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**Master of Science Applied in Couple and Family Therapy**

**PRE-REQUISITE COURSE REQUIREMENTS**

***(Undergraduate or graduate level courses)***

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| **✓** | ***Human Development (3 credits)*** |
|  | Theories of normative human development, **full-life cycle** and associated problems |
|  | Biological, cognitive and social aspects of development |
|  | Covers full lifespan from pregnancy/birth to death; courses that concentrate on one phase of development (i.e., child development) are not acceptable |
|  | Focus on normative human development; courses that emphasize psychopathology or a certain specialization (i.e. sexuality) are not acceptable |

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| **✓** | ***Psychopathology (3 credits)*** |
|  | Area of abnormal psychology and psychopathology |
|  | Defining mental health and illness |
|  | Classification of mental disorders (including classifications recognized in the Diagnostic and Statistical Manual of Mental Disorders - DSM IV or DSM V and the International Classification of Diseases – ICD and their subsequent revisions) |
|  | Assessing and understanding psychological disorders and common treatments |

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| **✓** | ***Techniques in Interviewing/Counselling (3 credit)*** |
|  | Focused on the development of interviewing and counselling skills |
|  | Interviewing skills |
|  | Micro-counselling skills |
|  | Basic assessment (data gathering and formulation) |
|  | Although theory may be covered, there should be a clear “hands-on” **practice approach to learning techniques** |
|  | Requires **in-person learning**; online courses are not acceptable in most cases |

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| **✓** | ***Research Methods or Statistical Methods (3 credits)*** |
|  | Basic research design |
|  | Basic **quantitative** statistical methods |
|  | Basic **qualitative** research methods, such as epistemological models including phenomenology and hermeneutics |