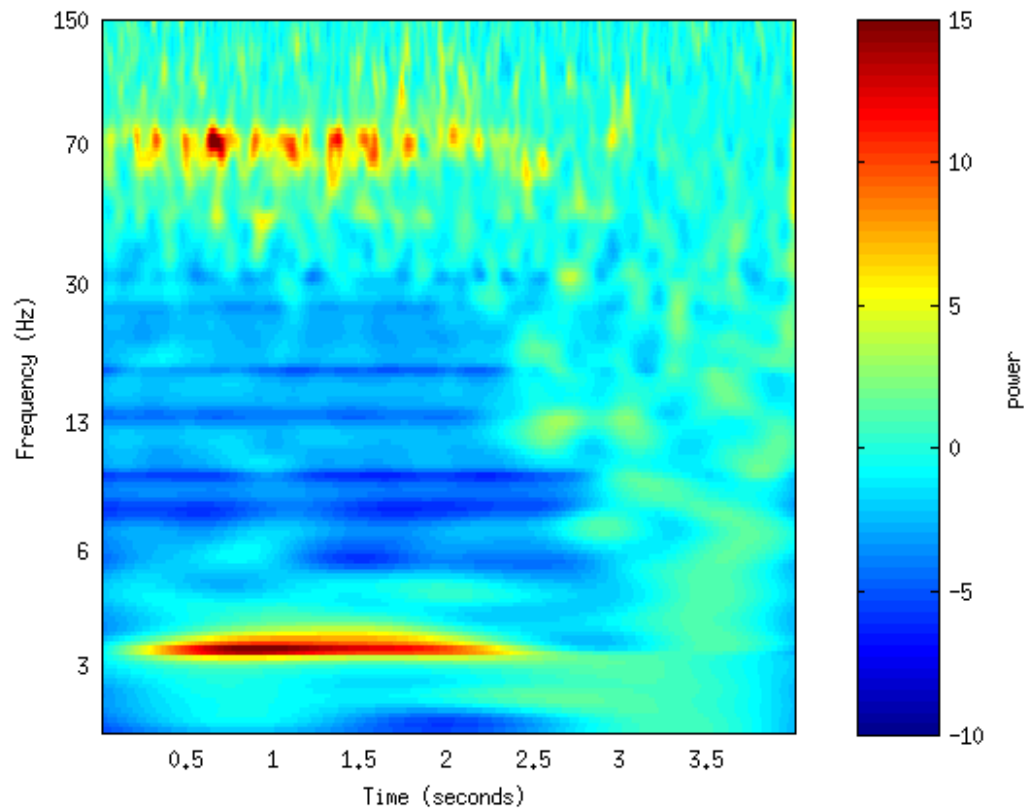
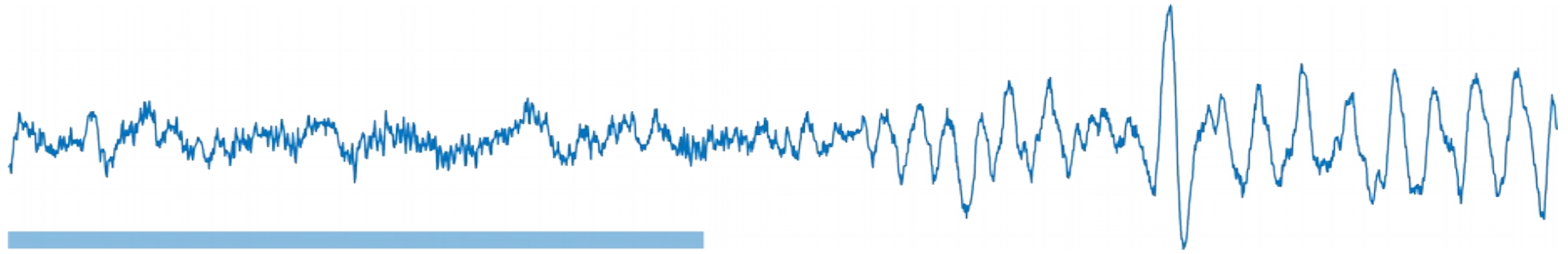


# Evoked vs induced responses





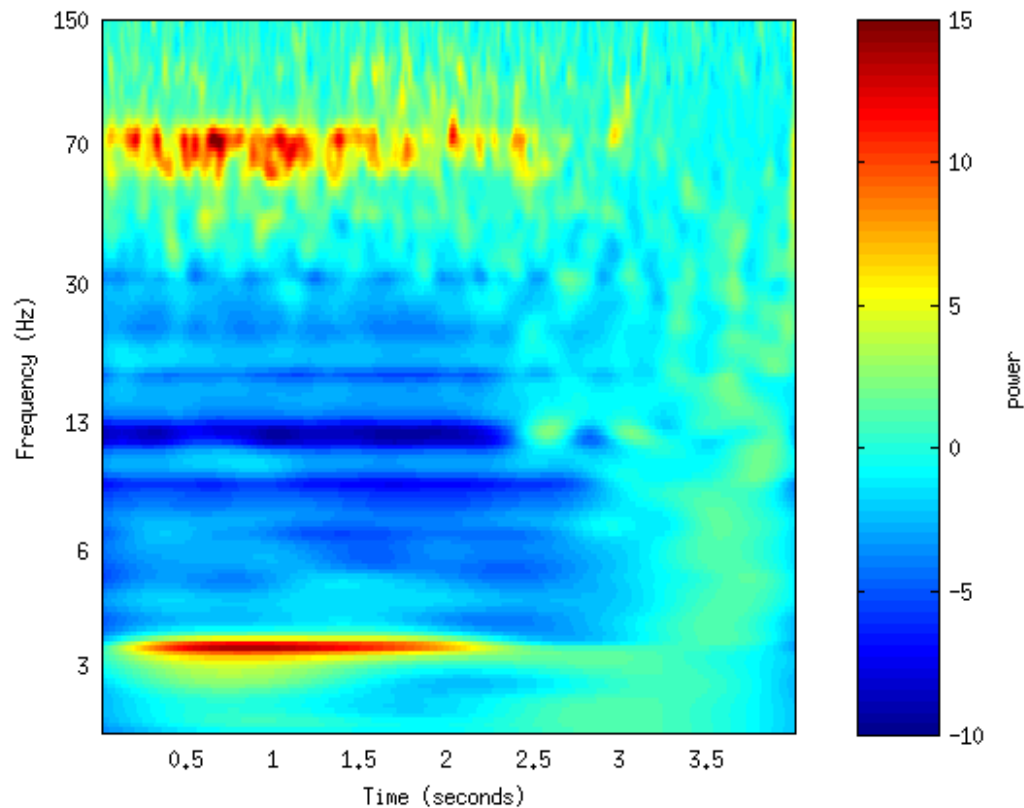
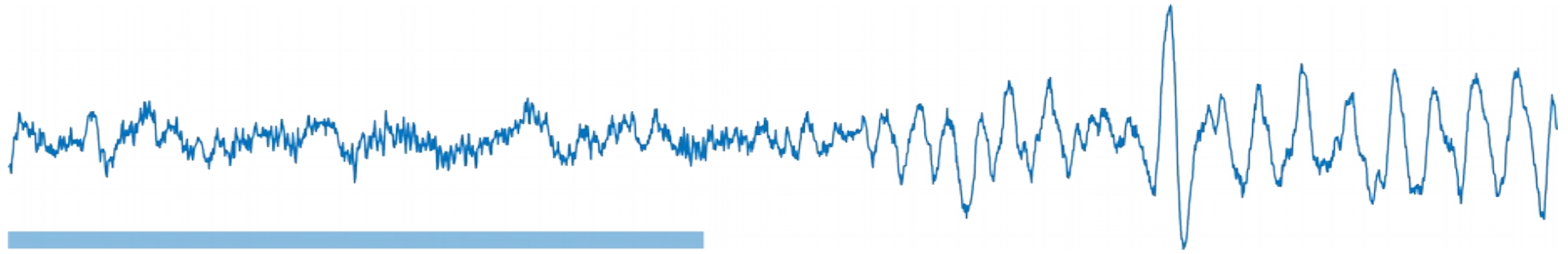
# Evoked vs induced responses



