Sustainability Projects Fund
McGill Office of Sustainability (MOOS)
1010 Sherbrooke St West, Suite 1200
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Fonds des projets durables
Bureau du développement durable
1010, rue Sherbrooke Ouest, Suite 1200
Montréal (Québec) H3A 2R7

SP0139 Final Report

Please answer the following questions and return the completed form to the SPF Staff via e-mail.

Project Title: #MeToo

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Actual Project Start Date: November 2014

Actual Project End Date: May 2015

1. **Please summarize the project and its key accomplishments in 1-2 sentences.**
   (400 characters maximum)

   The video itself follows the personal journey and testimonials from McGill graduate students that tie together their experiences as they face adversity head on and explore the multitude of resources available to them. The video will highlight how seeking help can contribute to a positive outcome.

2. **Did your team achieve your project's goal? In your answer, please describe the impact your project had on McGill's structures, processes, and/or systems. Also, please specify how this positively transformed people's behaviors/perspectives/habits on McGill campus(es).**
   (Unlimited characters, suggested minimum ½ page or approximately 250 words)

   The project was completed and the videos have been gone out to reach the wider population o f students. They were also featured at various mental health related events such as the Students in Mind conference. Currently, they are hosted on the PGSS website under a new "mental health at PGSS" tab.

3. **Please describe the key successes and challenges of your project. (Minimum of two examples for each)**
   (Unlimited characters, suggested minimum ½ page or approximately 250 words)

   The project was able to attract a great number of students willing to participate. I was contacted by 20-25 students throughout the process who wanted to be in the video but also to give their thanks and encouragements. It was also valued upon the fact that it used mostly students as resources (the filmmakers, myself and the team of support, etc).
   The challenge brought by working mainly with students were related to time constraints which led the conclusion of the project into the summer (May, and minor edits carried out at the beginning of June 2015). The other challenge comes form the topic itself. The goal of the project was to bring to light diffcult and sensitive topics. This very well happened, however, one of the participants' situation deteriorated during the fall semester and I had to pull out from publicizing further that particular interview to protect the student from coming accros triggering moments. The video is currently still hosted on the PGSS youtube account, but under private settings.

4. **What key points of advice or *lessons learned* would you give to other SPF teams either regarding your experience managing your project or the project itself?**
   (Unlimited characters, suggested minimum ½ page or approximately 250 words)

   Perhaps a few things: make sure you have a team of people you can rely on when conducing any kind of project, even if you are the main/sole applicant.

5. **What recommendations do you have for the future of this project to be continued and are there any opportunities for complementary projects? Who will take responsibility for the project's future and how can interested persons be in touch?**
   (Unlimited characters, suggested minimum 1 paragraph)

   The project is hosted on the PGSS webpage. People can contact the future Member Services Officer if they wish to discuss mental health as this is part of the MSO portfolio by the nature of the position. The project can be expanded to include more interviews with graduate students. But most importantly, it would benefit from having it publicized to the faculty members. Through this process I became aware of the fact that many professors, especially tenured professors, are not aware nor do they think it is an important factor in the academic performance of their students.

6. **In your application, you listed the following sources of funding:** PGSS ($2,500), Student Services Innovation Fund ($1,500), Mary H. Brown Fund ($1,479)

   Please confirm if you received this funding in the space below. In your response, please list the actual amount (in dollars) that you received. Note: If you received funding from a McGill Department or Unit, please attach a letter from its Financial/Budget Officer confirming the actual amount of support.
   (1,800 characters maximum)

   The funding from the Mary H. Brown Fund was indeed received (final sum was 1000$) and the Innovation fund was also received (1,500$). The PGSS funds completed the rest of a total spending of aprox 3,300$ (SPF ~479, PGSS ~800$).

