Our location is wheelchair accessible, and has direct underground access to the metro.
Dear MCLL Members,

In July of this year, I joined McGill University as the new Dean of Continuing Studies. One of my earliest encounters was with MCLL and I was “hooked” from the start. What a thriving and vibrant community of lifelong learners you are! You embody in mind, spirit and action the core values of lifelong learning: to explore, to discover, to create meaning and purpose, and most importantly to build a collective interest and community. Thus, the MCLL community is integral to the School of Continuing Studies’ mission. It is my hope that we can continue to build on the wisdom and experience MCLL members bring to the School and the University.

As a newcomer to McGill and indeed to Montreal, I am very much in learning mode myself. The truth is, however, that we never stop learning, right? Whether it is in the classroom or on the streets, whether it is through discussion and reflection or by doing, you have a chance to create and share new knowledge and new experiences.

I wish you a wonderful journey as you explore the rich menu of ideas and opportunities awaiting you with this new MCLL Calendar.

Yours sincerely,

Carola Weil, PhD
Dean of Continuing Studies
McGill University
YEARLY CALENDAR

WINTER 2019 TERM
• Monday, January 7 – Thursday, March 14
• Registration opens: December 3

SPRING 2019 TERM
• Monday, April 8 – Thursday, June 13
• Statutory Holidays: April 22 (Easter Monday), May 20 (National Patriots' Day)
• Registration opens: March 18

SUMMER 2019 TERM
• Wednesday, July 3 – Wednesday, August 21
• Registration opens: June 17

FALL 2019 TERM
• Monday, September 16 – Thursday, November 21
• Statutory holiday: October 14 (Thanksgiving)*
• Registration opens: August 5

* Study group sessions postponed because of statutory holidays will be re-scheduled

STUDY GROUP STYLES

MCLL study groups are offered in a wide variety of subjects. The study group style indicates the type of participation expected. Please do not join a Participant Presentation style study group unless you plan to make a presentation, participate/lead a debate or contribute to the overall discussion in some other way.

DISCUSSION GROUP
Participants look at works of art, read books or magazine articles, watch movies or videos, listen to music, or write journals. The moderator then facilitates discussion among the participants.

PARTICIPANT PRESENTATION GROUP
With the guidance of the group moderator, the participants are expected to choose themes and contribute to the overall discussion.

MODERATOR / PARTICIPANT PRESENTATION GROUP
Participants are encouraged to choose themes and make presentations, although these are not mandatory.

MODERATOR PRESENTATION GROUP
The group moderator makes the presentations and facilitates the ensuing discussions.
ABOUT MCLL

Welcome to the McGill Community for Lifelong Learning (MCLL). Led by volunteers, and managed by a Council elected from among its members, MCLL is a unique, dynamic, self-financing organization within the McGill School of Continuing Studies.

MCLL is for people who want to continue learning for the joy of it, in an informal setting, and who wish to share their knowledge, ideas, experience and interests with others. Based on a peer-learning concept, our small study groups are led by our volunteer moderators. Our informal small-group approach makes our programs accessible. No exams or grades to worry about, and no age limits.

There are four terms to a year. Fall, winter and spring are 10-week terms with a complete program of study groups, lectures, workshops, outings and social activities. A lighter program is presented, on Wednesdays only, in the summer. The study groups and lectures are usually given in English.

À PROPOS DE LA CACM

Bienvenue à la Communauté d'apprentissage continu de McGill (CACM). Encadrée par des bénévoles et administrée par un conseil composé de membres élus, la CACM est un regroupement dynamique et autofinancé faisant partie de l'École d’éducation permanente de McGill.

La CACM s’adresse à ceux qui désirent continuer à apprendre pour le plaisir d'apprendre, dans un cadre informel, et partager leurs connaissances, leurs idées, leurs expériences ainsi que leurs champs d’intérêt. Axés sur un concept d’enseignement par les pairs, nos groupes d’étude sont encadrés par des animateurs bénévoles. Notre approche informelle, par petits groupes, rend nos programmes à la fois uniques et accessibles. Pas besoin de se soucier d’examens ou de notes, et il n’y a aucune limite d’âge.

Un programme complet (groupes d’étude, conférences, ateliers, sorties et activités sociales) est offert à l’automne, en hiver et au printemps; le programme estival est plus restreint. La plupart des éléments du programme sont offerts en anglais.
S 083 Variety of Visual Creative Activities

Moderator: Romano De Santis | romano.desantis@polymtl.ca
Time: Thursday, 2:00 p.m. - 4:00 p.m.
Duration: 10 weeks
Study Group Style: Participant Presentation Group

This study group is for participants who are passionate about pursuing visual creative activities and who love to share their experiences with others who are similarly inclined. At its fourth edition, this study group is relevant to a wide range of visual creative activities: drawing, painting, photography, sculpture, architecture, ceramics, jewelry, wood working, textile art and similar activities. Elements of experience to be shared include characterization of the activity, objectives, techniques, personal evolution, physical and social context in which it is developed, successes, and failures. Classroom display of personal work is encouraged. Interventions by invited artists are envisioned.

S 084 Do-It-Yourself Chinese Calligraphy and Ink-Wash Painting

Moderators: Yashiung Wei | yashiung@hotmail.ca  
Herve Benoit | hervebenoit4@gmail.com
Time: Monday: 11:45 a.m. - 1:45 p.m.
Duration: 10 weeks
Study Group Style: Moderator/Participant Presentation Group

Did you know that Chinese calligraphy and Chinese ink-wash painting are actually related? In the first hour, we will learn about paintings/painters, calligraphy/calligraphers. In the second, we will satisfy our own creative impulses by trying our hand at painting/calligraphy. Beginners are more than welcome. You just need to bring your brush, pen and patience. Maximum 12 participants.
S 085 Scale and Order in Art and Architecture

Moderators: Robert White | rwhite@bravedesign.ca
Wendela Stier | wen.la.stier@gmail.com

Time: Wednesday, 11:45 a.m. - 1:45 p.m.
Duration: 10 weeks
Study Group Style: Moderator Presentation Group

We will consider the nature of large architectural projects, mainly in the period up to WWII. Large-scale buildings - as well as the allied fine arts - were the result of new technologies combined with the political expression of democracies and autocracies.

