

POTH 563: Foundations of Professional Practice

Credits: 3

Instructors:

	PT	OT	Teaching Assistant
Name	To Be Determined	Susanne Mak, BSc. OT, MSc., PhD (c)	To Be Determined
Email		susanne.mak@mcgill.ca	
Virtual office hours		by appointment	

Communication plan: Please email us to make an appointment. We will do our best to identify a time that accommodates your schedule. Please use the discussion board on MyCourses to ask any content-related questions. Posting your question on the discussion board will allow your peers to learn from your own questions.

Course Description: This course provides an overview of the foundations for professional practice in order to help students develop the foundational knowledge and skills required for the upcoming clinical practica courses, and future OT/PT practice in the public and private healthcare sectors.

To achieve this, we will incorporate a study and analysis of the various systems which impact the role of the occupational and physical therapists in health service delivery settings. Based upon the context of rehabilitation, health promotion and disability prevention, this course will consist of multiple sections including:

- healthcare environments and systems
- professionalism and ethics (interpersonal, organizational and policy levels)
- management, safety (patient and therapist)

These topics will be considered at the international, national, provincial, and local levels.

Course Structure: This course is delivered in three different ways. First, there are three hours of class per week, typically in lecture format. Secondly, there are three, 90-minute group mentoring sessions with expert clinicians to facilitate the integration of 3 topic areas: (1) health care systems, (2) professionalism and ethics; and (3) management and safety. As part of the management and safety topic area, a hands-on component (2 sessions of 2 hours) is also provided where students will apply the principles of moving patients safely (*Principes de déplacement sécuritaire des bénéficiaires*) pertaining to the area of patient/therapist safety.

Instructor Message Regarding Remote Delivery: We acknowledge that the COVID-19 pandemic has led to different challenges for everyone. We aim to deliver this course in a way that is inclusive and offers flexibility. In order to do this, we will be providing a mix of asynchronous

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(audio-recorded) lectures as well as synchronous/live lectures via Zoom. For synchronous/live lectures, we will do our best to record them so that those who cannot attend, will have access to this content. Please note that the hands-on component related to the principles of moving patients safely will be conducted in-person. We encourage students to communicate with us if they are experiencing any concerns related to the course activities we have listed above.

Recording of sessions: Please read the Guidelines on Remote Teaching and Learning [<https://www.mcgill.ca/tls/instructors/class-disruption/strategies/guidelines-remote>] and the course outline for this course in myCourses. You will be notified through a 'pop-up' box in Zoom if a lecture or portion of a class is being recorded. By remaining in sessions that are recorded, you agree to the recording, and you understand that your image, voice, and name may be disclosed to classmates. You also understand that recordings will be made available in myCourses to students registered in the course.

Learning Outcomes: Upon completion of this course, the student will be able to:

Health care environments and systems
Understand the different healthcare settings involved in the health care continuum.
Analyze how structures of healthcare systems affects rehabilitation services, including services for indigenous population.
Analyze social, economic and political factors that shape the provision of OT/PT services and health promotion, and experiences of disability.
Professionalism and ethics
Understand the professional regulatory bodies of OT/PT in Quebec
Apply principles of professionalism and professional codes of ethics
Apply the principles of effective teamwork with colleagues, clients, and other stakeholders.
Critically appraise ethical issues in rehabilitation.
Management and safety
Apply principles of health promotion and safety (including body mechanics).
Critically appraise the principles of OT/PT advocacy in practice domains.
Apply attributes and competencies related to OT/PT profiles of practice.

<https://www.caot.ca/document/3653/2012otprofile.pdf>

https://physiotherapy.ca/sites/default/files/competency_profile_final_en.pdf

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Course Location and Time

Lectures:

Not applicable for Fall 2020

Blocked session times for Mentoring sessions:

OT: Thursday mornings 8:30 – 11:30

PT: Friday mornings 11:30 – 2:30

Note that these timeslots have been blocked off in your schedule for your mentoring sessions. However, these availabilities may not meet every mentor's individual availability. Therefore, alternate times may need to be determined based upon the mentor's and the students' availabilities. Please note that each group session lasts 1.5 hours and students are expected to complete assigned readings prior to each session.

