

Associate Director

Education

- **Université de Montréal & Trauma Studies Centre** Montréal, Québec
Postdoctoral Fellow 2014 - 2016
 - Examination of gender variations in workplace aggression and violence
 - Supervisors: Dr. Alain Marchand and Dr. Stéphane Guay
- **Culture, Health and Personality Laboratory at Concordia University** Montréal, Québec
Doctorate in Psychology (Research Option) 2009 - 2014
 - Thesis title: Culture, Self, and Their Mutual Influences on Social Anxiety and Social Support
 - Supervisor: Dr. Andrew G. Ryder
- **Concordia University** Montréal, Québec
Master of Arts 2007-2009
 - Thesis title: The Roles of Child Temperament and Parenting in Predicting Child Compliance During Toddlerhood
 - Supervisor: Dr. David Forman
- **Western University** London, Ontario
Bachelor of Arts 2003-2007
 - Thesis title: Peer Interactions of Chinese Shy-Anxious Children in a Social Context
 - Supervisor: Dr. Xinyin Chen

Professional experience

- **Centre for Research on Children and Families at McGill University** Montréal, Québec
Associate Director 2016 - present day
- **Université de Montréal & Trauma Studies Centre** Montréal, Québec
Postdoctoral Fellow 2014 - 2016
 - Analyzing organizational data from various work sectors regarding insider and outsider workplace aggression and violence
 - Examining gender differences on the aftermaths of workplace aggression and violence
- **Culture, Health and Personality Laboratory at Concordia University** Montréal, Québec
Doctoral Student 2009 - 2014
 - Conducting cross-cultural (three nations) research on social anxiety and *Taijin Kyofusho*
 - Examining intrapersonal and interpersonal effects of social support among same-sex peers cross culturally
 - Development of social support provision and social support seeking behavioural coding manuals
- **Stress, Interpersonal Relationships, and Health Laboratory, Concordia University** Montréal, Québec
Research Practicum 2012 - 2013
 - Conducting cross-cultural longitudinal research on international students' health and social adjustment (ASSIH Project)

- Collecting and editing data on heart rate and heart rate variability (HRV)
- Supervisor: Dr. Jean-Philippe Gouin

- **Laboratoire de recherche sur le soi et l'identité (LRSI)** Montréal, Québec
Research Practicum 2011 - 2012
 - Culture and Identity Explored Longitudinally (CIEL) project coordinator at UQÀM and Concordia
 - Examining recent migrants' identity change and well-being
 - Supervisor: Dr. Catherine Amiot
- **Western University** London, Ontario
Honour's Thesis student & Research Assistant 2005 - 2007
 - Collecting in-lab data on quadratic peer interactions
 - Behavioural coding of positive peer interactions and peer rejections

Supervised Projects

- Culture, Self and Their Mutual Influences on Social Anxiety and Social Support (Cross-Cultural Social Anxiety and Social Support Project)
- Acculturation, Social Integration, and Health (ASSIH) Project in the Stress, Interpersonal Relationships, and Health Laboratory at Concordia University
- CIEL Project at Concordia and UQÀM

Teaching Experiences

- Training faculty members and graduate students in a two-day workshop on Mediation and Moderation Analysis in the School of Social Work at McGill University, 2016
- Training Dr. Maya Yampolsky in a two-day one-on-one workshop on Dyadic Data Analysis at Université Laval, 2015
- TA Statistical Analysis I (Course number: Psyc 315) at Concordia University for three terms, 2007-2009
- Completed Teaching English as a Second Language (TESL) Course at Western Town College, Toronto, 2003

Skills

Psychological Concepts: Social Anxiety, *Taijin Kyofusho*, Social Support, Mental Health, Peer Relations, Independent/Interdependent Self-Concepts, Intolerance of Uncertainty, Workplace Aggression and Violence, Parent-Child Relations

Research Models: mediation, moderation, conditional process model, Actor-Partner Interdependence Model (APIM), multilevel modeling, differential item functioning

Applications: SPSS (PROCESS Macro), STATA, L^AT_EX, Beamer, SAS, Mplus, SelectSurvey, Zotero, Bibtex, JabRef, RefWorks, Microsoft Office

Journal Publications

- **Zhou, B.**, Boyer, R., & Guay, S. (Accepted). Dangers on the road: A longitudinal examination of passenger initiated violence against bus drivers. *Stress and Health*.
- **Zhou, B.**, Heather, D., Di Cesare, A., & Ryder, A. G. (2017). Ask and you might receive: An actor-partner interdependence model approach to estimating cultural and gender variations in social support. *European Journal of Social Psychology*. doi: 10.1002/ejsp.2251.
- **Zhou, B.**, Guay, S., & Marchand, A. (2017). I see so I feel: coping with workplace violence among victims and witnesses. *WORK*. doi: 10.3233/WOR-172538.
- **Zhou, B.**, Lacroix, F., Sasaki, J., Peng, J., Wang, X., & Ryder, A. G. (2014). Unpacking cultural variations in social anxiety and the offensive-type of *Taijin Kyofusho* through the indirect effects of intolerance of uncertainty and self-construals. *Journal of Cross-Cultural Psychology*. doi: 10.1177/0022022114548483, oai: hal-01104640
- Gouin, J.-P., **Zhou, B.**, & Fitzpatrick, S. (2014). Social integration prospectively predicts changes in heart rate variability among individuals undergoing migration stress. *Annals of Behavioral Medicine*. doi: 10.1007/s12160-014-9650-7
- Zhu, X., Yao, S., Dere, J., **Zhou, B.**, Yang, J., & Ryder, A. G. (2014) The cultural shaping of social anxiety: concerns about causing distress to others in han Chinese and Euro-Canadian outpatients. Special Issue in *Journal of Social and Clinical Psychology*. doi: 10.1521/jscp.2014.33.10.906
- Amiot, C., Docerain, M., **Zhou, B.**, & Ryder, A. G. (Accepted). Cultural identity dynamics: capturing changes in cultural identities over time and their role in predicting well-being. *European Journal of Social Psychology*.
- **Zhou, B.**, Marchand, A., & Guay, S. (Under Review). Myth or truth: gender differences of abusive supervision on mental health, work-family conflicts and alcohol abuse.

Knowledge Translation

- **Zhou, B.** (2016). Open Access for Journal Publications – The How-To Guide. Technical Report. oai: hal-01377808.
- Interviewed by journalist Kara Platoni about my Ph.D. dissertation project for her book: “We Have the Technology: How Biohackers, Foodies, Physicians, and Scientists Are Transforming Human Perception, One Sense at a Time” (p. 173 – 175, 2015)
- **Zhou, B.**, Zhao, Y., & Zhou, X. (2014). Translated scales in simplified Chinese: social anxiety and *Taijin Kyofusho*. Technical Report. oai: hal-01132783.
- Lacroix, F., & **Zhou, B.** (2014). Échelles traduites en Français : anxiété sociale et *Taijin Kyofusho*. Technical Report. oai: hal-01138044.
- Interviewed by Concordia University radio show “Science! From your ears to your brain” on the topic of “Culture and Mental Health” (2012)