



## Introduction

**Mediation analysis:** the consideration of how a third variable affects the relation between two other variables (MacKinnon, 2008).

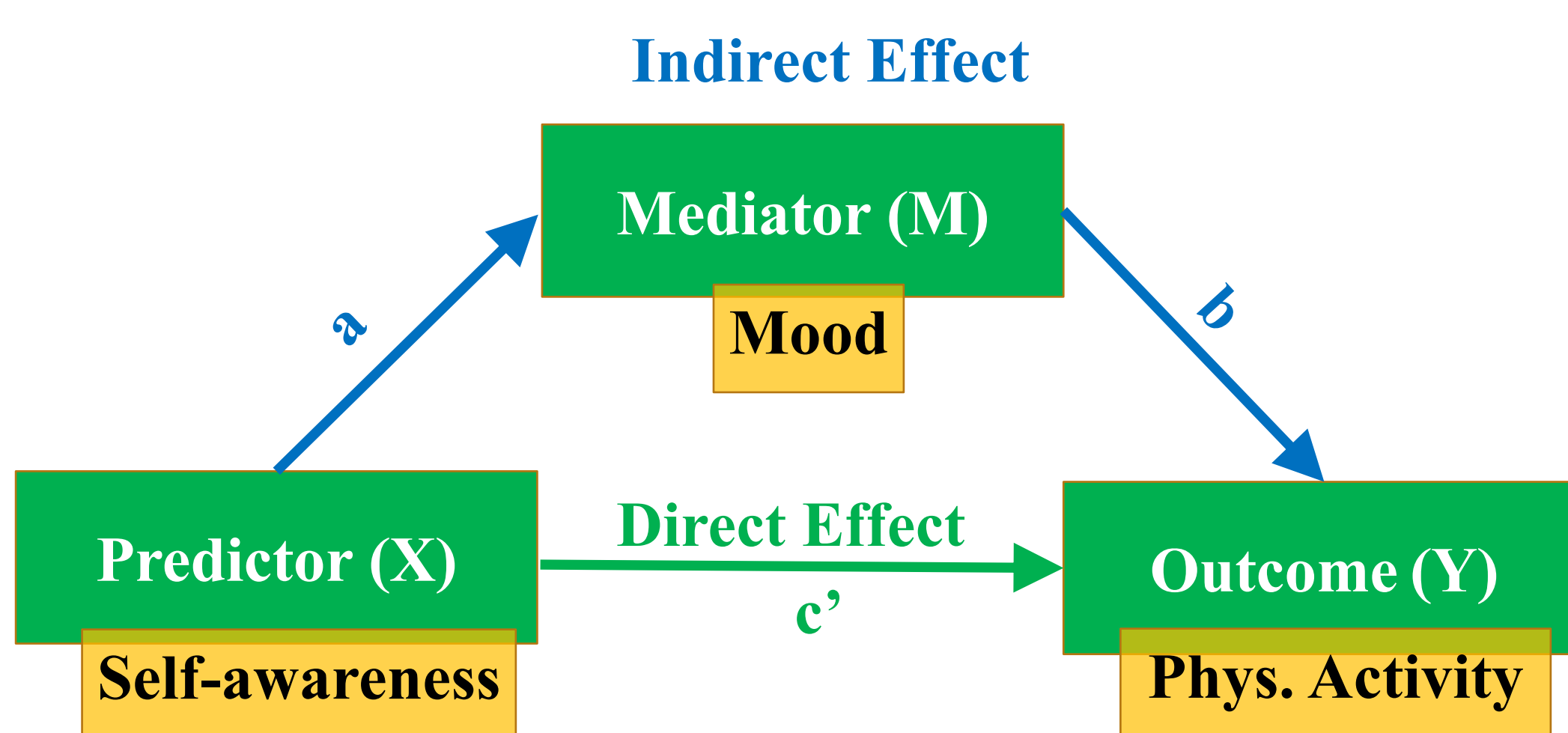


Fig. 1. Path diagram of the mediation analysis model

*Example:* Self-awareness influences the level of physical activity, and this effect is mediated by mood strength.

**State-space modeling (SSM):** a modeling framework designed to analyze dynamic systems observed (Shumway and Stoffer, 2000).

## Why SSM in Mediation Analysis?

**Structural equation modelling (SEM) Framework:**

- Focus on cross-sectional between-subject design, with homogeneity assumption.
- Unable to capture longitudinal change when the longitudinal data are intensive (Chow, et al. 2010; Molenaar, 2003).

