## **McGill University Respirator Health Validation Form**



\*\* This form must be completed prior to your fit testing appointment.

This questionnaire will be used in determining whether or not you have a medical condition that may affect your ability to wear a respirator. All medical information is considered confidential.

Name:  Department:				McGill ID:	
Check if used	TYPE OF RESPIRATOR	FREQUENCY approximate per month	EFFORT LEVEL physical exertion during use	DURATION approximate per use	TEMPERATURE during use
	Filtering facepiece (N95 disposable)	times per month	☐ Low☐ Moderate☐ High	□ < 15 min □ Between 15 - 60 min □ > 60 min	□ < 0 °C □ > 0 and < 25 °C □ > 25 °C
	Half-facepiece with filters and cartridges	times per month	☐ Low☐ Moderate☐ High	☐ < 15 min ☐ Between 15 - 60 min ☐ > 60 min	□ < 0 °C □ > 0 and < 25 °C □ > 25 °C
	Full facepiece with filters and cartridges	times per month	☐ Low☐ Moderate☐ High	☐ < 15 min ☐ Between 15 - 60 min ☐ > 60 min	☐ < 0 °C ☐ > 0 and < 25 °C ☐ > 25 °C
	1		☐ Low ☐ Moderate	☐ < 15 min ☐ Between 15 - 60 min	☐ < 0 °C ☐ > 0 and < 25 °C
	Supplied-air respirator (positive pressure helmet)	times per month	☐ High	□ > 60 min	□ > 25 °C
ECTIC	(positive pressure helmet)  Self-contained breathing apparatus (SCBA)  ON 2: RESPIRATOR the box YES or NO. Please	times per month  R USER'S HEALTH  DO NOT write any additional	☐ High☐ Low☐ Moderate☐ High☐	□ < 15 min □ Between 15 - 60 min □ > 60 min	□ > 25 °C □ < 0 °C □ > 0 and < 25 °C □ > 25 °C
ECTIC eck only	(positive pressure helmet)  Self-contained breathing apparatus (SCBA)  N 2: RESPIRATOR	times per month  R USER'S HEALTH  DO NOT write any additional  or, will you need to we	☐ High☐ Low☐ Moderate☐ High☐	□ < 15 min □ Between 15 - 60 min □ > 60 min  s form.  No	□ < 0 °C □ > 0 and < 25 °C □ > 25 °C
ECTIC eck only	(positive pressure helmet)  Self-contained breathing apparatus (SCBA)  ON 2: RESPIRATOR the box YES or NO. Please g a full face respirator	times per month  R USER'S HEALTH  DO NOT write any additional  or, will you need to we following conditions	☐ High☐ Low☐ Moderate☐ High☐	□ < 15 min □ Between 15 - 60 min □ > 60 min  s form.  No	□ < 0 °C □ > 0 and < 25 °C □ > 25 °C
ECTIO eck only wearing	(positive pressure helmet)  Self-contained breathing apparatus (SCBA)  ON 2: RESPIRATOR the box YES or NO. Please g a full face respirator	times per month  R USER'S HEALTH  DO NOT write any additional  or, will you need to we following conditions	□ High □ Low □ Moderate □ High  CONDITION al medical information on the ear glasses? □ Yes that could interfere	□ < 15 min □ Between 15 - 60 min □ > 60 min □ > No  with the use of a resp	□ < 0 °C □ > 0 and < 25 °C □ > 25 °C
ECTIC eck only wearing ive you	(positive pressure helmet)  Self-contained breathing apparatus (SCBA)  ON 2: RESPIRATOR the box YES or NO. Please g a full face respirator u ever had one of the	times per month  R USER'S HEALTH DO NOT write any additional or, will you need to we following conditions	□ High □ Low □ Moderate □ High  CONDITION al medical information on the ear glasses? □ Yes that could interfere	□ < 15 min □ Between 15 - 60 min □ > 60 min □ > No with the use of a respective chitis  As	□ < 0 °C □ > 0 and < 25 °C □ > 25 °C
ECTIC eck only wearing Ive you Shortn Breath wearing	(positive pressure helmet)  Self-contained breathing apparatus (SCBA)  ON 2: RESPIRATOF the box YES or NO. Please g a full face respirator when the sess of breath hing difficulty when	times per month  R USER'S HEALTH DO NOT write any additional or, will you need to we following conditions  Li  Respiratory difficulty	□ High □ Low □ Moderate □ High  CONDITION al medical information on the ear glasses? □ Yes that could interfere that CONDITIONS  Chronic bron	□ < 15 min □ Between 15 - 60 min □ > 60 min □ > No with the use of a resp  chitis As	□ < 0 °C □ > 0 and < 25 °C □ > 25 °C
ECTIC eck only wearing Ive you Shortn Breath wearin	(positive pressure helmet)  Self-contained breathing apparatus (SCBA)  ON 2: RESPIRATOR the box YES or NO. Please g a full face respirator uses of breathing difficulty when ag a respirator conditions	Times per month  R USER'S HEALTH DO NOT write any additional or, will you need to we following conditions  Li Respiratory difficulty Pulmonary disease	□ High □ Low □ Moderate □ High  CONDITION al medical information on the ear glasses? □ Yes that could interfere the could interfere that could interfere th	□ < 15 min □ Between 15 - 60 min □ > 60 min □ > No with the use of a respective chitis  As Char disease  □ The	oirator? • Yes • Ithma  lest pain, on exertion
ECTIC eck only wearing shortn Breath wearin Heart of Diabete	(positive pressure helmet)  Self-contained breathing apparatus (SCBA)  ON 2: RESPIRATOR the box YES or NO. Please g a full face respirator uses of breathing difficulty when ag a respirator conditions	times per month  R USER'S HEALTH DO NOT write any additional or, will you need to we following conditions  Li Respiratory difficulty Pulmonary disease Pacemaker	□ High □ Low □ Moderate □ High  CONDITION al medical information on the ear glasses? □ Yes that could interfere the could interfere that could interfere th	□ < 15 min □ Between 15 - 60 min □ > 60 min □ > 60 min □ No with the use of a resp chitis As chitis As ar disease The lar disease Lo	oirator? • Yes • Ithma  thma  test pain, on exertion  yroid problems
ECTIC eck only wearing shortn Breath wearin Heart of Diabete Vertigo	(positive pressure helmet)  Self-contained breathing apparatus (SCBA)  ON 2: RESPIRATOF the box YES or NO. Please g a full face respirator use of breathing difficulty when a respirator conditions tes	Times per month  R USER'S HEALTH DO NOT write any additional or, will you need to we following conditions  Li Respiratory difficulty Pulmonary disease Pacemaker Hypertension/high press	□ High □ Low □ Moderate □ High  CONDITION al medical information on the ear glasses? □ Yes that could interfere the earth of the the earth o	□ < 15 min □ Between 15 - 60 min □ > 60 min □ > 60 min □ No with the use of a resp chitis As □ Ch ar disease Th ar disease Lo sensitivity Pa	oirator? • Yes • Ithma  thma  est pain, on exertion  yroid problems  ss of consciousness
Shortn Breath wearing Heart of Vertigo	(positive pressure helmet)  Self-contained breathing apparatus (SCBA)  ON 2: RESPIRATOR the box YES or NO. Please g a full face respirator usever had one of the ning difficulty when ag a respirator conditions tes on breath of the pressure of the property of the ses of breath of the ning difficulty when ag a respirator conditions tes of the pressure	times per month  R USER'S HEALTH DO NOT write any additional or, will you need to we following conditions  Li  Respiratory difficulty Pulmonary disease Pacemaker Hypertension/high press Claustrophobia/vertigo	□ High □ Low □ Moderate □ High  CONDITION al medical information on the ear glasses? □ Yes that could interfere version of the ear glasses and the could interfere version of the ear glasses.  Extra Conditions □ Chronic brone □ Emphysema □ Cardiovascul □ Sure Neuromuscul □ Temperature	□ < 15 min □ Between 15 - 60 min □ > 60 min □ > 60 min □ No with the use of a respective serior of the serior of	oirator? • Yes • thma  lest pain, on exertion  yroid problems ss of consciousness nic attacks

