

Message from the Chair

As the months fly by, it is difficult to decide when to stop the clock and take stock of the numerous newsworthy events in our department. Why not choose a snowy February morning when traffic is going to be impossible in Montreal and there will be cancellations!

The cyclical review for our department took place October 7-9, 2013. A committee that included Professor Trevor Young, Chair, Department of Psychiatry, University of



Toronto, and Professor Jerrold Rosenbaum, Chief of Psychiatry, Massachusetts General Hospital, Harvard University met with different groups within the department. Informal feedback has been extremely positive. Reviewers were most impressed by our department's productivity



and the dedication of our members. I sincerely thank all members who met with the committee, gave their input in the preparation of the final document and helped us respond to the feedback. A special thanks to our administrative team who cheerfully and efficiently worked behind the scenes and contributed to our success.

If you follow *McGill in the News*, read newspapers or watch television, you will



have noticed how often members of our department attract positive media

attention. We can be proud of the scientific knowledge being generated by our researchers and of our faculty's talent at informing the public. We can also be proud of the willingness of our members to step out



\$ 9.8 million to the Douglas Institute for the creation of a centre specializing in research on depression and suicide.
(from left to right) Brigitte Kieffer, Dr Réjean Hébert, Lynne McVey, Patrick Murphy-Lavallée, Dr Gustavo Turecki

and advocate for our patients and fight stigma in public forums.

INSIDE THIS ISSUE:

Message from the Chair 1

Grants, Awards & Recognitions 4

Promotions, New Hires, & New Appointments 4

CIHR Results 4

Resident Awards Night 5

Hot off the Press 5

*Message from the
Chair continued...*



*Transcultural
Academic Day
from top to bottom:
Drs. Laurence
Kirmayer, Cécile
Rousseau, Jaswant
Guzder, G. Eric
Jarvis*

2013 marked the publication of the 50th volume of the *Transcultural Psychiatry* journal. The journal is the oldest and most prestigious journal in the field of cultural psychiatry. In celebration, a McGill Academic Day was held on October 25, 2013 in the auditorium of the Institute of Community and Family Psychiatry, JGH.

The theme was the Future of Cultural Psychiatry: DSM-5 and Beyond. The keynote speaker was Dr. Roberto Lewis-Fernandez, Professor of Clinical Psychiatry at Columbia University and Director of the New York State (NYS) Center of Excellence for Cultural



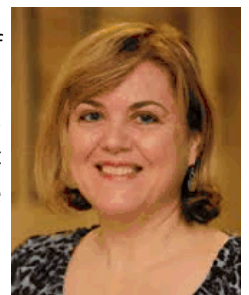
Competence. Dr. Fernandez led the cultural workgroup that made important contributions to DSM 5. McGill Faculty from the Division of Social & Transcultural Psychiatry played a key role in the development of the DSM 5 Cultural Formulation Interview and the new discussion of cultural

concepts of illness. Other presentations addressed innovative work on the place of culture and neuroscience in psychiatry, cultural consultation, research with the McGill Illness Narrative Interview and human rights and advocacy for refugees.

It is our pleasure to announce **Dr. Jess Friedland** as the new Program Director for Geriatric Psychiatry. Dr. Friedland is an Assistant Professor and psychiatrist based at the Douglas Mental Health University Institute. In this role, Dr. Friedland will be responsible for creating and advancing a Royal College-accredited subspecialty training program in geriatric psychiatry at McGill.

We welcome **Dr. Lila Amirali** as Interim Head of the Department of Psychiatry of the Montreal Children's Hospital and Interim Division Chief of Child Psychiatry. Dr. Amirali assumed leadership January 1, 2014. Since 2012, she has been the Clinical Director of the Department of Psychiatry at the Montreal Children's Hospital. A Search Committee for a permanent Department Head will be organized soon.

We also welcome **Dr. Brigitte Kieffer**, who arrived in January and has rapidly embraced her position as Scientific Director of the Douglas Institute Research Centre.