**State-Space Modelling Framework:**

- A more accurate and flexible representation in longitudinal within-subject designs with capturing intraindividual variations (Chow, et al. 2010).
- Particularly suitable in Single-Case Experimental Design (SCED).

## Model Formulation: State and Measurement Equations

**Measurement/Observation Equation:**

$$\eta_t = B\eta_{t-1} + \zeta_t, \zeta_t \sim \text{MVN}(0, \Psi)$$

**State/Transition Equation:**

$$y_t = \Lambda\eta_t + \epsilon_t, \epsilon_t \sim \text{MVN}(0, \Theta)$$

## Estimation Method: Kalman Filter

- A recursive algorithm used to estimate the hidden states (latent variables).
- Operate in two primary phases: prediction and update.

### Prediction Phase

$$\hat{\eta}_{t|t-1} = B\hat{\eta}_{t-1} + \zeta_t \quad P_{t|t-1} = BP_{t-1}B' + \Psi$$

### Update Phase

$$\epsilon_t = (y_t - \Lambda\hat{\eta}_{t|t-1}) \quad \hat{\eta}_t = \hat{\eta}_{t|t-1} + K_t\epsilon_t$$

$$K_t = P_{t|t-1}\Lambda'(\Lambda P_{t|t-1}\Lambda' + \Theta)^{-1} \quad P_t = (I - K_t\Lambda)P_{t|t-1}$$

## Reference

Chow, S. M., Ho, M. H. R., Hamaker, E. L., & Dolan, C. V. (2010). Equivalence and differences between structural equation modeling and state-space modeling techniques. *Structural Equation Modeling*, 17(2), 303-332.  
 MacKinnon, D. P. (2008). *Introduction to statistical mediation analysis*. Erlbaum.  
 Molenaar, P. C. (2003). *State space techniques in structural equation modeling*. Retrieved from the Pennsylvania State Department of Human Development and Family Studies  
 website: <http://www.hhdev.psu.edu/hdfs/faculty/docs/StateSpaceTechniques.pdf>  
 Shumway, R. H., & Stoffer, D. S. (2000). *Time series analysis and its applications* (Vol. 3). New York: Springer.

