Mindfulness-Based Medical Practice
An 8-week program for physicians and allied healthcare professionals offered since 2007

May 3 - June 21, 2019
Fridays, 4:00-6:30 pm
Retreat Day: June 8, 2019; 10:00 am - 4:00 pm
Montreal Institute of Applied Mindfulness
6000 chemin de la Côte-des-Neiges

Led by PATRICIA DOBKin, Ph.D.
Certified MBSR Instructor

Cost: $750.00 (for M.D.s)
$600.00 (for Ph.D.s, R.N.s, allied healthcare professionals)
Insurance receipts will be issued by Dr. Dobkin (clinical psychologist).

This continuing education activity in psychotherapy is recognized by OPQ.
Recognition # RA02379-18 (20 hours).

www.mcgill.ca/wholepersoncare/medicalpractice/
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