McGill Faculty of Medicine Faculté de Médecine

Division of Orthopaedic Surgery

Alumni E-Newsletter

Message from the Program Director

Dear Alumni,

Hello once again to past, present and future alumni! I hope all of you have had a nice summer. I can tell you, in Montreal, this was certainly one of the hottest summers we've experienced. The last newsletter was an introduction to our McGill Orthopaedic Department and this one will highlight accomplishments and events that occurred recently.

This newsletter provides a brief but clear picture of the vibrancy of McGill's Orthopaedic Residency Training Program and ongoing divisional activities. All of us look forward to welcoming you to the inaugural **McGill Orthopaedics Alumni Day on June 18, 2019**, which will be held just prior to the Annual Meeting of the Canadian Orthopaedic Association in Montreal. As 2018 draws to a close, I want to provide you with a brief overview of what is new in our Division.

Warmest Regards,
Dr. Thierry E. Benaroch
Program Director
Orthopaedic Residency Training Program

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SAVE THE DATE

Inaugural
McGill Orthopaedics
Alumni Day

JUNE 18, 2019

Registration details to follow

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Division of Orthopaedic Surgery

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Recruitment & Retirement

Dr. Thierry Pauyo

Fellowships:

• Sports Medicine, University of Pittsburgh Medical Centre, Pittsburgh,Pennsylvania, USA

• Pediatric Orthopaedic Surgery, Harvard University Boston Children's, Boston, Massachusetts, USA

Clinical Interests:

Pediatric Orthopaedic Surgery, Sports Medicine, Adolescent & Adult Hip Arthroscopy, Cartilage Repair & Restoration

Dr. Adam Hart

Fellowships:

• Adult Lower Extremity Reconstruction, Mayo Clinic, Rochester, Minnesota, USA

Clinical Interests:

Hip & Knee Arthroplasty, Hip Preservation Surgery

One of the critical elements to rejuvenating our division and keeping the creative juices flowing is the **recruitment of talented young surgeons**, and the last two years have been productive ones. In addition to the two CAS researchers mentioned above (**Drs Geraldine Merle and Derek Rosenzweig**), 2017 saw the arrival of **Dr. Anthony Albers** (Arthroplasty, SMH), **Dr. Jennifer Mutch** (Sports, SMH) and **Dr. Mitchell Bernstein** (Trauma and deformity/length correction, MCH-Shriners and MGH). On October 1, 2018, we welcomed back **Dr. Thierry Pauyo** (Sports and Pediatric Ortho, MCH-Shriners) and **Dr. Adam Hart** (Arthroplasty, MGH). These young, talented, and dedicated surgeons will contribute to our division's success for decades to come. Inevitably, some of our senior colleagues and mentors will be transitioning to a well-deserved retirement. **Dr. Bill Fisher** will be returning to Scotland in November 2018 to eat haggis and walk the moors with his newfound partner. The Sports Surgery team will be losing **Dr. Bob Marien** and **Dr. Eric Lenczner** who both foresee active lives once they leave us. Their contributions to McGill Orthopaedics are deeply appreciated.

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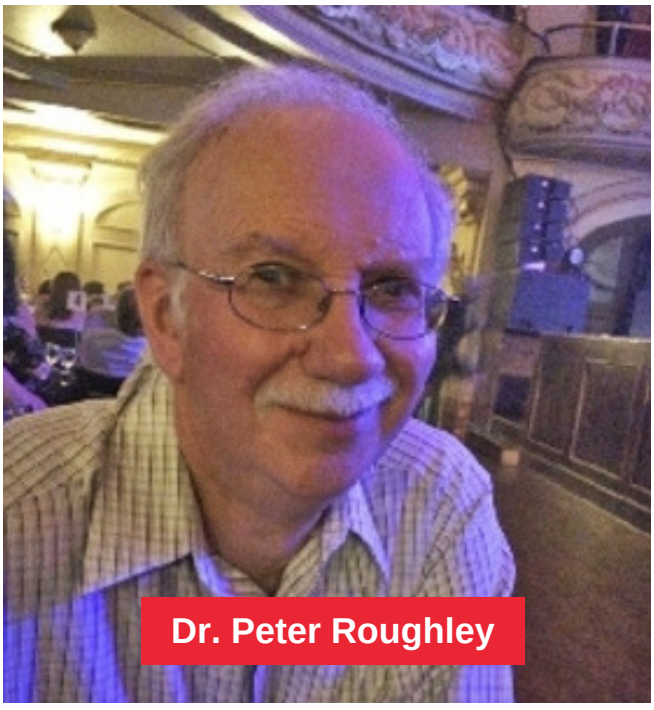
Research