Dr. Lila Amirali



Dr. Simon Young has begun a well-deserved retirement as Emeritus Professor after 42 years with the McGill Department of Psychiatry. Dr. Young began his productive McGill career in 1971 as a Post-Doctoral Fellow. He was appointed an Assistant Professor in 1975 and Full Professor in 1987. He has made exceptional contributions to research, teaching, and administration, authoring approximately 230 referred papers and over 50 editorials and comments. He supervised dozens of graduate students, residents and fellows, the majority of who now have successful academic careers and served as a valuable mentor to tenure-track faculty in the department. While resting does not seem to be in his immediate plans, we wish him a happy and wonderful retirement as Emeritus Professor.

As usual, several members of our faculty were recipients of grants, awards and recognitions. The CIHR results for the September 2013 competition proved to be highly successful with seven members of our department garnering over 5 million dollars in funding. In addition, a number of our faculty members have been promoted and granted tenure, and we warmly congratulate them. We also acknowledge and appreciate the extraordinary work done by members of our promotions, mentoring, and tenure committees in supporting their colleagues and ensuring that dossiers meet University requirements.

The Resident Awards Night, which honored Faculty and Resident achievements, took place at Thomson House on November 13th, 2013. Congratulations to award recipients and their supervisors.

The 2013 Career Day was held on November 20th at the Institute of Community and Family Psychiatry. Helpful presentations were delivered to the residents by faculty members from the Douglas, the MUHC, the JGH, and representatives from regional partners and resident associations.

Finally, I'd like to thank all those who made a contribution to the McGill Department of Psychiatry Academic Fund. We recently kicked off our 2nd annual campaign. Your commitment to our Department and the University will play a key role in allowing us to continue to expand our sponsorship of student and faculty events. Please help us realize our goal of raising an additional \$15,000.

To make a contribution, visit www.alumni.mcgill.ca/aoc/online-giving. Please be sure to



designate your donation to the "Department of Psychiatry Academic Fund."

Please take time to mark your agendas and regularly visit our events section of the Department of Psychiatry website. Many conferences and events will take place this spring. We are also planning a departmental academic half day to take place beginning of May 2014. More information will be available soon.

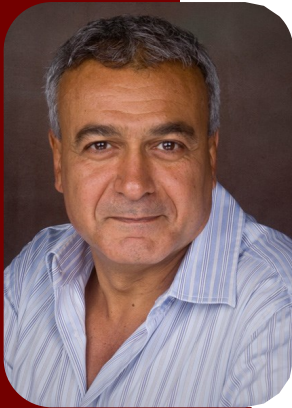
Message from the Chair continued...

Career Day 2013
from left to right: **Dr. Jai Shah, Josée Théberge, Johanne Renaud, Jess Friedland, Ron Fraser and Paulina Bajsarowicz**

Mimi Israel

Chair, Department of Psychiatry

Grants, Awards and Recognitions



Dr. Tewfik Said

Dr. Antoine Adamantidis

Broughton Young Investigator Award (Canadian Sleep Society), 2013.

Dr. Jorge Armony

2014 Pfizer Psychiatry Research Award

Dr. Robert Biskin

2013 Department of Psychiatry Awards
Early Career Psychiatrists Research Award

Dr. Salah El Mestikawy

Multi-Investigator Research Initiative (MIRI), Brain Canada

Dr. Jaswant Guzder

Dream-A-World Cultural Therapy
Turning the world upside down
Mental Health Challenge Competition

Dr. Lily Hechtman

Transcontinental Research Award of Excellence

Dr. Mimi Israel

2013 Prix Reconnaissance de carrière
Persillier-Lachapelle

Dr. Laurence Kirmayer

JGH Award for Excellence in Psychosocial Research

Dr. Myrna Lashley

Queen Elizabeth II Diamond Jubilee Medal

Meaney, Michael

Transatlantic Medal Award Lecture, British Endocrine Society, March 2013

Dr. Jens Pruessner

One of the 10 Discoveries of the Year selected by Quebec Science magazine for 2013

Dr. Cécile Rousseau

Prix finalist AQESSS 2013- Mission universitaire for the program: Les expressions créatrices en milieu scolaire"

Dr. Tewfik Said

Best Undergraduate Teacher in Psychiatry Award
McGill University Faculty of Medicine

Dr. Brett Thombs

Cochrane Collaboration, Bill Silverman Prize 2013
Arthritis Society, Investigator Salary Award (2013 – 2017).