## Example 1: A Basic Lag-One Example

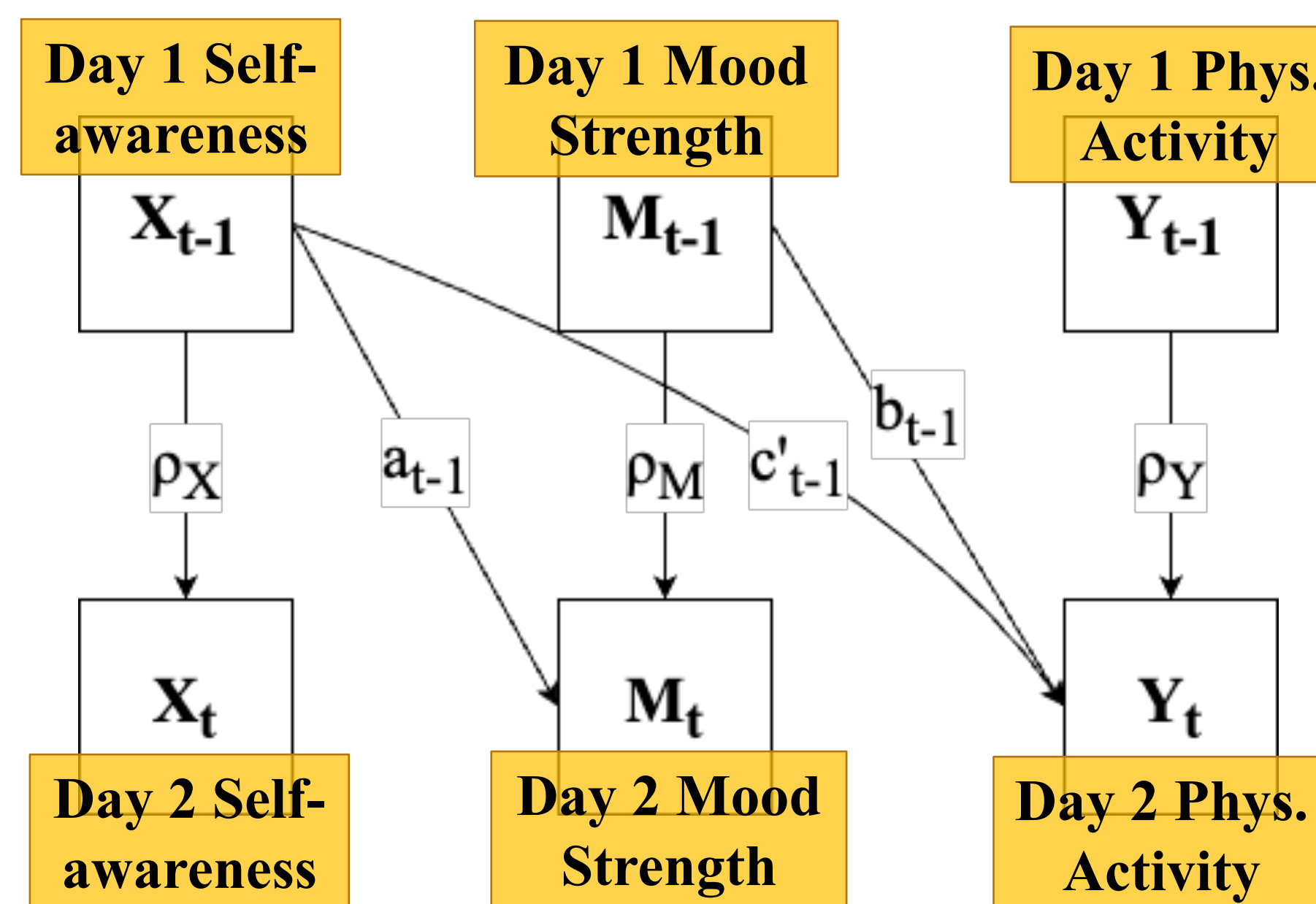


Fig. 2. Path Diagram of the Basic Lag-One SSM Model

$$\begin{pmatrix} X_t \\ M_t \\ Y_t \end{pmatrix} = \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{pmatrix} \begin{pmatrix} X_{t-1} \\ M_{t-1} \\ Y_{t-1} \end{pmatrix}, \text{ where } \theta = \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

$$\begin{pmatrix} X_t \\ M_t \\ Y_t \end{pmatrix} = \begin{pmatrix} \rho_X & 0 & 0 \\ a_{t-1} & \rho_M & 0 \\ c'_{t-1} & b_{t-1} & \rho_Y \end{pmatrix} \begin{pmatrix} X_{t-1} \\ M_{t-1} \\ Y_{t-1} \end{pmatrix} + \begin{pmatrix} \zeta_X \\ \zeta_M \\ \zeta_Y \end{pmatrix}, \text{ where } \Psi = \begin{pmatrix} \psi_X & 0 & 0 \\ 0 & \psi_M & 0 \\ 0 & 0 & \psi_Y \end{pmatrix}$$

## Simulation Studies on Example 1

	True Values	T = 50	T = 100	T = 150
$\rho_X$	0.6	0.538(0.118)	0.461(0.089)	0.580(0.067)
$\rho_M$	0.4	0.390(0.115)	0.344(0.080)	0.343(0.069)
$\rho_Y$	0.5	0.606(0.065)	0.465(0.061)	0.559(0.041)
$a_{t-1}$	0.4	0.398(0.098)	0.452(0.080)	0.328(0.060)
$b_{t-1}$	0.4	0.320(0.111)	0.391(0.086)	0.385(0.062)
$c'_{t-1}$	0.5	0.566(0.089)	0.510(0.081)	0.501(0.052)
$\psi_X$	0.5	0.656(0.133)	0.501(0.071)	0.478(0.055)
$\psi_M$	0.4	0.342(0.069)	0.357(0.051)	0.359(0.042)
$\psi_Y$	0.3	0.253(0.051)	0.361(0.051)	0.251(0.029)

	True Values	T = 200	T = 500	T = 1000
$\rho_X$	0.6	0.542(0.060)	0.603(0.036)	0.646(0.024)
$\rho_M$	0.4	0.360(0.059)	0.395(0.035)	0.372(0.024)
$\rho_Y$	0.5	0.523(0.042)	0.483(0.025)	0.504(0.017)
$a_{t-1}$	0.4	0.347(0.052)	0.434(0.034)	0.436(0.023)
$b_{t-1}$	0.4	0.345(0.058)	0.433(0.035)	0.392(0.024)
$c'_{t-1}$	0.5	0.465(0.051)	0.488(0.032)	0.476(0.021)
$\psi_X$	0.5	0.513(0.051)	0.492(0.031)	0.501(0.022)
$\psi_M$	0.4	0.367(0.037)	0.403(0.026)	0.372(0.017)
$\psi_Y$	0.3	0.320(0.032)	0.303(0.019)	0.287(0.013)

