

# VITAL SIGNS



THE NEWSLETTER OF MCGILL UNIVERSITY DEPARTMENT OF MEDICINE

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## A good year, but we still have work to do!



*Dr. James Martin  
Chair, Department of Medicine*

Another academic year has finished. I am delighted to say that despite the most challenging of times our academic performance as a department is a continued success. Our research productivity has been excellent with even greater numbers of publications than last year in the face of a decline in funding.

The Annual Research Symposium was a great success, showcasing the outstanding work that is done by our faculty members. We continue to train many graduate and postdoctoral students, medical residents and students.

The response rate to the annual evaluation exercise was excellent even if not all staff participated. The importance of the exercise to our accreditation cannot be stressed enough and hopefully next year we will do even better. Why

not enter the details of your activities as you go during the year to avoid the tedium of filling the complete annual report form in one sitting.

We also have some issues to attend to with regard to medical student teaching. The Faculty of Medicine has worked hard to correct perceived deficiencies that led to the placing on probation of our undergraduate medical program. My attention has been drawn to the fact that some tutors are failing to provide timely evaluation of students and this is regrettably a significant hurdle to meeting accreditation standards.

Furthermore there is a sense that some students feel that the quality of their educational experience is not what it should be. Hopefully, none of this sentiment among students is fuelled by our own discontent with the reforms of the medical system spilling over into other domains.

Finally, I am glad to let you know that you will be able to see the Department of Medicine Annual Report for 2015 at the following link: <https://www.mcgill.ca/deptmedicine/about-us/annual-reports>. Please help us catch all the successes for this report.

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## Quand le respect et la civilité ont bien meilleur goût!



*Mme Dominique Bilodeau  
Commissaire pour un milieu  
de travail respectueux et non  
violent, Centre universitaire  
de santé McGill*

Nous avons lancé au début du mois d'avril 2016, la Politique de civilité et de respect. Cette politique remplace la Politique de prévention et d'élimination de la violence du CUSM. Il est important de préciser que le CUSM privilégie une approche axée sur la prévention de la violence. Cette approche vise une gestion proactive des incivilités et des conflits, prévenant ainsi l'aggravation des situations conflictuelles en situation de violence.

L'approche préventive, par le biais de la sensibilisation et de la formation, contribue également au développement d'un milieu de travail respectueux où la civilité et la sécurité des membres du CUSM sont primordiales.

La présente politique couvre l'ensemble des personnes qui participent à l'accomplissement de la mission du CUSM; ce qui inclut naturellement les médecins. Tous les membres de l'organisation ont la responsabilité de contribuer à l'établissement d'un milieu de travail sain et exempt de violence. Les médecins impliqués au sein de l'organisation, jouent un rôle primordial au niveau de la qualité des relations professionnelles et du climat de travail sur les différents départements. Je vous invite donc à nous contacter pour toute information, coaching ou demande d'intervention pour prévenir ou gérer les situations d'incivilité, de conflit, de violence ou de harcèlement.

Poste : 71834

<http://www.emuhc.muhc.mcgill.ca/?q=node/18835>

## A Workshop on Relating to Patients: Connection, Awareness, Relationship, Engagement



*Dr. Thomas Hutchinson  
Director, McGill Programs in  
Whole Person Care, Professor,  
Departments of Medicine and  
Oncology.*

What are Virginia Satir's survival stances and how do they relate to the practice of medicine? This and other topics such as the role of mindfulness and empathy in clinical care are explored in an experiential workshop being pioneered by the Department of Medicine for all clinical members of the Department.

The workshop, which takes a morning and is credited for 3.5 hours CME, has been conducted 4 times since December with participation by 43 experienced clinicians including the chiefs of Gastroenterology, Nephrology, Neurology, Infectious Disease, Geriatrics, General Internal Medicine, Rheumatology, Physical Medicine, Allergy and Immunology and Hematology. The list of those who have participated and their evaluations of the session are available online at <http://www.mcgill.ca/wholepersoncare/events/workshops>

The workshop is part of a commitment on the part of the Department of Medicine to begin the transformation of clinical practice in the direction of relationship centered care. If you have not yet participated in the workshop, you will receive an invitation from Dr. Martin's office in the coming months.

