

Mindfulness-Based Medical Practice

An 8-week program for physicians and allied healthcare professionals offered since 2007

May 3 - June 21, 2019

Fridays, 4:00-6:30 pm

Retreat Day: June 8, 2019;
10:00 am - 4:00 pm

Montreal Institute of Applied Mindfulness
6000 chemin de la Côte-des-Neiges

Led by PATRICIA DOBKIN, Ph.D.

Certified MBSR Instructor

Co-author of *Mindful Medical Practitioners: A Guide for
Clinicians and Educators* (Springer, 2016)

Cost: \$750.00 (for M.D.s)

\$600.00 (for Ph.D.s, R.N.s, allied healthcare professionals)

Insurance receipts will be issued by Dr. Dobkin (clinical psychologist).

**This continuing education activity in psychotherapy
is recognized by OPQ.**

Recognition # RA02379-18 (20 hours).

www.mcgill.ca/wholepersoncare/medicalpractice/
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