Communauté d’apprentissage continu de McGill POUR LE PLAISIR D’APPRENDRE

PROGRAMME PRINTEMPS 2019
PROGRAM SPRING 2019
McGill community for lifelong learning FOR THE JOY OF IT

mcgill.ca/mcll_joy
Our location is wheelchair accessible, and has direct underground access to the metro.
Dear MCLL Members,

Happy 2019! As we await the thawing of winter, I am reminded that “[t]here is no time like Spring, when life’s alive in everything...” (Christina Rosetti, Spring) and indeed no better time to nourish and grow our minds with new ideas.

I am delighted to welcome you to the McGill Community for Lifelong Learning (MCLL) and the School of Continuing Studies. Together we seek to transform and enrich our lives and those around us. We do so through many different forms of experiential learning, including the peer learning that is the hallmark of MCLL. Learning and teaching through collective inquiry and exploration not only enriches us individually but as a community. And a strong, healthy community is essential to sustain us as humankind. With your participation, the School of Continuing Studies builds bridges that connect the many intellectual resources McGill University has to offer with the wider community. And we learn from each one of you, continuously expanding our horizons together.

I wish you a wonderful journey as you explore the rich menu of ideas and opportunities awaiting you with this new MCLL Calendar.

Yours sincerely,

Carola Weil, PhD
Dean of Continuing Studies
McGill University
YEARLY CALENDAR

SPRING 2019 TERM
• Monday, April 8 – Thursday, June 13
• Statutory Holidays: April 22 (Easter Monday), May 20 (Victoria Day)
• Registration opens: March 18

SUMMER 2019 TERM
• Wednesday, July 3 – Wednesday, August 21
• Registration opens: June 17

FALL 2019 TERM
• Monday, September 16 – Thursday, November 21
• Statutory holiday: October 14 (Thanksgiving)*
• Registration opens: August 5

WINTER 2020 TERM
• Monday, January 13 – Thursday, March 19
• Registration opens: December 2

* Study group sessions postponed because of statutory holidays will be re-scheduled

STUDY GROUP STYLES

MCLL study groups are offered in a wide variety of subjects. The study group style indicates the type of participation expected.

DISCUSSION GROUP
Participants look at works of art, read books or magazine articles, watch movies or videos, listen to music, or write journals. The moderator then facilitates discussion among the participants.

PARTICIPANT PRESENTATION GROUP
With the guidance of the group moderator, the participants are expected to choose themes and make presentations. Please do not join a Participant Presentation style study group unless you plan to make a presentation, participate/lead a debate or contribute to the overall discussion in some other way.

MODERATOR / PARTICIPANT PRESENTATION GROUP
Participants are encouraged to choose themes and make presentations, although these are not mandatory.

MODERATOR PRESENTATION GROUP
The group moderator makes the presentations and facilitates the discussions that follow the presentations.
ABOUT MCLL

Welcome to the McGill Community for Lifelong Learning (MCLL). Led by volunteers and managed by a council elected from among its members, MCLL is a unique, dynamic, self-financing organization within the McGill School of Continuing Studies.

MCLL is for people who want to continue learning for the joy of it, in an informal setting, and who wish to share their knowledge, ideas, experience and interests with others. Based on a peer-learning concept, our small study groups are led by our volunteer moderators. Our informal small-group approach makes our programs accessible. No exams or grades to worry about, and no age limits.

There are four terms to a year. Fall, winter and spring are 10-week terms with a complete program of study groups, lectures, workshops, outings and social activities. A lighter program is presented, on Wednesdays only, in the summer. The study groups and lectures are usually given in English.

À PROPOS DE LA CACM

Bienvenue à la Communauté d’apprentissage continu de McGill (CACM). Encadrée par des bénévoles et administrée par un conseil composé de membres élus, la CACM est un regroupement dynamique et autofinancé faisant partie de l’École d’éducation permanente de McGill.

La CACM s’adresse à ceux qui désirent continuer à apprendre pour le plaisir d’apprendre, dans un cadre informel, et partager leurs connaissances, leurs idées, leurs expériences ainsi que leurs champs d’intérêt. Axés sur un concept d’enseignement par les pairs, nos groupes d’étude sont encadrés par des animateurs bénévoles. Notre approche informelle, par petits groupes, rend nos programmes à la fois uniques et accessibles. Pas besoin de se soucier d’examens ou de notes, et il n’y a aucune limite d’âge.

Un programme complet (groupes d’étude, conférences, ateliers, sorties et activités sociales) est offert à l’automne, en hiver et au printemps; le programme estival est plus restreint. La plupart des éléments du programme sont offerts en anglais.
S 035 The Writer’s Workshop

Moderator: Roz Paris | rozparis@hotmail.com
Time: Thursday 9:30 - 11:30 a.m.
Duration: 10 weeks
Study Group Style: Moderator/Participant presentation group

We are a group of writers who enjoy presenting our works to one another. We value criticism that can improve our writing, and we like hearing others’ work. There are a number of issues that we want to work on, such as control of the writer’s voice, and how to edit what we write. From experience, it seems that eight is a good maximum number of participants. Each week, please bring a copy of your work for everyone to listen to and please arrive on time, so that the first person who reads has the complete audience.
S 121 Culture in 1919

Moderators: John Felvinci | jfelvinci@sympatico.ca
Time: Tuesday 2:00 - 4:00 p.m.
Duration: 10 weeks
Study Group Style: Participant presentation group

One hundred years ago, in 1919, after the First World War ended, the political situation was in flux. Nevertheless, the cultural activities in Europe and North America were in high gear and in art, music, literature, ballet, etc. many wonderful new works were produced. In this study group we will review these masterpieces and their creators.