We’ll evaluate exhibitions and criticism using contemporary and historical photos and graphics. The issues of human scale, appropriate design, and the control of technology, as considered by the Modern Movement and other artistic groups will be part of class discussions.
S 035 The Writers’ Workshop

Moderator: Roz Paris | rozparis@hotmail.com  
Time: Thursday 9:30 - 11:30 a.m.  
Duration: 10 weeks  
Study Group Style: Participant Presentation Group

We are a group of writers who enjoy presenting our works to each other. We value criticism that can improve our writing, and we like hearing others’ work. There are a number of issues that we want to work on, such as control of the writer’s voice, how to edit what we write, and how to write poetry. Each week, please bring two copies of your work, approximately 500-600 words, or a poem, as well as a copy for someone who will act as your critic.
S 037 2Ds: Documentaries and Discussions

Moderator: Catherine Main-Oster | catherinemainoster@gmail.com  
Time: Thursday 11:45 a.m. - 1:45 p.m.  
Duration: 10 weeks  
Study Group Style: Participant presentation group

In this study group, participants will view short documentaries on various subjects. A discussion will follow each film. Participants are encouraged to introduce a documentary of their choice with a few discussion questions to follow. A list of documentary sources will be supplied. Home internet access is strongly recommended.

S 086 The Harmony of Civilisations

Moderator: Nadine Salam | salamnadine@gmail.com  
Time: Wednesday 9:30 - 11:30 a.m.  
Duration: 5 weeks  
Study Group Style: Participant presentation group

It is time to shift our attention from the clash of civilisations that we are witnessing around the world, to a consideration of the harmonious mosaic of cultures that make up the Canadian population. Why not step into an exploration of new cultures, with everyone describing the lands of their ancestors? A quick sight-seeing tour in pictures or short video, then perhaps geography and demography, traditional clothing, artisanal handcrafting, turning points in history and their implications, or current political context. And finally a taste of their culinary art.
S 087 AIGLE : L’histoire positive d’une adolescence difficile

**Moderators:** Charlotte (Rosenstein) Philcordan | chphilcordan@videotron.ca
          Fiorina Sammartino | fiorina.sammartino@gmail.com

**Time:** Monday, 11:45 a.m. - 1:45 p.m.
**Duration:** 10 weeks

**Study Group Style:** Moderator presentation group

*Un cours de discussion - en français - basé sur mon scénario didactique AIGLE ** comme matériel de base : diction, jeux de rôle, échange d’idées sur les thèmes abordés, observation de la langue écrite, révision grammaticale, entre autres. Une connaissance de base intermédiaire du français serait préférable.*

** À acheter ($ 25) à la librairie Le James de McGill, 680 rue Sherbrooke O.

S 088 Madness: A Cultural History

**Moderators:** Marion Moamai | marion.moamai@sympatico.ca
          Helga Rudolf | helga.rudolf.003@gmail.com

**Time:** Wednesday, 11:45 a.m. - 1:45 p.m.
**Duration:** 10 weeks

**Study group style:** Participant presentation group

Madness may be as old as mankind. However, precise diagnostic tools and effective therapies for the treatment of mental illness were only developed in the second half of the 20th century. Our study group will explore insanity in civilization. How was it explained, understood and treated from antiquity to the present? How did it haunt and inspire artists and writers? Participants are expected to make short presentations.
S 043 Global Crises I

Moderator: Mireille Coulourides | coulourides123@hotmail.com
Time: Monday, 11:45 a.m. - 1:45 p.m.
Duration: 10 weeks
Study Group Style: Moderator Presentation Group

Global crises, international affairs and how they affect us in Canada. World news from mainstream media, BBC, CNN International, The Economist, etc. Discussion follows each presentation.

S 044 Global Crises II

Moderator: Mireille Coulourides | coulourides123@hotmail.com
Time: Wednesday, 11:45 a.m. - 1:45 p.m.
Duration: 10 weeks
Study Group Style: Moderator Presentation Group

Same study group at a different time. See the description above.

S 099 Current Affairs through the Eyes of the Quebec Media
L'actualité: Perspectives des médias québécois

Moderator: Tony Frayne | tony1frayne@bell.net
Time: Monday, 2:00 - 4:00 p.m.
Duration: 5 weeks, starting February 11
Study Group Style: Discussion Group

We live in interesting times, in a city which has some world-class media. Join our study group to discuss current events in Québec, Canada or abroad, as reported in our local print and electronic media. You also get the chance to practise your French. Participants are expected to be able to read and understand French and English but may express themselves in either language.
S 089 Truth Isn’t Truth

Moderator: Sidney Rosen | esrosen@bell.net  
Time: Thursday 2:00 p.m. - 4:00 p.m.  
Duration: 5 weeks, starting January 10  
Study Group Style: Participant presentation group

“Truth isn’t truth” is a quote attributed to a legal advisor to the President of the United States. With these enigmatic words ringing in our ears we will explore truth telling in politics, in the media, and in society. We will look at situations where people on different sides of an issue are in opposition, yet firmly believe that the truth is on their side.

S 090 The Trump Presidency: Making Sense of It All

Moderator: Jeff Sidel | jsidel@videotron.ca  
Time: Tuesday: 9:30 - 11:30 a.m.  
Duration: 10 weeks  
Study Group Style: Moderator presentation group

On January 20, 2017, Donald J. Trump was sworn in as the 45th President of the United States, despite the collective wisdom of the pundits. We will study how candidate Trump won the 2016 election and look at the two-year period as President up to and including the mid-term Congressional elections in November. Subjects include the impact of the economy, the tax cuts, immigration, and the summits in Singapore and in Helsinki. We will also examine the Special Counsel investigation of Russian interference in the 2016 election and draw historical parallels to the Special Counsel investigation into Watergate in 1972.
S 091 One Hundred Years Ago

Moderator: John Felvinci | jfelvinci@sympatico.ca
Time: Tuesday 2:00 - 4:00 p.m.
Duration: 10 weeks
Study Group Style: Participant presentation group

In this study group we are going to follow the fast-moving events from January through March in 1919. During these three months, the Versailles Peace Conference started, the League of Nations was founded, the Spartacus revolt erupted in Germany, the Nazi party was founded in Munich, Hungary was divided and was taken over by a communist regime, the Polish and Estonian war against the Soviets began, the Faisal-Weizman agreement was signed, Theodore Roosevelt died, Prohibition came into effect, the Grand Canyon National Park was established, the Anglo-Irish war started, the Comintern was founded, and Mussolini organized his Fascist movement.