- Averaging  
– 10 trials



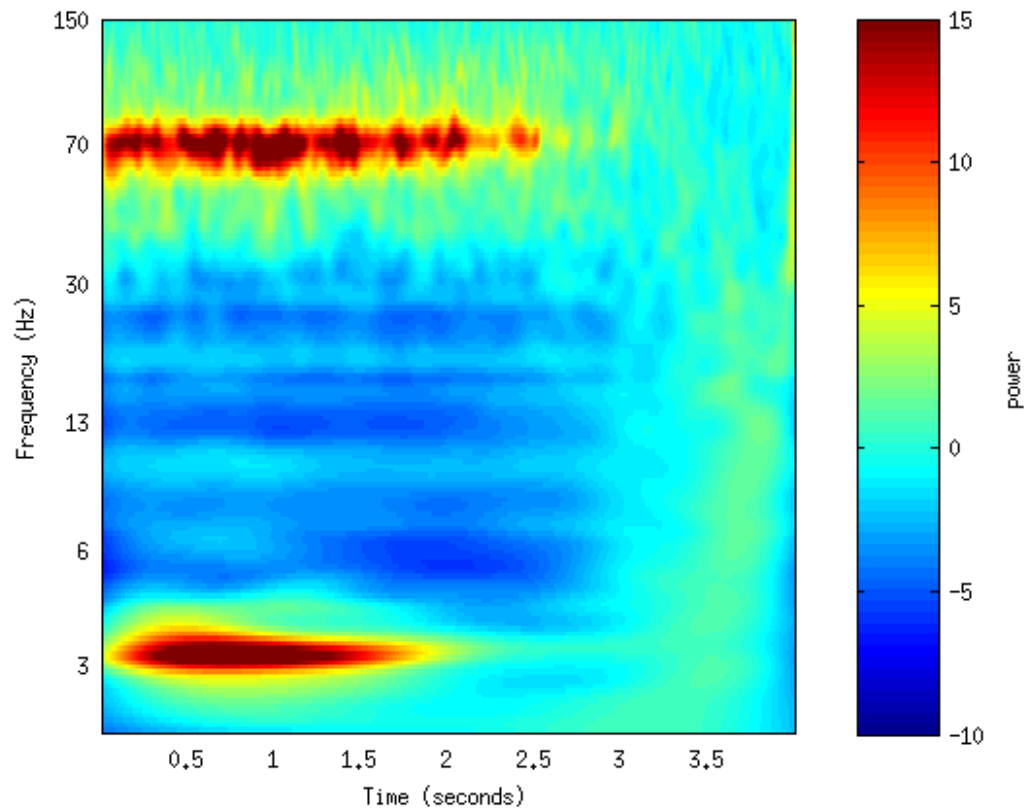
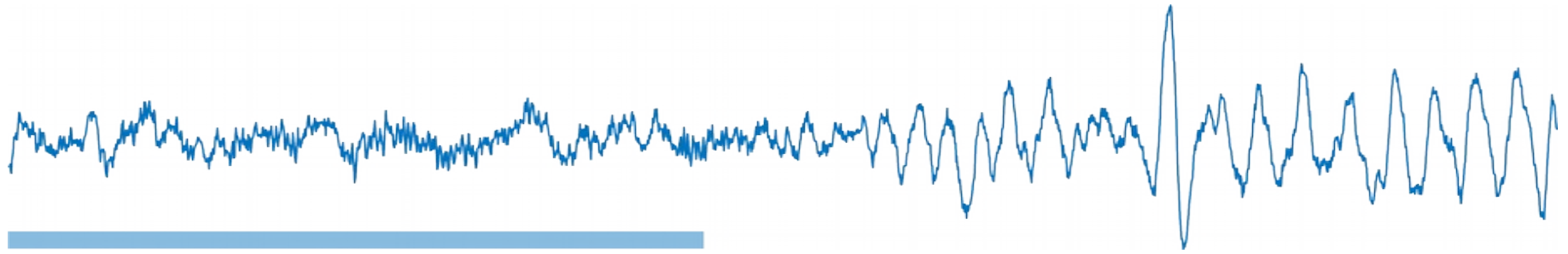
# Evoked vs induced responses



- Averaging

- 10 trials
- 20 trials

# Evoked vs induced responses



- Averaging

- 10 trials
- 20 trials
- 100 trials

# Contents

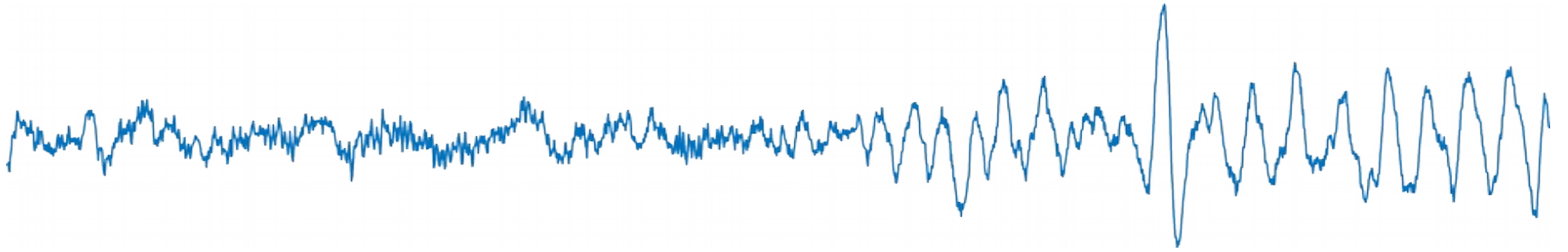
## Stationary:

- Fourier transform
- Power spectral density (Welch's method)

## Time-resolved:

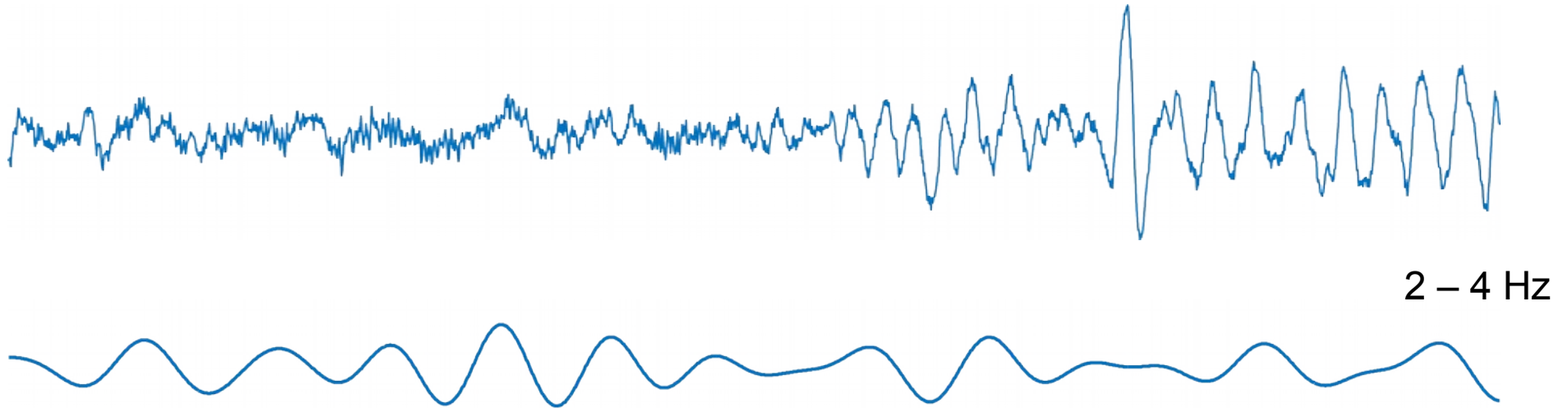
- Wavelet transform
- **Filtering & Hilbert transform**

