

# Department of Psychiatry

NEWSLETTER

SUMMER/FALL 2015

## Message from the Chair



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Welcome New 5 Residents

With the summer now drawing to a close, I hope you are all returning from some welldeserved holidays, and are ready to begin the year with renewed energy. I am looking forward to this academic year, during which I am certain that our department will continue on its path to achieving academic excellence and innovation.

Since my appointment six months ago, there have been several internal and external changes that have affected our department. Bill 10 was adopted last winter and has had wideranging repercussions on our institutions. The health care administrative structure and service reorganization continues to be in flux and presents new challenges to both our academic mission and to the delivery of clinical services. In addition to the regional health-service structural changes, CIHR is implementing significant transformations to the way it reviews and awards funding, which have required each of us to adjust our approach to academic endeavours. Although these changes are difficult, we are learning together how to adapt to the new realities of psychiatric care and research, and I am confident that new opportunities will arise that will benefit us as a whole.



Internally, we have made progress in shaping the future of the department. As detailed in an announcement sent in the spring, Dr. Nicola Casacalenda has been appointed as the Associate Chair of Clinical Affairs. We welcome him aboard and are looking forward to his fresh perspective on clinical matters and other departmental affairs.

We have also embarked on a mission to unify the vision of care delivered by psychiatric services across the different sites affiliated with McGill. This newly created initiative, called "Rethinking Psychiatry at McGill," gives us an opportunity to readjust in the face of all the health-system changes, and to plan strategically. The committee has met twice, in April and in June. Together, we

have agreed on two pilot Save the Date! projects. First, under the Faculty November of Medicine's current mandate to Departmental advance Global Health projects, we

Friday,

27th

Day!

are considering the creation of a McGill Global Mental Health Program. Second, we have begun discussions to standardize patient handover procedures at psychiatric emergency services across the different sites. With these important projects underway, I am enthusiastic about our department's ability to work together to bring meaningful change to our patients.

## Message from the Chair continued...

Another important aspect of our department's activities is in communicating our vision, our work and our successes to each other and to the public. For these reasons I am pleased to an-



The Glen Yards Hospital

nounce the forthcoming creation of a Department of Psychiatry Twitter account. I would welcome any feedback from you about ongoing activities and invite you to let us know about events you would like us to communicate.

Finally, I would ask you all to mark your calendars for the **Departmental Day on November 27th.** Please join us for this event during which the Dean will visit us to exchange with members of our department, and you will have the opportunity to learn about ongoing academic and clinical activities conducted by departmental members. In addition, we will be hosting a cutting edge conference entitled "Physician-assisted dying: the psychiatrist's role?" just days before the new Quebec law goes into effect. This will

definitely be a Departmental Day not to be missed!

I wish you all an enjoyable return to your activities and anticipate an excellent academic year.

Sincerely,

Gustavo Tureckí

Chair, Department of Psychiatry

### Appointments and Promotions

#### **Emeritus**

Nancy Frasure-Smith

#### **Promotions**

Brett Thombs to Full Professor Lucie Nadeau to Associate Professor Jaswant Guzder to Full Professor Jens Pruessner to Full Professor Marcelo Berlim to Associate Professor Marion Koch to Assistant Professor (part time) Sylvain Williams to Full Professor

#### **New Appointments**

Diana Awad (Assistant Professor)
Jason Bond (Assistant Professor)
Mark Brandon (Assistant Professor)
Angela Bucatel (Assistant Professor)
Rosemarie Chenard-Sousy (Assistant Professor)

Christian Dubé (Faculty Lecturer)
Ferid Fathalli (Assistant Professor)
Marie-Claude Geoffroy (Assistant Professor)
Paola Habib (Assistant Professor)
Outi Mantere (Associate Professor)
Valentin Mbekou (Faculty Lecturer)
Ruben Martins (Assistant Professor)
Xiang Fe Meng (Assistant Professor)
Alexandre Traicu (Assistant Professor)
Sylvia Villeneuve (Assistant Professor)
Yael Wolf (Assistant Professor)

I



Left to Right: Lynn McVey, François Morin, Dr. David Eidelman, Minister of Economic Development Jacques Daoust, Martine Turcotte, Dr. Naguib Mechawar, Dr. Gustavo Turecki, Minister of Health Dr. Gaetan Barrette, Marisa Giannetti, and Benoît Morin

The department is proud to announce the inauguration of the Centre for Translational Research on Mood Disorders and Suicide at the Douglas Mental Health University Institute this past August. The cutting-edge centre, along with the newly modernized Douglas-Bell Canada Brain Bank, will help researchers from around the globe to advance knowledge about neurodegenerative and psychiatric diseases.

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## Department Highlights

We had a wonderful turn out at the cocktail dinatoire in honor of our outgoing chair, Dr. Mimi Israël, on April 14<sup>th</sup>, 2015. A great time was had, with delicious food and speeches that were original and appreciative. A beautiful piece of artwork was presented to Mimi, which she will likely admire for years to come.

We welcome Dr. Leon Tourian as the new Graduate Program Director effective July 1<sup>st</sup>, 2015. His dedication and commitment to residents and to educational excellence will definitely be valued and we look forward to important initiatives coming up during his mandate.

The 21st Summer Program in Social and Cultural Psychiatry was hosted from May to July 2015. This year, over 80 Canadian and international students attended the program. Thanks to the dedication and effort of the Transcultural Division's faculty and support staff, we have been able to offer this unique



Dr. Leon Tourian

program for two decades.