Our faculty at all 5 sites (JGH, SMH, MCH/Shriners, and MGH) continue to successfully drive our research mission forward with **over one hundred peer-reviewed publications** and **tens of millions of dollars in grant funding** as principal-investigator and co-investigator in 2017-2018. **Professor Fackson Mwale, PhD**, was appointed to a tenure-track position in the Department of Surgery's Surgical Innovation Program at McGill. In addition to seven highly productive surgeon scientists, we can boast having twelve basic-science researchers and four adjunct-professors, as well as two young Contract Academic Staff (CAS) scientists all working diligently across the spectrum of research in Orthopaedic Surgery. On a sadder note, **Dr. Peter Roughley** of the Shriner's Hospital Research Institute recently passed away. He will be missed by his colleagues and the many students and faculty he mentored over the last decades. spectrum of research in Orthopaedic Surgery.

Professor Fackson Mwale, PhD



Dr. Peter Roughley

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Global Mission to Haiti

Under the **leadership of Dr. Eric Lenczner and Dr. Peter Jarzem**, McGill Orthopaedics now participates in **bi-annual global missions to Haiti**. The program sends two senior residents to Haiti for one week, twice a year, to participate in **treating patients and educating doctors**. This mission has proven to be an invaluable experience to our Orthopaedic Residents and the program will continue to encourage sending them as we feel it is critical to participate in global missions.

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Resident Wellness Classes

In keeping with **Resident Wellness**, the Orthopaedic Residency Program has initiated an intensive full body workout at the Shriners Hospital Gym led by a personal trainer. The training sessions take place right before the residents' Academic Half-Day Teaching on Thursday mornings. These workouts not only provide the residents with **wellness and an endorphin rush**, but is also great for **team building** and has significantly **improved collegiality** amongst an already strong program.

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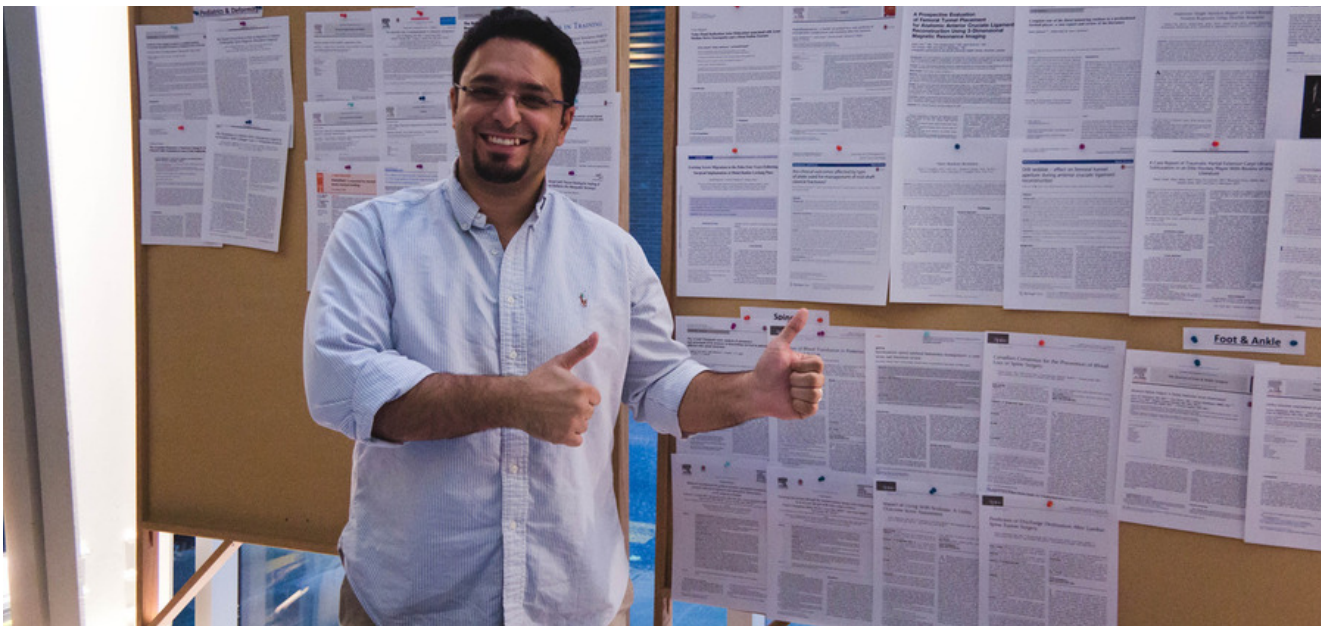
Research Night 2018