# Hilbert transform



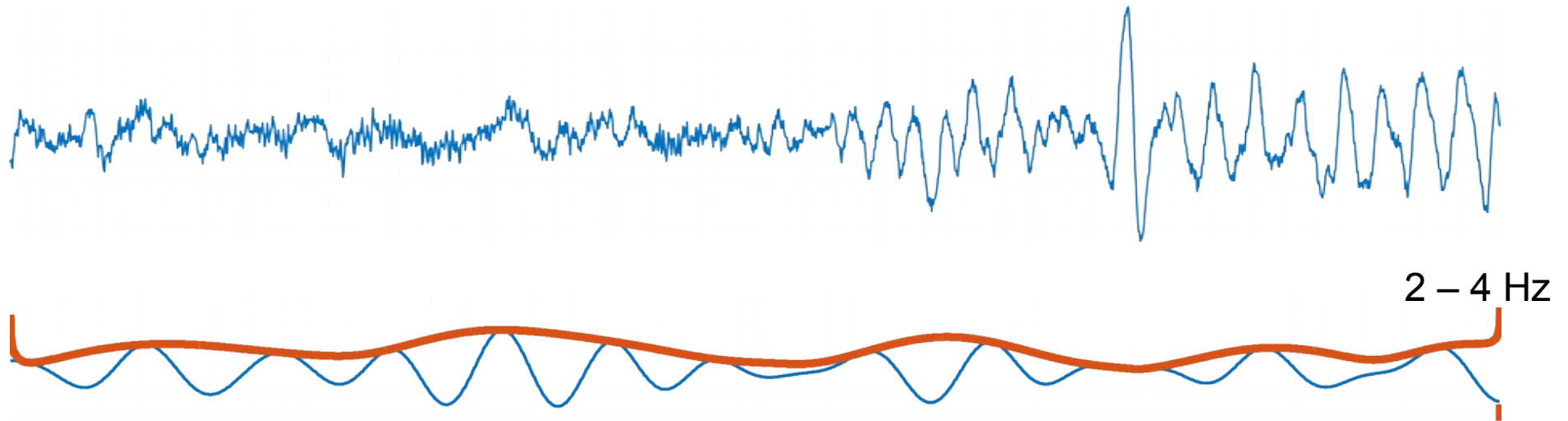
- Useful for estimating time-resolved power (or phase) in a pre-defined frequency band (e.g. Delta: 2-4 Hz)

# Hilbert transform



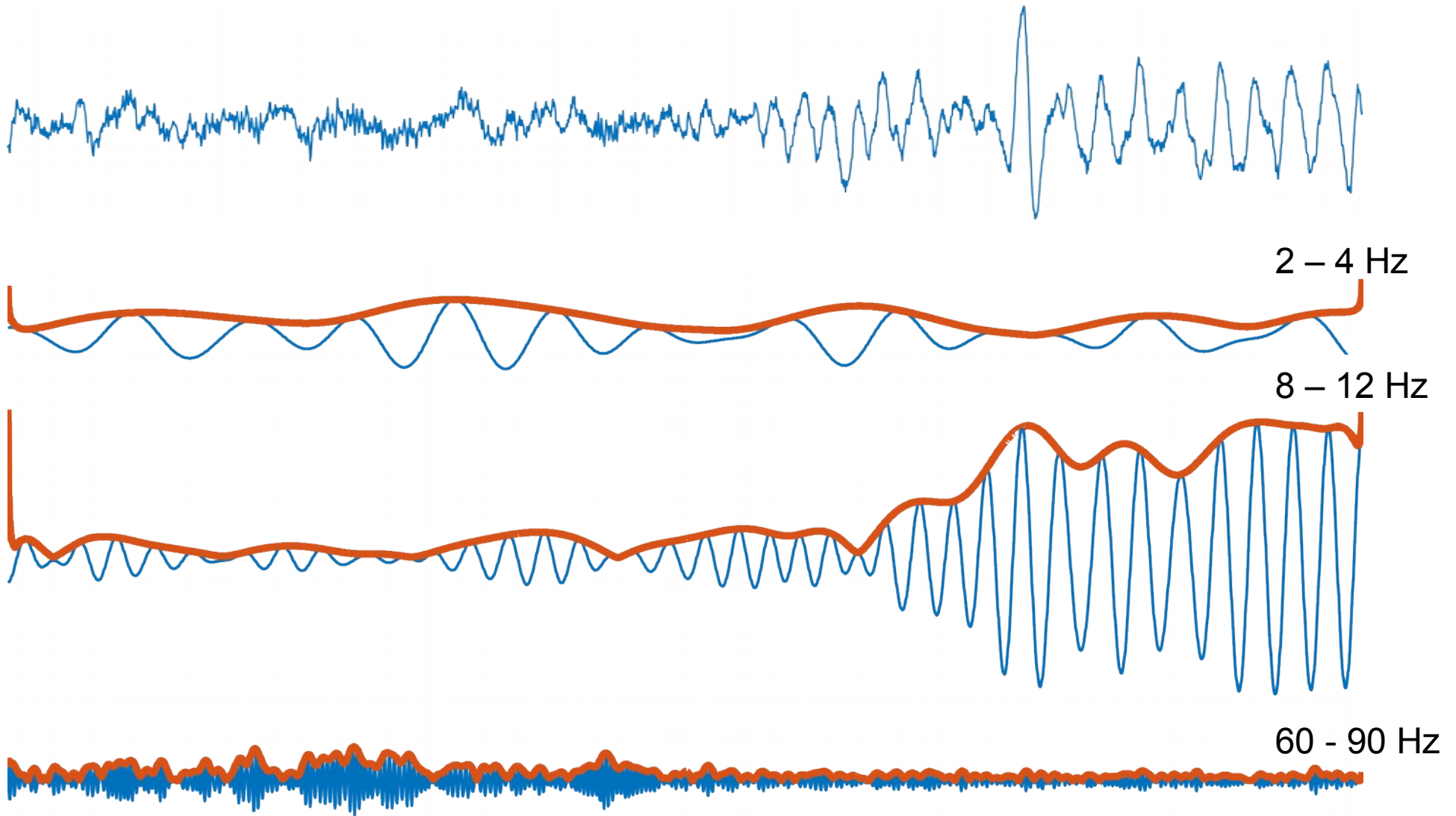
- Useful for estimating time-resolved power (or phase) in a pre-defined frequency band (e.g. Delta: 2-4 Hz)
- Signal is first filtered in the specified band

# Hilbert transform



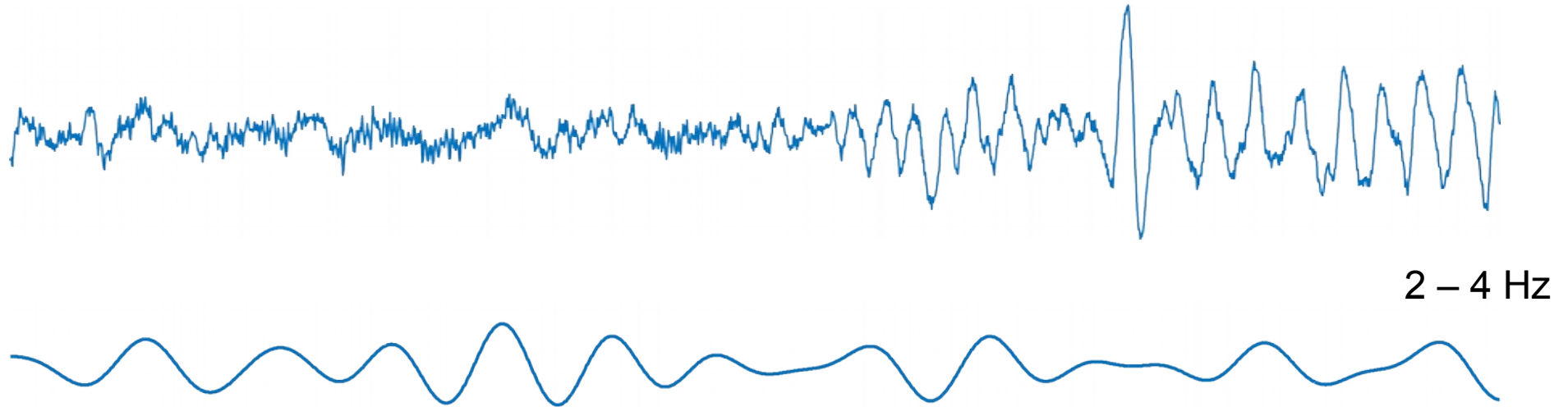
- Useful for estimating time-resolved power (or phase) in a pre-defined frequency band (e.g. Delta: 2-4 Hz)
- Signal is first filtered in the specified band
- Envelope (power) is computed using the Hilbert transform