## The Lucian Award at McGill



*Dr. Jacques Genest  
Professor, Division of  
Cardiology  
Former Chair and Member  
of the Louis and Artur  
Lucian Award Committee*

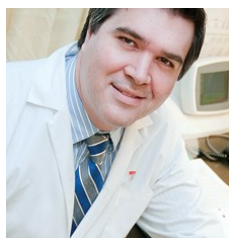
**D**ame Olga Leibovici bestowed a \$2 M USD gift on McGill University to establish the Louis and Artur Lucian Award for Research in Circulatory Diseases in memory of her brothers. This will, written in 1965, would represent approximately \$15 M USD in today's terms. We can look back with admiration on this act of generosity that has benefitted cardiovascular researchers, students, and faculty, particularly in Canada.

Dame Leibovici honored her brothers, both engineers who passed on early and whose ashes remain in the cimetière Père Lachaise in Paris. After meeting with Ronald V. Christie, MD, then Dean at the Faculty of Medicine at McGill, the terms of her donation stipulated that the award be given for work related to diseases of the cardiovascular system.

The first Lucian Award of \$50,000 CAD was bestowed in 1978 to Nicolae Simionescu, MD, and Maya Simionescu, PhD, of Bucharest and Yale Universities, for their outstanding work on cellular biology and atherosclerotic disease. Since then, The Lucian Award was awarded to two researchers who went on to win the Nobel Prize, Dr. Furchgott for his discovery of nitric oxide and Dr. Lefkowitz for his discovery of G protein coupled receptors. Many other outstanding physiologists and molecular biologists have been the recipients of this major award, the largest bestowed by a Canadian university for research in cardiovascular medicine.

This year, the Lucian Award was given to Dr. Jeffery Molkentin for his outstanding work on cardiac hypertrophy and contractility, mitochondria and necrosis, fibrosis, and finally to stem cell research. He spent a week interacting with various scientists at McGill, the MUHC, JGH and the Montreal Heart Institute. The Award Committee looks forward to welcoming Dr. Brian Kobilka in the coming year. Dr. Kobilka is another Nobel laureate and his visit will certainly engender great interest around his area of research, G-protein coupled receptors. Make sure his lecture is on your calendar of events next year. The dates are **April 24-28, 2017**.

## 2016 McGill Cardiovascular Research Day



*Dr. George Thanassoulis  
Associate Professor, Division of  
Cardiology  
Chair, Scientific and Organizing  
Committees, McGill Cardiovascular  
Research Day*

**O**nce again this year, we held the McGill Cardiovascular Research Day on May 25<sup>th</sup> 2016 at the Centre Mont-Royal. This University event brings together the clinical and research faculty at all McGill teaching hospitals to showcase the outstanding work in Cardiovascular Science performed each year at McGill University. The event is also highlighted every year by the keynote lecture which is given by the McGill Lucian Award recipient. This year, we had the honor of hearing Dr. Jeffery Molkentin, PhD, a leading cardiovascular scientist from the University of Cincinnati, present his work on cardiac regeneration using stem cells.

With over 100 students, scientists and clinicians in attendance and 45 poster presentations, as well as 12 oral presentations, the event was a great success. The trainee awardees this year were:

### ORAL PRESENTATION

#### Basic Science

First Prize	Finalist
<b>Karina Gasbarrino</b>	<b>Sofiane Ouerd</b>

#### Clinical/Population

First Prize	Finalist
<b>Hao Yu Chen</b>	<b>Laura Drudi</b>

### POSTER PRESENTATION

#### Basic Science

First Prize	Finalist
<b>Antoine Caillon</b>	<b>Julio C. Fraulob-Aquino</b>

#### Clinical/Population

First Prize	Finalist
<b>Jacinthe Boulet</b>	<b>Jack Rudski</b>

I would like to thank all the students and their supervisors for participating and presenting their work. I would also like to thank our judging panel who give their time to evaluate the abstracts, orals and posters, and do a fantastic job, every year. Finally, many thanks to Giorgia Ciavarella and Dominique Favreau, who worked behind the scenes and were instrumental in making this event a success.