S 092 Europe in the 17th Century - Europe's Transition to the Modern Era

Moderator: Richard Flanagan | rflanagan1@videotron.ca
Time: Thursday, 11:45 a.m. - 1:45 p.m.
Duration: 10 weeks
Study Group Style: Participant presentation group

The third and final study group on the transition from the Roman Empire via the Middle Ages to the Modern Era. By 1700, every high point of the Roman world had been surpassed with the sciences (Newton, Galileo, and Kepler, the mapping of Australia and the Americas, and new ways of thinking (Humanism). But religious conflict led to the catastrophic 30-Years War, which still affects Europe today. There also emerged a wonderful and energetic world of secular arts, literature and music (Shakespeare, Rembrandt and Bach). We can look forward to a feast and something to please all palates.

**Moderator:** Chris Herten-Greaven | chris@herten-greaven.com  
**Time:** Monday, 9:30 - 11:30 a.m.  
**Duration:** 5 weeks, starting January 7  
**Study Group Style:** Participant presentation group  

The Falklands War in 1982 resulted in deaths on both sides: well-equipped troops from Argentina were pitted against under-equipped but better prepared troops from Britain. Both sides experienced good and bad luck. Lack of planning was common, and missed opportunities abounded. Both sides had occasion to use new weaponry and munitions without putting civilian life at risk. How did it end? Come and find out.

S 094 Society, Arts & Culture post WWII (1960-75)

**Moderator:** Colin Hudson | colin.hudson@sympatico.ca  
**Time:** Tuesday, 9:30 - 11:30 a.m.  
**Duration:** 10 weeks  
**Study Group Style:** Participant presentation group  

Following our study of the history of the period, we will tackle the arts and culture of the same years 1960-75. We will discuss people in literature, music, painting, architecture as well as the lives of notable people that are particularly relevant to the political or social history of the period.

S 095 20th Century Quebec History: A Generational Approach

**Moderator:** Lorne Huston | lhuston137@gmail.com  
**Time:** Tuesday, 2:00 - 4:00 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Participant presentation group  

This study group will explore Quebec history through the life stories of four generations of men and women active in Quebec during the 20th century (born after 1860 and before 1960). Participants will be encouraged to give a presentation on the life and times of a person. Collectively, we will try to understand the specific challenges faced by each generation and how those challenges evolved over time. The moderator and/or participants will occasionally make presentations on major trends shaping the society over the century.
**S 096 WhoDunIt 2.0**

**Moderator:** Howard King | Hrk2thyme@gmail.com  
**Time:** Thursday, 11:45 a.m. - 1:45 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Moderator/Participant presentation group

We will discuss crimes through the ages. Who was Number 1 Son? What was the Great Train Robbery? Who was the first African American member of the KKK? Was there a real James Bond? What is forensic accounting? The sky is the limit. There will be a suggested list of topics, but nothing is off the table. The presentations may take any format, either real or fictional. Any format such as PowerPoint, a video, a personal story, a written speech may be used. I will draw upon my 28 years in federal law enforcement to relate some interesting anecdotes. This study group is limited to 20 participants.

**S 097 Events of 1968 - Looking Back 50 Years**

**Moderator:** George Kouri | gkouri@hotmail.com  
**Time:** Thursday, 9:30 - 11:30 a.m.  
**Duration:** 10 weeks  
**Study Group Style:** Participant presentation group

From the assassinations of Robert F Kennedy and Martin Luther King and the election of Pierre Trudeau, to anti-war protests and the release of the Beatles’ *White album*, we will explore the influential events of 1968. (Participants may have to reveal their age in 1968.) The moderator will provide a list of suggested topics for presentations.

**S 098 Crazy Rich Asian Transformations**

**Moderator:** Kuai-Yu (Paul) Leong | paul.leong1234@gmail.com  
**Time:** Wednesday, 2:00 - 4:00 p.m.  
**Duration:** 5 weeks, starting January 9  
**Study Group Style:** Discussion group

In less than fifty years, the Chinese, the Singaporeans and the South Koreans have transformed themselves from being the “sick men” of Asia to the shining lights of the region. Come and hear about the rise of these once humiliated peoples.
S 100 The Tumultuous Time of 1964-69

**Moderator:** Kuai-Yu (Paul) Leong | paul.leong1234@gmail.com  
**Time:** Wednesday, 2:00 - 4:00 p.m.  
**Duration:** 5 weeks, starting February 13  
**Study Group Style:** Discussion group

Join us to review some of the global, political and social events from around 1964 to 1969. Arguably that period was more anxiety-inducing than today - as we were much younger and with more drive but less experience. A memory lane to explore.

S 101 Yes I Can, Yes I Can, Yes I Can

**Moderators:** Clare McFarlane | clare.mc@sympatico.ca  
Liz Parish | liz.parish@videotron.ca  
**Time:** Tuesday, 9:30 - 11:30 a.m.  
**Duration:** 10 weeks  
**Study Group Style:** Participant presentation group

We are all inspired by stories of heroism, endeavour and survival. From Ernest Shackleton to Terry Fox, from Edith Bone to the Famous Five - or maybe your grandmother. Tell us a story. Who are your heroes?

All participants are expected to make a presentation of 20 to 30 minutes and take part in discussion.