# Hilbert transform



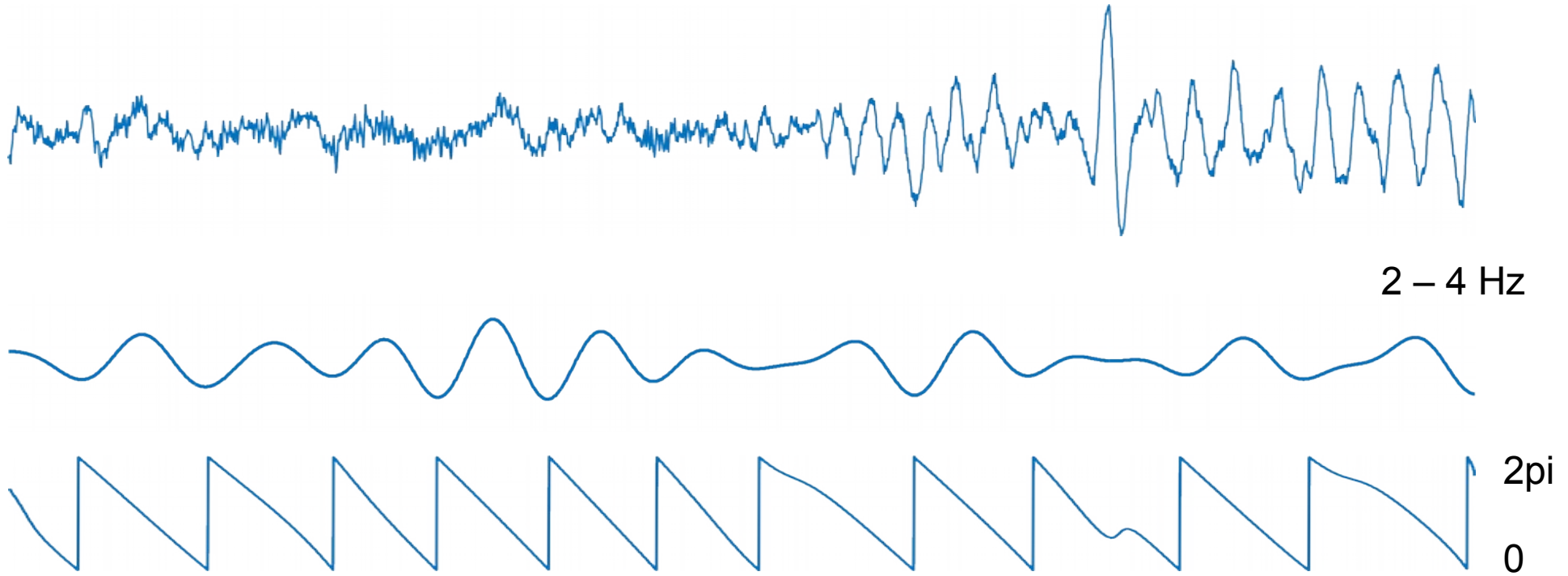


# Hilbert transform

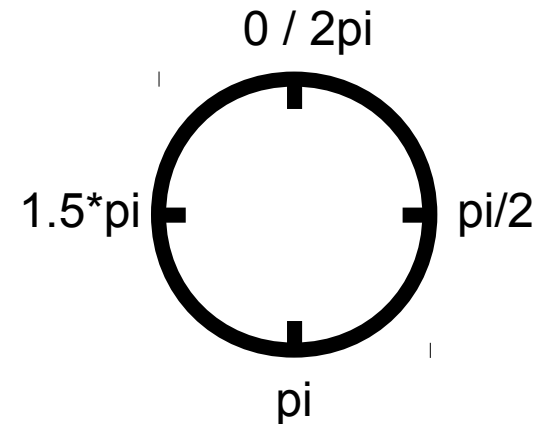


- The hilbert transform can also extract the phase of the bandpassed signal in time

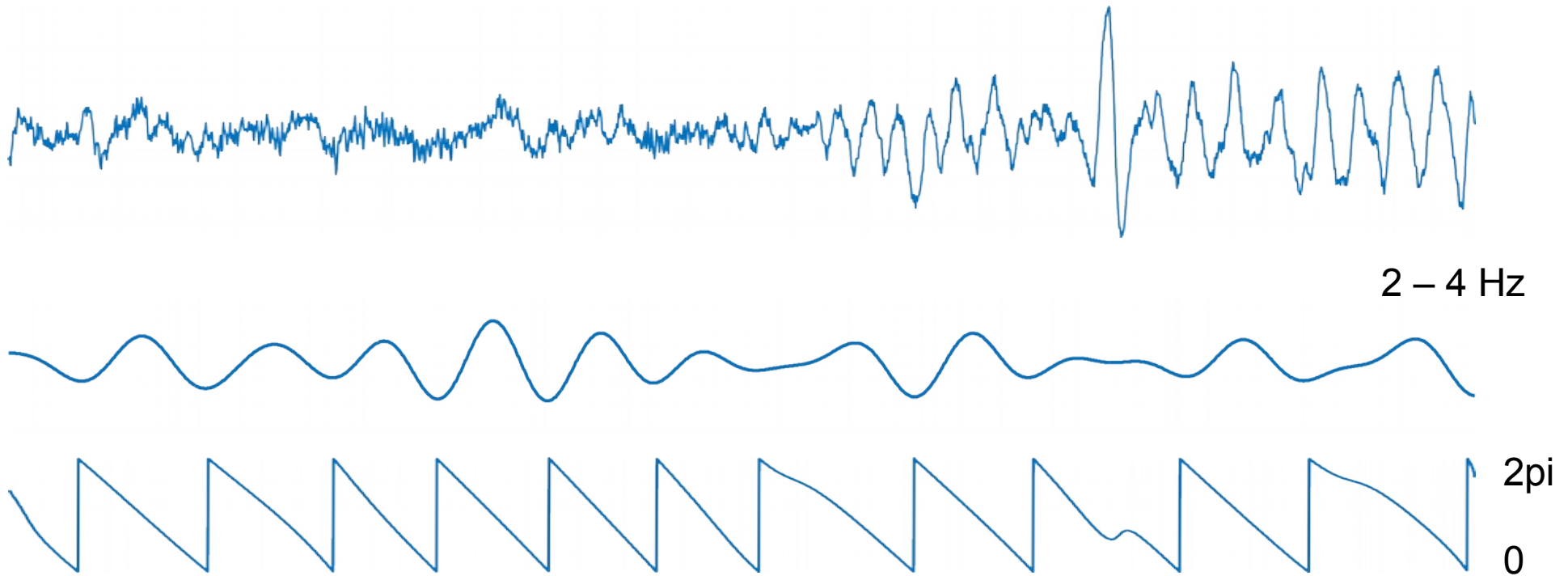
# Hilbert transform



- The hilbert transform can also extract the phase of the bandpassed signal in time

