The Sad Truth About Happiness Scales

Timothy Bond and Kevin Lang

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Points on scales represent intervals



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- Can (almost) never rank two groups with respect to mean happiness without strong additional assumptions



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 - Even assuming everyone has the same reporting function
- Applications to:
 - Moving to Opportunity
 - Changes in male/female happiness
 - Easterlin paradox
- Suggest some partial solutions

"Theory" ●000000	Applications 0000000000	Conclusion O

> Standard question in happiness literature asks if respondent is:



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- > Standard question in happiness literature asks if respondent is:
 - very happy



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> Standard question in happiness literature asks if respondent is:

- very happy
- somewhat happy



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- Sometimes modeled as 0, 1,2
- Frequently modeled in standard deviations (essentially the same)
- Best, modeled as ordered probit/logit
- ► Key point: Stochastic Dominance in Categories → Rankable Means

Example with Normality

Example 1				
	Group A	Group B		
Very happy	20	15		
Pretty happy	25	30		
Not too happy	55	55		

- Group A happier if we impose common variance (would be rejected with reasonable sample size)
- With different variances/same cutoffs
 - Mean for group A = -.18
 - ▶ Mean for group B = −.14

A More Extreme Example

Example 2				
	Group A	Group B		
Very happy	45	0		
Pretty happy	0	45		
Not too happy	55	55		

- Mean for group $A = -\infty$
- Mean for group B = 0

Should not normalize variance



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 - implies different cutoffs between very happy/somewhat happy for different groups
- Instead normalize cutoffs (e.g. 0, 1)
- Then mean and variance of distribution are identified
- Seems to imply ranking of mean happiness/utility

An Example with the "Right" Ranking Logistic Distribution

Example 3				
	Group A	Group B		
Very happy	.20	.28		
Pretty happy	.60	.53		
Not too happy	.20	.19		

- Mean for group A = .50; Spread parameter=.36
- ▶ Mean for group B = .61; Spread parameter=.42
- CDFs cross at 14th percentile.

"Theory"	Applications	Conclusion
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Normality: Always Simple Log-Normal Transformation

• Recall that only μ/σ is identified. Choosing a different cutoff changes μ and σ proportionally



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McGill Presentation

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$$\mu_1 > \mu_2, \ \sigma_2^{2-\sigma_1^2} < \sigma_1$$

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- ▶ $\mu_1 > \mu_2, \sigma_2 > \sigma_1$ ▶ Let $\tilde{u} = \exp(u)$ ▶ Mean $(\tilde{u}_i) = \exp(\mu_i + .5\sigma_i^2)$ ▶ Adjust cutoff to multiply μ, σ by c▶ $c\mu_1 + .5c^2\sigma_1^2 = c\mu_2 + .5c^2\sigma_2^2$, ▶ $c = 2\frac{\mu_1 - \mu_2}{\sigma_2^2 - \sigma_1^2} > 0$ ▶ $\mu_1 > \mu_2, \sigma_2 < \sigma_1$ ▶ Let $\tilde{u} = -\exp(-u)$

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 Introduction
 "Theory"
 Applications
 Conclusion

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"Theory"	Applications	Conclusion
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General Result for Two-Parameter Distributions

• Assume CDF = F((u - m) / s)



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Introduction "Theory" Applications Conclusion o occooco o o

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- Technical details in paper
- Note:two assumptions above sufficient, not necessary

"Theory"	Applications	Conclusion
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MTO

Table: Distribution of Happiness - Moving to Opportunities

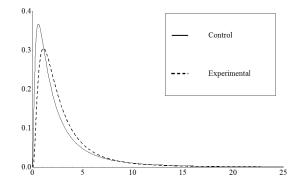
	Control Compliers	Experimental Compliers
Very Happy	0.242	0.262
Pretty Happy	0.470	0.564
Not Too Happy	0.288	0.174

Source: Ludwig et al (2013), Appendix Table 7.

Experimental estimates are TOT.