The 2017 Cardiovascular Research Day will be held at the McGill Residence Hall on April 27<sup>th</sup> 2017 and will host Brian Kobilka, MD, a Nobel laureate in chemistry, as the 2016 Lucian Award Winner. I look forward to seeing you there.

# Report on the 9<sup>th</sup> Research Symposium of the McGill Department of Medicine, May 9<sup>th</sup> 2016

*Dr. James Martin*

The Symposium was held at the New Residence on Avenue du Parc and was a great success with more than 120 faculty members and residents in attendance. The audience was privileged to witness the range of high quality research performed by Department of Medicine members. A nice balance of basic science and clinical research was maintained throughout and there were two excellent keynote addresses, given by Drs. Drazen and Pilote.

**Dr. Adel Schwertani** gave the first talk on "[Aortic valve disease and apolipoprotein-a](#)", presenting work done on lipoprotein-a and its links to aortic valve calcification. Cultured interstitial cells harvested from valve tissues were predisposed to form calcium deposits in the presence of LPA, an effect enhanced by oxidized phospholipids. The genes associated with mineralization were identified and details of the cellular biology were provided. This presentation was an excellent example of a collaboration of clinical and basic scientists.

**Dr. Errol Marliss** reported on studies he has performed in conjunction with Dr. Terry Combs. His title was "[Adiponectin and SOGA; a hot topic in translational endocrinology](#)". The multiple effects of adiponectin, a hormone produced by fat tissue and increased in type I diabetes, on various metabolic functions were reviewed. There was a focus on insulin sensitivity, gluconeogenesis and lipogenesis. The deficiency of the Suppressor of Glucose from Autophagy contributes to insulin's inability to suppress hepatic glucose production and suggests it is a marker for insulin resistance in type I DM. The talk was an exciting look at this potential biomarker for diabetes.

**Dr. Andrew Mouland** talked on "[The evolution of antiviral therapy in HIV and the fate of the RNA genome of HIV](#)". Various proteins involved in the regulation of protein translation within HIV-infected cells were explored. Despite cellular changes in regulators of translation during infection he described how the HIV manages to bypass these limiting pathways, although HIV replication continued to have a dependence on adequate nutrient availability. The potential therapeutic possibilities stemming from the depletion of certain proteins on virus production were explored.

**Dr. Kaberi Dasgupta** presented "[Gestational Diabetes: Not just a mom's concern](#)". She and her group have demonstrated spousal concordance for diabetes and are the first to show that gestational diabetes in the mother predict the occurrence of diabetes not only in the mother but also in the father. They have been testing a couple-based strategy to prevent diabetes in families with a gestational diabetes history. She discussed her strategies for the implementation of treatments designed to reduce the risks of diabetes.

**Dr. Stella Daskalopoulou** talked on her work with "[Adiponectin and its Receptors: a Novel Pathway Involved in Atherosclerotic Carotid Plaque Instability](#)". She reviewed the role of adiponectin in atherosclerosis through actions on its receptors on inflammatory cells, in particular monocytes. Unstable atherosclerotic plaques express more adiponectin and have less adiponectin receptor 2 receptor activity. She explored statin use in relationship to modulation of the adiponectin receptor pathway.

**Dr. Nathalie Johnson** in her talk entitled "[The Dynamics of Clonal Evolution in Lymphoma during Chemotherapy](#)" covered the standard of care for Non-Hodgkin's lymphomas and novel approaches to understanding of chemo-refractory disease. She stressed how the sequencing of the genome and transcriptomes of lymphomas at diagnosis has added greatly to understanding. The therapeutic implications of the evolution of clones with varying mutations were clearly explained. She detailed the difficulties associated with such a personalized approach to lymphoma treatment.

*Continued on page 5*

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**Dr. Stephane Rinfret** presented on “[Innovative Approaches in Coronary Revascularization](#)”, covering the various approaches to revascularization of the myocardium. He explained how vein grafts have a greater predisposition to occlusion over time and have less favorable outcome than arterial grafts when employed during coronary artery bypass grafting. He presented the arguments in favor of considering hybrid coronary artery treatments by combining surgical and medical approaches and restricting grafting to the use of arteries.