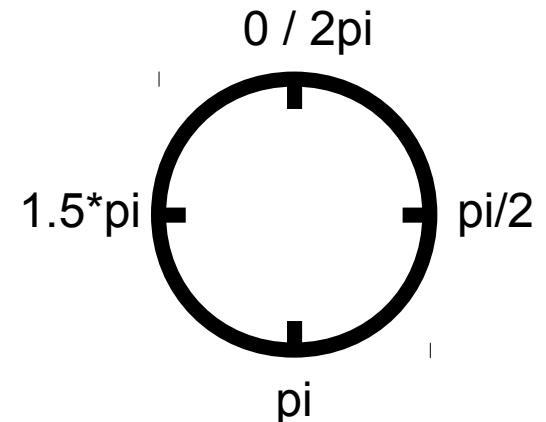


# Hilbert transform



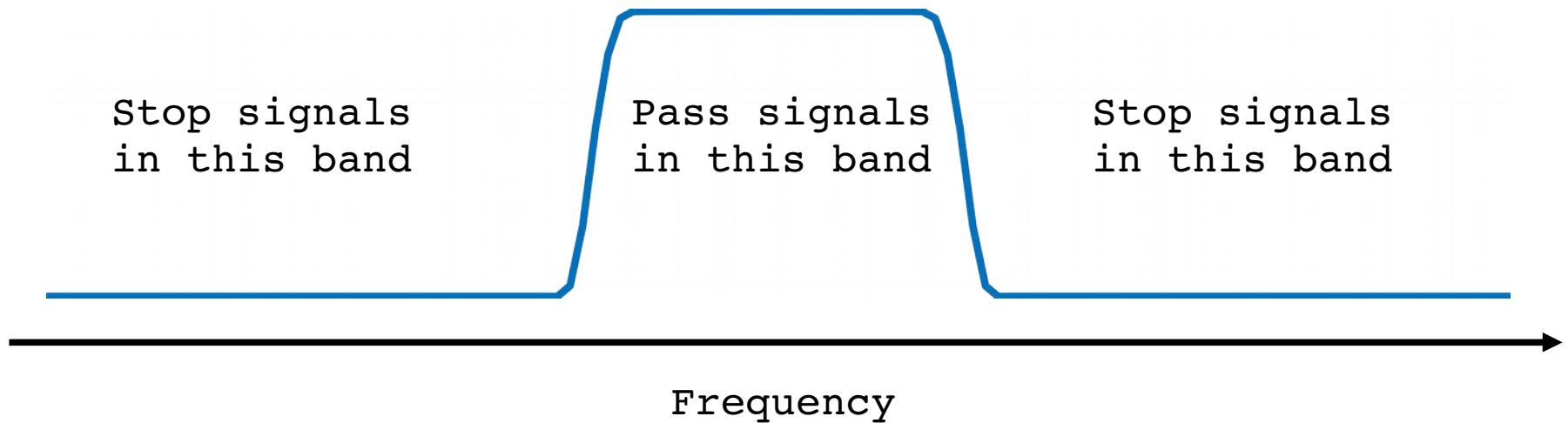
- The hilbert transform can also extract the phase of the bandpassed signal in time
- Usage: phase-locking value, stimulus-brain coupling, phase-amplitude coupling

→ All of that later in the day



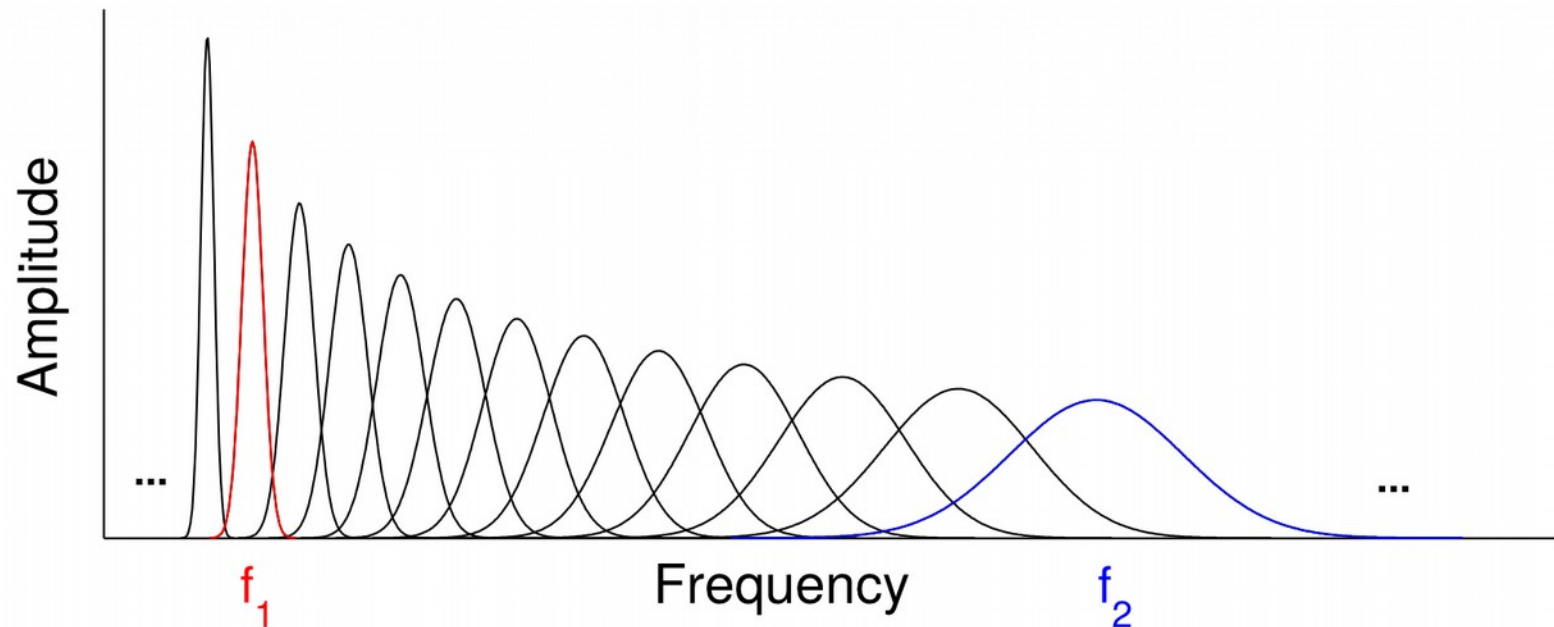
# Hilbert vs. Wavelet

- Hilbert method in BST uses FIR filters
- Important: frequency response of the bandpass filter



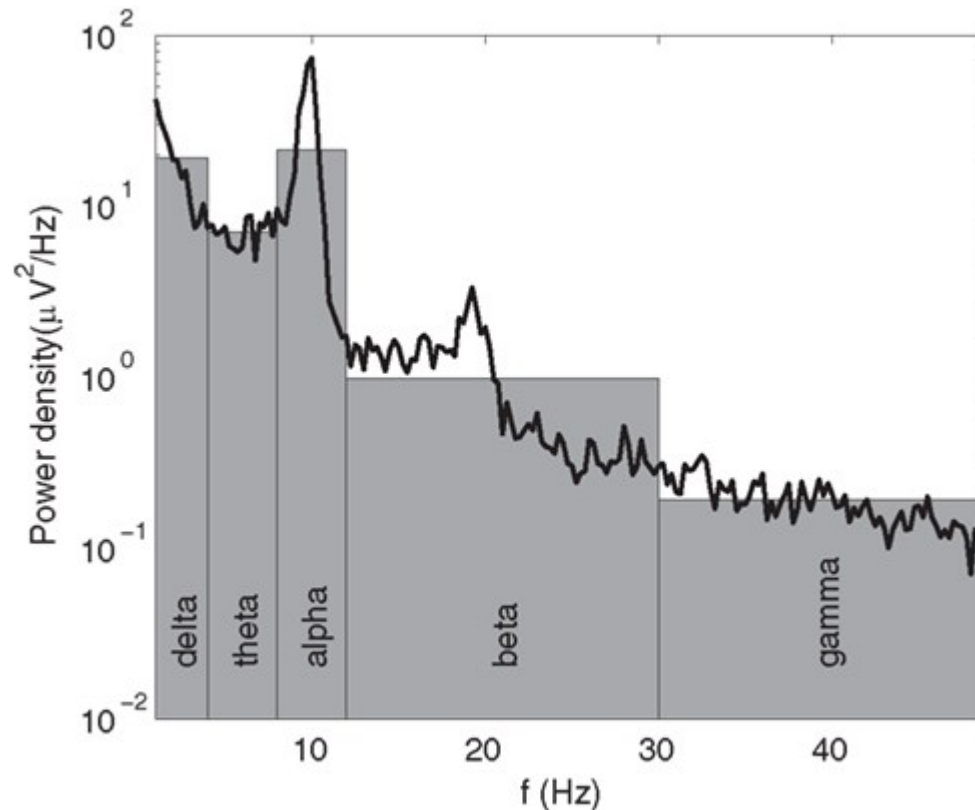
# Hilbert vs. Wavelet

- Hilbert method in BST uses FIR filters
- Important: frequency response of the bandpass filter
- Wavelets more localized around center frequency



