

What can I do with my studies in Dietetics & Nutritional Sciences

Depending on my interests and experience, possible job titles:

- Clinical Dietitian
- Clinical Research Assistant / Coordinator
- Dietitian
- Food Critic
- Food Inspector
- Food Manufacturing Nutritionist
- Food Safety Specialist
- Food Sales and Marketing
- Health Care Consultant
- Health Educator / Officer
- Health / Nutrition Survey Specialist
- Medical Nutritional Products Representative
- Nutraceutical Researcher
- Nutrition Data Consultant
- Nutrition Educator
- Nutritionist
- Organic Chemist
- Public Health Advisor
- Public Health Dietitian
- Public Health Officer
- Quality Assurance
- Quality Control Analyst
- School Nutritionist
- Technical Food Writer

Try searching for the job titles shown on this page at either jobbank.gc.ca or careercruising.com, where you'll find career descriptions, profiles and job outlooks. (login details for Career Cruising available by contacting CaPS).

Areas of Employment:

- Catering Food Services
- Correctional Facilities
- Day Care Centres
- Hospitality Industry
- Educational Institutions
- Government Agencies
- Health & Sports Organizations
- Dietary and Utilities Companies
- Hospitals and Medical Centres
- Inspection Organizations
- Long-Term Care Centres
- Military Units
- Rehabilitation Centre
- School Boards
- Social Service Organizations

The information in this handout will provide you with ideas as to some typical careers/jobs that are associated with your degree, along with alternative careers that may not be as directly related to what you have studied. This by no means implies that these jobs are the only options you have. These careers are just samples of what you can do if you have the appropriate skills and experience.

If you're feeling a bit lost and you're curious about your future career options, we encourage undergrads to register for the Undergrad Hive career exploration program. Feel free to come by the CAPS office to make an appointment with a career advisor to discuss your career options and job search strategies.

mcgill.ca/caps/students/services/hive

Associations & Websites:

- Canadian Society for Nutritional Sciences
<https://cns-scn.ca/>
- Canadian Society of Nutrition Management
<https://www.csnm.ca/>
- Dietitians of Canada
<https://www.dietitians.ca/>
- Ordre professionnel des diététistes du Québec
<https://opdq.org/>
- American Dietetic Association
<https://www.eatright.org/>
- American Society for Nutritional Sciences
<https://nutrition.org/>