For the first time, the Division of McGill Orthopaedics hosted a wine & cheese Research Night on Monday October 28, 2018 where **all McGill Orthopaedic Research Labs** from the various hospitals had the opportunity to showcase their research to **attract Medical Students**, **potential Master Students and Residents** to be involved in research. This inaugural event was a huge success and hopefully this will become an annual event.



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Golden Bone Award 2018

Dr. Bernstein (far left) & Dr. Albers (far right) stand proudly with this year's winners (L to R): Dr. Bayan Ghalimah (R2-McGill), Dr. Julien Montreuil (R1-McGill), Dr. Roxane Heroux-Legault (R4-Sherbrooke) and Dr. Razmig Barbarian (R4-Sherbrooke). **Congratulations!**

The Golden Bone Resident Competition took place during the AO Basic Fracture Course, part of Academic Half Day Teaching on Thursday October 4, 2018. It was organized by **Dr. Anthony Albers** and **Dr. Mitchell Bernstein** who have enriched the resident learning experience by creating an exciting competition, testing resident knowledge. There were seven teams of residents competing against one another for first place, which included the Golden Bone trophy, their name presented proudly on a plaque, hockey tickets and most importantly, bragging rights. This year residents competed by fixing a broken radius and humerus. The competition took place at the Shriners Hospital Simulation Centre.

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Notable Achievements

- **Dr. John Antoniou** who has already served as president of the Canadian Orthopaedic Research Society is now the current president of the Canadian Orthopaedic Association and will be hosting the COA Meeting in Montreal (June 16, 2019 to June 22, 2019). Dr. Antoniou also received two grants over $500,000 each, for his work on Intervertebral Discs.
- **Dr. Thierry Benaroch** was awarded the inaugural McGill Faculty of Medicine Program Director of the Year for his truly outstanding work with the residents in our program. The faculty continue to prepare for the transition to Competence-by-Design training which the Royal College will be launching in Orthopaedic Surgery in 2020 through divisional Faculty Development symposia.
- **Dr. Ron Dimentberg** received the Arvind K. Joshi Award in recognition of outstanding leadership/innovation at St. Mary's Hospital.
- **Dr. Reggie Hamdy** was awarded the inaugural Richard L. Cruess Award for Academic Achievement in the Division of Orthopaedic Surgery.
- **Dr. Michael Tanzer** received the 2018 Journal of Orthopaedic Surgery's Excellence in Transitional Science Award for his publication: "Fully Porous 3-D Printed Titanium Femoral Stem to Reduce Stress-Shielding Following Total Hip Arthroplasty."

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McGill Orthopaedic Alumni Day 2019

Lastly, and most importantly, I remind you to save the date for our first **McGill Orthopaedic Alumni Day: Tuesday, June 18, 2019**. The date was strategically chosen to coincide with the timing of the COA Annual Meeting, which is being held in Montreal right after our Alumni Day. We hope the combination of these two events will serve as great incentive for you to visit your old city.

The preliminary agenda for the day is as follows: the morning will feature a keynote speaker and brief TED talk style presentations by former residents on a topic of their choosing; this could be any subject they feel will invoke some discussion. We invite all alumni to contact us if you are interested in presenting. This half-day will be followed by lunch provided by the Shriners. We will then be taking the afternoon off to give you a chance to visit the city and old acquaintances. The evening will feature a formal dinner for all attendees.

The next correspondence will be sent out at the beginning of the new year and will contain registration instructions for this very exciting first ever McGill Orthopaedic Alumni Day. We are really looking forward to a good turn out so I hope all of you will make an effort to come to this fun inaugural event.

McGill Orthopaedic Residency Program
Graduating Class of 2014

McGill Orthopaedic Residency Program
Graduating Class of 2015

McGill Orthopaedic Residency Program
Graduating Class of 2016

McGill Orthopaedic Residency Program
Graduating Class of 2017

McGill Orthopaedic Residency Program
Graduating Class of 2018