Table 1. The Estimates with Standard Errors for Simulated Data Using Lag-One Model

## Example 2: A Lag-Two Model

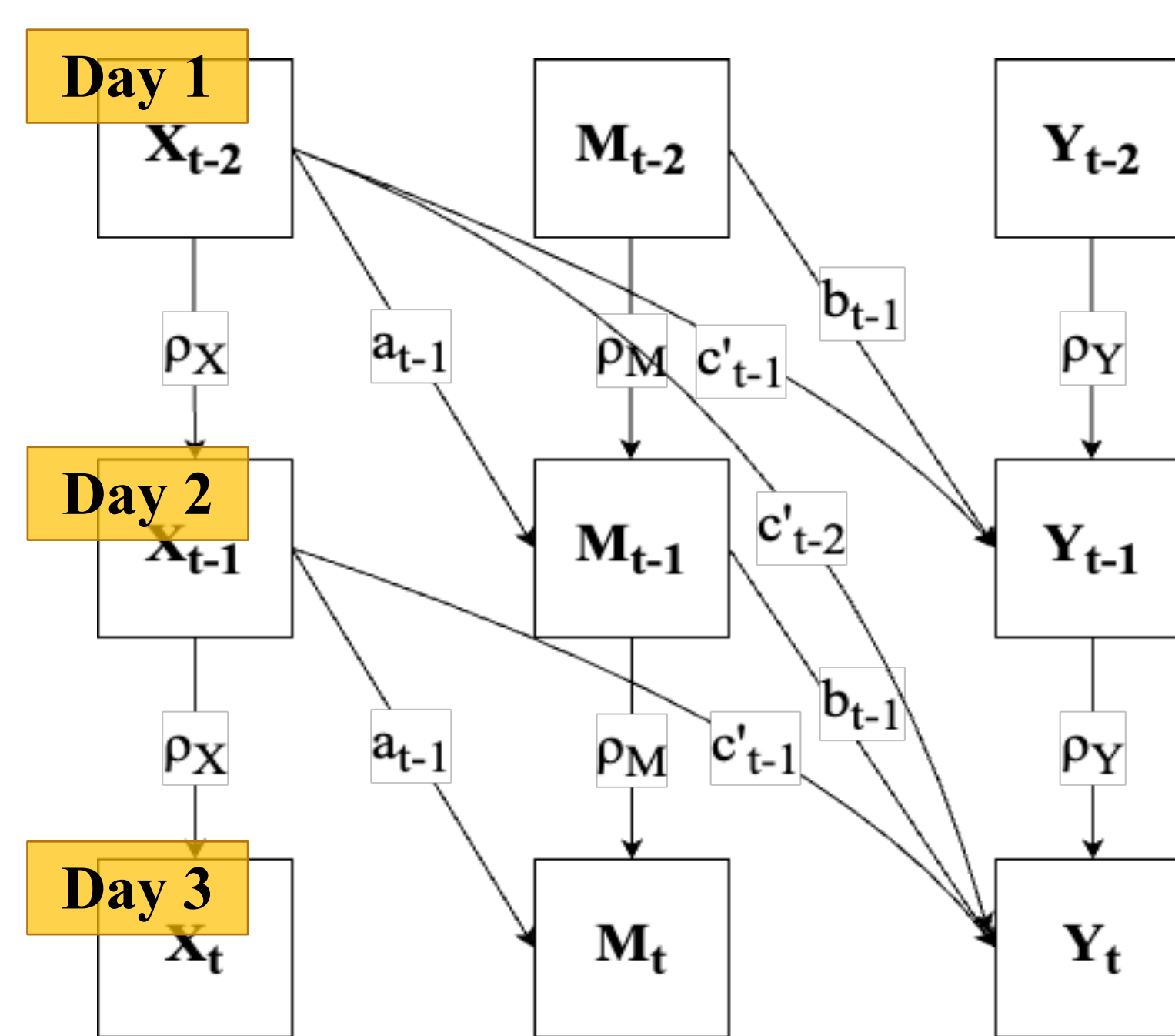


Fig. 3. Path Diagram of the Lag-Two SSM Model

$$\begin{pmatrix} X_t \\ M_t \\ Y_t \end{pmatrix} = \begin{pmatrix} 1 & 0 & 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & 0 & 0 & 0 \end{pmatrix} \begin{pmatrix} X_{t-1} \\ M_{t-1} \\ Y_{t-1} \\ X_{t-2} \\ M_{t-2} \\ Y_{t-2} \end{pmatrix}, \text{ where } \theta = \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

