



Faculty of Medicine
McGill University
Meredith Annex, 3708 Peel, Room 206
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Faculté de médecine
Université McGill
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Tel: (514) 398-5836
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The WELL Office: Tel: 514-398-5836

- Is dedicated to supporting learners throughout their training by creating, promoting and sustaining a culture of wellness and resilience within the learning environment.
- Provides a safe and confidential venue to seek out resources that protect and enhance the learner’s health and well-being.

Schools in the Faculty of Medicine

Assistant Dean, Student Affairs	Deborah Friedman	deborah.friedman@mcgill.ca
Counselling (Daytime)	McGill Counselling Services	http://www.mcgill.ca/mentalhealth/appointments
Counselling & Wellness Support Evenings (Mon, Tue, Wed, Fri)	Amanda Hankins 4pm-8pm	Book through Calendly OR Call Tel: 514 398-5836 for an appointment

Assistant Dean of Student Affairs, Schools:

- Provides guidance and advocacy for learners who are undergoing difficulty in the academic environment or have encountered mistreatment within the learning environment.
- Works with the Schools of Physical & Occupational Therapy, Ingram School of Nursing, School of Communication Sciences & Disorders within the Faculty of Medicine to encourage and promote a healthy learning environment.
- Ensures successful communication of the Faculty of Medicine Code of Conduct to the student body.
- Maintains links with lower campus student services and student leadership groups, and is a student advocate.
- The Assistant Dean Student Affairs Schools is Co-Director of the WELL Office with the other Assistant Deans (UGME and PGME).



University Wellness Resources (available to all McGill learners)

[Health Services](#)

Student Health Service provides McGill learners with quality, comprehensive health care in a convenient campus location.

[Immunization Requirements](#)

Information for Health Care Students that covers vaccines that are required for these students to complete their clinical requirements in teaching hospitals within the Province of Quebec.

[Healthy McGill:](#)

Information provided by Healthy McGill that connects learners to **support and resources** to help them **achieve and maintain a healthy lifestyle**.

[Counselling and Mental Health Services:](#)

Short-term psychotherapy is provided at the Counselling and Mental Health Service.

For counselling services for UGME & PGME learners, resources are available through the WELL Office.

For learners in UGME, PGME and **Schools**, evening appointments are also available. See full details in WELL Office section above.

[Safety Appointments:](#)

If you feel you are in a crisis situation in which you require help without delay, please click on this link.



Emergency and After Hours Support

[Tracom](#)

Tel.: 514-483-3033 (24-Hour Service)

Qualified crisis intervention workers are available 24/7 to take your call. They offer professional services that are free, confidential, and bilingual.

- Housing
- Telephone support
- Short-term crisis housing

[Suicide Action Montreal](#)

(1-866-APPELLE) 1-866-277-3553

Tel.: 514-723-4000 (24-Hour Service)

Suicide Action Montreal offers support services, crisis workers and monitoring for [people who are at risk of committing suicide](#), for their [friends and family](#) and for [people affected by suicide](#).

[Drug and Alcohol Help Line](#)

Tel.: 514-527-2626 (24-Hour Service)

Available 24 hours a day and 7 days a week, our specialized helpline service is bilingual, free, anonymous and confidential.

[McGill Nightline](#)

Tel: 514-398-6246

The line is open 6:00 pm to 3:00 am throughout the school year.

McGill Students' Nightline is a confidential, anonymous and non-judgmental listening service, run by McGill students, providing the community with a variety of support.

[WalkSafe](#)

Tel: 514-398-2498

Walksafe is a volunteer service that provides free night-time accompaniment for those who are feeling uncomfortable, or who are unable to walk home alone.



McGill University Resources

[Office of the Ombudsperson](#)

Offers confidential, informal, independent, and impartial dispute resolution services to all members of the student community by providing information, advice, intervention and referrals.

[McGill Student Services](#)

McGill University's Student Services promotes and supports student success and well-being, offering a wide range of services that you have access to as a McGill student or resident.

Student Services include:

- Campus Life & Engagement
- Counselling & Mental Health Services
- Career Planning Services
- First People's House
- International Student Services
- Office for Students with Disabilities
- Tutorial Services
- Scholarships and Student Aid
- Office of Religious and Spiritual Life

[Office for Students with Disabilities](#)

Provides support if you feel that difficulties and impairments are hindering your academic performance while at McGill or if you require assistance with access.

[Scholarships and Student Aid](#)

All financial aid in the Faculty of Medicine is given through Student Aid. Please consult their website for step-by-step guides on how to apply for funding to information on how to budget effectively



McGill

THE WELLOFFICE
WELLNESS ENHANCED LIFELONG LEARNING

Faculty of Medicine Code of Conduct (to be read and signed)

https://www.mcgill.ca/secretariat/files/secretariat/code_-_student_-_conduct-discipline-procedures_april_2013_final_revised_1.pdf