

Master of Science Applied in Couple and Family Therapy

PRE-REQUISITE COURSE REQUIREMENTS

(Undergraduate or graduate level courses)

✓	Human Development (3 credits)
	Theories of normative human development, full-life cycle and associated problems
	Biological, cognitive and social aspects of development
	Covers full lifespan from pregnancy/birth to death; courses that concentrate on one phase of development (i.e., child development) are not acceptable
	Focus on normative human development; courses that emphasize psychopathology or a certain specialization (i.e. sexuality) are not acceptable
✓	Psychopathology (3 credits)
	Area of abnormal psychology and psychopathology
	Defining mental health and illness
	Classification of mental disorders (including classifications recognized in the Diagnostic and Statistical Manual of Mental Disorders - DSM IV or DSM V and the International Classification of Diseases – ICD and their subsequent revisions)
	Assessing and understanding psychological disorders and common treatments
✓	Techniques in Interviewing/Counselling (3 credit)
	Focused on the development of interviewing and counselling skills
	Interviewing skills
	Micro-counselling skills
	Basic assessment (data gathering and formulation)
	Although theory may be covered, there should be a clear “hands-on” practice approach to learning techniques
	Requires in-person learning ; online courses are not acceptable in most cases
✓	Research Methods or Statistical Methods (3 credits)
	Basic research design
	Basic quantitative statistical methods
	Basic qualitative research methods, such as epistemological models including phenomenology and hermeneutics