$$\begin{pmatrix} X_t \\ M_t \\ Y_t \\ X_{t-1} \\ M_{t-1} \\ Y_{t-1} \end{pmatrix} = \begin{pmatrix} \rho_X & 0 & 0 & 0 & 0 & 0 \\ a_{t-1} & \rho_M & 0 & 0 & 0 & 0 \\ c'_{t-1} & b_{t-1} & \rho_Y & c'_{t-2} & 0 & 0 \\ 1 & 0 & 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & 0 & 0 & 0 \end{pmatrix} \begin{pmatrix} X_{t-1} \\ M_{t-1} \\ Y_{t-1} \\ X_{t-2} \\ M_{t-2} \\ Y_{t-2} \end{pmatrix} + \begin{pmatrix} \zeta_X \\ \zeta_M \\ \zeta_Y \\ 0 \\ 0 \\ 0 \end{pmatrix}$$

$$\text{where } \Psi = \begin{pmatrix} \psi_X & 0 & 0 & 0 & 0 & 0 \\ 0 & \psi_M & 0 & 0 & 0 & 0 \\ 0 & 0 & \psi_Y & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$$

## Example 3: A Lag-one SSM with Latent Variables

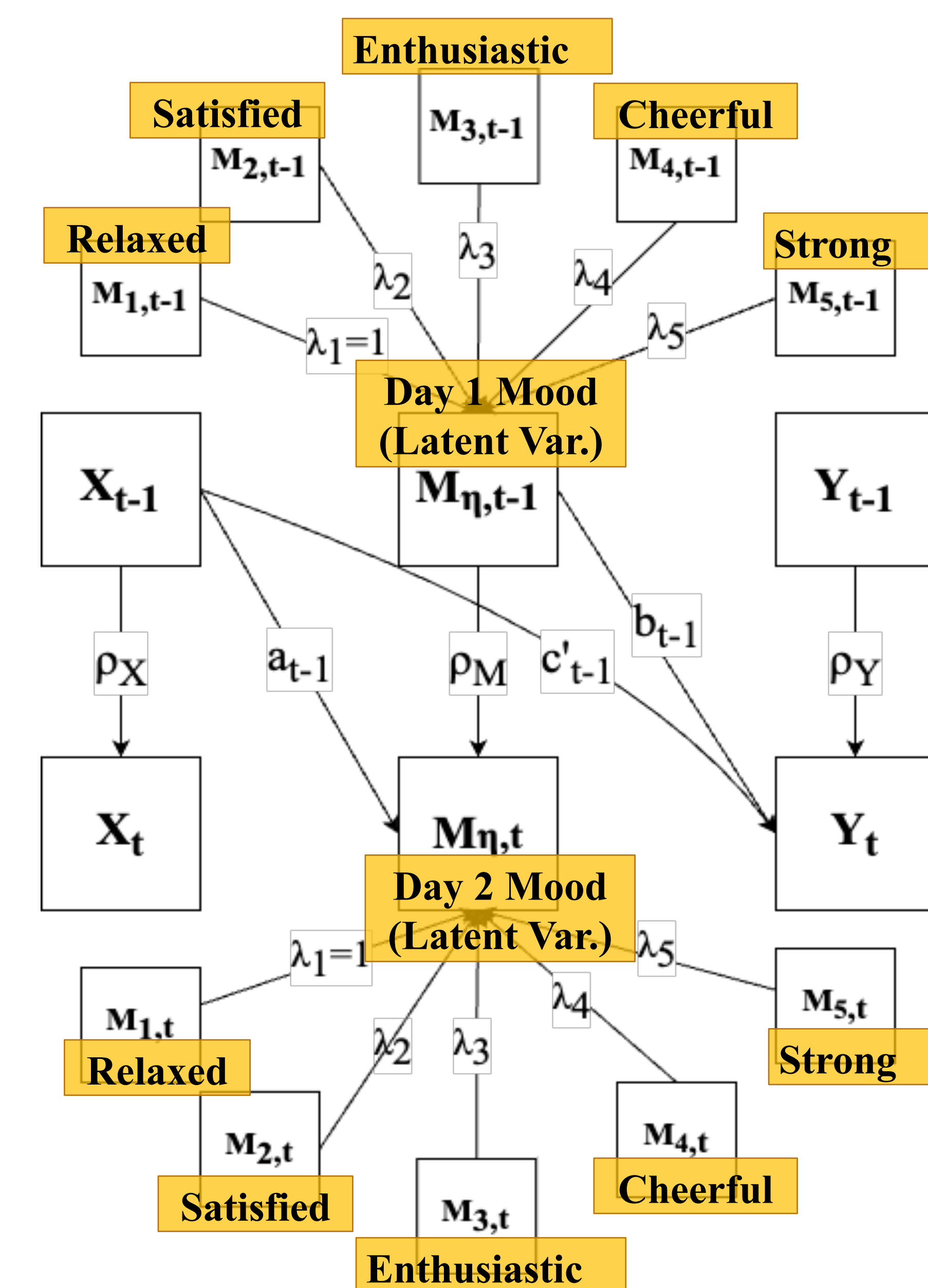


Fig. 4. Path Diagram of a SSM Model with a Latent Mediator Measured by Five Manifest Variables

$$\begin{pmatrix} X_t \\ M_{\eta,t} \\ Y_t \end{pmatrix} = \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & \lambda_3 & 0 \end{pmatrix} \begin{pmatrix} X_{t-1} \\ M_{\eta,t-1} \\ Y_{t-1} \end{pmatrix} + \begin{pmatrix} \zeta_X \\ \zeta_M \\ \zeta_Y \end{pmatrix}$$

$$\begin{pmatrix} X_t \\ M_{\eta,t} \\ Y_t \end{pmatrix} = \begin{pmatrix} \rho_X & 0 & 0 \\ a_{t-1} & \rho_{M\eta} & 0 \\ c'_{t-1} & b_{t-1} & \rho_Y \end{pmatrix} \begin{pmatrix} X_{t-1} \\ M_{\eta,t-1} \\ Y_{t-1} \end{pmatrix} + \begin{pmatrix} \zeta_X \\ \zeta_M \\ \zeta_Y \end{pmatrix}$$

$$\text{where } \theta = \begin{pmatrix} 0 & 0 & 0 \\ 0 & \theta_1 & 0 \\ 0 & \theta_2 & 0 \\ 0 & \theta_3 & 0 \\ 0 & \theta_4 & 0 \\ 0 & \theta_5 & 0 \\ 0 & 0 & 0 \end{pmatrix}, \Psi = \begin{pmatrix} \psi_X & 0 & 0 \\ 0 & \psi_{M\eta} & 0 \\ 0 & 0 & \psi_Y \end{pmatrix}$$