**Dr. Faiz Ahmad Khan** addressed the suspicion that an excess of interstitial lung disease (ILD) occurs in the Quebec North in his talk “[Interstitial Lung Diseases in the James Bay Cree Territory: Estimating the Occurrence](#)”. He described the difficulties associated with comparing the incidence of ILD in the indigenous peoples given the much younger age of the population and the rising risk of ILD with increasing age. The results of his study estimated the incidence of ILD at 80/100,000, at least two-fold higher in the Eeyou Istchee region.

The first keynote talk was delivered by **Dr. Jeffrey Drazen**, Senior Editor of the New England Journal of Medicine and the Distinguished Parker B Francis Professor of Medicine at Harvard. His talk on “[Data Sharing](#)” was excellent. Both entertaining and thought provoking he made an impassioned plea for the sharing of data derived from clinical trials. He provided cogent illustrative instances of the need for data sharing and also of the misuse of data. He presented fascinating case studies involving major drugs and major pharmaceutical companies that provided salutary messages.

The second keynote address “[Are Men from Mars and Women from Venus When it Comes to Heart Disease?](#)” was given by **Dr. Louise Pilote**. She described the outcomes of major diseases such as cardiac disease showing that women have higher case rate fatality in acute coronary syndrome (ACS). Prognosis is associated with multiple risk factors for ACS. Risk prediction for women seems to put them in a lower risk category than men so that unidentified risk factors are not being assessed. She detailed the major contributions of the Genesis-Praxy studies in informing us about coronary artery disease in young woman. She presented a fascinating look at gender and disease. Her talk generated a great deal of discussion and reflection.

## Poster Presentations

This year we had an excellent participation by residents at the Research Symposium. Twenty three posters were on display and received attention during the lunch break. We anticipate an expanded place for this component of the symposium next year. The Department wishes to thank:

[Michael Fein](#), [Natacha Tardio](#), [Yang Zhan](#), [Yining Xu](#), [Gillian Mazzetti](#), [Robert Battat](#), [Amine Benmassaoud](#), [Sabrina Figueiredo](#), [Alicia Rosenzweig](#), [Kathryn Jacob](#), [Marisa Okano](#), [Michelle Samuel](#), [Jessica Keen](#), [Tien Nguyen](#), [Howard Gerson](#), [Maxime Cormier](#), [Benjamin Shieh](#), [Isabelle Malhamé](#), [Guillaume Mullie](#) and [Valérie Leclair](#),

for their active participation in the Symposium.

The proceedings were drawn to a conclusion at 5:15pm. The Department is grateful to Caroline Alcaraz and Lucie Des Groseillers for the detailed planning of the day and to Debbie Carr for her invaluable assistance on the day. We look forward to an even better turnout next year.



## PROMOTIONS & AWARDING OF TENURE

Congratulations to our Faculty members for their achievements !

### FULL PROFESSORS

**Dr. Alain Bitton:** Director of the Gastroenterology Division at McGill and the MUHC, Dr. Bitton is an international expert in inflammatory bowel disease.

**Dr. John Kimoff:** A member of the Respiratory Division, Dr. Kimoff is an exemplary teacher who has made important contributions to the understanding of sleep disordered breathing.

### ASSOCIATE PROFESSORS WITH TENURE

**Dr. Carolyn Baglole :** Based at the Meakins-Christie Laboratories, Dr. Baglole's research goals are to identify and understand novel molecular and signal transduction pathways that offer diagnostic and/or therapeutic potential for patients with chronic lung diseases caused by environmental exposures.

**Dr. Nathalie Johnson :** A member of the Division of Hematology at the JGH, Dr. Johnson investigates the genetic basis of chemotherapy resistance in patients with lymphoma.

**Dr. Dao Nguyen:** A member of the Respiratory Division at the Meakins-Christie Laboratories, Dr. Nguyen's research interests include respiratory bacterial infections, with a specific focus on chronic respiratory diseases such as cystic fibrosis.