S 102 The Nazca Lines and Figures - Geoglyphs in the Peruvian Desert

**Moderator:** Mariana Navarro-Grau | Mmanavgrau@gmail.com  
**Time:** Tuesday 11:45 a.m. - 1:45 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Moderator presentation group

Between the years 100 BCE and 700 CE the Nazca Pre-Inca Culture developed near the south coast of Peru. Through many generations, the natives produced the Nazca Lines, geoglyphs that occupy an area of 500 km2 in the desert. The meaning of these drawings is still unclear and is the subject of many theories. You will learn about the most important figures, explore some theories, learn about Maria Reiche who studied the Nazca Lines, and witness the unfortunate degradation that this World Heritage Site is suffering. Maximum fifteen participants.
S 103 Britain from 1936 to the 1960s

Moderator: Ian Smith | ian_stewart_smith@yahoo.com
Time: Wednesday, 2:00 - 4:00 p.m.
Duration: 10 weeks
Study Group Style: Participant presentation group

In spite of difficulties such as wage freezes, food shortages and rationing, the rebuilding of Britain after World War II led to the elimination of a great number of injustices. Inequalities in wealth and class were addressed, healthcare, education and housing were improved. The country picked up well in spite of events such as the Profumo Affair, the Cold War, spy rings and the Suez Crisis. Arts and literature flourished, especially into the 60s with “Swinging London”. We will be reviewing relevant topics of this period.

S 104 Our Fascination with Ancient Worlds, Part 3

Moderators: Robert Winters | robertwinters@videotron.ca
             Roger Humphrey | rth201002@yahoo.ca
Time: Monday 2:00 - 4:00 p.m.
Duration: 5 weeks, starting January 7
Study Group Style: Moderator/Participant Presentation Group

What draws us to learn about ancient civilizations? What can we learn from research into how ancient peoples thought and what they believed? Discussion will be stimulated by viewing videos and other material that provide insight into, and understanding of, various aspects of ancient civilizations, including fresh research that sheds new light on how these people lived. Participants are encouraged to make presentations, although these are not obligatory.
S 105 Anne Brontë: *The Tenant of Wildfell Hall*

**Moderator:** Connie Lavallée | connie.lavallee@videotron.ca  
**Time:** Wednesday, 9:30 - 11:30 a.m.  
**Duration:** 10 weeks  
**Study Group Style:** Discussion group

We will continue our exploration of the Brontë sisters, their world, and their works. The winter 2019 session will focus on Anne Brontë and her very feminist novel *The Tenant of Wildfell Hall.*

S 106 Reading *The Odyssey* Aloud. Part II

**Moderators:** Richard Lock | richardhlock@sympatico.ca  
Jean Carrière | nyc.paquin@videotron.ca  
**Time:** Thursday 9:30 - 11:30 a.m.  
**Duration:** 10 weeks  
**Study Group Style:** Discussion group

We will continue our readings aloud, with consequent lively discussions. We will have covered the first twelve Books by the end of the Fall Semester, and will complete the epic by the end of the second semester. New members are welcome!
**S 107 CanLit Goes from Strength to Strength**

**Moderators:** Andrew Macdougall | andrewmac@videotron.ca
Robbie Robinson | Robert.robinson@mail.mcgill.ca

**Time:** Tuesday, 11:45 a.m. - 1:45 p.m.

**Duration:** 10 weeks

**Study Group Style:** Participant presentation group

For their 11th year of CanLit study groups Robbie and Andrew have chosen the following excellent books: *Spit Delaney's Island*, Jack Hodgins; *The Fat Woman Next Door is Pregnant*, Michel Tremblay; *The Couturier of Milan*, Ian Hamilton; *All We Leave Behind*, Carol Off; *Son of a Trickster*, Eden Robinson; *The Diviners*, Margaret Laurence; *Theory of Bastards*, Audrey Schulman; *Hag-Seed*, Margaret Atwood.

Each week we’ll have a presentation on one of the books, and a presentation on the author. Getting an early start on reading the books would be advantageous; it is important to have read some of the books, but not essential to have read them all.

**S 108 Classic Drama**

**Moderators:** Clifford Parr | clifford.parr@sympatico.ca
Barbara Silverman | b.silverman@videotron.ca

**Time:** Monday, 11:45 a.m. - 1:45 p.m.

**Duration:** 10 weeks

**Study Group Style:** Discussion group

In this session we will be watching together and discussing a selection of various plays. Productions include: *The Iceman Cometh* (Eugene O’Neill), *An Enemy of the People* (Arthur Miller), *Rules of the Game* (Luigi Pirandello), and *Heart to Heart* (Terence Rattigan). (Please note that these productions vary in quality and are not sub-titled.)

**S 109 The Early 19th Century Russian Literary Spring**

**Moderators:** Juliet Wait | juliew@sympatico.ca
Tony Wait | pawait@sympatico.ca

**Time:** Thursday, 2:00 - 4:00 p.m.

**Duration:** 10 weeks

**Study Group Style:** Moderator/Participant presentation group

Superfluous men, heroes and anti-heroes in early 19th century Russian literature as seen through the eyes of Pushkin (*Eugen Onegin*), Lermontov (*A Hero of Our Own Times*), Gogol (*Dead Souls*) and Turgenev (*Fathers and Sons*). Participants are urged to read the four works and are invited to make presentations to stimulate discussions.
**S 110 Varieties of Chamber Music**

**Moderator:** Malcolm Goldstein | malcolm.vermont@gmail.com  
**Time:** Tuesday, 11:45 a.m. - 1:45 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Moderator presentation group

What is chamber music? We will be listening to and discussing music of the western classical tradition and other cultures of the world. Included will be Elizabethan consort music, 18th century trio sonatas, compositions for small ensembles (excluding the standard string quartet) by Bach, Bartok, Brahms, Debussy, Ives, Schubert, Schumann, Sri Tyagaraju, Stravinsky and other composers, as well as music of India, Japan and other cultures.

**S 111 Strong Women - I**

**Moderator:** Bill Wees | William.wees@mcgill.ca  
**Time:** Wednesday, 11:45 a.m. - 13:45 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Moderator presentation group

We will watch and discuss six operas in which the principal female character proves herself to be - to various degrees and in a variety of ways - a strong woman. The operas are *Elektra* (Strauss), *Fidelio* (Beethoven), *Turandot*, Tosca and *La Fanciulla del West* (Puccini) and *Il Barbiere di Siviglia* (Rossini). While no presentations are required, discussion is strongly encouraged.

