EXAM-TAKING: SOME TIPS & TRICKS!

HOW TO MANAGE YOUR STRESS:

With positive self-talk
Encourage yourself by remembering your past successes and current strengths. Put your fears into perspective and think about how you can handle them.

With comfort items
A “lucky” pen, a snack, wear your favourite pair of shoes etc., to give yourself a sense of comfort within your surroundings.
**Writing Your Exam**

**Read the exam instructions** thoroughly before starting.

**Survey the exam and budget your time:** prioritize the questions based on how much they are worth and your level of knowledge.

**Read each exam question** carefully from start to finish before answering any questions.

**Tip:** Plan to finish early so you can review and return to the difficult questions!

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**Name:**

**PHIL100 Exam**

For the essay portion, do not go beyond the lines given, any writing outside the margins will not be read, and will not be graded.

You have 2 hours to write this exam. The exam is split into three sections: Multiple choice (20 pts), short answer (35 pts), and an essay portion (25 pts).

1. Which piece of writing is **not** written by Friedrich Nietzsche?
   
   a. Walden
   b. Beyond Good and Evil
   c. Thus Spoke Zarathustra
   d. all of the above