**Dr. Jesper Sjostrom:** Based at the Centre for Research in Neuroscience at the MGH, Dr. Sjostrom's research focus is on synaptic plasticity in health and disease.

### SALARY AWARDS

FRQS Chercheur Boursier — Junior 2

- ◆ **Dr. Carolyn Baglole**

FRQS Chercheur Boursier Clinicien — Junior 2

- ◆ **Dr. Jonathan Afilalo**
- ◆ **Dr. Vidal Essebag**
- ◆ **Dr. Ariane Marelli**
- ◆ **Dr. George Thanassoulis**

FRQS Chercheur Boursier Clinicien — Junior 1

- ◆ **Dr. Sushmita Pamidi**
- ◆ **Dr. Jason Shahin**
- ◆ **Dr. Cedric Yansouni**

### CONGRATULATIONS

James McGill Awards (renewal):

- ◆ **Dr. Nancy Mayo**
- ◆ **Dr. William Foulkes**

William Dawson Scholar

- ◆ **Dr. Maya Saleh**

CRC Tier 1 (renewal)

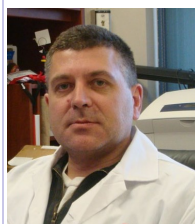
- ◆ **Dr. William Muller**

## APPOINTMENTS



**Dr. Thomas Maniatis** has been appointed as **Director of the MUHC Division of General Internal Medicine**, beginning July 1, 2016. Dr. Maniatis joined the MUHC in 2001 and went on to complete a MSc in

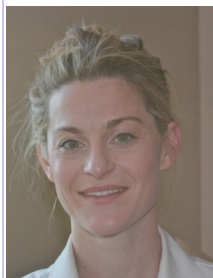
Experimental Medicine (Bioethics) in 2003. He was Site Director, RVH, Internal Medicine Residency Training Program from 2002-2011, and appointed Director of the McGill Internal Medicine Residency Training Program from 2003-2014. For his commitment to excellence and to enhancing residency education, he was named Program Director of the Year by the Royal College of Physicians and Surgeons of Canada in 2011. Recently, as Director of Transition, Dr. Maniatis successfully oversaw the redistribution / restructuring of outpatient medical services at the Glen. Dr Maniatis will bring his exemplary leadership and organisational skills to bear upon this new role. We wish Dr. Maniatis every success in his new role and take this opportunity to thank **Dr. Louise Pilote** for a decade of energy, creativity and success in fulfilling her mandate to build a nationally-recognized academic division.



**Dr. Jean-Jacques Lebrun**, Professor in the Department of Medicine, has agreed to serve a second term as **Associate Dean of Graduate and Postdoctoral Studies**.

Dr. Lebrun is responsible for Dentistry, Kinesiology and Physical Education, Management and Medicine, and serves as the academic lead for thesis-related matters. We wish Dr. Lebrun every success in his continued role.

## RECRUITMENT



**Dr. Jacqueline Joza**, Assistant Professor to the Division of Cardiology and Attending Staff at the MUHC. Dr. Joza obtained her undergraduate degree from Queen's University and Université Claude Bernarde, Lyon, and her medical degree from the University of Western Ontario. She completed her internal medicine and cardiology residencies here at McGill

University. She subsequently completed a clinical fellowship in cardiac electrophysiology at New York University Langone, specializing in inherited arrhythmia disorders and cardiovascular genetics. In addition to caring for patients with general arrhythmias and inherited arrhythmia disorders (long QT syndrome, CPVT, Brugada, ARVC, etc.), Dr. Joza has special interest in developing a program for epicardial VT ablation, leadless pacemaker implantation, and left atrial appendage closure with the Watchman device.



**Dr. Ilan Azuelos**, Assistant Professor to the Division of Respiratory Diseases and Attending Staff at the MUHC. Dr. Azuelos completed his MD degree at McGill in 2007, followed by residency training in internal medicine in the McGill program, based at the RVH.