S 122 What Can We Expect in the 21st Century?

Moderators: Sandra Frisby | sandrafrisby@gmail.com
Time: Wednesday 11:45 a.m.-1:45 p.m.
Duration: 10 weeks
Study Group Style: Discussion group

Based on Yuval Noah Harari’s book *21 Lessons for the 21st Century*, we will discuss what it means to be human in an age of bewilderment. Our discussions will be based on this book, so you must read it if you wish to participate in the ensuing discussions. The book is available at Paragraphe Book Store. Short presentations on chapters from the book are welcomed but not required. Discussion questions will be provided by the participants with suggestions from the moderator.
**S 080 Bridge for Fun**

**Moderators:** Michael McCusker | mdmccusker2001@yahoo.com  
John Hobbins  
**Time:** Tuesday 9:30 - 11.30 a.m.  
**Duration:** 10 weeks  
**Study Group Style:** Discussion group

We will discuss bridge play, bidding and defense. There will be practice hands played under supervision. As before, the group will do better with a minimum of 10 and maximum of 24 participants. Some bridge experience required.

**S 123 Food: The Politics, the Power, the Pleasure**

**Moderator:** Marjorie Northrup | marjorienorthrup@gmail.com  
**Time:** Monday 11:45 a.m.-1:45 p.m.  
**Duration:** 6 weeks, starting May 6  
**Study Group Style:** Moderator/participant presentation group

“There are people in this world so hungry that God cannot appear to them except in the form of bread.” Mahatma Gandhi.

“Pull up a chair. Take a taste. Come join us. Life is so endlessly delicious.” Ruth Reichl

These quotes illustrate the wide range of food-related issues. In this SG, we will explore the issues of food supply, equitable distribution, creative solutions, food and culture, and also the joys of eating well, and the challenge of eating sustainably and ethically. Other possible topics could be politically-induced famine, food waste, GMOs - “a necessary evil?,” the locavore diet, etc.

**S 124 Let’s End Ageism**

**Moderator:** Ruth Allan Rigby | ruthrigby14A@videotron.ca  
**Time:** Wednesday 2:00 - 4:00 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Participant presentation group

“Aging is not a problem to be fixed or a disease to be cured. It is a natural, powerful, lifelong process that unites us all.” Ashton Applewhite

This Study Group will address the dread and the negative ideas associated with aging and empower participants to challenge the last socially acceptable prejudice: ageism.
**S 087 AIGLE : L'histoire positive d'une adolescence difficile**

**Moderator:** Charlotte (Rosenstein) Philcordan | chphilcordan@videotron.ca  
Fiorina Sammartino | fiorina.sammartino@gmail.com  

**Time:** Monday 11:45 a.m. - 1:45 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Moderator presentation group

Un cours de discussion - en français le plus possible - basé sur mon scénario éducatif AIGLE ** comme matériel de base : diction, lecture, échange d’idées sur les thèmes abordés et l’évolution du personnage Aigle, révision grammaticale selon les besoins du groupe. Un niveau de français intermédiaire est souhaitable.

**À acheter ($25) à la librairie Le James de McGill, 680 rue Sherbrooke O.**

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**S 039 Persian Culture**

**Moderator:** Soheila Raesinezhad | sraesinezhad@yahoo.com  

**Time:** Tuesday 11:45 a.m.-1:45 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Moderator presentation group

With roots going back thousands of years, Persian culture is one of the world’s richest. Persia has influenced all of its neighboring countries. Using handouts, films and class presentations, we will learn about Persian music, poetry, language, religious practice, cuisine and family life.

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**S 086 Harmony of Civilizations**

**Moderators:** Nadine Salam | salamnadine@gmail.com  

**Time:** Tuesday 9:30 - 11.30 a.m.  
**Duration:** 5 weeks, starting April 9  
**Study Group Style:** Participant presentation group

It is time to shift our attention from the clash of civilizations that we are witnessing around the world, to a consideration of the harmonious mosaic of cultures that make up the Canadian population. Why not step into an exploration of new cultures, with everyone describing the land of the ancestors? A quick sight-seeing tour in pictures or a short video, then perhaps a discussion of geography and demography, traditional clothing, artisanal handcrafting, turning points in history and their implications, or current political context. And finally, a taste of their culinary art.
S 125 Debating the Debates

Moderators: Kuai-Yu (Paul) Leong | paul.leong1234@gmail.com
Time: Thursday 2:00-4:00 p.m.
Duration: 10 weeks
Study group style: Discussion group

Each week we discuss a debate from Intelligence Squared (IQ2) (intelligencesquared.com; iq2us.org). IQ2 is an Oxford debating forum for informed discussion on a vast variety of provocative topics. It operates in the UK, the US, Australia and Hong Kong. Other debates such as Munk (munkdebates.com/the-debates) and TRT World Roundtable (TRT stands for Turkish Radio TV, not Talking Real Turkey) will be included. So let's keep calm and enjoy some stimulating afternoons!

S 126 Montréal, Québec and Canadian Politics

Moderator: Allan J. Levine | ajlevine@bell.net
Time: Monday 11:45 a.m.-1:45 p.m.
Duration: 5 weeks, starting April 8
Study Group Style: Discussion group

Moderated discussions on Montréal, Québec and Canadian politics with references to the U.S.A. Homework is not obligatory but prepared “news stories of the current week” are welcomed to be presented for a moderated discussion.

