

Psychiatry - Adult Psychiatry			
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### Site

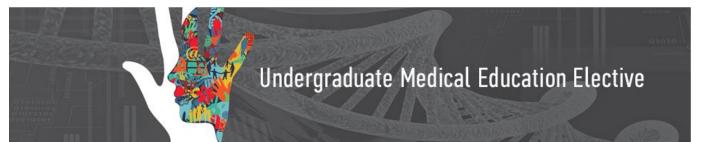
**Douglas Hospital** 

# **Elective Description**

## **Adult Psychiatry**

**Intensive Care Unit** - under the supervision of Dr. Jonathan Lafontaine is a 10 bed unit where the student will follow acutely psychotic, manic, suicidal and/or agitated patients in a closed unit. This unit is unique because of its learning experience, the close observation of the evolution of the acute mental illness, as well as its management. The student will be exposed to a wide variety of mental disorders and be part of a multidisciplinary team comprising experienced psychiatric nurses, a psychiatrist, a pharmacist and a social worker. This elective is available to one or two students at any given time and will help the student improve their level of knowledge with psychiatric diagnoses, pharmacological treatments and psychosocial interventions, as well as their level of confidence interacting with acutely-ill psychiatric patients. 1 to 2 students, the capacity may be affected by residents.

**ER-BIU** - Under the supervision of Dr. Johan Cohen. The student produces 3 assessments per day (or more) of patients on stretchers in the emergency room or admitted to the brief intervention unit. Patients are systematically discussed and reassessed with Dr. Cohen. The elective offers a wealth of exposure since all psychiatric pathologies are present in the emergency room and the student systematically assesses different patients each day. Maximum 1 student, Capacity may be affected by residents.



**Psychotic disorders unit** - under the supervision of Dr. Emmanuelle Levy or Dr. Yaël WolfVery often with comorbidity and often a legal component (patients under the examination committee or in authorization of care). Patients are more often French-speaking. 1-2 students the capacity may be affected by residents.

**Mood Disorders unit** Under the supervision of Dr. Alexandru Traicu. Provide care to people aged 18 to 65 years with a mood disorder such as: Depressive and suicide disorders, General anxiety disorders, panic disorders with or without agoraphobia, Phobia problems, obsessive-compulsive disorder, post-traumatic stress disorder, borderline personality disorders, bipolar disorders. They are more often French-speaking. 1-2 students the capacity may be affected by residents.

# **Elective Duration**

2 to 4 weeks



# **Educational Objectives**

The elective experience is offered to all medical students, not only those considering a residency in Psychiatry. Students are given the opportunity to participate actively in the clinical services. They will attend interdisciplinary meetings involved in the care of the patient. Selected aspects of the ongoing teaching program given to residents or students will be available to them. The student will meet regularly with a staff supervisor in order to assure discussion, learning, and provision of a program suiting his/her interests.



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