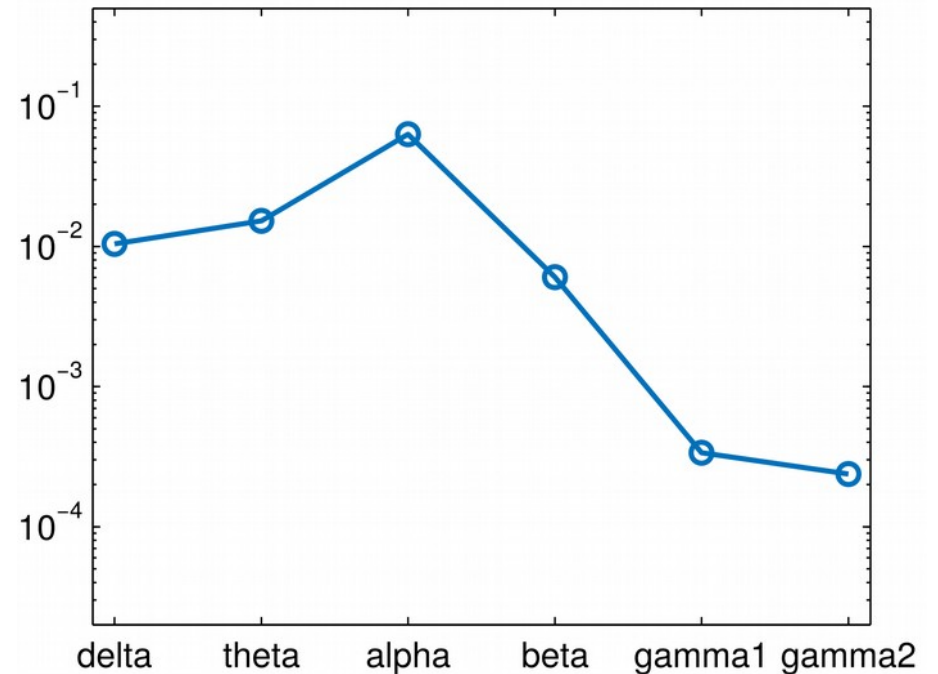
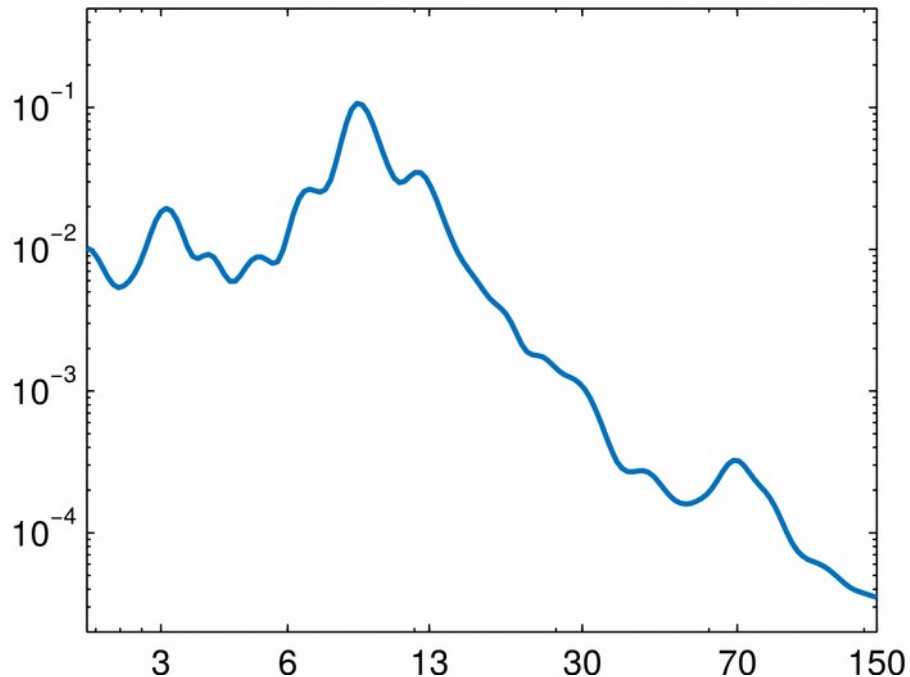
# Defining frequency bands

- 'Based on the literature': many definitions



# Defining frequency bands

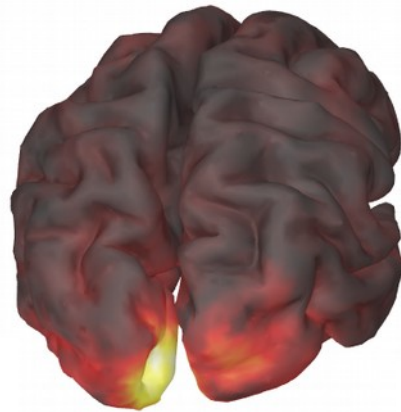
- Should I collapse over frequency bands or keep the full spectrum?
  - Information might be lost (peaks)



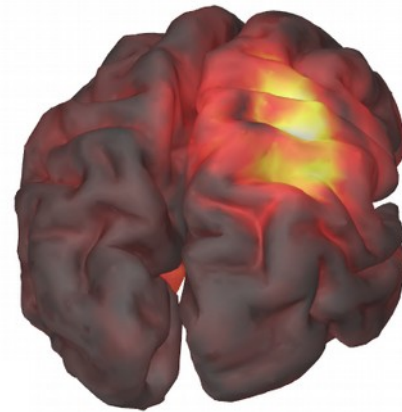


# Defining frequency bands

- Should I collapse over frequency bands or keep the full spectrum?
  - Sometimes necessary for reducing dimensionality (e.g. in source space)
  - Can increase sensitivity (due to averaging)



Gamma 60-90 Hz



Beta 15-30 Hz

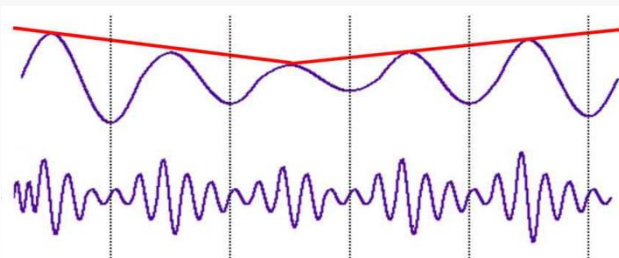
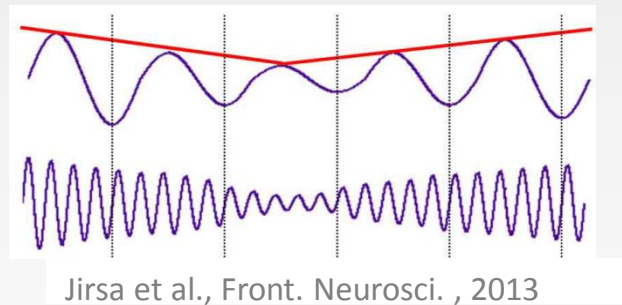
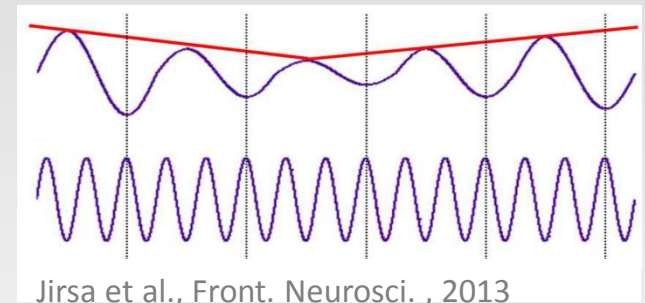
# Cross-frequency Coupling

- Cross frequency coupling (CFC):
  - Interaction between oscillations at different frequency bands
- Several synchronized neuronal assemblies in the brain:
  - Each supports a frequency band of the network rhythm
- Relationship between these frequencies:
  - Interaction between local neural circuits
  - Changing of intrinsic properties in each circuit

- G. Buzsaki. Cerebral Cortex, 1996
- A. Bragin, et al., The Journal of Neuroscience, 1995.
- A. Roopun, et al., Frontiers in Neuroscience, 2008.

