Information Session for Prospective Students
September 20, 2018 @ 4:00 p.m.
Wilson Hall, Wendy Patrick Room
Welcome

Dr. Sharon Bond
Program Director
M.Sc. (A.) in Couple and Family Therapy
About McGill

1. Founded in 1821
   One of Canada’s best known & leading institutions of higher learning

2. Enrolment
   40,971 students from 150 countries
   9,704 graduate students; 23% of total students
   (Fall 2017 statistics)

3. 20.3% of students identify French as mother tongue
   Over 250,000 McGill Alumni in 180 countries
   (Fall 2017 statistics)
School of Social Work

- Founded in 1918
- Emphasis on critical thinking, research, practice and policy with a focus on social justice and issues facing vulnerable and disadvantaged people.
- Over 20 ranked and adjunct professors and 25 sessional lecturers offering courses to 327 full and part-time, Quebec, Canadian and international students.
- Professors with research interests in child welfare, families, violence, sexuality, aging, social theory, social work practice, war-affected children and their families, sexual minority children and their families, and methodology.
- Member of the International and Canadian Associations of Schools of Social Work.
Couple and Family Therapy

Has its early roots in Social Work ………

- Treating the person-within-their-social context has been a core paradigm of social work long before the ecological approach was introduced to family systems theory.

- Social work’s focus on the treatment of the “family as the primary unit of intervention”, has played a pivotal role in developing couple and family therapy.
About the Program

M.Sc. (A.) in Couple and Family Therapy

First of its kind to be offered by a School of Social Work in Canada

McGill is first Quebec university to offer a Master’s degree in Couple and Family Therapy

Program offered in collaboration with the Jewish General Hospital, Dept. of Psychiatry.

Approved by OTSTCFQ
permis de thérapeute conjugale et familiale

Approved by OPQ
permis de psychothérapeute

Program curriculum is highly prescribed in order to fulfil both permit requirements
Teaching Staff
Sharon Bond

- Associate Professor, McGill School of Social Work.
- Associate Member, Dept. of Psychiatry, McGill Faculty of Medicine.
- Pioneered the development of the MCFC, a couple and family treatment center, integrated into the Department of Psychiatry at the Jewish General Hospital.
- Principle architect of the M.Sc.(A.) Couple & Family Therapy program.
- Research focuses on therapeutic alliance and couple and family therapy outcomes.
- Received the 2009 Prix Mérite CIQ, the 2008 Prix RUFUTS, and the 1996 Mention d’excellence (Association professionnelle des thérapeutes conjugaux et familiaux du Québec).

- **SWRK 622** (Understanding & Assessing Families), **SWRK 610** (Family Treatment), **CAFT 605** (Advanced Family Treatment across the Lifespan).
Heather B. MacIntosh

- Clinical Psychologist.
- Taught at University of Ottawa in Education Faculty (Counselling) and the Social Sciences Faculty (Department of Psychology and Clinical Psychology) as well as at St. Paul University (Counselling and Spirituality).
- Specializes in working with individuals, couples, and families in the context of trauma.
- Previously held position of Registrar for Accreditation for the CPA (Canadian Psychological Association).
- Interests in systemic therapies for childhood trauma survivors as well as the specific needs of LGBT persons, same sex marriage, and family relationships.
- Oversees McGill Couple and Family Clinic at the School of Social Work.
- **CAFT 600** (CFT Pre-Practicum), **CAFT 613** (Internal Practicum), **CAFT 609** (Advanced Couple Therapy), **SWRK 623** (Couple Therapy).
Marjorie Rabiau

- Montreal Psychologist specializing in Cognitive Behavioral Therapy (CBT) and Family Therapy.
- Obtained her Ph.D. in Clinical Psychology from McGill University.
- Extensive experience working as a psychologist in the major hospitals of Montreal.
- Experience conducting therapy with children, adolescents, adults and families.
- Presently involved in both clinical work and clinical research, and has presented her research at international conferences.
- Has taught Psychology courses at McGill University and l’Université de Montréal.
- Member of l’Ordre des psychologues du Québec (OPQ) and Ordre des travailleurs sociaux et des thérapeutes conjugaux et familiaux du Québec (OTSTCFQ).
- **CAFT 603** (Research Methods for CFT), **CAFT 610** (Biological Foundations of Behaviour for CFT).
Guylaine Séguin