In 2012, he completed subspecialty training in respirology at McGill. Upon completion of his clinical training, Dr. Azuelos received a 5-year research training scholarship from the FRQ-S. He spent the first phase of his training obtaining an MSc in Experimental Medicine at the Meakins-Christie Laboratories (MCL), and then moved to London (UK), where he trained in the Center for Respiratory Research at University College London, investigating the biology of pulmonary fibrosis. Dr. Azuelos will develop his independent research program at the MCL, as part of the Translational Research in Respiratory Diseases Program of the RI-MUHC. His research aims to elucidate the molecular basis for the development and progression of pulmonary fibrosis, by examining the metabolism of fibrotic lesions in the lung. His clinical work and teaching will be based primarily at the Glen site, on the inpatient and outpatient respiratory services of the Montreal Chest Institute.

## DEPARTMENT OF MEDICINE AWARDS

Congratulations to this year's recipients !

**JEWISH GENERAL HOSPITAL** Department of Medicine Staff and Residents Year-End  
Party held Wednesday, May 16th, 2016, at La Trattoria.

### Dave Feder Award

Resident who practices medicine with most compassion and sensitivity

- ♦ **Dr. Arif Awan**
- ♦ **Dr. Archana Asundi**

### Sheldon Zelman Memorial Award

For academic excellence and outstanding contribution to patient care

- ♦ **Dr. Daniel Blum**

### Dr. Allen Spanier Internal Medicine Award

Resident who exhibits an enduring passion for the practice of medicine.

- ♦ **Dr. Abdullah Esmail**

### Teacher of the Year voted by the residents

- ♦ **Dr. Blair Schwartz**

### NEW: Fellow of the Year Award

- ♦ **Dr. Samuel Mamane**

**MUHC** Departmental Annual Dinner held Thursday, June 2, 2016  
Please click here for our [photo gallery](#)

### Physician-in-Chief Award

For highly distinguished service to the MUHC Department of Medicine

- ♦ **Ms Julie Quenneville**
- ♦ **Mr. Jean-Guy Gourdeau**

### Department of Medicine Physicianship Award

Exemplary Physician

- ♦ **Dr. Khue Ly**

### Outreach Award

Attending Staff, Teams or Residents who enhance links between the MUHC and the community

- ♦ **Dr. Murray Vasilevsky and the Cree Renal Care Program**

### Department of Medicine Award

For Innovation in Clinical Care or Quality

- ♦ **Dr. Stéphane Beaudoin and the Comprehensive Pleural Disease Management Program**

### Department of Medicine Award

For Research by a Subspecialty Resident

- ♦ **Dr. Thomas Mavrakas**

### Department of Medicine Staff Research Award

- ♦ **Dr. Marina Klein**

### Department of Medicine Early Career Staff Research Award

- ♦ **Dr. Stella Daskalopoulou**

### The Louis G. Johnson Award

For excellence in Teaching by a Medical Resident  
- selected by RVH Residents

- ♦ **Dr. Alexander Lawandi**

### The Lorne E. Cassidy Teaching Award

For Excellence in Teaching by a Medical Resident  
- selected by MGH Residents

- ♦ **Dr. Amit Raut**

### The Douglas G. Kinnear Award

Outstanding Clinician-Teacher at the MUHC  
- selected by MGH Residents

- ♦ **Dr. Stéphane Beaudoin**

### The W.H. Philip Hill Award

Outstanding Clinician-Teacher at the MUHC  
- selected by RVH Residents

- ♦ **Dr. Emil Nashi**

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**ST. MARY'S** Family Medicine Annual Physicians' dinner held Friday, June 3<sup>rd</sup>, 2016.

#### Physician-in-Chief Award

Family Medicine Resident (R2) who demonstrates excellence in Internal Medicine

- ♦ **Dr. Laura Patakfalvi**

#### Mervyn James Robson Memorial Award

For Excellence in Internal Medicine during first year of residency

- ♦ **Dr. Pascale Fugère**

## **MCGILL RESIDENCY TRAINING PROGRAM AWARDS**

#### Residency Research Evening Award

For Research by a Core Internal Medicine Resident

- ♦ **Dr. Daniel Blum**
- ♦ **Dr. Rachel Spevack**
- ♦ **Dr. Han Yao**

#### The Harold Frank Prize

For Excellence in a Clinical Case Presentation (Clinical Vignettes)