This past spring, we saw the move of both the Royal Victoria Hospital and the Montreal Children's Hospital to the new Glen site. Those who participated in the MUHC



on June 20<sup>th</sup> saw a large representation of members from the Faculty of Medicine and McGill University, as well as dignitaries from all levels of government. As time passes, we hope our faculty members

walk for the official opening

from the MUHC Departments

of Psychiatry and Child

Psychiatry are settling in well.

Dr. Howard Steiger presenting Dr. Mimi Israël with her gift at the departmental cocktail dinatoire

#### In Memorium

**Maurice Dongier** 1925 – 2015

Frank Raymond Ervin 1926 – 2015

Theodore (Ted) Lionel Sourkes 1919 – 2015



Dr. Laurence Kirmayer, second from the right, and his Cultural Psychiatry class during the 2015 Summer Program

# Grants, Awards and Recognitions

#### Dr. Laurence Kirmayer

Fellow of the Royal Society of Canada

#### Dr. Marco Leyton

2015 Canadian College of Neuropsychopharmacology (CCNP) Innovations in Neuropsychopharmacology Award

#### Dr. Sherif Karama

2015 Canadian College of Neuropsychopharmacology (CCNP) Young Investigator Award

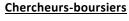
#### Dr. Ashok Malla

2015 Canadian College of Neuropsychopharmacology (CCNP) Medal

#### Dr. Gabriella Gobbi

Venezia Prize from the Italian Chamber of Commerce in Canada, for the best collaborative scientific project between Canada and Italy.

2015 FRSQ Awards and Grants



Dr. Tak Pan Wong

(Établissement de jeunes chercheurs)

Dr. Mayada Elsabbagh

Chercheurs-boursiers cliniciens
(Établissement de jeunes chercheurs
cliniciens)

Dr. Simon Ducharme

Dr. Srividya Iyer

Dr. Jai Shah

Recherches sur l'urgence et le conti-

nuum des soins -Volet 1

Marie-Josee Fleury

Formation de doctorat et de maîtrise

Valerie D'Amour-Horvat Michelle Lonergan

Genevieve Sauve

Franz Veru

Stephanie Gumuchian

Danielle Brittany Rice

Natalia Jaworska



#### 2015 CIHR Grants

#### Srividya Iyer

Foundation Grant

Enhancing youth mental health: A program of research into mental healthcare needs, pathways, outcomes and services

#### **Phyllis Zelkowitz**

Operating Grant

Developing informational and emotional supports for couples undergoing infertility treatment <u>Team Grant</u>: Advancing Research to Improve Boy's and Men's Health - General Grant New Promoting Physical and Mental Health in Men Facing Fertility Issues

#### Mallar Chakravarty

Operating Grant

Imaging-genetics biomarkers for disease risk in Alzheimer's Disease

#### Lalit Srivastava

Operating Grant

Role of developing hippocampus in organizing prefrontal cortical functions



Dr. Leon Tourian, third from the left, and McGill Psychiatry Residents

## 2015 Student Research Day Awards

**Richard Boyce** FRQ-S Award (Supervisor: Dr. S. Williams)

**Huy Binh Nguyen** Douglas Foundation Award (Supervisors: Drs. M. Meaney & T.P. Wong)

Angelica Torres-Berrio Douglas Research Center Award

(Supervisor: Dr. C. Flores)

Shauna Solomon-Krakus Dennis/Birmingham Award

(Supervisor: Dr. D. Dunkley)

Jennifer Lissemore MUHC Award

(Supervisors: Drs. C. Benkelfat & M. Leyton)

### 2015 Resident Awards Night

### Elections

Dr. Annie Trepanier (R5)

President of the Federation of Medical Residents of Quebec

Dr. Aris Hadjinicolaou (R2)

President of the Association of Residents of McGill

#### Resident Awards for the Best Scholarly Paper

Dr. Vincent Laliberte

Gabrielle Weiss Prize

Dr. Matthew Sloan

Saul Wilner Prize

**Dr. Venkat Bhat** Innovative Publication Prize

Dr. Dominique Elie

Serge Bikadoroff Prize

**Dr. Vincent Laliberte** Chairman's Prize

## Resident Awards for Clinical and Educational Excellence

Dr. Alanna Propst

**Most Promising Clinician** 

Dr. Wid Kattan

**Most Promising Teacher** 

Dr. Carl Chinara

Dennis Engels Awards for excellence in Psychotherapy

#### **Faculty Awards**

**Dr. Nick Casacalenda**Best Training Director

Dr. Leon Tourian

Best Teacher

Dr. Tewfik Said

**Best Supervisor** 

### Welcome New Residents 2015

Alexandre Allard

McGill University

Rosalie Cavin

McGill University

Iulia Cristinalonescu

McGill University

André Do McGill University

Nasr Farooqi Queen Mary Westfield Coll, England

Marie Fournier *Université Laval* 

Artin Mahdanian
Tehran University of Medical Sciences

Anika Maraj University of Ottawa

Estelle Ouellet Université de Montréal

Hyehyun Paek
Dalhousie University

Delphine Roussel-Bergeron *Université de Montréal* 

Rouzbeh Shadpey Université de Sherbrooke

Blanca Elena Vacaflor Université de Montréal

Dafna Wajszilber McGill University



Dr. Karl Looper, far right, and McGill Psychiatry Resident Graduates

## 2015 Residency Graduation

Dr. Carl Chiniara

Dr. Wid Kattan

Dr. Eric Lis

Dr. Ruben Martins

Dr. Alanna Propst

Dr. Matthew Sloan

Dr. Jean Daniel Sylvestre