

PHTH 245 Introduction to Professional Practice 1

Credits: 3

Course coordinators/Instructors:

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Course overview: This course introduces physical therapy students to the fundamental principles of professionalism and professional practice within the Quebec healthcare context. Physical therapy students will be introduced to the profession of physical therapy and its various domains of practice. Students will learn the basic skills necessary for professional communication, patient education, and interviewing. They will have the opportunity to practice these skills with simulated patients. Throughout this course students are expected to begin to develop a professional identity. Physical therapists from diverse clinical and research fields will present their roles and domain of practice. Students will have the opportunity to visit 2 different clinical sites. Other concepts that students will begin to apply in this course include: client-centered practice, self-directed learning, reflective practice, mindfulness, and mental health and global health within a rehabilitation context.

Course Structure: This course comprises of two (2) X 2 hour classes per week. A variety of formats will be presented including lectures, seminars with guest speakers, clinical site visits, active learning contexts including simulation and small group participation. On several occasions, classes will be combined (inter-professionally) with the occupation therapy students (OCC1 245). This course is offered in the fall term of the U1 year.

Learning Objectives: With attendance, active participation in classes and labs, and self-directed learning activities, students will develop the following core competencies as they relate to the roles for physiotherapists¹:

Physiotherapy Expertise

- Conduct a collaborative interview to obtain relevant information about client's health, functional abilities, participation, personal and environmental factors.

¹ Competency Profile for Physiotherapists in Canada, 2017.

- Begin to identify the client's personal and environmental factors affecting his/her functional abilities, physical performance, and participation.

Communication

- Employ effective and appropriate verbal and nonverbal communication with clients, peers and educators.
- Use written communication effectively in written assignments and email communications.
- Listen effectively and demonstrate an awareness of self behaviours and the responses of others and adapt communication appropriately.

Collaboration

- Establish and maintain interprofessional relationships, which foster effective collaborations.
- Demonstrate an understanding of and respects the differing perspectives during collaborative activities.

Leadership

- Begin to recognize the health needs and concerns of individual clients, populations, and communities and how they relate to physical therapy.

Scholarship

- Apply principles of self-reflection and self-directed learning through the use of self-evaluation and feedback from classmates, lecturers, professors and clients to reflect upon actions and decisions to continuously improve knowledge and skills.

Professionalism

- Begin to recognize and identify the roles that physical therapists play in primary health care.

Instructional method: Most classes will be combined inter-professionally with the occupational therapy students (OCC1 245). In this course, instructors will utilize mixed teaching methods including lectures, seminars, group-assignments, and practical activities and assessments.

As the instructors of this course we endeavor to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with us and/or the Office for Students with Disabilities, 514-398-6009.

Required course materials: No textbook is required for this course. A list of required and suggested readings and lecture notes will be posted on *MyCourses*.

Course content:

Topics include the following:

- The history of physiotherapy and future directions
- Professional Organizations
- Professional Roles & Competencies
- Scope of practice
- Introduction to professionalism and professional practice
- Professional identity development
- Bio-psycho-social model and Client-Centered Practice
- Communication and Interviewing Skills
- Reflective Practice
- Teaching and Learning for Patient Education
- Health Promotion
- Guest OT and PT from Summit School and Villa Medica (Burns unit)
- Research in Physical Therapy
- Physical Therapy private practice clinician panel
- Physical Therapy public institution clinician panel
- Mental health in Rehabilitation
- The role of rehabilitation in Global Health

Travel requirements: students will be required to travel for 2 clinical site visits which will be randomly assigned to them. The sites are located in Montreal, Laval and Brossard.

Copyright of course materials: Instructor generated course materials (e.g., handouts, notes, PowerPoint presentations, student assignments, etc.) are protected by law and may not be copied or distributed in any form or in any medium without explicit permission of the instructors. Note that infringements of copyright can be subject to follow up by the University under the Code of Student Conduct and Disciplinary Procedures.

Evaluations:

- All assessments will be graded by the course instructors, and/or teaching assistant(s).
- Students have a right to an impartial and competent re-read of any written assessment and, where warranted, a revision of the grade received, by a third party, if requested within a reasonable time after the notification of a mark. ***Please note that this revision may result in an increase or decrease of the grade.***
- The following is a link to McGill's student assessment policy:
https://www.mcgill.ca/secretariat/files/secretariat/2016-04_student_assessment_policy.pdf

| Assessments | Description | % |
|----------------------------|---|------------|
| Assessment 1 Group | Case Study: Client-Centred Approach | 20% |
| Assessment 2 Group | Physical Therapy Emerging areas of practices | 15% |
| Assessment 3 Individual | Communication and Patient Education Practical Assessment | 20% |
| Assessment 4 Individual | Final Exam | 45% |

Special requirements for course completion and program continuation: In order to pass the course, a grade of at least C+ (60%) must be obtained as a total course mark. In order to pass the course, students must also pass the individual components of the course with a grade of at least a C+ (60%). Please refer to the appropriate sections in the undergraduate calendar on University regulations regarding final and supplemental examinations. This course falls under the regulation concerning individual and group evaluation. Please refer to the section on marks in the Rules and Regulations for Student Evaluation and Promotion of the Physical Therapy Course Guides.

Plagiarism/academic integrity: McGill University values academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism, and other academic offences under the Code of Student Conduct and Disciplinary Procedures (see www.mcgill.ca/students/srr/honest for more information).

Language of submission: In accord with McGill University's Charter of Students' Rights, students in this course have the right to submit in English or in French any written work that is to be graded.

Skills building attendance mark: Attendance to site visits and simulation centre labs is mandatory. Students may not miss more than 15 % (i.e. cannot miss any) of these activities without valid documented reasons (illness, family tragedy, sports). If they do, 10% of the total course mark will be removed.

Consequences of unprofessional behaviours: Students who are flagged for unprofessional behaviour during off-site visits will be required to submit remedial work. Continued unprofessional behaviours may result in failure of the course and/or academic disciplinary actions.

Consequences of not completing assignments as requested: Late submissions will be penalized 5% per day, including weekends. It is the student's responsibility to verify that all electronic submissions to MyCourses were successfully uploaded. Technical issues will not be accepted as a reason for late submission. As such, early submission of assignments is recommended.

Dress code: Professionalism with respect to dressing is encouraged throughout the course of the semester. ***During site visits and SIM Center activities, students must be dressed professionally and wear their nametags.***

Disability: If you have a disability, please contact the instructors to arrange a time to discuss your situation. ***Students must contact the Office for Students with Disabilities at (514) 398-6009, and register with the office, before scheduling a meeting with the instructors.***

Technology in class: Your respectful and attentive presence is expected. While you are permitted to use your laptop in class, it is understood that you will not be using your laptop or mobile device for social purposes during class time (e.g. email, Facebook, texting, browsing, etc.). Your mobile devices must be on silence during class time.

Course evaluations: End-of-term course evaluations are one of the ways that McGill works towards maintaining and improving the quality of courses and the student's learning experience. You will be notified by e-mail when the evaluations are available on *Minerva/Mercury*, the online course evaluation system. Students are strongly encouraged to complete the end-of-term course evaluations. Please note that a minimum number of responses must be received for results to be available to students.

In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.