# Types of CFC

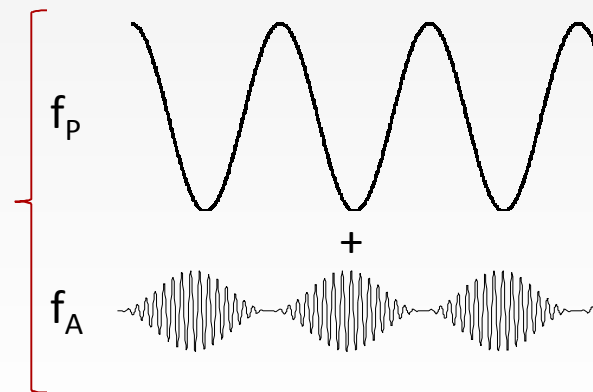
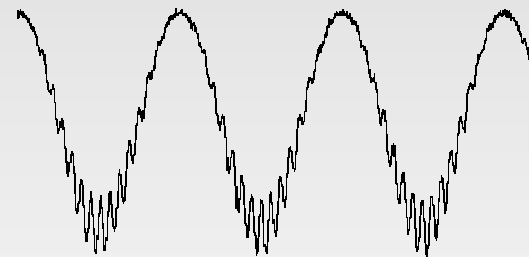
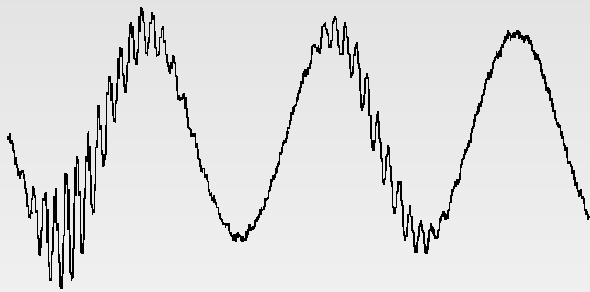
- Types:
  - Phase-phase coupling
  - Amplitude-amplitude coupling
  - Phase-amplitude coupling



Jirsa et al., Front. Neurosci. , 2013

# Cross-frequency Phase-amplitude Coupling

- Phase-amplitude coupling



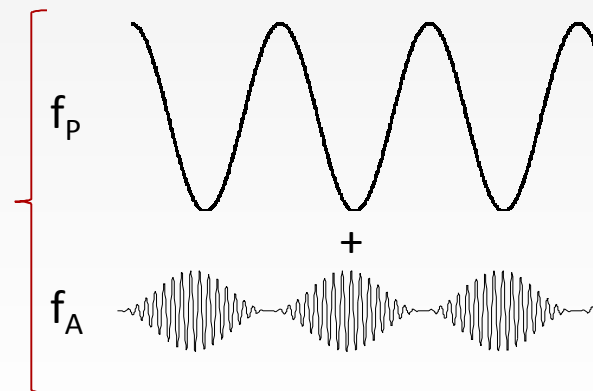
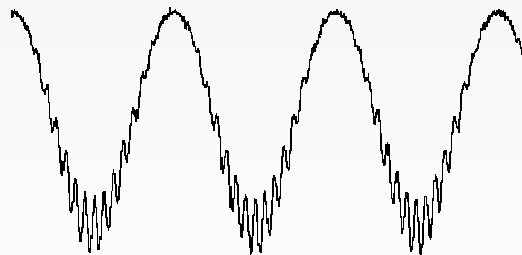
# Cross-frequency Phase-amplitude Coupling

- Phase-amplitude coupling

- ✓ Plausible physiological mechanisms

- Low frequency phase reflects local neuronal excitability
- High frequency power increases reflect:
  - A general increase in population synaptic activity (broad-band power increase)
  - Selective activation of a connected neuronal subnetwork (narrow-band power increase)

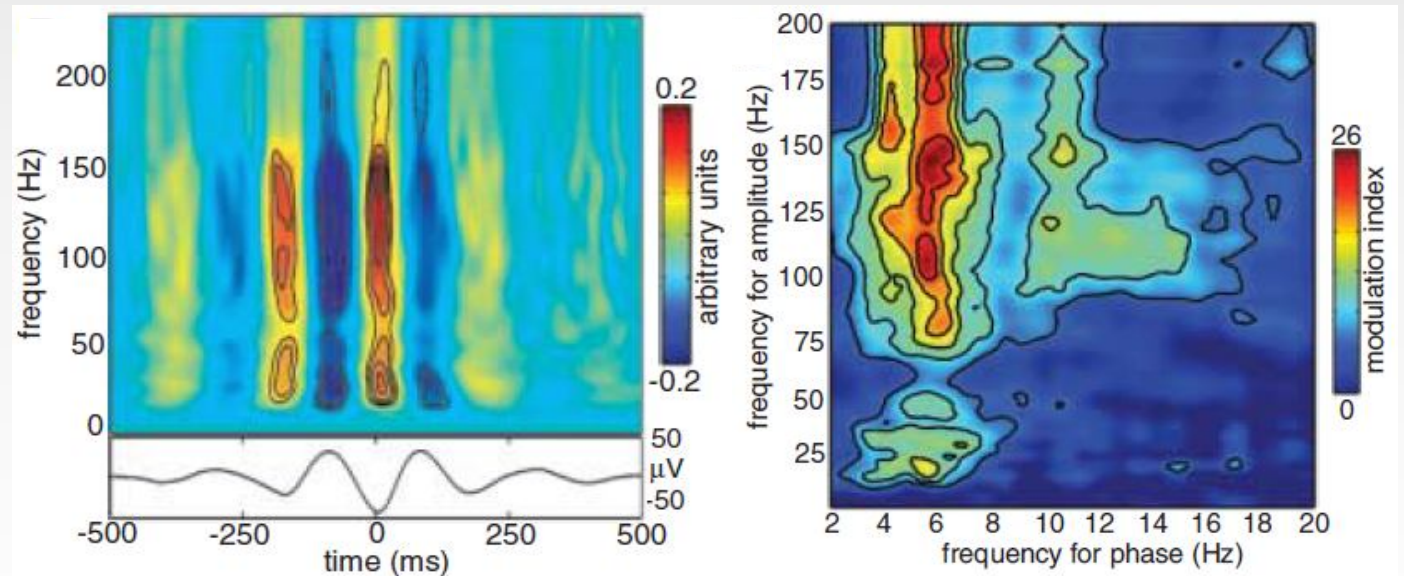
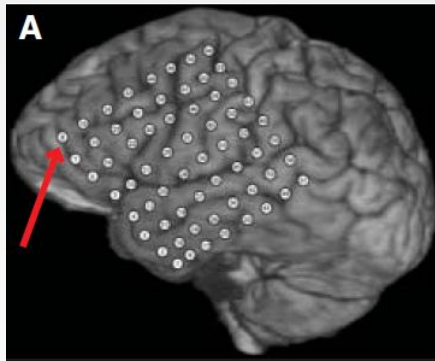
- ✓ Functional correlations





