

# What can I do with my studies in Physical Therapy

# Depending on my interests and experience, possible job titles:

- Physical Therapist / Physiotherapist
- Physical Therapy Supervisor
- Physical Therapy
- Clinical Specialist
- Physical Therapy Officer
- Research Physical Therapist
- Physical Rehabilitation Therapist
- Clinical Physical Therapist
- Consultant Physical Therapist
- Physiotherapist
- Home Care Physical Therapist
- Staff Physical Therapist
- Neurological Physical Therapist
- Paediatric Physical Therapist
- Orthopaedic Physical Therapist
- Sports Physical Therapist
- Cardio-Respiratory Physical Therapist
- In-patient/ICU Physical Therapist
- Out-patient Physical Therapist
- Manual Therapist

The information in this handout will provide you with ideas as to some typical careers/jobs that are associated with your degree, along with alternative careers that may not be as directly related to what you have studied. This by no means implies that these jobs are the only options you have. These careers are just samples of what you can do if you have the appropriate skills and experience.

Try searching for the job titles shown on this page at either <u>jobbank.gc.ca</u> or <u>careercruising.com</u>, where you'll find career descriptions, profiles and job outlooks (login details for Career Cruising available by contacting CaPS).

If you're feeling a bit lost and you're curious about your future career options, we encourage undergrads to register for the <u>Undergrad Hive</u> career exploration program. Feel free to come by the CAPS office to make an appointment with a career advisor to discuss your career options and job search strategies.

# Possible job titles outside my area of study:

### **Business**

- Private Clinic Owner
- Marketing Specialist / Representative
- Recruiter

#### **Education**

- Health Educator/ Trainer
- Research Assistant / Researcher
- Alumni Relations Officer

# Communication

- Writer / Editor
- Reporter
- Journalist
- Broadcaster
- Publisher

#### Other

- Fundraiser
- Administrator
- Policy Analyst



# With additional education/ training or experience:

- Rehabilitation Services Director
- Professor / Associate Professor
- Manager in Health Care
- Health Policy Development Officer
- Health Policy Research Analyst
- Director of Physiotherapy
- Disability Management Coordinator
- Medical Clinic Director
- Clinical Research Associate or coordinator
- Patient Service Associate
- Pelvic Floor Therapist
- Neurodevelopmental Therapist
- Advisor to the CSST (Commission de la Santé et de la Sécurité du Travail)
- Preventive Care Specialist
- Specialized Physician / Dentist

#### **Related Skills:**

- Interpersonal communication (oral and written)
- Good health and physical/social-emotional assessment
- Knowledge of human biological, social, cultural and psychological health factors
- Ability to critically appraise & use research findings
- Crisis management
- Empathy and compassion
- Concern for and sensitivity to others
- High emotional quotient and IQ
- Working well under stress
- Manual dexterity
- Physical stamina
- Visual monitoring
- Team player
- Ethical practice
- Problem solving & Decision making
- Critical and inferential thinking
- Good listener
- Insight to deal effectively with people
- Good inter-professional skills
- Assessing and teaching living skills
- Handling equipment
- Supporting through change

## **Areas of Employment:**

- Health and Wellness Facilities
- Community Health Centers
- Healthcare / Health Service Centers
- Academic Institutions
- Research centers / Firms
- Hospitals/Clinics
- Rehabilitation Centers
- Sports Organizations
- International Health Agencies
- Nursing Homes
- Social Service Agencies
- General Practitioner's Offices
- Physician's offices
- Long-Term Care Facilities
- Home Care Agencies
- Recreation Centers
- Child Development Centers
- Private Practice Offices
- Institutions for Disabled
- Outpatient Facilities
- Funding Agencies

### **Associations & Websites:**

- Canadian Physiotherapy Association https://physiotherapy.ca/
- Sport Physiotherapy Canada https://www.sportphysio.ca/
- Ordre professionnel de la physiothérapie du Québec

https://oppq.qc.ca/

- American Physical Therapy Association <a href="http://www.apta.org/">http://www.apta.org/</a>
- World Confederation for Physical Therapy <u>https://www.wcpt.org/</u>