



McGill

School of
Social Work



*Information Session for
Prospective Students
September 20, 2018 @ 4:00 p.m.
Wilson Hall, Wendy Patrick Room*

Master of Science Applied in Couple and Family Therapy

Welcome



Dr. Sharon Bond
Program Director
M.Sc. (A.) in Couple and Family Therapy

About McGill

Nº 1



in
Canada

among medical-doctoral universities
for 13 consecutive years

[Maclean's University Rankings 2018]



in

Social Sciences and
Humanities grants

[Maclean's University Rankings 2018]

1

Founded in 1821

One of Canada's best
known
&
leading institutions of
higher learning

2

Enrolment

40,971 students from
150 countries

9,704 graduate
students; 23% of total
students

(Fall 2017 statistics)

3

20.3% of students
identify French as
mother tongue

Over 250,000 McGill
Alumni in 180
countries

(Fall 2017 statistics)

School of Social Work

- Founded in 1918
- Emphasis on critical thinking, research, practice and policy with a focus on social justice and issues facing vulnerable and disadvantaged people.
- Over 20 ranked and adjunct professors and 25 sessional lecturers offering courses to 327 full and part-time, Quebec, Canadian and international students.
- Professors with research interests in child welfare, families, violence, sexuality, aging, social theory, social work practice, war-affected children and their families, sexual minority children and their families, and methodology.
- Member of the International and Canadian Associations of Schools of Social Work.

Couple and Family Therapy

Has its early roots in Social Work

- Treating the person-within-their-social context has been a core paradigm of social work long before the ecological approach was introduced to family systems theory.
- Social work's focus on the treatment of the "family as the primary unit of intervention", has played a pivotal role in developing couple and family therapy.

About the Program

M.Sc. (A.) in Couple and Family Therapy



First of its kind to be offered by a School of Social Work in Canada



McGill is first Quebec university to offer a Master's degree in Couple and Family Therapy



Program offered in collaboration with the Jewish General Hospital, Dept. of Psychiatry.



Approved by
OTSTCFQ

permis de thérapeute
conjugale et familiale



Approved by
OPQ

permis de
psychothérapeute



Program curriculum is highly prescribed in order to fulfil both permit requirements

Teaching Staff

Sharon Bond



- Joined the McGill School of Social Work in 1998.
- Associate Professor, McGill School of Social Work.
- Associate Member, Dept. of Psychiatry, McGill Faculty of Medicine.
- Pioneered the development of the MCFC, a couple and family treatment center, integrated into the Department of Psychiatry at the Jewish General Hospital.
- Principle architect of the M.Sc.(A.) Couple & Family Therapy program.
- Research focuses on therapeutic alliance and couple and family therapy outcomes.
- Received the **2009 Prix Mérite CIQ**, the **2008 Prix RUFUTS**, and the **1996 Mention d'excellence** (Association professionnelle des thérapeutes conjugaux et familiaux du Québec).
- **SWRK 622** (Understanding & Assessing Families), **SWRK 610** (Family Treatment), **CAFT 605** (Advanced Family Treatment across the Lifespan).

Heather B. MacIntosh



- Clinical Psychologist.
- Taught at University of Ottawa in Education Faculty (Counselling) and the Social Sciences Faculty (Department of Psychology and Clinical Psychology) as well as at St. Paul University (Counselling and Spirituality).
- Specializes in working with individuals, couples, and families in the context of trauma.
- Previously held position of Registrar for Accreditation for the CPA (Canadian Psychological Association).
- Interests in systemic therapies for childhood trauma survivors as well as the specific needs of LGBT persons, same sex marriage, and family relationships.
- Oversees McGill Couple and Family Clinic at the School of Social Work.
- **CAFT 600** (CFT Pre-Practicum), **CAFT 613** (Internal Practicum), **CAFT 609** (Advanced Couple Therapy), **SWRK 623** (Couple Therapy).

Marjorie Rabiau



- Montreal Psychologist specializing in Cognitive Behavioral Therapy (CBT) and Family Therapy.
- Obtained her Ph.D. in Clinical Psychology from McGill University.
- Extensive experience working as a psychologist in the major hospitals of Montreal.
- Experience conducting therapy with children, adolescents, adults and families.
- Presently involved in both clinical work and clinical research, and has presented her research at international conferences.
- Has taught Psychology courses at McGill University and l'Université de Montréal.
- Member of l'Ordre des psychologues du Québec (OPQ) and Ordre des travailleurs sociaux et des thérapeutes conjugaux et familiaux du Québec (OTSTCFQ).
- **CAFT 603** (Research Methods for CFT), **CAFT 610** (Biological Foundations of Behaviour for CFT).