**S 112 Strong Women-II**

**Moderator:** Averill Craig | ak.craig@sympatico.ca  
**Time:** Wednesday, 2:00 p.m. - 4:00 p.m.  
**Duration:** 10 weeks  
**Study Group Style:** Moderator presentation group

Repeat of Strong Women - I. See description above.
S 113 The Scandalous Miss Arendt

Moderator: Noga Emanuel | noga.emanuel@bell.net
Time: Tuesday, 11:45 a.m. - 1:45 p.m.
Duration: 10 weeks
Study Group Style: Discussion group


S 114 I Want to be Happy!

Moderators: Gaston Lafontaine | lafontainegaston@yahoo.ca
Katherine Moore | katherine.moore2@mail.mcgill.ca
Time: Tuesday, 9:30-11:00 a.m.
Duration: 10 weeks
Study Group Style: Moderator/participant presentation group

Pursuit of happiness is a basic human life time endeavor. Our study group will examine and discuss the theories of experts on the subject and help us in our pursuit of happiness: Maslow’s theory, university expert lectures on “The Science of Happiness”, some Buddhist teachings, and any other source that may help us to understand this somewhat elusive concept.
S 115 UFOs: History and Reality

**Moderator:** Don C. Donderi | dcdonderi@sympatico.ca  
**Time:** Monday 9:30 -11:30 a.m.  
**Duration:** 10 weeks  
**Study group style:** Moderator presentation group

The study group will review the modern history of the UFO phenomenon from the mid-twentieth century to the present. Evidence about the phenomenon will be examined along with the controversy it has generated in the military, scientific, government and cultural establishments in Canada, the United States and Europe. The place of the UFO phenomenon in human life, and its possible relationship to our future, will be discussed.

S 116 A Map is a Map is a Map, but is it?

**Moderators:** Mary Ann Mongeau | ma41mongeau@yahoo.ca  
Audrey Speck | a.speck@videotron.ca  
**Time:** Tuesday 2:00 - 4:00 p.m.  
**Duration:** 10 weeks  
**Study group style:** Participation presentation group

People carry many maps in their heads. We construct maps and communicate them in a variety of ways. This group will examine the many images, real and imagined, that tell others where we are, where we’ve been and where we may go. Topics will range from family trees to genomes, Aboriginal “songlines” to GPS systems, tactical military maps to medieval Chinese navigation, Google to MRIs, ocean depths to the stars.

Participants are expected to give presentations of 20-25 minutes on a topic of their choice.

Moderators will provide a list of suggestions.
**S 117 The Ins and Outs of the Gut**

**Moderator:** Dave Schurman | schurman@videotron.ca  
**Time:** Tuesday, 2:00 - 4:00 p.m.  
**Duration:** 10 weeks  
**Study group style:** Participant presentation group

We all have to contend with our digestive systems on a daily basis. The digestive system is very complex and is serviced by and dependent on all the other major systems of the body: nervous, circulatory, endocrine and others. It is often a source of great pleasure (who does not like to eat?) but can also give rise to nasty and often chronic problems.

We will take a look at the gut from various viewpoints and initiate discussion on some problems and solutions that are associated with this vital organ system.

**S 118 In Search of Truth**

**Moderator:** Tim Skene | tim@skene.org  
**Time:** Wednesday, 2:00 - 4:00 p.m.  
**Duration:** 10 weeks  
**Study group style:** Participant presentation group

The Internet is an information wild west, with its questionable news, ads, social media and blogs. It’s a major source of information, but what can we believe? This study group examines its many versions of truth, such as: fake news and product reviews, conspiracy theories (UFOs, 9/11), hyped medical studies as well as basic critical thinking. The McGill Office for Science and Society will also make a presentation. Participants are expected to present material on a relevant topic or from their own experience, with assistance from the moderator.
S 119 Happiness: Grab Control of What’s in your Reach

Moderator: Mona Rizk Katherine Moore I mrizk@videotron.ca
Time: Monday, 2:00-4:00 p.m.
Duration: 5 weeks, starting January 7
Study group style: Moderator presentation group

Drawing on ground breaking research on happiness, we will learn what psychological research says about what makes us happy. Interesting facts will be presented about the annoying features of the mind that lead us to think the way we do, resulting in many misconceptions about happiness. Presented will be activities that have proven to increase happiness, along with ways to build better habits. You will be encouraged to explore and apply some of these habits to your daily life and share your results.
WORKSHOPS

Doing History

Workshop leader: Peter Strobach

Learn early North American History (1500-1789) by creating visualizations that complement and supplement authoritative narratives. In this 6-week collaborative workshop, members are expected to work together to produce one multi-media presentation that summarizes the selected narratives.

The presentation will be made available to other MCLL members.

Dates and times:

**W 111 Doing History 1:** Friday, January 18 10 a.m.

**W 112 Doing History 2:** Friday, January 25 10 a.m.

**W 113 Doing History 3:** Friday, February 1 10 a.m.

**W 114 Doing History 4:** Friday, February 8 10 a.m.

**W 115 Doing History 5:** Friday, February 15 10 a.m.

**W 116 Doing History 6:** Friday, February 22 10 a.m.

Master Your Destiny - Living Your Best Possible Self - 5 Parts

Workshop leader: Lourdes Alfonso

**W 117 Part 1 - Know Yourself**

**Friday, February 15** 1 p.m.

**W 118 Part 2 - Control**

**Friday, February 22** 1 p.m.

**W 119 Part 3 - Visualization**

**Friday, March 1** 1 p.m.

**W 120 Part 4 - Mind-Body Connection**

**Friday, March 8** 1 p.m.

**W 121 Part 5 - Support Network**

**Friday, March 15** 1 p.m.

These interactive Coaching Workshops will guide you to becoming your best possible self. The fact of the matter is that knowing yourself inside and out is the true way of mastering your destiny. Many of us don’t know ourselves well enough to live a satisfying life. It’s never too late. Let’s get started.
Friday, February 8, 1 p.m.

W 122 McGill Library Workshop I

Workshop leader: April Colosimo

A tour and guide on how to use the McGill library system. You will learn what is available to you with your membership. There will be a hands-on computer session using the McGill on line library resources. Bring your library card, and McGill email and password (If you do not have a library card bring your MCLL membership card).

Location: MacLennan Library e-classroom

* Please note that this workshop is free. Registration is still required. Spaces are limited to 24 people.

Friday, March 8, 1 p.m.