Course Materials:

Required Texts:

1. Weekly required readings and mentor group readings available on MyCourses.
2. PDSB Participants Workbook: "Principles for moving patients safely" 2009 version ASSTSAS (will be used during PDSB theory and lab sessions). *Please pick up your copy during the month of September in D5.*

Course Topics:

Topic	
	Course introduction
Health care environments and systems	The Canadian Health Care System
	A Provincial Health Care System: The Quebec healthcare system as an example
	Introduction to the acute health care
	Introduction to the rehabilitation setting
	Introduction to the community and long term care healthcare environment
	Social Determinants of Health care
	Cultivating resilience for clinical practice
	Healthcare in the Cree Territory
	Introduction to the private practice healthcare environment
	OT: Different avenues of health care
	PT: Different avenues of health care

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Topic	
Professionalism and ethics	OT: Code of Ethics (<i>L'Ordre des Ergothérapeutes du Québec</i>)
	PT: Code of Ethics OPPQ (<i>L'Ordre professionnel de la physiothérapie du Québec</i>)
	Principles of ethics, Patient-Centered Care Ethics Analysis Model for Rehabilitation
Management and safety	Patient Safety Competencies, Restraints
	Moving Patients Safely - <i>Principes de déplacement sécuritaire des bénéficiaires</i> (PDSB) labs
	Attributes and competencies related to OT/PT profiles of practice.

In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.

Student Assignments and Evaluation: A variety of methods will be used to evaluate learning. These methods may include written group assignments and individual reflective papers, quizzes and/or exams. A more detailed description of each evaluation method will be posted on MyCourses. Additional information will also be provided during the semester.

Where applicable, assignments must be typed, follow APA guidelines and not surpass the length identified by the instructors.

Special Requirements for Course Completion and Program Continuation:

For U3 students, in order to pass the course, a grade of at least C+ (60%) must be obtained as a total course mark as well as the total marks for individual and group work. For Qualifying Year (QY) students, in order to pass the course, a grade of at least B- (65%) must be obtained as a total course mark as well as the total marks for individual and group work. Please refer to the appropriate sections in both undergraduate and graduate calendars on University regulations regarding final and supplemental examinations.

In addition, please refer to the Rules and Regulations documents, Section B1 (Marks) for the Occupational Therapy or Physical Therapy program. These documents are available under the Student Tab, at the School of Physical and Occupational Therapy website: www.mcgill.ca/spot

Plagiarism/Academic Integrity: McGill University values academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism and other academic offences under the Code of Student Conduct and Disciplinary Procedures (see www.mcgill.ca/students/srr/honest) for more information).

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Copyright: Instructor-generated course materials (e.g., handouts, notes, summaries, exam questions, etc.) are protected by law and may not be copied or distributed in any form or in any medium without explicit permission of the instructor. Note that infringements of copyright can be subject to follow up by the University under the Code of Student Conduct and Disciplinary Procedures.

Dress Code: Professionalism with respect to dressing is encouraged throughout the course of the semester. It is each student's responsibility to have appropriate attire during all class assignments and learning activities.

Right to submit in English or French written work that is to be graded: In accord with McGill University's Charter of Students' Rights, students in this course have the right to submit in English or in French any written work that is to be graded, except in courses in which acquiring proficiency in a language is one of the objectives.

Diversity Statement: The Occupational Therapy Program recognizes our responsibility to foster a learning environment in which students and instructors can engage in dialogue and exchange ideas without being made to feel unwelcome or disrespected in view of their identity or beliefs. The Program intends that the instructional design of all courses minimize any barriers to participation, particularly barriers based on age, biological sex, disability, gender identity or expression, indigenous ancestry, linguistic and cultural background, race/ethnicity, religion, sexual orientation, political views/opinions/ideologies, and any other aspect integral to one's personhood. We therefore recognize our responsibility, both individual and collective, to strive to establish and maintain a respectful environment that is free from discrimination.

Attendance: Students are expected to attend every lecture. Attendance is compulsory for all mentor seminars, PDSB content, OEQ/OPPQ content.

Consequences of not completing assignments as requested: Late submissions will be penalized 5% per day, including weekends. Any requests for extensions or delays in submitting assignments must be accompanied by a medical certificate.

Disability: If you have a disability please contact the instructor to arrange a time to discuss your situation. It would be helpful if you contact the [Office for Students with Disabilities](#) at 514-398-6009 before you do this.

Professional Conduct: Professionalism and accountability are expected throughout the course of the semester. This includes the on-going respectful nature of teacher-student as well as student-student interactions.

Technology in Class: Your respectful attentive presence is expected, therefore, while you are permitted to use your laptop in class for note taking and consulting online resources, it is understood that you will not be using your laptop or cell-phone for social purposes during class time. Your cell phone should be on silent during class time and phone calls should only take

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place during the break or after class. No audio or video recording of any kind is permitted in class without the explicit permission of the instructor.

Online Course Evaluations: Students are strongly encouraged to complete the online course evaluations at the end of the term. Data obtained from these evaluations are used to provide instructors with feedback as well as for identifying situations where a course or instructor needs assistance. The feedback and suggestions contained in the responses are highly valued and helpful in ensuring that instructors make appropriate changes to courses as needed in order to facilitate student learning.

Additional policies governing academic issues which affect students can be found in the Handbook on Student Rights and Responsibilities, Charter of Students' Rights (online at <http://www.mcgill.ca/files/secretariat/greenbookenlish.pdf>).

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