

What can I do with my studies in Counselling Psychology

Depending on my interests and experience, possible job titles:

- Counsellor
- Addictions Counsellor
- Bereavement Counsellor
- Family Counsellor
- Rehabilitation Counsellor
- Vocational Rehabilitation Counsellor
- Abuse / Crises Counsellor
- Child and Youth Counsellor
- Career Coach
- Vocational Counsellor
- Career Development Counsellor
- Career Counsellor
- School Counsellor
- Academic Counsellor
- Educational Counsellor
- Student Counsellor
- Guidance Counsellor

The information in this handout will provide you with ideas as to some typical careers/jobs that are associated with your degree, along with alternative careers that may not be as directly related to what you have studied. This by no means implies that these jobs are the only options you have. These careers are just samples of what you can do if you have the appropriate skills and experience.

If you're feeling a bit lost and you're curious about your future career options, we encourage undergrads to register for the [Undergrad Hive](#) career exploration program. Feel free to come by the CAPS office to make an appointment with a career advisor to discuss your career options and job search strategies.

Possible job titles outside my area of study:

- Probation Officer
- Parole Officer
- Adoption Counsellor
- Human Resources Specialist
- High School Teacher in Private Schools
- Foreign Language Instructor
- Educational Assistant
- Curriculum Specialist

Try searching for the job titles shown on this page at either jobbank.gc.ca or careercruising.com, where you'll find career descriptions, profiles and job outlooks (login details for Career Cruising available by contacting CaPS).

With additional education/training or experience:

- Psychologist
- Clinical Psychologist
- Experimental Psychologist
- Research Psychologist
- Marriage and Family Therapist
- Sex Therapist
- Play Therapist
- Special Education Teacher
- Research Psychologist
- Industrial Organizational Psychologist
- Mediator
- Clergy
- Art / Drama / Music Therapist

Areas of Employment:

- Colleges and Universities
- Community Mental Health Centres
- Correctional Facilities
- Business / Industrial Organizations
- Consulting Firms
- Employment Assistance Programme Providers
- Hospitals and Medical Centres
- Government
- Private Research Agencies
- Religious Organizations
- Retirement Homes / Communities
- Independent Practice

Associations & Websites:

- Canadian Association for Educational Psychology
<https://csse-scee.ca/>
- Canadian Association of School Social Workers & Attendance Counsellors
<http://www.casswac.ca/>
- Canadian Counselling and Psychotherapy Association
<https://www.ccpa-accp.ca/>
- Canadian Psychological Association
<https://www.cpa.ca/>
- Council for Accreditation of Counseling and Related Educational Programs
<https://www.cacrep.org/>
- Counselling Foundation of Canada
<http://www.counselling.net/>
- American Association for Marriage and Family Therapy
<https://www.aamft.org/>
- American Mental Health Counselors Association
<http://www.amhca.org/>
- American Psychological Association
<http://www.apa.org/>
- American School Counselors Association
<https://www.schoolcounselor.org/>

Related Skills:

- Ability to mediate or resolve conflicts
- Ability to keep secrets and protect personal information
- Ability to create an alliance with clients
- Ability to observe, analyse and interpret information
- Ability to read material articulately and analytically
- Ability to develop cultural sensitivity and curiosity
- Ability to select and use appropriate training/instructional methods and procedures
- Ability to quickly study and adapt political systems to marshal resources to solve clients' problems
- Ability to nurturing sources of hope
- Ability to consciously avoiding generalizations and stereotypes
- Capacity to anticipate and understand different views
- Concern for and sensitivity to others
- Critical and inferential thinking
- Engage in ethical practice
- Feel comfortable and able to deal effectively with people
- Good listening, clarifying, questioning and responding skills
- Interpersonal communication (oral and written)
- Quickly understand complex problems and identify solutions