## Discussion

**Lag-P Model:** Broadly, we can extend the lag-2 SSM model in Example 2 to lag-p, where  $\eta_t$  is influenced by previous lags up to  $\eta_{t-1}$

$$\eta'_t = B_1\eta'_{t-1} + B_2\eta'_{t-2} + \dots + B_p\eta'_{t-p} + \zeta_t, \text{ where } \zeta_t \sim \text{MVN}(0, \Psi)$$

$$\eta_t = \begin{pmatrix} \eta'_t \\ \eta'_{t-1} \\ \vdots \\ \eta'_{t-p} \end{pmatrix}, B = \begin{pmatrix} B_1 & B_2 & \dots & B_p \\ I_3 & 0 & \dots & 0 \\ 0 & I_3 & \dots & 0 \\ 0 & 0 & \ddots & \vdots \\ 0 & 0 & \dots & 0 \end{pmatrix}, \zeta = \begin{pmatrix} \zeta_t \\ \vdots \\ 0 \end{pmatrix}, \Psi = \begin{pmatrix} \psi'_t & 0 & \dots & 0 \\ 0 & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & 0 \end{pmatrix}$$

**Covariates:** SSM's flexibility permits the inclusion of covariates (input/control variables) in both measurement and state equations, as described below.

$$\eta_t = B\eta_{t-1} + Cf_t + \zeta_t, \zeta_t \sim \text{MVN}(0, \Psi)$$

$$y_t = \Lambda\eta_t + Ax_t + \epsilon_t, \epsilon_t \sim \text{MVN}(0, \Theta)$$

*Examples:* Social Interactions, Health Status Changes

**Missing Values:** With the Expectation-Maximization (EM) algorithm, SSM excels at handling missing data by iterating between estimating the missing data given the model parameters (E-step) and optimizing the model parameters given the estimated data (M-step).

## Acknowledgements

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