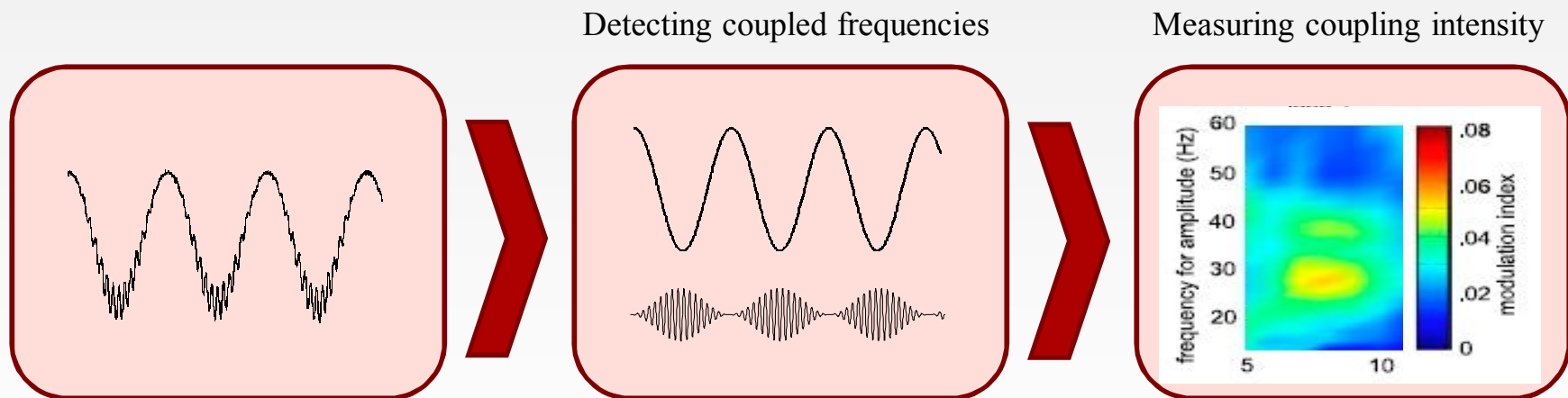
# Functional Correlations

- Several studies have been conducted in this field
  - Phase of the low-frequency theta (4 to 8 hertz) rhythm modulates power in the high gamma (80 to 150 hertz) band



# Measuring Cross-frequency Coupling

- Several algorithms available
  - Each proper for a particular case
  - No single method has been elected as a preferred standard so far





# Measuring Cross-frequency Coupling

- Available measures:

Method				Limitation	
1	ESC	The envelope to signal correlation	[Bruns and Eckhorn, 2004]	★	★
2	PLV	Phase-locking value	[Vanhatalo et al., 2004]		★
3	MVL	Mean vector length	[Canolty et al., 2006]	★	
4	GLM	The general linear model measure	[Penny et al., 2008]		★
5	APSD	Amplitude power spectral density	[Cohen, 2008]		★
6	CV	Coherence Value	[Colgin et al., 2009]		★
7	KL-MI	Kullback-Leibler based modulation index	[Tort et al., 2010]	★	
8	ERPAC	Event related phase amplitude coupling	[Voytek et al., 2012]	★	★

★ Sensitive to coupling phase (Negative feature)

★ Need long data length

★ Only works on event-related datasets

★ Potentially not capable of calculating coupling intensity

# Summary

## Stationary:

- Fourier transform
- Power spectral density (Welch's method)

## Time-resolved:

- Wavelet transform
- Filtering & Hilbert transform

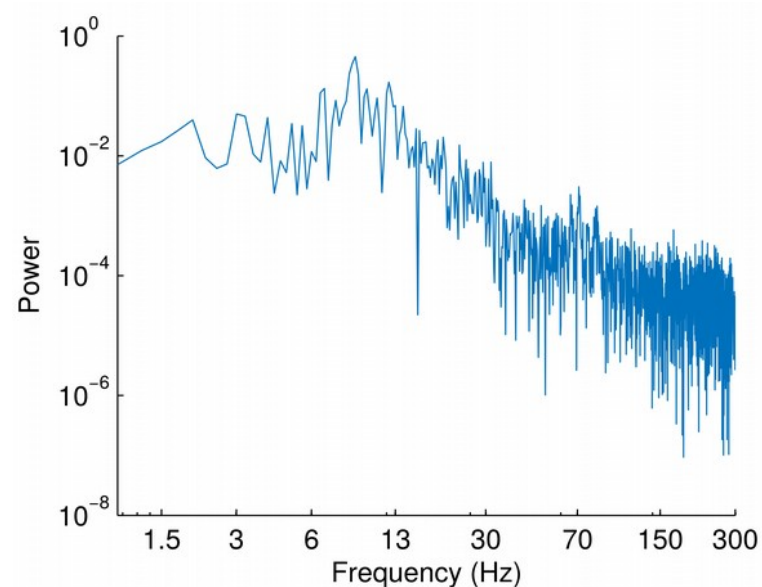
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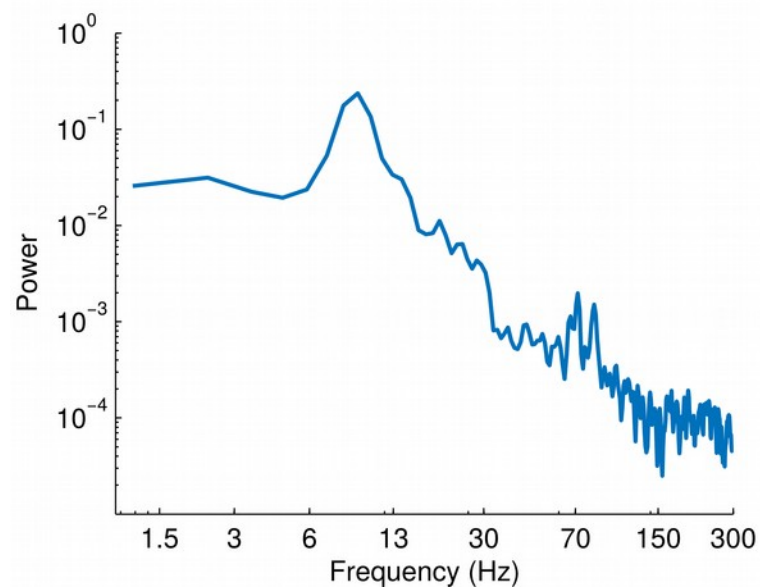
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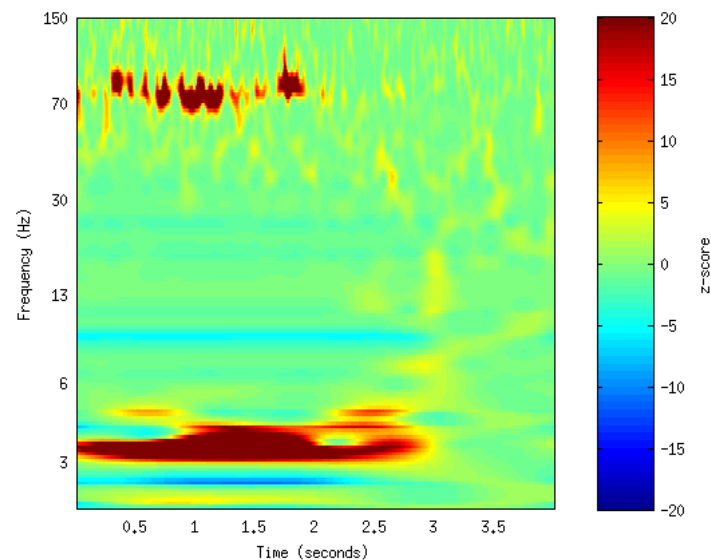
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Stationary:

- Fourier transform
- Power spectral density (Welch's method)

Time-resolved:

- Wavelet transform
- **Filtering & Hilbert transform**