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MTO Log-Normal Happiness Distribution with Equal Means





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MTO: Concluding Remarks

 Solution in test gap paper is to tie scale to some other outcome



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MTO: Concluding Remarks

- Solution in test gap paper is to tie scale to some other outcome
- Seems roundabout here might as well measure effect on other outcomes
- Beneficial results for psychological well-being are unchanged conditional on accepting medical scales

Female-Male Happiness Gap

Table: Distribution of Happiness - General Social Survey

	Male	Female	
Panel A: 1	972-197	6	
Very Happy	0.337	0.384	
Pretty Happy	0.530	0.493	
Not Too Happy	0.132	0.122	
Normal Mean	0.727	0.798	
Normal Variance	0.424	0.471	
Panel B: 1998-2006			
Very Happy	0.330	0.339	
Pretty Happy	0.566	0.553	
Not Too Happy	0.104	0.109	
Normal Mean	0.742	0.748	
Normal Variance	0.346	0.367	

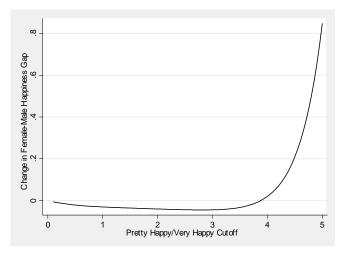
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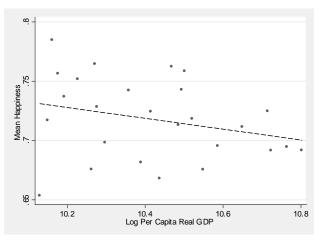
Gap Change for Different Degrees of Skewness



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Easterlin Paradox: United States

Assuming Normality

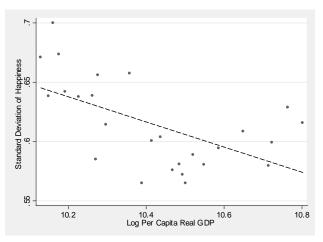


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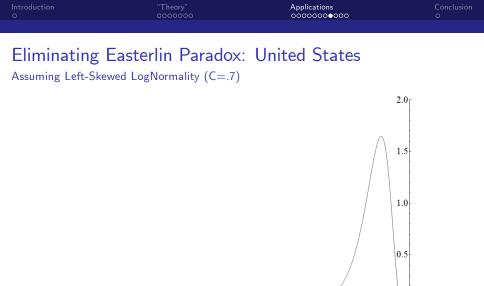
Variance: United States

Assuming Normality



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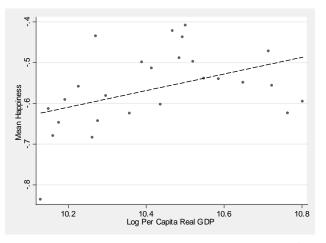
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Reversing the Easterlin Paradox: United States

Assuming Left-Skewed LogNormality (c=2.6)



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"Theory"	Applications	Conclusion
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World Values Survey



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- World Values Survey
- Use normal and log normal with c=2, 0.5, -.5, 2

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- ▶ Use normal and log normal with c=2, 0.5, -.5, 2
- Pairwise rankings very sensitive to level of left or right skewness

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- ▶ Use normal and log normal with c=2, 0.5, -.5, 2
- Pairwise rankings very sensitive to level of left or right skewness
- ▶ Rank-correlation between log-normal transformations with C = 2 and C = -2 is .156.

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	"Theory" 0000000	Applications 000000000●	Conclusion O
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"Happiest countries"



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 - Right-skewed: Ghana, Guatemala, Mexico, Trinidad and Tobago, South Africa

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 - ▶ Right-skewed: Iraq, Romania, Hong Kong, Moldova, Serbia

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 - Normal: Moldova, Iraq, Romania, Bulgaria, Zambia
 - Left-skewed: Ethiopia, Zambia, Ghana, Moldova, Peru

	"Theory"	Applications	Conclusion
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Conclusion			

► Houston, we have a problem.



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