Guylaine Séguin



- Staff psychologist at Jewish General Hospital in couple and family therapy service and coordinator of French cohort in the couple and family therapy training program.
- Accredited AAMFT supervisor.
- Former faculty lecturer at Université de Sherbrooke and supervisor of doctoral clinical stages at the Université de Montréal.
- Formerly worked as psychologist in pediatrics at Centre hospitalier universitaire de Sherbrooke.
- **CAFT 607** (Legal, Ethical, and Professional Issues in Couple and Family Therapy), **CAFT 602** (Advanced Assessment in Couple and Family Therapy).

Darrell Johnson



- Completed his M.Psy. And Ph.D. in Psychology at l'Université de Montréal.
- Member of the OPQ (Ordre des psychologues du Québec).
- Expertise in working with troubled children and adolescents from various populations and in various clinical settings.
- Trained in family therapy with the Scarborough General Hospital Child and Family Clinic.
- Consulted and presented conferences for over 20 years.
- Has designed and taught courses on intervention and therapy with children and their families at l'Université de Montréal and at Bishop's University.
- **SWRK 622** (Understanding and Assessing Families), **CAFT 608** (Human Development across the Lifespan).

Myrna Lashley



- PhD in Counselling Psychology, McGill University.
- Internationally recognized clinical, teaching, and research authority in cultural psychology.
- Project research leader for the Lady Davis Institute for Medical Research, Jewish General Hospital.
- Assistant professor, Department of Psychiatry, McGill University.
- Chair of Cross Cultural Roundtable on Security.
- Vice-chair of Board of École Nationale de Police du Québec and member Comité expert en matière de profilage racial to Service de police de la Ville de Montréal.
- **CAFT 601** (Diversity and Couple and Family Therapy).

Administrative Support Staff

Patty Tarica
Administrative Assistant

Carmela Sciandra
Student Affairs Coordinator



Program Overview

M.Sc.(A.) CFT Curriculum

- The curriculum framework is guided by the clinical requirements established by
 - Ordre des travailleurs sociaux et des thérapeutes conjugaux et familiaux du Québec (OTSTCFQ);
 - American Association of Marriage and Family Therapy (AAMFT);
 - Training in psychotherapy as outlined in the Psychotherapy Regulations of Law 21.
- Highly prescribed curriculum developed through standard requirements of the OTSTCFQ , Law 21, OPO, and AAMFT.
- Course content requires the theoretical models, specific language, and components of Law 21; as well as, the professional core competencies and reserved acts.
- Courses are organized as developmentally progressive and must be taken in the correct sequence.

PROGRAM SCHEDULE MScA CFT

(60 Credits)

*Fall Year
1*

*Classes on
Tuesday
and
Thursday*

*Winter Year
1*

*Classes on
Tuesday and
Thursday*

Summer Year 1

*Classes on Tuesday
and Thursday*

*Internship on
Monday, Wednesday,
and Friday*

Fall Year 2

*Classes on Tuesday
and Thursday*

*Internship on Monday,
Wednesday, and Friday*

Winter Year 2

*Classes on Tuesday
and Thursday*

*Internship on Monday,
Wednesday, and Friday*

- ❖ Classes on Tuesdays & Thursdays between 8:30 a.m. to 5:30 p.m.
- ❖ Internships on Mondays, Wednesdays, & Fridays.
- ❖ Internships have an additional component: **Didactic Seminars (87 hours)**.
- ❖ Seminars will take place throughout all 3 internships semesters.
- ❖ Fall and Winter Terms held on the McGill downtown campus.
- ❖ Summer Term held at Jewish General Hospital.

PROGRAM SCHEDULE MScA CFT

Advanced-Level (45 Credits)

Fall Year 1

Classes on Tuesday and Thursday

Internship on Monday, Wednesday, and Friday

Winter Year 2

Classes on Tuesday and Thursday

Internship on Monday, Wednesday, and Friday

Summer Year 2

Classes on Tuesday and Thursday

Internship on Monday, Wednesday, and Friday

- ❖ Classes on Tuesdays & Thursdays between 8:30 a.m. to 5:30 p.m.
- ❖ Internships on Mondays, Wednesdays, & Fridays.
- ❖ Internships have an additional component: **Didactic Seminars (87 hours)**.
- ❖ Seminars will take place throughout all 3 internships semesters.
- ❖ Fall and Winter Terms held on the McGill downtown campus.
- ❖ Summer Term held at Jewish General Hospital.