S 127 The Trump Presidency – Part II

Moderator: Jeff Sidel | jsidel@videotron.ca
Time: Wednesday 9:30 - 11.30 a.m.
Duration: 5 weeks, starting April 10
Study Group Style: Moderator presentation group

Over a five-week period, we will continue our exploration of the Trump presidency, now in its third year. Our focus will be on the ongoing Special Counsel investigation of Russian interference in the 2016 election. This includes the investigation by the Southern District of New York. We will also examine the potential candidates for the upcoming 2020 presidential election.
S 128 Understanding the New Global Populism

**Moderator:** Nadia Alexan | nadia.alexan@videotron.ca  
**Time:** Wednesday 2:00 - 4:00 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Moderator presentation group

Populism is the manifestation of a problem with democracy. All over the world, citizens feel betrayed by their elite. From the rise of Trump in the United States, Brexit in the United Kingdom, Podemos in Spain, Syriza in Greece, Bolsonaro in Brazil, to the yellow vests movement in France, people are rebelling against globalization, neoliberalism, bribery, corruption, nepotism, rising inequalities, and the surrender of their sovereignty to corporations. In an age of “propaganda” and “fake news” understanding these important global issues is of utmost importance. We will be exploring these issues through current events and group discussions.

S 129 Downsizing Your Home Means Rightsizing Your Lifestyle (Workshop)

**Moderator:** Tino Masecchia | tino@domaconsult.ca  
**Time:** Thursday 9:30 - 11.30 a.m.  
**Duration:** 5 weeks, starting April 11  
**Study Group Style:** Workshop

There comes a time when we want to or need to move from our comfortable and perhaps spacious home to a different type of accommodation. The real-estate market can be daunting at the best of times. Come explore options for seniors and the real-estate market. In this study group, we will cover a variety of topics, from how to establish the market value and maximize the sale price of your home to the pros and cons of downsizing and all the challenges it represents. A five-week lecture packed with useful information for those contemplating a life transition.
S 130 The Millennium Project - 15 Global Challenges for Humanity

**Moderator:** Hugues Mazhari | hmazhari2006@sympatico.ca  
**Time:** Monday 2:00 - 4:00 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Moderator/participant presentation group

The 15 “Global Challenges for Humanity” were identified by the Millennium Project, an independent non-profit global think tank of futurists, scholars, business planners, and policy makers who work for international organizations, governments, corporations, NGOs, and universities. In this study group, we will learn about these 15 challenges that are transnational in nature and trans-institutional in solution. They cannot be addressed by any government or institution acting alone.
S 131 A Comparison of the Canadian and American Health Care Systems

Moderator: Irwin Kuzmarov | ikuzmarov@sympatico.ca  
Barbara MacLeod-Rey | macleodb@usa.net
Time: Monday 2:00 - 4:00 p.m.
Duration: 10 weeks
Study Group Style: Moderator/participant presentation group

The battle to develop a cost-efficient and comprehensive health-care system rages on in the United States. In Canada, there is ongoing debate over topics ranging from wait times for office visits and surgical procedures, to out-patient procedures and the quality of chronic-care facilities.

Participants will be encouraged to prepare short presentations on the cost-efficiency and quality of health delivery systems in the US and Canada and in countries such as France, Sweden, Japan, China, Israel, England and Australia.
Arriving in the Americas in 1492, Columbus was greeted, much to his surprise and disappointment, by Arawaks rather than Asians. Exploitation and lethal diseases would lead to the virtual extinction of the Arawaks and their replacement by poor whites, Africans, East Indians, Chinese and others who would toil under the hot sun to sweeten the drinks of Europeans. The intermingling of different racial and ethnic groups and the centuries-long involvement of Europe and America in the region gave birth to the region’s different societies from which have emerged individuals as varied as Toussaint Louverture, Marcus Garvey, Rafael Trujillo, Derek Walcott, Fidel Castro, Sir V.S. Naipaul, and Rihanna.

Two fascinating countries, similar but different and in some ways indicative of the future of the world. A discussion of the history of various colonies and an analysis of the situation today, plus some guesses about the future. Consideration of Singapore - among the richest countries in the world - will be included. Ethnic, religious and historical differences will be discussed. Your moderator has spent time living and working in both Indonesia and Malaysia.
S 134 WhoDunIt? 2.1

Moderator: Howard King | hrk2thyme@gmail.com
Time: Wednesday 11:45 a.m. - 1:45 p.m.
Duration: 10 weeks
Study Group Style: Moderator/participant presentation group

We will discuss crimes through the ages. Who was Number 1 Son? What was the Great Train Robbery? Who was the first African American member of the KKK? Was there a real James Bond? What is forensic accounting? The sky is the limit. There will be a suggested list of topics, but nothing is off the table. Presentations may take any format, either real or fictional. Any format such as PowerPoint, a video, a personal story, or a written speech may be used. The moderator will draw upon his 28 years in federal law enforcement to relate some interesting anecdotes. This study group is limited to 20 participants.

S 135 More of the World’s Great Railways

Moderator: Andrew Macdougall | andrewmac@videotron.ca
Robbie Robinson | Robert.robinson@mail.mcgill.ca
Time: Tuesday 11:45 a.m.-1:45 p.m.
Duration: 10 weeks
Study Group Style: Participant presentation group

Join Andrew and Robbie as they continue to explore the history and geography and engineering wonders of, and journeys on, the world’s great railways. Presentations will be supplemented by videos. An outing to Exporail (the Canadian Railway Museum) will be included.