7. **Did you purchase equipment or make an installation on campus?** ☐ **Yes** ☒ **No**
   If yes, please briefly describe how these items will be maintained and used in the future.
   (1,800 characters maximum)

8. **At the beginning of your project, you submitted a work plan or impact metric that included target measurables or indicators of your project's success (e.g. # of tons of GHG emissions reduced). Please pick 3 indicators that best showcase the success of your project and complete the table below. To share updates on other indicators that you set, please attach an appendix to this report.**

Selected Key Success Indicators	Target #	Actual #
NA		

If there is a significant difference in the target numbers and the actual numbers achieved, please explain. If you have any additional information to share about these success indicators, please also include it below.
(1,800 characters maximum)

NA

9. **Please complete the table below for the Standard SPF Key Success Indicators, if the data is available.**

Standard SPF Key Success Indicators	Actual #
# of volunteers directly or indirectly engaged in the project	
# of people (student, staff, or other) trained in the context of the project	0
$ raised for project activities subsequent to SPF funding	2,800$
# of partnerships or collaborations developed between the project team and other McGill administrative units, student groups, community groups, other universities, and/or other groups/organizations.	5

Regarding the last Key Success Indicator, please list the groups and/or organizations that you counted.
(Unlimited characters; point form acceptable.)

PGSS vs Mental Health Office, Councelling Office, Office of the Dean of Students, filmmcrew (students in filmmaking from University of Concordia)

If you have any additional information to share about the Standard SPF Key Success Indicators, please include it below. (1,800 characters maximum)

NA

10. **Please rate your project team's overall satisfaction with the support provided by the SPF Staff. Choose only one response.**

☐ Very Dissatisfied ☐ Dissatisfied ☐ Neither Satisfied Nor Dissatisfied ☐ Satisfied ☒ Very Satisfied

11. **Please provide any feedback or recommendations regarding your team's experience with the SPF.**
(Unlimited characters, suggested minimum 1 paragraph)

I had trouble meeting any of the deadlines for submitting reports. There is a percentage attributed to time mismanagement, but I would argue that having already occupying a part-time position (MSO) on top of my full-time study recuirements, leading a project with fixed deadlines (which may or may not syncronize with other deadlines) proved to be a challenge. I appreciate very much the patience and understanding of the SPF team on this issue, and I am very happy that this did not impact the funding.

12. **If there is additional information you would like to share about your project, please use the field below.**
(Unlimited characters)

NA

13. **Has involvement in this SPF project positively impacted your team in the area of <u>professional growth</u>? Please choose one. If you would like to elaborate, please use the field below.** (800 characters maximum)

☐ Yes ☐ No ☐ Prefer Not to Share

I wish I could have made more use of the resources offered by the SPF team (communication strategies, media, etc) however, not having the office easily accessible on campus proved to be a hinder. It's current location does not send the message "we are here for students".

14. **Has involvement in this SPF project positively impacted your team in the area of <u>personal growth</u>? Please choose one. If you would like to elaborate, please use the field below.** (800 characters maximum)

☐ Yes ☐ No ☐ Prefer Not to Share

NA

15. Which of the following skills or attributes has your team improved through involvement in your SPF project? Choose all that apply.

☒ Budgeting	☒ Networking	☐ Systems Thinking
☐ Communications	☐ Planning	☐ Teamwork
☐ Conflict Resolution	☐ Problem Solving	☐ Technology
☐ Leadership	☐ Project Management	☐ Time Management
☐ Listening	☐ Public Speaking	☐ Writing
☐ Mentoring	☐ Stakeholder Engagement	☐ Other (Please specify in the field below)
☐ Negotiating	☐ Stakeholder Identification	

Other:

16. Since starting your SPF project, has your team improved its knowledge of sustainability?
Please choose one. If you would like to elaborate, please use the field below. (800 characters maximum)

☐ Yes ☐ No ☐ Prefer Not to Share

NA

17. (Optional) If applicable, please list the total number of team members voluntarily self-identifying as members of marginalized communities: 5

Please identify the represented communities below. (e.g. women, Indigenous people, people of colour, LGBTTQI, student parents, members of ethnic minorities, immigrants, people with disabilities)
(1,800 characters maximum)

1 local woman, 2 LGBTTQI, 1 visible minority, 1 immigrant woman

Thank you for completing your Final Report!
Please e-mail your report to the SPF Staff attaching any additional information that you would like to share about your project
(e.g. other reports, research, documents, photos, etc.). Please note that this Final Report will be shared publicly on your SPF project's webpage.