Internship Requirements

■ INTERNSHIP REQUIREMENTS

- Total of 15 credits completed over 3 semesters:
- CPT 606 (3 credits) / CPT 611 (6 credits) / CPT 612 (6 credits)
- Internships completed over **40 weeks**; 2 semesters consisting of 13 weeks and 1 semester consisting of 14 weeks

■ 800 TOTAL HOURS FOR PROGRAM

- 500 hours of direct client contact hours (including 100 hours dedicated to 10 client cases, min. 10 hours each)
- 100 hours of individual supervision
- 200 hours of clinical activities related to the practice of psychotherapy

**** Internship also includes a Didactic Seminar Program ***

Internship Sites

Approved Sites for Summer 2018

- ❑ Agence Ometz
- ❑ Hôpital Charles-LeMoine, Unité interne des petits
- ❑ CIUSSS du Centre-Ouest-de-l'Île-de-Montréal - CLSC Benny Farm
- ❑ CIUSSS du Centre-Ouest-de-l'Île-de-Montréal - CLSC de Park Extension
- ❑ Jewish General Hospital - Child Psychiatry
- ❑ Jewish General Hospital - Institute of Community & Family Psychiatry (Couple & Family Therapy)
- ❑ Jewish General Hospital - Youth Service
- ❑ McGill University Sexual Identity Centre (MUSIC)
- ❑ MUHC Montreal Children's Hospital – Pediatric Psychiatry
- ❑ MUHC Psychosocial Oncology Program (PSO)

Applying

Admission Requirements

- ✓ **A Bachelor's or Master's Degree**

In a related human science or helping profession such as Social Work, Psychology, Sociology, or Nursing.

- ✓ **A minimum CGPA of 3.0 on a 4.0 scale**

- ✓ **A minimum of 1700 hours**

of related human service experience with couples and/or families. This experience can be a combination of full-time and/or part-time experiences (paid, volunteer, field placement, or internship).

- ✓ **One university-level 3-credit course in each of the following areas:**

- Human Development (*full life-cycle*)
- Research Methods or Statistics
- Psychopathology
- Techniques in Interviewing/Counseling

- ✓ **English Proficiency**

Some students may be required to demonstrate an adequate level of English proficiency prior to admission to the McGill School of Social Work.

mcgill.ca/gradapplicants/international/apply/proficiency
www.mcgill.ca/socialwork/prospective/languagepolicy

Application Deadlines

Uapply Applications Open (www.mcgill.ca/uapply)	September 15, 2018
Application + CV Form + Letter of Intent + Pre-requisite Form + Course Syllabi	December 15, 2018
All University Transcripts & References (one academic & two professional)	January 15, 2019
English Proficiency (if applicable)	January 15, 2019

*** Admission to the M.Sc. (A.) in Couple and Family Therapy program is only available for the **Fall** term.*

***If an applicant selects a term other than Fall, the University will not refund application fees.*

***The McGill School of Social Work does not accept Special Student nor Independent Student Applications.*

Application Procedures

- **Submit a graduate application** online through the **UApply** Portal.
- Upload required documents to UApply (electronic submission).
- Paper documentation will NOT be accepted.
- On-line applications are now OPEN for Fall 2019.

Graduate Application Website
UApply
<http://www.mcgill.ca/uapply>

The screenshot shows the McGill University UApply login page. At the top left is the McGill logo, and at the top right is a link for 'Français'. The main heading is 'Welcome to McGill University'. Below this, there are three sections: 1) 'If you don't have a McGill Username and Password' with instructions for new users to create an account. 2) 'McGill Staff, Students and Alumni who have a McGill Username and Password' with instructions on how to log in using their email and password. 3) 'Forgot your McGill Password?' with instructions on how to reset the password. To the right of these sections is a 'Login' form with fields for '*Username:' and '*Password:', each with a help icon and a 'Forgot' link. A red 'Submit' button is at the bottom of the form. At the bottom of the page, there is a 'Need help logging in?' section with three links: 'Signing into uApply - the Graduate Admissions System', 'Contact Service Point', and 'Contact the ICS Service Desk'.

Required Documents

Transcripts (all university-level)

Unofficial can be uploaded electronically. Official transcripts will be requested at the time of admission.

CV Form

Minimum of 1700 hours – can be a *combination* of full-time/part-time AND paid/volunteer/internship experiences.

Letter of Intent

Interest in field of CFT, personal/professional/educational experiences, clinical training as related to CFT, description of family or couple case that you were involved in.

Pre-requisite Form

List completed courses corresponding to prerequisite requirement.

Course Syllabi

Upload course syllabi (outlines) for prerequisite courses as PDF files.

3 Letters of Reference (1 academic; 2 professional)

Provide on UApply the name, e-mail address, professional title, etc. of referees.

McGill University will send an email to each referee requesting a reference in support of your application. No paper references will be accepted.