Participants will be expected to give presentations; a list of suggested topics will be emailed to those who register. Assistance may be provided, if required, in locating source material.
S 136 History and Science of Spring Celebrations

**Moderator:** Katherine Moore | katherine.moore2@mail.mcgill.ca
Nina Maksymiw | ninamaksymiw@yahoo.ca

**Time:** Tuesday 11:45 a.m.-1:45 p.m.
**Duration:** 5 weeks, starting April 9
**Study Group Style:** Moderator / Participant Presentation Group

Intergenerational spring celebrations from the antiquity of Ur to Jerusalem to today, began as sacred community meals/feasts in observation of the spring season. Join our intergenerational study group commemorating and celebrating international events of spring. It includes art and architecture exhibits, expert lectures on traditional celebrations and on the scientific seasonal changes at the Botanical Gardens, and live instrumental and vocal performances by musicians. This study group is a continuation of the winter 2018 philosophy study group, “I Want to Be Happy” but is open to all. Participants should feel free to suggest, submit or give a presentation or activity.

S 137 Our Fascination with Ancient Worlds, Part 4

**Moderator:** Robert Winters | robertwinters@videotron.ca
Roger Humphrey | rth201002@yahoo.ca

**Time:** Monday 2:00 - 4:00 p.m.
**Duration:** 10 weeks
**Study Group Style:** Moderator/Participant Presentation Group

What fascinates us about ancient civilizations and how their peoples lived? What can we learn from research into how they thought and what they believed? Discussion will be stimulated by presenting videos and other material that provide insight into, and understanding of, various aspects of ancient civilizations, including fresh research that sheds new light on how these people lived. Our focus will include ancient civilizations of the Mediterranean and Middle East, but will expand to include China, India and the Americas. Participants are encouraged to give presentations, although these are not obligatory.
Michel Tremblay (Collectif de femmes, Boucher)

Moderator: Wilfrid Dubé | frido34@gmail.com
Charlotte French | charlotte_french@hotmail.ca
Time: Thursday 9:30 - 11.30 a.m.
Duration: 10 weeks
Study Group Style: Lecture en français et discussion dans les deux langues officielles. Reading in French and discussion in both languages.

Les participant(e)s seront invité(e)s à lire et à interpréter des pièces les plus marquantes écrites par les auteurs en titre. Un cahier comprenant la mise en contexte historique, sociopolitique, littéraire et théâtrale de la période de la Révolution Tranquille et du rôle de la femme et de la mère sera disponible (prix à fixer). Chaque participant(e) devra se procurer la pièce Les Belles Sœurs pour la lecture à haute voix et discussion avec participation dans les deux langues officielles. Les deux autres pièces, La nef des sorcières et Les fées ont soif sont disponibles en librairie (format poche: TYPO, théâtre).

S 139 Charlotte Brontë Villette

Moderator: Connie Lavallée | connie.lavallee@videotron.ca
Time: Wednesday 11:45 a.m.-1:45 p.m.
Duration: 10 weeks
Study Group Style: Discussion group

We will continue our exploration of the Brontë sisters, their world and their works. This session will focus on the novel Villette, considered by some to be Charlotte Brontë’s finest achievement. The novel recounts how Lucy Snowe, who is alone in the world, struggles to find independence on her own terms.

Copies will be available at Paragraphe Bookstore
S 140 Celebrating Walt Whitman’s 200th Birthday

**Moderators:** Richard Orlando | orlanrick@hotmail.com  
**Time:** Thursday 11:45 a.m.-1:45 p.m.  
**Duration:** 8 weeks, starting April 11  
**Study Group Style:** Moderator/participant presentation group

To commemorate the 200th anniversary of the birth of poet Walt Whitman on May 31, we will review and interpret his life and background, based in part on filmed documentaries, as well as read, comment on and discuss his masterpiece, “Song of Myself,” from his first 1855 edition of *Leaves of Grass* (an edited version will be provided). You are also encouraged to read and present your favourite Whitman poems. Lastly, we will plan our own public recitation (at least one hour) of “Song of Myself” on Friday, May 31, his birth date, at either the Atwater or Westmount libraries, at which each participant is invited to read a personally chosen excerpt from the poem.

S 141 Hispanic Short Stories from the 20th Century

**Moderator:** Mariana Navarro-Grau | manavgrau@gmail.com  
**Time:** Tuesday 11:45 a.m.-1:45 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Discussion group

We will read and discuss short stories written by Hispanic authors of the 20th century. We will explore a variety of literary styles and topics through authors such as Gabriel Garcia Marquez, Jorge Luis Borges, Julio Cortazar, Octavio Paz, Carlos Fuentes, Javier Marias, Mario Vargas Llosa, Mario Benedetti, Juan Jose Millas, and Juan Rulfo, among others.
S 142 Gustave Flaubert’s Madame Bovary and Jean Rhys’s Quartet: Novels of Adultery

Moderator: Catherine Watson | cmwat67@hotmail.com  
Time: Thursday 2:00 - 4:00 p.m.  
Duration: 10 weeks  
Study Group Style: Discussion group

Madame Bovary (1857) and Quartet (1928) were the authors’ first published novels. Both are stories of adultery. Madame Bovary is often considered the first modern novel. Discussion will focus on the history of the novels, their narrative style and themes. There are three recent film versions of Madame Bovary and we will view one and perhaps two of them.

Madame Bovary may be read in English or French but discussion should be mostly in English. Presentations are welcomed.