- ♦ **Dr. Laila Sami**

## **HONOURS**

**Congratulations to our members for their achievements!**



**Dr. Gerald Batist**, Professor in the Departments of Medicine and Oncology and Director of the Segal Cancer Centre at the JGH, was named **member of the Order of Canada**. In a different ceremony, he was also named Knight of the National Order of Quebec



**Dr. Samuel David**, Professor in the Departments of Medicine, Neurology & Neurosurgery and Anatomy and Cell Biology, received the **2015 Barbara Turnbull Award for Spinal Cord Research**. [More on this story](#).



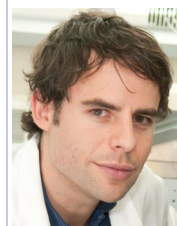
**Dr. John Bergeron**, Emeritus Professor, was presented with the **McGill Medal for Exceptional Academic Achievement** at the Health Sciences 2016 Convocation.



**Dr. Louise Pilote**, James McGill Professor, Divisions of General Internal Medicine and Clinical Epidemiology and Director of the McGill Division of General Internal Medicine, has been named as one of the **Women's Y Foundation's 2016 Women of Distinction** in the health category. [More on this story](#)



**Dr. Beth-Ann Cummings**, Associate Professor in the Division of General Internal Medicine at the JGH and Associate Dean, Undergraduate Medical Education, has been named to the **Faculty Honour List for Education Excellence** for 2016-2017.



**Dr. Brent Richards**, Associate Professor in the Division of Endocrinology and based at the JGH, is the recipient of the **Prix du Jeune Chercheur André-Dupont 2016** from the Club de Recherches Cliniques du Québec.

## THANK YOU TO OUR TUTORS!

### Department of Medicine Tutors 2015 – 2016

Teaching clinical skills to the next generation of physicians is one of the key functions of an academic medical department such as ours. We have a particularly large contribution in teaching clinical skills in the second year of medicine, a very time intensive endeavour.

We would like to acknowledge the following members of our Department who acted as Tutors this past academic year.

#### Review, Assess, Consolidate Course

##### Jewish General Hospital

###### Staff

Dr. Jonathan Afilalo  
Dr. Polymnia Galiatsatos  
Dr. Genevieve Gyger  
Dr. Nir Hilzenrat  
Dr. Brent Richards  
Dr. Hoi Yun Oriana Yu  
Dr. April Shamy  
Dr. Andrea Lalonde

###### Residents & Fellows

Dr. Teresa Carafo  
Dr. Khashayar Esfahani  
Dr. Carolynne Elbaz  
Dr. Howard Gerson  
Dr. Valerie Heron  
Dr. Milad Modabber  
Dr. Rachel Spevack  
Dr. Anh Tram Tran

##### Montreal General Hospital

###### Staff

Dr. Wendy Chiu  
Dr. David Shannon  
Dr. Catherine Weber  
Dr. Patrizia Zanelli

###### Residents & Fellows

Dr. Omar Ahmad  
Dr. Andrea Blotsky  
Dr. Renee Borkovich  
Dr. Natasha Coward  
Dr. Ahlem Dechemi  
Dr. Amanda Faray  
Dr. Melika Hosseina  
Dr. Ghislaine Isabwe  
Dr. Darius Lazarus  
Dr. Romina Pace  
Dr. Tricia Peters  
Dr. Rebecca Thomas

##### Royal Victoria Hospital

###### Staff

Dr. Ahsan Alam  
Dr. Stéphane Beaudoin  
Dr. Emily McDonald  
Dr. Veronique Naessens  
Dr. Julie Okapuu  
Dr. Benjamin Smith

###### Residents & Fellows

Dr. Natascia Anastasio  
Dr. Barry Burstein  
Dr. Guillaume Chausse  
Dr. Christos Galatas  
Dr. Joelle Mardini  
Dr. Thomas Mavrakanas  
Dr. Ryan Nantel-Smith