W 123 McGill Library Workshop II

Same workshop at a different time. Please see the description above.
BRAINY BAR

Want free computer coaching? Come to Brainy Bar where intermediate to advanced English learners from the School of Continuing Studies Intensive English Language and Culture (IELC) program volunteer to provide MCLL members one-on-one computer assistance in a computer lab on the 12th floor. The Brainy Bar is patterned after Apple’s Genius Bar. A wide range of digital and technological needs are explored during the workshops. Both beginners and experienced users are encouraged to participate in IELC Brainy Bar sessions.

This is an opportunity to meet students from around the world while obtaining help on a range of operating systems, hardware and software, Mac and PC computers, tablets, e-readers, smartphones, digital cameras, Word, Excel, PowerPoint, Adobe Reader, Google, Skype, etc.

Participation is free to MCLL members.

Participants can use lab computers or they can bring their own portable devices. (See Tech-Savvy Workshops for more information, page 37.

Dates and times (plenary sessions)

| W 124 Brainy Bar 1: | Wednesday, January 23 | 4:00 - 5:00 p.m. |
| W 125 Brainy Bar 2: | Wednesday, January 30 | 4:00 - 5:00 p.m. |
| W 126 Brainy Bar 3: | Wednesday, February 6 | 4:00 - 5:00 p.m. |
| W 127 Brainy Bar 4: | Wednesday, February 13 | 4:00 - 5:00 p.m. |

Individual tuition is available upon request. Please contact the MCLL office.
L 128 London's Crossrail Project and Archaeological Discoveries

Presenter: Ruth Allan Rigby

The £14.8 billion Crossrail project involves the construction of a new railway through London running from Reading & Heathrow in the west, underground to Shenfield and Abbey Wood in the east.

Work on this project has led to the discovery of archaeological finds from almost every important period of London's history. Two of these major sites will be discussed.

L 129 Belize: Culture, Economy and Ecology

Presenter: Brian Webber

This small English-speaking Caribbean nation is nestled between Mexico, Guatemala and Honduras. It is home to the second largest barrier reef in the world. In 2013-2015 Brian Webber made numerous trips there, travelling widely, for work and a vacation. He will share his thoughts about the country and underscore some of its challenges and contradictions.

L 130 How to Separate Sense from Nonsense when our Health is on the Line

Presenter: Jonathan Jarry

We are being bombarded with messages selling us revolutionary treatments and game-changing scientific discoveries when it comes to our health. Charlatans fill us with hope with their science-flavoured books, while the media too often emphasize unreliable testimonies over scientific data. How can we separate sense from nonsense? The right tools can help us identify good science and warn us against dangerous falsehoods.
L 131 Gratitude and the Art of Appreciation
Presenter: Georgia Remond | georgiaremond@hotmail.com

Feeling gratitude and not expressing it is like wrapping a gift and not giving it. Expressing gratitude is a gracious act that brings benefits to your physical and emotional well-being and can alter your perspective. This introductory session looks at the benefits of expressing gratitude, provides gratitude exercises and presents a gratitude challenge.

Friday, January 18, 1 p.m.

L 132 Intuition and your Internal GPS
Presenter: Georgia Remond | georgiaremond@hotmail.com

Known by many names, intuition is often referred to as that gut feeling, the sixth sense, or an inner knowing. We all have the ability, in varying degrees, to tap into this instinctual awareness - but often doubt its truth. This lecture looks at how to identify this sensory awareness and situations where this guidance can be valuable.

L 133 Poems from a Life - Review and Reading
Presenter: Pauline Bentham

Poems from a Life is an autobiographical set of poems starting in 1955 and ending in 2017. The author is Pauline Brazier (Bentham) and her poetry book is for sale for anyone interested in her life. She will read some of the poems to give you an idea of the scope covered.

Friday, January 25, 10 a.m.

L 135 Unplug and Reconnect
Presenter: Georgia Remond | georgiaremond@hotmail.com

We are exposed to WMD (weapons of mass distraction) every day with thousands of bits of data; and that data doubles every 18 months. From cell phones to smart homes, technology has expanded our life and at the same time we are suffering from information overload. How do we reconnect with a simpler way of life or are we too drunk on data?
L 136 Fat, Sugar and Obesity
Presenter: Clare Gallant

Home economist, Clare Gallant, will help you to understand why fat and sugar are causing obesity and how sugar is hijacking your brain. She will discuss some strategies for reducing sugar and unhealthy fat in your diet.

Friday, January 25, 1 p.m.

L 137 The Mighty Allure of the Cote d’Azur
Presenter: Gordon Campey

A visual overview of a select number of towns on the Cote d’Azur, also known as the French Riviera. Many of the author’s images to be shown feature a musical soundtrack. There will be suggestions of places to visit. Come and learn a great way to avoid the Canadian winter blues.

L 138 The Hudson Bay Company and Canada
Presenter: John Felvinci

This lecture will describe the founding of the Hudson Bay Company in 1670 during the reign of Charles II and its future growth as Rupert’s Land comprising 15% of North America. We will talk about the fur trade, Lachine, the Montreal Scottish presence, Donald Smith, aka Lord Strathcona, George Stephen, Louis Riel, the railroads, and the final sale of Rupert’s Land to Canada in 1867. The company survives today as a retail establishment known as The Bay.

Friday, February 1, 10 a.m.

L 139 Shaker Communities from Maine to Kentucky
Presenter: Nancy Barr

The Shakers were a Utopian Christian community founded in 1758 by Ann Lee. Take a visual tour of Shaker settlements in New England, New York and Kentucky, and learn about the Shakers unique spirituality, music and art, as well as their famous furniture and their practice of celibacy.
Friday, February 1, 1 p.m.

**L 140 The Enchanting Kanneth-Mason Family**

Presenter: Kuai-Yu (Paul) Leong

The Kannath-Mason family's story is not only about its seven talented musician-children, including 19-year-old son Sheku who enthralled many by his “Ave Maria” performance during the wedding of Prince Harry and Meghan Markle. It is also about how they were raised. An inspiring story that is well worth knowing.

Friday, February 8, 10 a.m.