S 143 Shakespeare at the Globe

Moderators: Clifford Parr | Clifford.parr@sympatico.ca  
Barbara Silverman | b.silverman@videotron.ca  
Time: Monday 11:45 a.m.-1:45 p.m.  
Duration: 9 weeks, starting April 8  
Study Group Style: Discussion group

In this session, we will be watching together and discussing a selection of Shakespeare’s lesser-known comedies in live performance from London’s Globe Theatre. Productions include: The Comedy of Errors, The Merry Wives of Windsor, All’s Well That Ends Well, and Love’s Labour’s Lost.
**S 144 Fraternal Twins - I**

**Moderator:** Bill Wees | William.wees@mcgill.ca  
**Time:** Wednesday 11:45 a.m.-1:45 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Moderator presentation group

We will see what happens when the same source gives birth to two different, but closely-related, operas. Our examples will be *Manon* (Massenet) and *Manon Lescault* (Puccini); *Falstaff* (Verdi) and *Falstaff* (Salieri); *Hamlet* (Thomas) and *Hamlet* (Dean). While no presentations are required, discussion is strongly encouraged.

**S 145 Fraternal Twins - II**

**Moderators:** Averill Craig | ak.craig@sympatico.ca  
**Time:** Wednesday 2:00 - 4:00 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Moderator presentation group

Repeat of Fraternal Twins - I. See description above.

**S 146 Early Gustav Mahler**

**Moderators:** Bernadine Lewis | blewis1900@gmail.com  
**Time:** Tuesday 9:30 - 11:30 a.m.  
**Duration:** 5 weeks, starting May 14  
**Study Group Style:** Discussion group

We will listen to Mahler's early symphonies and the songs that he used as themes for these symphonies. Participants are expected to listen attentively and to give their impressions and feelings for or against the music.
**S 150 Building Blocks of Music**

**Moderator:** Miriam Tees | Miriam.tees@mcgill.ca  
**Time:** Tuesday 2:00 - 4:00 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Moderator/participant presentation group

What is a concerto? A sonata? A fugue? The object of this study group is to examine many of the forms of music, learn a little about the history of the form, and listen to some examples. Some forms are extensive, such as “symphony” and “opera” and others minimal, such as “pavane” or “rhapsody”. Participants should choose one item to arrange and play. Plenty of help is available, both for the background and the recorded music.
S 147 Climate Change – How Are We Doing?

**Moderator:** Janet Hale | janethale@icloud.com
Elizabeth Robinson | elr56789@gmail.com
**Time:** Tuesday 2:00 - 4:00 p.m.
**Duration:** 10 weeks
**Study group style:** Moderator/participant presentation group

Let’s explore how we as individuals and a society can make big and small changes to help reduce climate change, or to adapt to the effects of climate change. Our group will discuss ways that we can influence governments, policy makers, funding agencies and one another to make the changes needed to live in a sustainable world. Is that too much to ask?
S 148 Practice and Master the Vedic System: Learn and Teach (Workshop)

Moderator: Badriya Raihani | badriya@atadri.com
Time: Wednesday 2:00 - 4:00 p.m.
Duration: 10 weeks
Study group style: Workshop

This workshop is designed for those who are interested in keeping their brain active and alive. Why do some people have a “good brain” and others do not? Why do some people find math hard, while others find it easy?

A good way to improve your cerebral capabilities is through the practice of an Indian Vedic system called “Give your Brain a Workout,” based on the work of Sri Bharati Krsna Tirthaji (1884-1960).

S 149 Happiness - Grab What’s In Your Control

Moderator: Mona Rizk | mrizk@videotron.ca
Time: Monday 2:00 - 4:00 p.m.
Duration: 5 weeks, starting April 8
Study group style: Moderator presentation group

Psychologists agree that 50% of our happiness is set by our genetics, 10% of our happiness is affected by our circumstances and 40% is determined by our own actions. This study group aims to review the actions totally within our control that can lead to higher levels of happiness and well-being. We will look at the results of the latest research in the field of happiness and well-being.

S 079 Drama for Fun

Moderator: Freda Segal | fsegal10@gmail.com
Time: Thursday 11:45 a.m.-1:45 p.m.
Duration: 6 weeks, starting April 11
Study group style: Participant presentation group

The purpose of the course is to teach social skills through drama, games, improvisation, scripts, and movement. We learn through laughter.
W WORKSHOPS

So You Want to Travel the World

Workshop leader: Peter Liontos | liontospeter018@gmail.com

The Workshop leader invites you to meet every two weeks with a group of travellers or would-be travellers to share their experiences, plans and apprehensions concerning global travel. Topics will include group versus independent travel, how and when to book airfare, comparing similar tours, safety considerations and handling of various foreign currencies. We will also cover car rentals, travel insurance, booking accommodations, solo travel, packing tips and suggestions for getting the most bang for your travel buck.

Dates and times:

**W 156** So You Want to Travel the World 1 Wednesday, April 10 9:30 a.m.

**W 157** So You Want to Travel the World 2 Wednesday, April 24 9:30 a.m.

**W 158** So You Want to Travel the World 3 Wednesday, May 8 9:30 a.m.

**W 159** So You Want to Travel the World 4 Wednesday, May 22 9:30 a.m.

**W 160** So You Want to Travel the World 5 Wednesday, June 5 9:30 a.m.

O OUTINGS

Saturday, June 1, 11:00 a.m. - 2:00 p.m.