- Staff psychologist at Jewish General Hospital in couple and family therapy service and coordinator of French cohort in the couple and family therapy training program.
- Accredited AAMFT supervisor.
- Former faculty lecturer at Université de Sherbrooke and supervisor of doctoral clinical stages at the Université de Montréal.
- Formerly worked as psychologist in pediatrics at Centre hospitalier universitaire de Sherbrooke.
- CAFT 607 (Legal, Ethical, and Professional Issues in Couple and Family Therapy), CAFT 602 (Advanced Assessment in Couple and Family Therapy).
Darrell Johnson

- Completed his M.Psy. And Ph.D. in Psychology at l’Université de Montréal.

- Member of the OPQ (Ordre des psychologues du Québec).

- Expertise in working with troubled children and adolescents from various populations and in various clinical settings.

- Trained in family therapy with the Scarborough General Hospital Child and Family Clinic.

- Consulted and presented conferences for over 20 years.

- Has designed and taught courses on intervention and therapy with children and their families at l’Université de Montréal and at Bishop’s University.

- **SWRK 622** (Understanding and Assessing Families), **CAFT 608** (Human Development across the Lifespan).
Myrna Lashley

- PhD in Counselling Psychology, McGill University.
- Internationally recognized clinical, teaching, and research authority in cultural psychology.
- Project research leader for the Lady Davis Institute for Medical Research, Jewish General Hospital.
- Assistant professor, Department of Psychiatry, McGill University.
- Chair of Cross Cultural Roundtable on Security.
- Vice-chair of Board of École Nationale de Police du Québec and member Comité expert en matière de profilage racial to Service de police de la Ville de Montréal.
- CAFT 601 (Diversity and Couple and Family Therapy).
Administrative Support Staff

Patty Tarica
Administrative Assistant

Carmela Sciandra
Student Affairs Coordinator
Program Overview
• The curriculum framework is guided by the clinical requirements established by
  – Ordre des travailleurs sociaux et des thérapeutes conjugaux et familiaux du Québec (OTSTCFQ);
  – American Association of Marriage and Family Therapy (AAMFT);
  – Training in psychotherapy as outlined in the Psychotherapy Regulations of Law 21.

• Highly prescribed curriculum developed through standard requirements of the OTSTCFQ, Law 21, OPQ, and AAMFT.

• Course content requires the theoretical models, specific language, and components of Law 21; as well as, the professional core competencies and reserved acts.

• Courses are organized as developmentally progressive and must be taken in the correct sequence.
Classes on Tuesdays & Thursdays between 8:30 a.m. to 5:30 p.m.
Internships on Mondays, Wednesdays, & Fridays.
Internships have an additional component: Didactic Seminars (87 hours).
Seminars will take place throughout all 3 internships semesters.
Fall and Winter Terms held on the McGill downtown campus.
Summer Term held at Jewish General Hospital.
Classes on Tuesdays & Thursdays between 8:30 a.m. to 5:30 p.m.
Internships on Mondays, Wednesdays, & Fridays.
Internships have an additional component: Didactic Seminars (87 hours).
Seminars will take place throughout all 3 internships semesters.
Fall and Winter Terms held on the McGill downtown campus.
Summer Term held at Jewish General Hospital.
Internship Requirements

- **INTERNSHIP REQUIREMENTS**
  - Total of 15 credits completed over 3 semesters:
    - CAFT 606 (3 credits) / CAFT 611 (6 credits) / CAFT 612 (6 credits)
  - Internships completed over 40 weeks; 2 semesters consisting of 13 weeks and 1 semester consisting of 14 weeks

- **800 TOTAL HOURS FOR PROGRAM**
  - 500 hours of direct client contact hours (including 100 hours dedicated to 10 client cases, min. 10 hours each)
  - 100 hours of individual supervision
  - 200 hours of clinical activities related to the practice of psychotherapy