Selection Criteria

- Academic performance (McGill minimum CGPA 3.0/4.0).
- Relevant work experience within the field of couple and family therapy.
- Motivation for pursuing the M.Sc.(A) Couple and Family Therapy program.
- Demonstrated interest in becoming a couple and family therapist by means of clinical experience and letter of intent.
- Evidence of commitment to working with families.
- Strong academic and professional references supporting the applicant's aptitude for working in a helping relation context and with couples and families.
- **In person interview.**

Interviews

The Admissions Committee will interview selected applicants to assess their admissibility to the program. Interviews are scheduled to take place **February 15th to March 15th, 2019** and will be conducted **in person** at the School of Social Work.

Applicant Profile

Based on Admissions from 2014-2018

- Average CGPA: 3.7
- Receive between 40 to 60 applications
- Approximately 14 to 18 offers extended

Academic Backgrounds

- Many applicants have completed graduate programs (MSW, MA, PhD, etc.)
- Backgrounds ranging from Social Work, Creative Art Therapy, Psychiatry, Criminology, Nursing, Sexology, Psycho education etc.

*Student | Services
Support*



Campus Life & Engagement

- › Étudiants francophones
- › Leadership Development
- › Off Campus and Commuter Student Support
- › Undergraduate/Graduate Student Orientation



Career Planning Service

- › Career Advising
- › MyInvolvement
- › MyFuture Job Search Tool
- › Undergraduate/Graduate Student Career Workshops



Counselling Services

- › Appointments with a Counsellor
- › Clinical Training Program
- › Direct Access Resources
- › Workshops and Group Counselling



Student Health Service

- › Appointments and Urgent Care Drop-Ins
- › Health Insurance Coverage
- › Immunization
- › Medical Notes and Records



First Peoples' House

- › Academic Support
- › Campus Support
- › Community and Cultural Support
- › First Peoples' Residence



International Student Services

- › Immigration Documents
- › International Health Insurance
- › Workshops and Events
- › Work and Permits



Office for Students with Disabilities

- › Appointment with an Access Advisor
- › Campus Construction and Accessibility
- › Important Forms
- › Learning Resources



Tutorial Service

- › Find a Tutor
- › Become a Tutor
- › Renew Status as a Tutor
- › Academic Support Resources



Psychiatric Services

- › Referrals and Appointments with a Psychiatrist
- › Medical Notes and Records
- › Urgent Care



Office of Religious and Spiritual Life

- › My Neighbour's Faith Series
- › Radix Magazine
- › Student Lounge and Meditation Space
- › Workshops and Activities



Scholarships and Student Aid

- › Finance Management Tools
- › Government Aid
- › McGill Scholarships and Aid
- › Work Study Program

Tuition Fees



Several factors affect the amount of your tuition and fees, such as whether you are from Quebec, from elsewhere in Canada, or are joining us from abroad!

For more information and to **calculate your fees**, please visit:

<http://www.mcgill.ca/student-accounts/tuition-charges/>

To see if you are eligible for Quebec tuition and to see what legal documents are needed, please visit: <http://www.mcgill.ca/legaldocuments/>

Fellowships & funding

All admitted students are automatically considered for program Entrance Fellowships.

Students in need of funding are strongly encouraged to apply for governmental aid and to apply for additional funding internal and external to McGill. Please visit: <https://www.mcgill.ca/studentaid/>

Research & Teaching Assistantships

Available to admitted students. Students will receive information on available positions and how to apply.

These positions and other postings are also available through the MyFuture portal for admitted students.

*Not quite ready for the M.Sc.(P.)
CFI?*

*Have you considered the Qualifying Year for
entry to the MSW program?*

For admissions requirements and program information:

<https://www.mcgill.ca/socialwork/prospective/qyprogram>

Contact: Carmela Sciandra qy.socialwork@mcgill.ca (514) 398-3950

Option 1 - M.Sc.(A.) CFT (60 credits)

Year 1 – 3 semesters (Fall; Winter; Summer)

Year 2 – 2 semesters (Fall; Winter)

Degree: M.Sc.(A.) Couple Family Therapy

Professional Membership: Couple and Family Therapist (OTSTCFQ); Psychotherapist (OPQ)

Option 2 – QY + MSW + M.Sc.(A.) CFT

Year 1 - Qualifying Year (30 credits) – 2 semesters (Fall; Winter)

Year 2 - MSW Non-Thesis (45 credits) – 3 semesters (Fall; Winter; Summer/Fall)

Year 3 - M.Sc.(A.) CFT (45 credits) – 3 semesters (Fall; Winter; Summer)

Degrees: MSW; M.Sc.(A.) Couple and Family Therapy

Professional Membership: Social Worker (OTSTCFQ); Couple and Family Therapist (OTSTCFQ); Psychotherapist (OPQ)

Thank you!

Email: msca.cft@mcgill.ca

Website: <https://www.mcgill.ca/socialwork/prospective/msca>

Q & A Period