**O 161** Annual Ploughman’s Breakfast and Perennial Plant Exchange

Host: Sandra Frisby | sandrafrisby@gmail.com

This is a free outing but you must register ahead of time. Each spring we hold this event in order to get together and exchange cuttings (or whole perennials) of our favourite non-invasive plants and share garden stories over breakfast. Please consider bringing a breakfast item to share. Your hostess will provide coffee and a frittata. Please call Sandra Frisby at 514-748-0458 or email me at sandrafrisby@gmail.com to get driving instructions to my home.
BRAINY BAR

Workshop leaders: IELC student volunteers

Want free computer coaching? Come to Brainy Bar where intermediate to advanced English learners from the School of Continuing Studies Intensive English Language and Culture (IELC) program volunteer to provide MCLL members one-on-one computer assistance in a computer lab on the 12th floor. The Brainy Bar is patterned after Apple’s Genius Bar. A wide range of digital and technological needs are explored during the workshops. Both beginners and experienced users are encouraged to participate in IELC Brainy Bar sessions.

This is an opportunity to meet students from around the world while obtaining help on a range of operating systems, hardware and software, Mac and PC computers, tablets, e-readers, smartphones, digital cameras, Word, Excel, PowerPoint, Adobe Reader, Google, Skype, etc.

Participation is free to MCLL members.

Participants can use lab computers or they can bring their own portable devices. (See Tech-Savvy Workshops for more information, page 24.)

Dates and times (plenary sessions)

| W 163 Brainy Bar 1: | Wednesday, May 8 | 4:00 - 5:00 p.m. |
| W 164 Brainy Bar 2: | Wednesday, May 15 | 4:00 - 5:00 p.m. |
| W 165 Brainy Bar 3: | Wednesday, May 22 | 4:00 - 5:00 p.m. |
| W 166 Brainy Bar 4: | Wednesday, May 29 | 4:00 - 5:00 p.m. |

Individual tuition, possibly multi-week, is available upon request (Brainy Bar +). Please contact the MCLL office.
Lectures

Friday April 12, 10 a.m.

**L 162 A Morning Musical Medley**

Presenter: Morty Ellis

The session will feature a selection of compositions in DVD format by well-known composers of the baroque, classical, and romantic periods as performed by small ensembles.

**L 167 A Stroll through 14 Billion Years - Part 1**

Presenter: Barbara Silverman

Prehistoric history is now studied in terms of what’s known as Big History. We look not only at what happened but why and how, and then follow the trail wherever it leads. This approach links science, archaeology, geology, mythology, nature, and many other fields and disciplines.

Each lecture is complete; it is not necessary to attend both parts.

Questions, comments, and discussions are encouraged.

Friday April 12, 1 p.m.

**L 168 Demography is Destiny**

Presenter: John Felvinci

Demography is the study of populations. All through history, population changes have influenced what has happened in the world. In this lecture, we will discuss the past and present trends in populations around the world and will try to draw conclusions about their benign or destructive effects.

Friday April 26, 10 a.m.

**L 169 A Morning with Mendelssohn's Music**

Presenter: Pauline Bentham

A selection of Mendelssohn’s shorter works will wake us up to his genius as a romantic composer and make us want to hear more.
L 170 The Dynamics of Money
Presenter: Georgia Remond

Money and our reaction to it can be highly emotionally charged. Money is an energy that can be observed by considering how we view wealth: as abundance or lack and poverty consciousness. Money, as a commodity, allows us to make a statement by demonstrating what we value as we consciously choose what we purchase, what we support, and how we donate or tithe.

Friday April 26, 1 p.m.

L 171 Surviving Existentialism
Presenter: Lewis Cattarini

The lecture will consist of readings from the latest (2018) edition of Lewis Cattarini’s book Beyond Sartre and Sterility, which examines and aims to overcome the negative aspects of existentialism.

L 172 The Science of Intention Setting
Presenter: Georgia Remond

When you set an intention, you declare to yourself and the universe your commitment to your goals and dreams. When you live intentionally, you tend to make decisions and choices that are in alignment with what you truly value, rather than by default or from reactivity. The Science of Intention Setting offers specific steps to clarify and empower your intentions and succeed in living your true purpose in life.

Friday, May 3, 10 a.m.

L 173 Unsung Heroes of Bletchley Park
Presenter: Ruth Allan Rigby

The well-known breaking of the Enigma machine highlights the crucial work done by the code-breakers at Bletchley Park. But another German cipher, used by Hitler himself, was more complex and strategic. This story and much more will form the backbone of this lecture.

Jerry Roberts, a senior code breaker, spent the last six years revealing this extraordinary feat of intellect & to struggle to get all his wartime colleagues the recognition they deserve.
L 175 The Acadian Tragedy
Presenter: Gerry Roy

Little is known of the Acadians except their expulsion from their land. Who were these people? What made them different from other colonists? How did they build their new homeland? Why were they expelled, an expulsion long in planning? This lecture is to throw some light on lesser-known aspects of what led to their tragic expulsion.

Friday, May 3, 1 p.m.

L 176 Spooky Action at a Distance
Presenter: John Felvinci

"Spooky action at a distance" was the way Einstein referred to some of the strange results in quantum mechanics. In this lecture, we will explain - without mathematics - the odd behavior of so-called entangled particles. The most recent research enables us to use these particles to develop a powerful quantum computer and to guarantee methods for the unbreakable encryption of data. We will show the amazing experiments done recently to verify their existence.

Friday, May 10, 10 a.m.