**** Internship also includes a Didactic Seminar Program ****
Internship Sites

Approved Sites for Summer 2018

- Agence Ometz
- Hôpital Charles-LeMoyne, Unité interne des petits
- CIUSSS du Centre-Ouest-de-l’Île-de-Montréal - CLSC Benny Farm Extension
- CIUSSS du Centre-Ouest-de-l’Île-de-Montréal - CLSC de Park Extension
- Jewish General Hospital - Child Psychiatry
- Jewish General Hospital - Institute of Community & Family Psychiatry (Couple & Family Therapy)
- Jewish General Hospital - Youth Service
- McGill University Sexual Identity Centre (MUSIC)
- MUHC Montreal Children’s Hospital – Pediatric Psychiatry
- MUHC Psychosocial Oncology Program (PSO)
Applying
Admission
Requirements

✓ A Bachelor's or Master's Degree
In a related human science or helping profession such as Social Work, Psychology, Sociology, or Nursing.

✓ A minimum CGPA of 3.0 on a 4.0 scale

✓ A minimum of 1700 hours
of related human service experience with couples and/or families. This experience can be a combination of full-time and/or part-time experiences (paid, volunteer, field placement, or internship).

✓ One university-level 3-credit course in each of the following areas:
  □ Human Development (full life-cycle)
  □ Research Methods or Statistics
  □ Psychopathology
  □ Techniques in Interviewing/Counseling

✓ English Proficiency
Some students may be required to demonstrate an adequate level of English proficiency prior to admission to the McGill School of Social Work.
mcgill.ca/gradapplicants/international/apply/proficiency
www.mcgill.ca/socialwork/prospective/languagepolicy
## Application Deadlines

<table>
<thead>
<tr>
<th>Application</th>
<th>Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Uapply</strong></td>
<td><strong>September 15, 2018</strong></td>
</tr>
<tr>
<td><strong>Application</strong></td>
<td><strong>December 15, 2018</strong></td>
</tr>
<tr>
<td><strong>+ CV Form</strong></td>
<td><strong>December 15, 2018</strong></td>
</tr>
<tr>
<td><strong>+ Letter of Intent</strong></td>
<td><strong>December 15, 2018</strong></td>
</tr>
<tr>
<td><strong>+ Pre-requisite Form</strong></td>
<td><strong>January 15, 2019</strong></td>
</tr>
<tr>
<td><strong>+ Course Syllabi</strong></td>
<td><strong>January 15, 2019</strong></td>
</tr>
<tr>
<td><strong>All University Transcripts &amp; References</strong></td>
<td><strong>January 15, 2019</strong></td>
</tr>
<tr>
<td>(one academic &amp; two professional)</td>
<td></td>
</tr>
<tr>
<td><strong>English Proficiency (if applicable)</strong></td>
<td><strong>January 15, 2019</strong></td>
</tr>
</tbody>
</table>

**Admission to the M.Sc. (A.) in Couple and Family Therapy program is only available for the **Fall** term.**

**If an applicant selects a term other than Fall, the University will not refund application fees.**

**The McGill School of Social Work does not accept **Special Student** nor **Independent Student** Applications.**
Application Procedures

- Submit a graduate application online through the UApply Portal.
- Upload required documents to UApply (electronic submission).
- Paper documentation will NOT be accepted.
- On-line applications are now OPEN for Fall 2019.

Graduate Application Website
UApply
http://www.mcgill.ca/uapply
Required Documents

- **Transcripts (all university-level)**
  Unofficial can be uploaded electronically. Official transcripts will be requested at the time of admission.

- **CV Form**
  Minimum of 1700 hours – can be a *combination* of full-time/part-time AND paid/volunteer/internship experiences.

- **Letter of Intent**
  Interest in field of CFT, personal/professional/educational experiences, clinical training as related to CFT, description of family or couple case that you were involved in.

- **Pre-requisite Form**
  List completed courses corresponding to prerequisite requirement.

