



Jean Patrick Arcache
DMD

Dr. Arcache holds a certificate in Temporomandibular Disorders Therapy (TMD) and Occlusion from Georgetown University in Washington D.C. He is director of the orofacial pain clinic at the University of Montreal, Faculty of Dentistry, where he is also involved in clinical research projects with the orthodontics residents. Dr. Arcache lectures extensively on both subjects in Canada, U.S.A., Europe and the Middle East. His practice is focused on the treatment of TMD and Sleep Apnea.



Marc Baltzan
MD, MSc



Gilles Lavigne
DMD, MSc, PhD

The Dentist's Role in the Treatment of Sleep Breathing Disorders

For the last decade there has been a tremendous interest in Sleep Breathing Disorders (SDB) and mainly in sleep apnea and snoring.

Several health issues have been directly or indirectly linked to sleep apnea. After years of efforts, dentists are now part of the treatment team, and their role is finally recognized.

Dr. Arcache, assisted with several other expert lecturers (tbc) will, through this in-depth introductory seminar, expose the participants to the medical, surgical and dental aspects of the treatment of Sleep Breathing Disorders.

Course Objectives

- At the end of the first day, participants should have a solid basic knowledge of the nature of Sleep Breathing Disorders, their pathophysiology, epidemiology and different therapies.
- The second day will be dedicated to the dental aspects of the subject, focusing on the Dentist's role in screening, treating and following up patients affected with these disorders.

4-Day Seminar and Workshop

The first two days of the 4-day program are in common with the Seminar on the previous page. The 4-day seminar and workshop includes two supplementary days which include hands-on sessions in the dental clinic. During these clinical workshops, participants will learn how to examine and screen for Sleep Breathing Disorders. Working on each other, in teams of two, participants will learn how to correctly place two different appliances in the mouth.

Participants will also visit a sleep lab to have a live demonstration on sleep polysomnography and ambulatory polygraphy to allow them to observe these procedures.

MAXIMUM OF 12 PARTICIPANTS FOR WORKSHOP

Two-Day Seminar only

Fri, Nov 23 - 8am - 4:30pm
Sat, Nov 24 - 8am - 3pm

\$799 (dentists)

\$399 (other)

ODQ CE **14**

CERP CE **14**

Four-Day Seminar/Workshop

Fri, Nov 23 - 8am - 4:30pm
Sat, Nov 24 - 8am - 4:30pm
Fri, Dec 7 - 8am - 4:30pm
Sat, Dec 8 - 8am - 4pm

\$2399 (dentists only)

ODQ CE **37**

CERP CE **30**

23-24 NOV | 7-8 DEC



René Caissie
DMD, OMFS



Nelly Huynh
PhD, BSc



Véronique-Isabelle Forest
MD, MSc



Jean-Marc Retrouvey
DMD, MSc

Agenda

Friday November 23:

- 8:30 – 12:30 **Marc Baltzan MD**
Epidemiology, Pathophysiology, Co-morbidities and Medical treatments
- 12:30 – 13:30 Lunch
- 13:30 – 15:00 **Gilles Lavigne DMD**
OSA, Pain and Bruxism: Is there any link?
- 15:00 – 16:30 **René Caissie DMD**
Surgical aspect and management of OSA

Saturday November 24:

- 8:30 – 9:30 **Nelly Huynh**
Pediatric Sleep Apnea and Ambulatory Polygraphy
- 10:00 – 12:30 **Patrick Arcache DMD**
Patient examination. Criteria for Mandibular Advancement Treatment.
Mandibular advancement splints
Impressions, insertions, follow up
- 12:30 – 13:30 Break
- 13:30 – 15:00 **Patrick Arcache DMD**
Mandibular advancement splints
Impressions, insertions, follow up
- 15:00 – 16:30 Clinic with **Patrick Arcache (4-day group only)**
Bite registration

Friday December 7:

- 8:30 – 9:45 Review: Examination, Impression George Gauge
- 10:00 – 12:00 Clinic with **Patrick Arcache**
Questionnaires, examination, Bite Registration
- 12:00 – 13:00 Lunch
- 13:00 – 14:00 **Veronique Isabelle Forest MD**
ENT aspects and treatment modalities
- 14:00 – 15:30 **Jean Marc Retrouvey DMD**
Orthodontic perspective for OSA Treatment
- 15:30 – 16:30 **Beaver Hall Sleep Clinic:**
Sleep lab visit with live demo

Saturday December 8:

- 8:30 – 12:30 Clinic with **Patrick Arcache**
Hands-On: Fitting and Adjusting of Oral Appliances
- 12:30 – 13:30 Lunch
- 13:30 – 16:00 Complications, side effects and troubleshooting