L 177 Brexit: Now or Never
Presenter: Dennis Creamer

Brexit goes on and on - with no end in sight. We will cover the critical events of March 29: what happened and why, and what may happen now. Dennis Creamer enjoys both British and Canadian citizenship and, thus, brings a special perspective to this controversial topic.
**Friday, May 10, 1 p.m.**

**L 178 Film Noir: Desolation and The Third Man**

Presenter: Lewis Cattarini

The lecturer will screen the Carol Reed film The Third Man, starring Joseph Cotton, Orson Welles and Valli (1949). After that, there will be a discussion of the significance of this psychological drama as an example of film noir.

**L 179 Montreal’s Street Art Gallery**

Presenter: Archie Fineberg

For many years, graffiti and street art have been a passion for Archie Fineberg. In 2007, he began to explore the island of Montreal to find and photograph examples of this art form - both in open view, and in alleyways. Archie has published English and French editions of a book featuring examples of the full range of local street art. He is delighted to share his enthusiasm with you.

**L 180 What is Artificial Intelligence? An Update**

Presenter: Tim Skene

We hear about AI everywhere these days - in our smartphones, our cars, the internet, in healthcare and more. It promises great benefits, but what are the pitfalls? This presentation will reveal what AI is all about, along with the pros and cons of the current state of the art.

**Friday, May 17, 10 a.m.**

**L 181 A Morning with the Romantic Composers**

Presenter: Pauline Bentham

This lecture will deal with the Romantic composers from Beethoven to Brahms.

**L 182 The Ashkenazi and Sephardic Jews**

Presenter: Ben Sperer

The origins of Ashkenazi and Sephardic Jews and their role in the world.
Friday, May 17, 1 p.m.

L 183 Cultural Diversity and Wellbeing
Presenter: Dr. Myrna Lashley

Given the current demographics of Canada, it is important for Canadians to do all within their power to communicate with each other in a manner that fosters a sense of inclusion and respect.

This lecture will provide an overview of the role of culture in people’s everyday existence. Issues pertaining to the intersectionality of gender, culture, race, family composition, social status, racism and privilege will be addressed. The development of the cultural competence required to address these issues will be explored.

L 184 The Legendary Langston Hughes: A Tribute
Presenter: Naomi (Nonny) Rankin

Langston Hughes (1902-1967), one of the most important writers and thinkers of the Harlem Renaissance, helped shape American literature and politics. His literary works, poetry, fiction and drama promoted equality and social justice, and celebrated African American humour, culture and spirituality. We celebrate his life with a Foundation for the Humanities documentary.

Friday, May 24, 10 a.m.

L 185 U.S. Declaration of Independence Manuscript Found in Sussex, UK
Presenter: Ruth Allan Rigby

The United States of America declared independence from the British Empire on July 4, 1776 and drafted a formal statement of the colonies’ intentions - the Declaration of Independence.

Mysteriously, another copy of the manuscript has recently been discovered in Chichester, UK. This presentation will discuss the who, what, where, when, why and how of this new chapter in the saga.
**L 186 Bilingualism, Aging and Dementia**

Presenter: Alexandre Chauvin

Researchers from the Cognition, Aging, and Psychophysics Lab, Concordia University, will discuss current research related to the cognitive health of older adults. Audience members will learn about protective factors against cognitive decline, using examples of how bilingualism and multilingualism influence brain health and functioning.

**Friday, May 24, 1 p.m.**

**L 187 Tea for Two**

Presenter: John Felvinci

In this lecture, we will play several variations on the theme of the popular song Tea for Two. These variations will feature many well-known popular singers and jazz performers and even include a few classical musicians. If you are ready for a little nostalgia, you are welcome to come and listen and even tap your feet!

**L 188 Corruption – Causes, Costs, and Consequences**

Presenter: Frederick (Rick) Stapenhurst

According to Christine Lagarde, Managing Director of the International Monetary Fund, corruption costs the global economy US$1.3 trillion a year. Business and citizen surveys around the world suggest that corruption is one of the top three problems facing businesses and people alike. This presentation will give an overview of corruption and what governments, citizens, and companies are doing to combat it.

**Friday, May 31, 10 a.m.**

**L 189 Early Steps in Financial Planning**

Presenter: Lynn Bennett

Personal financial planning is becoming more and more essential in today’s world. This lecture will review, in a way oriented towards the layperson, some key aspects of this daunting subject.
L 190 A Stroll through 14 Billion Years - Part 2
Presenter: Barbara Silverman

Prehistoric history is now studied in terms of what's known as Big History. We look not only at what happened but why and how, and then follow the trail wherever it leads. This approach links science, archaeology, geology, mythology, nature, and many other fields and disciplines.

Part 1 is on April 12 at 10 a.m. Each lecture is complete; it is not necessary to attend both parts.

Questions, comments, and discussions are encouraged.

Friday, May 31, 1 p.m.

L 191 The Trouble with Journalism
Presenter: Lewis Cattarini

Working as a reporter, co-editor and freelancer, Lewis Cattarini has had an on-and-off affair with journalism over many years. Out of his love-hate relationship, he will read a variety of articles and letters in regard to the media’s objectives and failures.

L 192 Three MDs Who Made a BIG Difference
Presenter: Kuai-Yu (Paul) Leong

Drs Christiaan and Marius Barnard performed the world’s first human heart transplant. Dr. Patrick Soon-Shiong (another South African MD alumnus) invented the cancer drug Abraxane (and owned the L.A. Times since 2018). They made a BIG difference to humanity far beyond medicine. Come and see how.
**Friday, June 7, 10 a.m.**

**L 193 The Poetry and Prose of Sylvia Plath**

Presenter: Pauline Bentham

This lecture will deal with the poetry of Sylvia Plath that was selected by Ted Hughes, and Plath’s prose in *The Bell Jar* - which was published just before her suicide.