##### St. Mary's Hospital

###### Staff

Dr. Michael Bonnycastle  
Dr. Bruce Campbell  
Dr. Robert Diez d'Aux  
Dr. Dominic Ferrarotto  
Dr. Shek Hong Fung  
Dr. Margaret Hughes  
Dr. Todd McConnell  
Dr. Benjamin Schiff  
Dr. Eric Tremblay  
Dr. Florence Tremblay

## Transition to Clinical Practice Course

### Jewish General Hospital

#### Staff

Dr. Jason Agulnik  
Dr. Victor Cohen  
Dr. Sabrina Fallavollita  
Dr. Gershon Frisch  
Dr. Elizabeth MacNamara  
Dr. Mark Palayew

Dr. Carmela Pepe  
Dr. Nathalie Saad  
Dr. Lama Sakr  
Dr. Michael Tamilia  
Dr. Hoi Yun Oriana Yu  
Dr. Andrea Lalonde

#### Residents & Fellows

Dr. Belinda Go

### Montreal General Hospital

#### Staff

Dr. Laurence Green  
Dr. David Shannon  
Dr. Constantine Soulellis

Dr. Bernard Unikowsky  
Dr. Murray Vasilevsky  
Dr. Catherine Weber

#### Residents & Fellows

Dr. Andrea Blotsky  
Dr. Ahlem Dechemi  
Dr. Amanda Farag  
Dr. Melika Hosseina

### Royal Victoria Hospital

#### Staff

Dr. Nadeem Ahmed  
Dr. Jay Biem  
Dr. David Dawson  
Dr. Ken Flegel  
Dr. Jacynthe Harvey  
Dr. Sameena Iqbal

Dr. Kimon Issigonis  
Dr. Emily McDonald  
Dr. Maria Rubino  
Dr. Nessrine Sabri  
Dr. Shaifali Sandal  
Dr. Jeffrey Wiseman

#### Residents & Fellows

Dr. Christos Galatas  
Dr. Thomas Mavrakanas  
Dr. Remy Wong

### St. Mary's Hospital

#### Staff

Dr. Bruce Campbell  
Dr. Todd McConnell  
Dr. Suzanne Morin  
Dr. Benjamin Schiff

Dr. Jeffrey Segal  
Dr. Michael Stein  
Dr. Harold Zackon

#### Residents & Fellows

Dr. Andrea Blotsky

## IN MEMORIAM

*by Dr. Ian Malcolm*

**Dr. David Stubington** passed away on May 25, 2016.

David Stubington was at one time possibly the most respected cardiologist in Canada. He was widely respected as a bedside clinician and teacher. He was the chief examiner in Cardiology for the Royal College of Physicians. He was Chief of Cardiology, first at St. Mary's and later at the Royal Victoria Hospital. In a day when there was no such thing as a Director of Residency Training, he personally guided the training of many aspiring cardiologists and internists. Even today, many years after his retirement, one would have no trouble finding scores of practicing physicians who enthusiastically acknowledge an immense debt to "Stuby's" teaching and example. It is no secret that I am one of the aforementioned group. Certainly when dealing with a patient and a clinical problem, I think that one can do no better than starting with the question: "What would Stuby do in this situation?" He was fond of saying that "every patient should leave one's office feeling better than he did when he walked in." He held himself to this high standard. His demeanour whether taking care of patients or teaching, was always the same. He was modest but confident. He was kind and listened. He was open and completely unthreatening. He used humour and never let his ego get in the way. He could laugh at himself ....and certainly did not shy away from allowing the patient or the student to laugh at themselves. For me and many like me, my best memories of David come from his late afternoon, small-group sessions on EKG interpretation. He would hold them in his cramped office after doing a long clinic. The atmosphere was warm and stimulating; the discussions wide-ranging. We learned a lot about EKGs. ....but there was much more. He was a "role model" and "mentor" long before these terms became popular. David Stubington leaves behind literally hundreds of trainees who benefited from his teaching, thousands of patients who benefited from his care; but most of all, he leaves his shining example.

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The Department of Medicine's number of successes is prolific. Although every attempt is made to acknowledge them all at the time we go "to press", some announcements may be delayed. Do not hesitate to contact us to let us know of your successes.