THE CORNELL NOTE-TAKING SYSTEM

Good note-taking is essential to studying! The Cornell system is an effective framework to organize your notes during class or study sessions.

SEE REVERSE FOR INSTRUCTIONS

HOW TO REVIEW YOUR NOTES:

- Hide Section A and read Section B
- See if you can use the cues in Section B to describe the content in Section A
- By recalling details using key terms, you are practicing retrieving information from your memory - an effective way to retain information for longer periods of time!
Taking Notes...

- Mark the title of the lecture and date at the top
- Divide the page into three sections. A wide right-hand column (Section A), a narrow left-hand column (Section B), and a bottom section (Section C)
- During the lecture, jot down what is discussed in bullet-point form in Section A. You can also use figures and diagrams to represent what is said
- After class, read through these points and summarize the main themes and questions in Section B. These will serve as cues when you study
- In Section C, see if you can summarize the main message of the lecture

Full notes of lecture
Cover Section A. This will allow you to do some retrieval practice. See how much you can recall by reading over section B and trying to explain the themes and answer the questions in your own words