**L 194 Simone Veil (en français)**

Presenter: Thérèse Bouchez


**Friday, June 7, 1 p.m.**

**L 195 Germany’s Search for Dominance**

Presenter: Ben Sperer

Twice in the last century Germany tried to become a political superpower to match its economic expansion. An analysis of why the two attempts failed.
PRACTICAL INFORMATION

THE MCLL DIFFERENCE - Peer learning and active participation are two cornerstones of MCLL's curriculum; these principles differentiate its programs from traditional university courses and classes. The form of participation varies according to the subject matter and the approach chosen by the moderator. The level of involvement can range from mere presence, to advance preparation/research, participation in group discussions and presentations to the class (see study group styles on page 4).

MEMBERSHIP FEE is $110 per term. This allows one to register for one or two study groups per term, with the possibility of joining additional study groups later if there is room. Full members receive a McGill ID and e-mail address when they first register. The member’s card is renewed twice a year; privileges include free access to the McGill libraries, free IT assistance and discounts at some McGill facilities. A “fee waiver” form is available on request.

FEE FOR LECTURES, WORKSHOPS AND OUTINGS is $10 per activity. Members can reserve their spot by registering in advance or pay at the door if space is available.

REGISTRATION - Online registration is available and recommended to MCLL members and the general public. Exceptionally, members can still register in person or by mail (with a single cheque payable to McGill University); cash is not accepted. Forms may be submitted at any time once the program is distributed/posted, although they will only be processed at the dates indicated on page 2. Registration forms will be dated and numbered as they are received, then processed in the same order. Registrations made online are processed immediately and accepted/rejected based on the space available at the time.

ADMISSION - Members may register for up to two study groups. If space allows when the term starts, members may sign up for additional study groups at that time. The number of participants per study group is limited. Since some study groups are extremely popular, registrants are asked to register early. Waiting lists are established automatically when study groups become full. Members will be advised by e-mail if the space becomes available, then will have 48 hours to confirm whether they want the spot available. Members are asked not to communicate with moderators concerning registration.

REFUNDS - For members registering online, fees are refundable before the start of the second week of the term. Lecture fees are refundable (only in the form of credit) up to three days before lecture date. Please note that there is a handling fee for refunds issued by cheque. Members can chose to keep a credit and apply it the next term.

TAX CREDIT - Seniors, aged 70 and older, with a net income below a specified level may claim their MCLL full membership fees for a small provincial tax credit (see instructions for line 462 of the Quebec Income Tax Return). Account statements by term are available on Athena.
STUDY GROUPS - Study groups are offered Monday to Thursday at 9:30-11:30 a.m., 11:45 a.m.-1:45 p.m., 2-4 p.m. and, on occasion, 4-6 p.m. While most study groups run for 10 weeks, some have a shorter duration. All are held on the 2nd floor, in rooms 225, 241, 243 and 245. Schedules are posted on the noticeboards.

LECTURES - Most lectures are presented on Fridays at 10 a.m.-noon or 1-3 p.m. In the summertime, lectures are presented on Wednesdays only, at the same times. Lectures are held either on the 2nd floor or in room 1041. Schedules are posted on the noticeboards.

TECH-SAVVY WORKSHOPS - Participants can use lab PCs; they can also use their own portable devices, provided they have activated their Wi-Fi connection ahead of time. A McGill username and password is necessary to connect to the Wi-Fi; these can be obtained by setting up a McGill email account on Minerva. (For help, see McGill Tech Services on the 2nd floor with your MCLL member’s card). For more information, see TECHNICAL STUDIES, page 25.

OUTINGS - Occasional outings to various locations in and around the City of Montréal are held on a Friday or Saturday in the fall, winter and spring, and on Wednesdays in the summer.

FACILITIES - MCLL premises are located on the 2nd floor at 688 Sherbrooke St. West. A few activities are held in a large lecture room on the 10th floor or in computer labs on the 12th floor. There is a kitchen and a lounge (with a small library, a computer and a telephone) for the use of members; Wi-Fi is available. The office is open from 9 a.m. to 4 p.m., Monday to Thursday, 9 a.m. to 3 p.m. on Friday.

ACCESSIBILITY - MCLL has direct underground access to the McGill metro station. There is an elevator from the ground floor to the 2nd floor, which can be used by members who use a wheelchair or walker.

EMERGENCY PRECAUTIONS - Evacuation procedures are clearly posted in the classrooms. Members should have with them at all times the coordinates of a person who could be reached in case of emergency; they should also leave that information at the office.

VOLUNTEERING AT MCLL - Volunteering greatly enhances the MCLL experience. Volunteer positions range from moderating to serving on Council, working in the office, taking attendance at lectures or performing a range of other tasks. Application forms are available in the office.

ORGANIZATION - MCLL is part of McGill’s School of Continuing Studies. A Council, elected from among members, provides overall direction. The organization is entirely self-financing; while it draws most of its revenues from registrations, it also benefits from the generosity of individual donors and foundations.

HISTORY - MCLL was founded in 1989. It is patterned on a model developed at Harvard and the Massachusetts Institute of Technology (MIT), based on peer-learning and active participation. The model is applied in a variety of ways in the context of study groups, lectures, workshops and outings. Its hallmark is that members assume responsibility for sharing their knowledge and experience with others. The result is a rich and dynamic learning environment.
### WORKSHOPS

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### OUTING

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### LECTURES

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