**L 141 Climate Change and Quebec Transport Policy. (Is it too late?)**

Presenter: Tony Frayne

Transport accounts for 40% of greenhouse gas emissions in Quebec. Urgent action on climate change must obviously include aggressive measures in the transport sector. But will they work unless integrated with effective urban development planning?

Friday, February 8, 1 p.m.

**L 142 A Tale of Three Cities - Byzantium, Constantinople, Istanbul**

Presenter: Ben Sperer

No other city in the world can look back on an often glorious but also equally devastating history as the City on the Bosphorus.

Friday, February 15, 10 a.m.

**L 143 A Russian Refreshment**

Presenter: Morty Ellis

Many Russian composers reflect their national temperament by composing stirring, melodic and emotional music. This session will feature some of the well-known compositions of Borodin, Mussorgsky, Rachmaninov and Tchaikovsky, all in DVD format.
**Friday, February 15, 1 p.m.**

**L 144 Electoral Reform - An Environmental Issue**

Presenter: Bob McDonald

Bob McDonald explains how our perverse and antiquated “first-past-the-post” electoral system hinders progress in fighting climate change and environmental degradation, and why countries with proportional representation systems perform better on ecological issues. He also describes the proportional representation models proposed for Canada.

**Friday, February 22, 10 a.m.**

**L 145 Breydenbach: A Journey to the Holy Land in 1483/84**

Presenter: Harald von Cramon

An illustrated travel report, which became a travel guide for over a hundred years and has been translated into a dozen languages.

**L 134 Counter Terrorism: How to Survive an Attack**

Presenter: Howard King

Banking on 28 years of law enforcement experience, Howard King will address, through scenarios, various methods for increasing our probability of surviving a terrorist attack.

**Friday, February 22, 1 p.m.**

**L 146 Pardon Me: I Didn’t Quite Catch That**

Presenter: Dale Bonnycastle,

Hearing loss affects at least 30% of the over-65 population. It is an invisible and sometimes misunderstood problem. This lecture will give some general information on hearing loss and focus on practical solutions and strategies to optimize hearing and communication.
L 147 What Science knows about Religion - Part 3 of 3
Presenter: Michel Virard
Religion and Morals; Two Evolutionist Hypotheses for Religion.

Friday March 1, 10 a.m.

L 148 Four Short Stories by Ben Sperer
Presenter: Ben Sperer
The Coin - The Football Pool - The Contessa - Le Panama

Friday March 1, 1 p.m.

L 149 Book Review: Sachenka
Presenter: John Felvinci
We will review the book Sachenka by Simon Montefiore. In the first part of the book, we witness the radicalization of the rich young girl Sachenka in pre-revolutionary Russia in 1916. In the second part, we follow her privileged existence in the Soviet Union and eventual tragic disappearance during the Stalinist purges in 1939. The third part deals with the opening of the archives and finding out her fate and those of her children after the fall of the Soviet Union in 1994. The lecture will touch on the larger picture of the Soviet purges and terror in 1937-1938.

Friday, March 8, 10 a.m.

L 150 Colonial Slavery Shaped Modern Britain; We All Still Live with Its Legacies
Presenter: Ruth Allan Rigby
The historiography of slavery in Britain has recently undergone a fundamental transformation. New techniques to explore the past, and research of how Africans were actively engaged in challenging the system have been important. The Legacies of British Slaveownership Project of 2013 has systematically analyzed how compensation was distributed to Slave owners in Britain and its surprising results.
L 151 Simone Veil, an Exceptional Destiny
Presenter: Marna Murray
Therese Bouchez

Elected President of the European Parliament, this French magistrate and mother of three changed the lives of prisoners, children (Adoption Law) and women (Abortion Law). Twice chosen as French Minister of Health, member of its Constitutional Council and of l’Académie francaise, she rests at the Paris Pantheon. How was Simone Veil able to survive the Nazi extermination camps, defend her values and rise to lead Europe? Come and learn about an exceptional woman.

Friday, March 8, 1 p.m.

L 152 Global Woes
Presenter: Nadia Alexan

At the Heart of Global Woes is the fact that 157 of the World’s 200 Richest Entities are now Corporations, not Governments. From massive inequality to the climate crisis, these powerful corporations are able to demand that governments do their bidding, otherwise they threaten to leave. They pit one jurisdiction against another for favourable tax reductions & subsidies and they hide their profits in tax havens to avoid paying their fair share. We will explore how corporations are ruling the world.

L 153 Judaism 101- A Gentile’s Perspective
Presenter: George Lapa

This lecture will focus on various aspects of Orthodox Judaism. Most of the material was collected during a visit in June 2018 to the Old Synagogue Museum in Kraków, Poland. Topics to be covered include the synagogue and its traditions, the Jewish calendar, major holidays, customs and daily life.
Friday, March 15, 10 a.m.

**L 154 A Very Quiet Revolution...or Two**

Presenter: Edwin Holland

The history of the living is often displayed in their changing commemoration of the dead. The gravestones found in the small local cemetery of Ste-Anne-de-Bellevue at the western end of Montreal Island reflect social change in Québec, from the hegemony of the Church in the 19th Century through the Quiet Revolution of the 1960s to the cultural and individual diversity of the present.

**L 155 A History of the Jews**

Presenter: Ben Sperer

Jews have shared their lives and their destiny with other people for the past 5000 years. A brief overview of that journey.
PRACTICAL INFORMATION

THE MCLL DIFFERENCE - Peer learning and active participation are two cornerstones of MCLL’s curriculum; these principles differentiate its programs from traditional university courses and classes. The form of participation varies according to the subject matter and the approach chosen by the moderator. The level of involvement can range from mere presence, to advance preparation/research, participation in group discussions and presentations to the class (see study group styles on page 4).

MEMBERSHIP FEE is $110 per term. This allows one to register for one or two study groups per term, with the possibility of joining additional study groups later if there is room. Full members receive a McGill ID and e-mail address when they first register. The member’s card is renewed twice a year; privileges include free access to the McGill libraries, free IT assistance and discounts at some McGill facilities. A “fee waiver” form is available on request.

FEE FOR LECTURES, WORKSHOPS AND OUTINGS is $10 per activity. Members can reserve their spot by registering in advance or by paying at the door if space is available.