Academy of Psychosomatic Medicine, Research Award 2013

Association of Rheumatology Health Professionals
Distinguished Scholar Award 2013

Dr. Phyllis Zelkowitz

Bell Let's Talk Community Fund
Title: JGH's Child Psychiatry Transitional Care Program

Promotions, New Hires and New Appointments

Promoted to Associate Professor

David Dunkley

New Hires

Pauline Bajsarowicz (Assistant Professor)

François Bourque (Assistant Professor)

Blandine Courcot (Affiliate Member)

Geneviève Gagnon (Assistant Professor)

Maureen Hodgson (Faculty Lecturer)

Brigitte Kieffer (Full Professor)

Axel Mathieu (Affiliate Member)

Rimma Orenman (Faculty Lecturer)

Natalie Vachon (Faculty Lecturer)

September 2013 CIHR Operating Grant Competition Results

Frank J Elgar

Social, economic and policy influences on social inequalities in adolescent health: a cross-national comparative study in 43 countries (1986-2014)

Bruno J Giros

A pharmacological approach to reduce cognitive deficits in psychosis: Targeting of the dopamine D1 receptors.

Eric A Latimer

Evaluating the strengths model of case management for people with severe mental illness : A multi-province study

Martin Lepage

A randomized controlled trial on group CBT for social anxiety in people with a first episode of psychosis

Marco Leyton

Dopamine and Risk for Addictions

Gustavo Turecki

Role of microRNA in Major Depression and Suicide

Sylvain Williams

Mechanism and function of glutamate release from GABAergic interneurons in hippocampus

Elections

Dr. John Perry was elected General Vice-President of the Society for Psychotherapy Research (SPR).

Dr. Laurence Kirmayer has been elected a Fellow of the Canadian Academy of Health Sciences.

Dr. Nicolas Cermakian was elected as the President of the Board of Directors of the Canadian Society for Chronobiology in May 2013, for a term of 2 years

2013 Residents Awards Night

Faculty Awards:

Dr. Kia Faridi – Best Training Director

Dr. Howard Margolese – Best Teacher

Dr. Viviane Zicherman – Best Supervisor

Resident Awards for Clinical and Educational Excellence:

Dr. Carl Chiniara – Most Promising Clinician

Dr. Malika Robichaud – Most Promising Teacher

Resident Awards for the Best Scholarly Paper:

Dr. Nazlie Faridi – Gabrielle Weiss Prize

Dr. Venkat Bhat – Geriatric Prize

Dr. Laura Pacione – Innovative Publication Prize

Dr. Leon Tourian – Saul Wilner Prize

Dr. Soham Rej – Serge Bikadoroff Prize

Dr. Soham Rej – Chairman's Prize



Drs. Zicherman, Margolese, Faridi



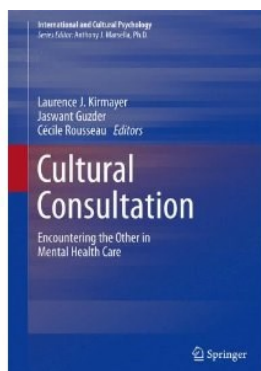
Drs. Tourian, Rej, Faridi, Robichaud, Pacione, Drs. Bhat, Chiniara and Wolf absent

Hot off the Press

We are pleased to announce the publication of a book on the Cultural Consultation Service at the JGH. *Cultural Consultation: Encountering the Other in Mental Health Care*, published by Springer SBM is edited by Laurence J. Kirmayer, Jaswant Guzder and Cécile Rousseau.

The book describes in detail the theoretical background, development and implementation of cultural consultation as a strategy to address cultural diversity in mental health care. The book is available on Amazon but can be downloaded or

printed on demand at a discount through Springer Link (link.springer.com) if accessed via McGill.



Journal of Psychiatry & Neuroscience

Hats off to the Journal of Psychiatry and Neuroscience (co-Editors-in-Chief Patricia Boksa and Ridha Joober).

The Journal of Citation recently released that the newcomer journal made a strong rise for its impact factor, putting it at number 11 out of 135 psychiatry journals.