- **Course Syllabi**
  Upload course syllabi (outlines) for prerequisite courses as **PDF** files.

- **3 Letters of Reference (1 academic; 2 professional)**
  Provide on UApply the name, e-mail address, professional title, etc. of referees. McGill University will send an email to each referee requesting a reference in support of your application. No paper references will be accepted.
Selection Criteria

- Academic performance (McGill minimum CGPA 3.0/4.0).
- Relevant work experience within the field of couple and family therapy.
- Motivation for pursuing the M.Sc.(A) Couple and Family Therapy program.
- Demonstrated interest in becoming a couple and family therapist by means of clinical experience and letter of intent.
- Evidence of commitment to working with families.
- Strong academic and professional references supporting the applicant’s aptitude for working in a helping relation context and with couples and families.
- In person interview.

Interviews
The Admissions Committee will interview selected applicants to assess their admissibility to the program. Interviews are scheduled to take place February 15th to March 15th, 2019 and will be conducted in person at the School of Social Work.
Based on Admissions from 2014-2018

- Average CGPA: 3.7
- Receive between 40 to 60 applications
- Approximately 14 to 18 offers extended

Academic Backgrounds

- Many applicants have completed graduate programs MSW, MA, PhD, etc.)
- Backgrounds ranging from Social Work, Creative Art Therapy, Psychiatry, Criminology, Nursing, Sexology, Psycho education etc.
Several factors affect the amount of your tuition and fees, such as whether you are from Quebec, from elsewhere in Canada, or are joining us from abroad!

For more information and to calculate your fees, please visit: [http://www.mcgill.ca/student-accounts/tuition-charges/](http://www.mcgill.ca/student-accounts/tuition-charges/)

To see if you are eligible for Quebec tuition and to see what legal documents are needed, please visit: [http://www.mcgill.ca/legaldocuments/](http://www.mcgill.ca/legaldocuments/)

**Fellowships & funding**
All admitted students are automatically considered for program Entrance Fellowships.

Students in need of funding are strongly encouraged to apply for governmental aid and to apply for additional funding internal and external to McGill. Please visit: [https://www.mcgill.ca/studentaid/](https://www.mcgill.ca/studentaid/)

**Research & Teaching Assistantships**
Available to admitted students. Students will receive information on available positions and how to apply. These positions and other postings are also available through the MyFuture portal for admitted students.
Not quite ready for the M.Sc.(A.) CFT?

Have you considered the Qualifying Year for entry to the MSW program?

For admissions requirements and program information:
https://www.mcgill.ca/socialwork/prospective/qyprogram

Contact: Carmela Sciandra qy.socialwork@mcgill.ca (514) 398-3950
<table>
<thead>
<tr>
<th>Option 1 - M.Sc.(A.) CFT (60 credits)</th>
<th>Option 2 – QY + MSW + M.Sc.(A.) CFT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Year 1</strong> – 3 semesters (Fall; Winter; Summer)</td>
<td><strong>Year 1</strong> - Qualifying Year (30 credits) – 2 semesters (Fall; Winter)</td>
</tr>
<tr>
<td><strong>Year 2</strong> – 2 semesters (Fall; Winter)</td>
<td><strong>Year 2</strong> - MSW Non-Thesis (45 credits) – 3 semesters (Fall; Winter; Summer/Fall)</td>
</tr>
<tr>
<td><strong>Year 3</strong></td>
<td><strong>Year 3</strong> - M.Sc.(A.) CFT (45 credits) – 3 semesters (Fall; Winter; Summer)</td>
</tr>
</tbody>
</table>

**Degree:** M.Sc.(A.) Couple Family Therapy  
**Professional Membership:** Couple and Family Therapist (OTSTCFQ); Psychotherapist (OPQ)

**Degrees:** MSW; M.Sc.(A.) Couple and Family Therapy  
**Professional Membership:** Social Worker (OTSTCFQ); Couple and Family Therapist (OTSTCFQ); Psychotherapist (OPQ)
Thank you!

Email: msca.cft@mcgill.ca
Website: https://www.mcgill.ca/socialwork/prospective/msca
Q & A Period