REGISTRATION - Online registration is available and recommended to MCLL members and the general public. Exceptionally, members can still register in person or by mail (with a single cheque payable to McGill University); cash is not accepted. Forms may be submitted at any time once the program is distributed/posted, although they will only be processed at the dates indicated on page 2. Registration forms will be dated and numbered as they are received, then processed in the same order. Registrations made online are processed immediately and accepted/rejected based on the space available at the time.

ADMISSION - Members may register for up to two study groups. If space allows when the term starts, members may sign up for additional study groups at that time. The number of participants per study group is limited. Since some study groups are extremely popular, registrants are asked to register early. Waiting lists are established automatically when study groups become full. Members will be advised by e-mail if the space becomes available, then will have 48 hours to confirm whether they want the spot available. Members are asked not to communicate with moderators concerning registration.

REFUNDS - For members registering online, fees are refundable before the start of the second week of the term. Lecture fees are refundable (only in the form of credit) up to three days before lecture date. Please note that there is a handling fee for refunds issued by cheque. Members can chose to keep a credit and apply it the next term.

TAX CREDIT - Seniors, aged 70 and older, with a net income below a specified level may claim their MCLL full membership fees for a small provincial tax credit (see instructions for line 462 of the Quebec Income Tax Return). Account statements by term are available on Athena.
STUDY GROUPS - Study groups are offered Monday to Thursday at 9:30-11:30 a.m., 11:45 a.m.-1:45 p.m., 2-4 p.m. and, on occasion, 4-6 p.m. While most study groups run for 10 weeks, some have a shorter duration. All are held on the 2nd floor, in rooms 225, 241, 243 and 245. Schedules are posted on the noticeboards.

LECTURES - Most lectures are presented on Fridays at 10 a.m.-noon or 1-3 p.m. In the summertime, lectures are presented on Wednesdays only, at the same times. Lectures are held either on the 2nd floor or in room 1041. Schedules are posted on the noticeboards.

TECH-SAVVY WORKSHOPS - Participants can use lab PCs; they can also use their own portable devices, provided they have activated their Wi-Fi connection ahead of time. A McGill username and password is necessary to connect to the Wi-Fi; these can be obtained by setting up a McGill email account on Minerva. (For help, see McGill Tech Services on the 2nd floor with your MCLL member’s card). For more information, see TECHNICAL STUDIES, page 27.

OUTINGS - Occasional outings to various locations in and around the City of Montréal are held on a Friday or Saturday in the fall, winter and spring, and on Wednesdays in the summer.

FACILITIES - MCLL premises are located on the 2nd floor at 688 Sherbrooke St. West. A few activities are held in a large lecture room on the 10th floor or in computer labs on the 12th floor. There is a kitchen and a lounge (with a small library, a computer and a telephone) for the use of members; Wi-Fi is available. The office is open from 9 a.m. to 4 p.m., Monday to Thursday, 9 a.m. to 3 p.m. on Friday.

ACCESSIBILITY - MCLL has direct underground access to the McGill metro station. There is an elevator from the ground floor to the 2nd floor, which can be used by members who use a wheelchair or walker.

EMERGENCY PRECAUTIONS - Evacuation procedures are clearly posted in the classrooms. Members should have with them at all times the coordinates of a person who could be reached in case of emergency; they should also leave that information at the office.

VOLUNTEERING AT MCLL - Volunteering greatly enhances the MCLL experience. Volunteer positions range from moderating to serving on Council, working in the office, taking attendance at lectures or performing a range of other tasks. Application forms are available in the office.

ORGANIZATION - MCLL is part of McGill’s School of Continuing Studies. A Council, elected from among members, provides overall direction. The organization is entirely self-financing; while it draws most of its revenues from registrations, it also benefits from the generosity of individual donors and foundations.

HISTORY - MCLL was founded in 1989. It is patterned on a model developed at Harvard and the Massachusetts Institute of Technology (MIT), based on peer-learning and active participation. The model is applied in a variety of ways in the context of study groups, lectures, workshops and outings. Its hallmark is that members assume responsibility for sharing their knowledge and experience with others. The result is a rich and dynamic learning environment.
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# MCLL LECTURES (L) AND WORKSHOPS (W)

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<td>S115 UFOs: History and Reality Don C. Donderi</td>
<td>S090 The Trump Presidency: Making Sense of It All Jeff Sidel</td>
<td>S105 Anne Brontë: The Tenant of Wildfell Hall Connie Lavallée</td>
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<td>11:45-1:45</td>
<td>S084 Do-It-Yourself Chinese Calligraphy &amp; Ink-Wash Painting Yashiung Wei, Hervé Benoit</td>
<td>S107 CanLit Goes from Strength to Strength Andrew Macdougall, Robbie Robinson</td>
<td>S085 Scale and Order in Art and Architecture Robert White, Wendela Stier</td>
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<td>S104 Global Crises I Mireille Coulourides</td>
<td>S087 AIGLE: l’histoire positive d’une adolescence difficile Charlotte (Rosenstein) Philcordan, Fiorina Sammartino</td>
<td>S044 Global Crises II Mireille Coulourides</td>
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<td>S109 One Hundred Years Ago John Felvinci</td>
<td>S106 Reading The Odyssey – Aloud, Part II Richard Lock, Jean Carrière</td>
<td>S091 One Hundred Years Ago John Felvinci</td>
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<td>2:00-4:00</td>
<td>S100 Our Fascination with Ancient Worlds, Part 3 Robert Winters, Roger Humphrey (5 weeks - Jan. 7)</td>
<td>S108 Classic Drama Clifford Parr, Barbara Silverman</td>
<td>S101 One Hundred Years Ago John Felvinci</td>
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<td>S099 Current Affairs through the Eyes of the Quebec Media Tony Frayne (5 weeks - Feb. 11)</td>
<td>S110 The Scandalous Miss Arendt Noa Emanuel</td>
<td>S109 The Early 19th Century Russian Literary Spring Juliet Wait, Tony Wait</td>
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<td>S119 Happiness: Grab Control of What’s in Your Reach Mona Rick (5 weeks - Jan. 7)</td>
<td>S117 The Ins and Outs of the Gut Dave Schurman</td>
<td>S103 Britain from 1936 to the 1960s Ian Smith</td>
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