To achieve full effectiveness of the respiratory protection device and to ensure optimal protection, nothing should interfere or impair the seal of the facepiece at the points of contact to the face or impede the proper functioning of the respirator. Possible interference with the seal are: facial hair, sideburns, hair,

personal accessories, p an acceptable limit.	piercings, and persona	I protective equipment. You must be clean shaven when you wear a respirator. A 2	24-hour regrowth constitutes
certify that I have u	nderstood all the ab	ove-mentioned questions and have answered to the best of my ability:	
mployee's name:		Signature: Date:	
HS Representative:		Signature: Date:	
	' was indicated to any	A HEALTH CARE PROFESSIONAL of the questions in Section 2 above	
		ASSIGNMENT NOTICE (Check ✓)	
TYPE OF RESPIRATOR USED	COMPLIES WITH THE MEDICAL REQUIREMENTS and is	FIT TO WEAR THE RESPIRATOR WITH LIMITATIONS (SPECIFY)	THE USE OF THIS RESPIRATOR IS FORBIDDEN
	FIT TO WEAR A RESPIRATOR		
Filtering facepiece (N95 disposable)		<b>-</b> :	
Half-facepiece with filters and cartridges		<b>:</b>	
Full facepiece with filters and cartridges		<b>-</b> :	
Supplied-air respirator (with positive pressure helmet)			
Self-contained Breathing apparatus (SCBA)		<b>-</b> :	
Comments:			
Name of the health c	are professional:	Title:	
Signature of the heal	th care professiona		

Once completed, please return by email to <a href="mailto:rpp.ehs@mcgill.ca">rpp.ehs@mcgill.ca</a>